**Men’s Experience, Strength, and Hope**

CCR is in need of literature for men

*(We don’t need your name since this is an anonymous program)*

1. What brought you into the rooms?
2. What keeps you coming back?
3. How have you changed since coming into Nar-Anon?
4. How did you find out about Nar-Anon?
5. Have you investigated sponsorship?
6. Parents: Did you come with your spouse? Have they stayed?
7. Partner: Has your time in the program had an impact on your relationship?
8. Other relationship: (sibling, parent, friend, other)

Other Comments about your experience.

 To share your experience, please contact your GSR, a member from the list or engage in a group Skype meeting.

 Lynn- bzymomlynn@aol.com, Chantal - chantalgm@att.net ,

Ruth-ruthkellogg@aol.com, JT-ikneadyou@yahoo.com , Laura-ollitnat@comcast.net