

Minutes

CCR Assembly

January 9, 2016
Watsonville, California

Officers in Attendance

Chair Person:	Scott N	Secretary:	Laura T
Vice Chair Person:	Scott C	Delegate:	Chantal M
Treasurer:	Tony M	Alternate Delegate:	

Meetings in Attendance

Meeting	Present	Meeting	Present
*Atascadero, Tuesday	Michael F-GSR	Porterville, Monday	
Atascadero, Friday		*Salinas, Thursday	Janet-GSR
*Carmel, Wednesday	Doris-Substitute	*Santa Barbara, Friday	Jocelyn-GSR via Skype
Hollister, Tuesday	JT-GSR	*Scotts Valley, Friday	Brenda-GSR
*Gilroy, Thursday	Jason-Alt GSR	*Seaside, Monday	Cyndy-AltGSR
*Monterey, Tuesday	Arnie-AltGSR		
*Monterey, Saturday	Charles-GSR Monterey		

* Indicates a registered group

Quorum Summary

Total Meetings	Registered Meetings	Current Quorum
12	9	5 of 9 for 50% votes 6 of 9 for 2/3 votes

1. Introductions and Roll Call

A) Announce number of voting members – Chair

Members present at beginning of meeting: Jonnie-member and Trustee, Ruth K-AltGSR Salinas, Sandi S-member, Chantal-CCR Delegate, Sondra G-member, Tony-CCR Treasurer, Scott N-CCR Chair, and Scott C-CCR Vice Chair via Skype and Lynn B-member joined via Skype after meeting began

- 9 groups present out of a possible 9 groups.
- Quorum (51%) = 5 of 9 registered groups.
- Quorum (2/3) = 6 of 9 registered groups

B) Concepts of Service read by Tony

2. Agenda

- A) Scott made the following amendments to the agenda:
- Add 8D-Monterey Convention
 - Add 10A-Ammend Budget
 - Remove 10D-Motion for the region to reimburse delegate
 - Add 10E-Motion to send 7th tradition to WSO

3. Adoption of Minutes of Previous Assembly

- A) Motion to approve minutes for the Assembly of August 8, 2015
- Brenda made a motion to approve minutes as submitted, Arnie seconded, motion passed unanimously

Discussion regarding the difficulty in locating meeting minutes in Yahoo group and questioning the possibility that members don't have access unless they are part of CCR Yahoo Group. Scott explained that minutes are available on the website [NaranonCentralCA.org/member services/minute archive](http://NaranonCentralCA.org/member%20services/minute%20archive).

4. Motions from Last Meeting

- A) Reading of the motions from the August 8, 2015 Assembly - Vice Chair Scott

5. Comments and Reports

- A) Chair report - Scott N.
- ~2016 World Service Conference is coming up, we are fortunate to have the process.
 - ~Mentorship is a wonderful opportunity to provide service so if you have experience in a service position please mentor those following behind you, outgoing GSRs please provide support to new GSRs
 - ~Our sole purpose is to be of service to the groups, three legacies:
 - recovery through Steps, unity through Traditions and service through Concepts
 - i) Regional Service Committee: RSC meets twice a year, once in the spring and once in the fall, both meetings are held via Skype.

- ii) Outreach: Currently we do not have an official committee at this point although there is outreach happening on the group level. A Regional Outreach Committee would be the central point of communication for all meetings in the region coordinating efforts and providing service to groups. Scott asked if there is anyone interested in chairing the Outreach Committee recognizing that all trusted servants work within their own healthy boundaries. Sandi S volunteered for the position. Charles made a motion to accept Sandi S as Chair of the Outreach Committee, Jocelyn seconded, 8 yays, 1 nay, no abstention.
Motion passed

- B) Secretary - Laura T stated that she appreciates the patience of the fellowship with challenges related to creating, formatting and distributing minutes and other regional documents in a timely manner. Also, informed each GSR/AltGSR that each group is assigned a Group Number by the World Service Office, that number will be included on the new Contact list and can be found on the WSO website
- C) Treasurer - Tony M discussed treasurer handouts.

