

## **Appendix to CAR Motion 22 Updated**

### **Common Welfare Topics**

The purpose of the Common Welfare Topics (CWTs) is to give all Conference members, Delegates, Board of Trustees, Executive Director, and World Service Committee Chairs an opportunity to submit and select topics and issues of concern that affect Nar-Anon groups and members worldwide for discussion at Conference.

The process for submitting questions or topics

Keeping an Index of CWTs Summaries and posting them on nar-anon.org is a helpful resource for all Nar-Anon members.

### **SAMPLES COMMON WELFARE TOPICS**

#### **Nar-Anon Groups**

- Meeting Formats or Styles
- Crosstalk
- CAL
- Meeting Topics
- Virtual Meetings
- Sponsorship
- Service
- Home Group
- Nar-Anon Recovery Birthdays
- Resolving Group Problems
- Group Conscience Practices
- Group Autonomy – Tradition Four
- Collecting the 7th Tradition
- Group Records
- Group Service Representatives
- Disruptive Members
- Group Names
- Accessibility – Location, Closed Captioning,
- Contact Lists - Phone and email
- Liability Insurance
- Applying The 12 Traditions
- Literature Distribution
- Keeping Our Groups Safe
- Keeping Our Groups Healthy
- Participating In The Service Structure

## **Narateen**

- Preteens
- Narateen Safety
- Narateen Sponsors
- Narateen Start Up – Region Policies and Guidelines
- Narateen Outreach
- Narateen Service
- Narateen – Virtual Meetings

## **Areas**

- Forming an Area
- Area Service Committee (ASC)
- Subcommittees
- Finances

## **Regions**

- Assembly Procedures
- Region Service Committees (RSC)
- Websites
- Election Procedures
- Trusted Servants – Concept Four
- Subcommittees
- Finances
- Incorporation
- Record Keeping
- Trusted Servants travel expenses
- The 12 Concepts of Service
- RRO vs CBDM Robert's Rules of Order vs Consensus Based Decision Making

## **World Service Conference WSC**

- Delegate Participation
- WSC Procedure
- Standing Rules
- Motions

## **World Service Committees**

- How to form
- Develop, coordinate, and maintain services on Behalf of Nar-Anon - Concept One
- Rotation of Service
- Passing On Experience, Strength, and Hope
- Delegate Participation

## **World Service Office WSO**

- Special Workers (Employees)
- Health insurance for employees
- Liability Insurance
- Traditional vs Legal
- Good Business Practices
- Website
- Logo
- Nar-Anon's Future
- Nar-Anon Coins For Years In Recovery
- Property Ownership
- Rotation of WSO Staff
- WSO Structure
- Volunteers

## **Anonymity**

- Self-sacrifice – Tradition Twelve
- Using full names in service
- In Social Media and on the internet
- Outreach – Tradition Eleven

## **Archives**

- Preserving Our Past
  - World Archives
  - Local Archives
- Collecting Nar-Anon History
  - Oral
  - Written
- Speaker Recordings

## **Board of Trustees**

- Trustee Elections
- World Pool
- Traditional vs Legal

## **Communication**

- Regular 2-way Communication At All Levels of Service – Concept Eight
- Announcements – getting the word out to Nar-Anon members
- Changing Technology

## **Cooperation**

- With Narcotics Anonymous
- With Professionals (Courts, Treatment Centers, Medical Profession, Religious Organizations)

## **Diversity**

- Who is missing from our meetings?
- Inclusive
- Are We Welcoming to Everyone?
- Attractive
- Younger members
- Gender Neutral Language
- Treat All Relationships To An Addict Equally

## **Dual Membership**

- Service Opportunities
- Equality
- One Purpose
- Anonymity

## **Events**

- Speakers
- Agendas
- Committees Work
- In-Person, Virtual, and Hybrid

## **Finances**

- Theft or Missing Funds
- Using Technology
- Contributions – Tradition Seven
- Managing Funds Responsibly – Concept Eleven
- Fund Flow
- Literature Sales
- Conference Costs
- Finances the World Service Office

## **Inreach**

- Member Retention
- Participation in Fellowship Events and Service
- Member Support
- Communication
- Service Structure
- Dilution Of Nar-Anon

## **Leadership**

- Effective Leaders – Concept Four
- Service never governance – Concept 12 and Tradition Two

## **Literature**

- Increasing its availability
- Formats – Electronic, Audio, Downloadable PDFs, Viewable PDFs, Hard Cover, Soft Cover
- Sales and Profit
- Accessibility
- CAL Logo
- Consistent Message
- Too Much Literature?
- What Is Missing From Our Literature?
- Timely Literature
- Service vs Recovery Literature
- Newsletter – Serenity Connection
- Literature With A Special Focus
- Translation

### **Membership**

- Surveys
- Retaining Longtime Members
- Newcomers
- Growth
- Attraction
- Why do people leave?

### **Our One Purpose**

- Affiliation
- Dilution
- Dual Members
- Special Focus
- Spiritual Program

### **Outreach**

- Attraction vs Promotion
- Public Relations Policy
- Cooperation With Professionals
- Building relationships with the community
- Media – Newspapers, TV, Film, Magazines
- Social Media and the Internet
- Materials
- Growth Of The Fellowship
- Nar-Anon's Reputation
- PSAs
- What Is Our Message?
- Developing A Clear and Concise Message
- Nar-Anon's Future

## **Policies and Guidelines**

- Fundraising
- Picture Taking
- Are There Rules In Nar-Anon?
- Merely Suggested?
- Nar-Anon Merchandise
- Raffles, Prizes, Gift Baskets
- Rotation of Service

## **Responsibility**

- Concept Two – Final Authority and Responsibility Rests With the Nar-Anon Groups
- Concept Seven – Bear Substantial Responsibility
- Accountability
- Authority
- Regular Two-Way Communication – Reporting On Progress

## **Service**

- The Service Structure
- Establishing and Changing Area and Regional Boundaries
- Ad Hoc Committees
- Strengthening the Service Arms
- Dual Membership (Al-Anon, NA, AA, CA, OA, etc...)
- Service Terms
- Service Roles and Responsibilities
- Effective Communication
- Micromanaging, Dominance, Control
- Obstacles To Success
- Service Sponsors
- Sponsorship – Healthy - Unhealthy
- Abundance
- Passing Along Our ESH To New Trusted Servants
- Common Welfare and Unity – Tradition One
- Presume Goodwill
- Principles Above Personalities
- Making It Attractive to Serve
- Spiritual Principles

## **Unity**

- Problems Other Than The Family Disease Of Addiction