Please ensure that group treasurer knows to include the name "Nar-Anon Family Groups" (or NFG) when writing out checks for 7th Tradition contributions. Checks are often being made out to only Central California Region which is not valid account name on its own. Please include the group name and # on the check. After discussion, Jocelyn recommended the creation of a form to be included when sending 7th Tradition donations. Tony, Scott C, and Jocelyn will create the document. Chantal suggested including that form in the Regional Guide to Local Services.

Tony reviewed the Treasurer Report dated 10/11/15-12/31/15 showing a beginning balance of \$3783.31 and ending balance of \$3979.77. The transactions included a deposit from the recently disbanded Monterey Area of \$1932.10 and an expense of \$1900.00 sent to the WSO for our Delegate to attend the Conference. This is an equalized expense in Nar-Anon so each meeting, regardless of location, has the same financial commitment. The Treasurer Report dated 12/31/15-1/9/16 has a beginning balance of \$3979.77 and an ending balance of \$4446.77 indicating a deposit of \$50, a 7th tradition donation from Simi Valley. This transaction was discussed as Simi Valley, through group conscience, will be leaving the Central California Region to be part of the Southern California Region but wanted to make a donation to the Central California Region prior to transition. Arnie made a motion to accept the Treasurers Report (2 documents) as submitted, JT seconded, motion passed unanimously.

Tony reviewed the document titled "Region Budget 2015" recognizing it should say 2016 (instead of 2015). Discussion included rolled over excess funds of \$1459.02. Brenda made a motion to accept the 2015 completed budget as submitted, Arnie seconded, motion passed unanimously. Janet made a motion to accept rolled over excess funds of \$1459.02 putting us over the previously approved budget, JT seconded, the motion passed unanimously. Arnie made a motion to accept carry over funds from 2015 budget to 2016 budget of \$3979.77, Brenda seconded, approved unanimously.

Tony discussed the document titled "Central California Region, NFG Assembly Meeting 1/09/15" recognizing it should read 1/09/16 (instead of "15") with suggested amendments to the 2016 budget due to some changes within the region. There is a need to do a group conscience today as budget must be approved at Assemblies (not Regional Service Committee meetings) and it will be August until the Assembly meets again. It was agreed to re-address this proposal later in the day after we had discussed region business. *(The vote occurred as part of Section 5F)*

D) Group Reports - GSRs

- i) Scott opened this discussion asking each representative to share the group name and how they feel the name of the group fits the character of the group
 - Jocelyn-Santa Barbara "I Can Be Free" ~ felt last night's group was great example as the meeting topic was the tools of the program which offer freedom
 - Brenda-Scotts Valley "Sharing Experience Strength, and Hope" fits perfectly as that is what they do through Friday meeting, step groups and service to The Camp Recovery Center
 - Arnie-Monterey Tuesday "In the Solution" matches the group (18 members) as it has a history of newcomers who "keep coming back" and stepping up for service positions as they are finding solutions
 - Doris-Carmel "Serenity by the Sea" is a great name as the group members are trying to use the tools, steps and fellowship of the program to find serenity
 - Michael-Atascadero Tuesday "Candlelight Meeting" ~ was not sure of the origin of the name as he came to the meeting after it had started. The group was struggling but with his 12 step experience he recognized the opportunities for it to become healthy and believes the light is that members have grown in the recovery program through the group and tools of the program

- JT-Hollister "Stairway to Freedom" was started with the thought that there are steps to freedom. Name fits as sometimes you fall off the steps but they are always there providing opportunities to find serenity
- Cyndy-Seaside "Monday Night Miracles" ~ Cyndy was not there when group was formed but knows that miracles do happen in this small meeting (around 4 people) that is trying to find a good fit with meeting time and location
- Jason-Hollister "Guide to Serenity" is interesting as new members come in on the roller coaster not knowing how to get out of the chaos, this group provides the guide to being healthy and finding serenity
- Janet-Salinas "Sweet Serenity" can have multiple meanings, sweet could be precious or cherished, something we aspire to, can also mean serenity can be fleeting so it is sweet when we can appreciate it
- Charles-Monterey Saturday "Circle of Hope" ~ a circle is unbroken, fellowship is there because we love someone who struggles with addiction, meeting provides an infinite circle of fellowship that helps retain a level of serenity in the midst of chaos

Break: At 1:10 Brenda made a motion to take a break, Arnie seconded, motion passed unanimously

Re assemble at 1:20, roll call conducted resulting in one voting member absent and addition of Lynn B (non-voting member Monterey) present via Skype. Brenda returned at 1:25

E) Area Reports - ASRs

- i) Monterey Area - Sandi S. reported that the Monterey Area has dissolved. Sandi brought up discussion regarding the plethora of Monterey Area documents currently on the Monterey Yahoo Groups and what to do with the few items purchased with Monterey Area funds, such as the microphone used at the Monterey Convention. Arnie made a motion to transfer all assets and resources from the Monterey Area to the Central California region, including archiving electronic documents on the CCR Yahoo Groups, JT seconded, motion passed unanimously

F) Delegate and Alternate Delegate - Chantal M.

- i) Update on the 2016 World Service Conference (WSC) Conference Agenda Report (CAR) process and the motions to be voted on. There was a great response to the 3 Monday night Skype information sessions including members from the Southern California Region. Chantal offered to be of service to the membership in helping groups understand the

motion process. She has created a document for each group to submit to her with the group conscience with an April 1 deadline.

Jonnie spoke to the history of Narateen and reviewed the motions included on CAR which ensures we are abiding by state laws, creating structure, safety, and accountability since Narateen members are minors. Jonnie related the lengthy process other regions have gone through requiring monthly meetings setting up information on background checks and guidelines to be presented to region for approval. As the region only meets periodically throughout the year this progress can take up to a year. The conference votes will assist with creation of steps, requirements, and processes. Scott asked if there was anyone present called to chair a Narateen subcommittee? No volunteers stepped up for that service position. Scott did a straw poll to see if the region is interested in considering the creation of a Narateen subcommittee. All members support this valuable service. Arnie made a motion that CCR create a Narateen subcommittee effective January 2016, JT seconded, motion passed unanimously.

Scott informed group of the open position of Alternate Delegate, Arnie volunteered for this service position. Jocelyn made a motion to install Arnie as the Central California Region Interim Alternate Delegate, JT seconded, motion passed unanimously. Scott opened up discussion with a straw poll for interest in region for possibility of sending alternate delegate to the Conference, group agrees. Brenda made a motion to adopt the CCR Assembly Meeting amended 2016 budget suggested by Tony allowing CCR to send Arnie to the Conference as a Local Observer. Doris seconded motion, requiring a 2/3 required vote, 8 yay, 1 nay, motion passed. Arnie will be attending conference as local observer.

6. Communications Corner

- A) Website Report – Scott N - please see attached report
- B) Directories - Chantal M - latest is included in the packet

7. Literature

- A) Update on the World Service and Central California Literature Committees – Scott reported we currently do not have an active CCR Literature Committee. Chantal informed group that there

are several members in the region who have expressed interest in Nar-Anon literature and have shared their experience, strength and hope by submitting their stories. Chantal, as Delegate, cannot chair a committee but has a service position with the World Service Literature committee and has offered to provide mentorship for the CCR literature committee if there is anyone interested in participating on this committee.

B) Outreach Committee (section 6-6 of the GLS)

- i) Hospitals and Institutions - This is an important commitment. The committee is in need of a chair and members to be of service.
- ii) Public Outreach - This is an important commitment. The committee is in need of a chair and members to be of service.

8. Events

A) Narathon - *Freedom with Serenity & Gratitude* regional mini-convention and fundraiser

- i) Saturday, March 19, 2016
- ii) Santa Barbara - Trinity Lutheran Church, 909 N La Cumbre Rd, Santa Barbara, CA 9311

Scott C reported this event is coming together well. It is a fundraiser with great vetted recovery speakers and there will be a flyer in the near future. The organizing committee is working on options for local members to provide housing for attendees, more to come.

B) Bakersfield Convention - *Blossoming in Recovery* mini-convention

- i) Saturday, February 20, 2016
- ii) Bakersfield Marriott, 801 Truxton Avenue, Bakersfield, CA 93301

Scott N reported the flyer is posted

C) All California Convention – doesn't seem that all three regions are working toward a convention but there is a schedule dinner meeting on Saturday February 20 at the Bakersfield Convention. Robert will be picking the location for dinner

D) Monterey Convention: formerly part of Monterey Area which is no longer in existence but CCR funds are in the budget. The first point of business is connecting with NA as we are invited guests of the NA Monterey/Santa Cruz convention. Scott asked if there is anyone interested in chairing this committee, no one volunteered. Sandi has offered to reach out as NA liaison as she has done for previous Monterey Conventions.

9. Old Business

- A) Report from the Budget Subcommittee – Tony reported a Skype budget meeting scheduled on Wednesday, May 25 at 8:00 for anyone interested in participating in this committee
- B) Report from the CCR Guidelines Subcommittee – Michael reported that the committee is close to completion and remains open for volunteers.

Jocelyn made a motion to defer agenda items 9C, 9D, and 9E for next Assembly due to time constraints, Brenda seconded, passed unanimously

- C) Motion to provide suggestion to the groups as to the distribution of Nar-Anon funds beyond the group level. Suggested distribution after group's expenses have been paid and the prudent reserve has been met: 75% to area, 15% to region, and 10% to WSO. If the group is not part of an area, the 90% to region and 10% to WSO.
- D) Motion for make a donation appeal to groups the region. The budget subcommittee to create a letter by group conscience and distribute to groups via the Mail Chimp and Yahoo Groups lists.
- E) Motion for the region to cover a portion of mileage expense for GSRs to travel to the required assembly once a year. – Scott reported that his issue will require research and have a recommendation to the group. Scott asked if anyone is interested in chairing a subcommittee. No one was interested

10. New Business

- A) Motion to elect Michael F as Chair for the Guide to Regional Services subcommittee-Scott N Brenda made a motion to elect Michael as Chair to the GLS subcommittee, Arnie seconded, motion passed unanimously
- B) Motion to elect Scott N as chair for the elections subcommittee
Michael made a motion to elect Scott N as chair for the elections subcommittee, JT seconded, motion passed unanimously
- C) Presentation from elections subcommittee on the elections process
 - i) Motion to adopt portions of the draft Guide to Regional Services (GRS) associated with RSC officers, delegates, and subcommittee chairs
Michael made the motion, JT second, discussion regarding motions on a draft document, motion passed unanimously

ii) Motion to adopt the elections process section from the draft GRS

Michael made the motion, Arnie seconded, discussion that groups will be adopting a proposed draft of a portion of a document that is not completed as a whole, ie: New steps are being approved as they are created by the WSO Literature Committee, after discussion, the motion passed unanimously.

iii) Motion to adopt the CCR Elections invitation

Michael made the motion to adopt the CCR Elections invitation, JT seconded, motion passed unanimously

D) The next elections assembly to be held in August, 2016

Janet offered to secure a location in Salinas on either August 13 or 20, 2016. Janet made a motion to have the August Assembly in Salinas, Brenda seconded, motion passed unanimously

E) Arnie made a motion to send 7th tradition of \$59.02 to the WSO, JT seconded, motion passed unanimously

11. Next Assembly

Next Assembly be held in Salinas at a date and location to be announced.

Motion to adjourn meeting made by Brenda at 4:25, JT seconded, motion passed unanimously

Respectfully submitted,

Laura T
CCR Secretary