

Minutes

CCR Regional Service Committee

Wednesday, October 3, 2018 at 6:00 PM to 7:00 PM PDT

Free Conference Call

Officers and Delegates in Attendance

Chair Person:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair Person:	position vacant		Delegate:	Jocelyn F.	X
Treasurer:	Arnie B.	X	Alternate Delegate:	Teri M.	X

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	Scott C.	X
Literature	Ruth K.		Technology Services	position vacant	
Elections (ad hoc)	position vacant		GRS (ad hoc)	position vacant	
Narateen	position vacant				

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) Resolve Free Conference Call issues

Dial-in Instructions

Number: (712) 775-7031

Access Code: 271-421-422

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Free Conference Call

At the scheduled date and time of the meeting, dial in to the conference line. When prompted, enter the access code followed by hash (#).

Internet Online Meeting Instructions

Open this link: <https://join.freeconferencecall.com/scottfromsb>

To join the online meeting, click on the meeting link listed above and follow the prompts to join the meeting. I suggest starting this process about 5 minutes prior to the meeting time, as there may be software to install on your computer or tablet.

- B) Open the meeting with the Serenity Prayer

Meeting opened at 6:02 PM PDT

- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

7 of 8 voting members are present.

- E) Reading of the Twelve Traditions

Read by Teri M. (6:06 PM)

- F) Reading of the Twelve Concepts of Nar-Anon Service

Read by Arnie (6:08 PM)

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM

- A) Approval of the minutes of previous RSC meetings.

- i) September 5, 2018

Minutes not available at this time. It is expected the minutes will be available for review at the next RSC.

3. Adoption of the Agenda

6:10 to 6:15 PM

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A) Call for new business

No new business at this time.

B) Call for order of business

No changes requested.

C) Call for consensus on the agenda as amended

Consensus to adopt the agenda as presented.

4. Old Business

A) Ecommerce on Region Website – Scott N.

Nothing to report at this time.

5. Reports

6:15 to 6:45 PM

A) Chair's Report – Michael F.

6:15 to 6:20 PM

i) Progress on the transition of leadership in the RSC

(6:13 PM) Leadership has transferred.

B) Treasurer's Report – Arnie B.

6:20 to 6:25 PM

(6:15 PM) Report attached. Influx of funds due to the Narathon. The ending balance on September 30, 2018 was \$6,259.85. Group donations are lower than projected, but the income from the Narathon and events has more than made up for the shortfall. Arnie will monitor the finances to make recommendation as to the WSO donation. Thanks to Arnie for his efforts in working with the bank to effect the transfer of leadership.

C) Delegate's Report – Jocelyn F.

6:25 to 6:30 PM

(6:22 PM) Jocelyn has family issues at this time, so she will have limited time for the commitment and will coordinate with Teri to cover the delegate commitments. A goal is to put together a central contact list for all groups and contacts. This will facilitate contact on a regular basis.

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D) Outreach and Conventions / Events – Janet S.

6:30 to 6:45 PM

(6:28 PM) Many Paths, One Destination is coming up, Saturday, October 13 in San Jose. Three members from the Los Gatos groups and some others will be there. Nar-Anon will share a table with another provider. The event is 9:30 AM to 4:00 PM. National Recovery Month Celebration (9/27/2018) was a great outreach event. Outreach purchased banners, based on the Los Gatos groups' banners. 2 large and 1 small banner were purchased. Outreach would like to put one of the large banners into the hands of Santa Barbara group members so there is a banner in the southern portion of the region. Nar-Anon Mt Diablo Area Unity Day was a great time.

- i) Does the CCR want to participate in the Bakersfield convention, CCRCNA, on February 15, 16, and 17, 2019 at the Marriott.

- a) If so, subcommittee chair will appoint a contact

Request for consent for the CCR to participate in the Bakersfield convention, CCRCNA, on February 15, 16, and 17, 2019 at the Marriott.

7 Yes, 0 No, 0 Abstentions; motion passed by consent

RSC has asked the Outreach Subcommittee with the help of the Events and Conventions subcommittee to meet and select a point of contact. Robert is the main contact for the Bakersfield event, Robert@Nar-Anon.org.

E) Literature – Ruth K.

6:45 to 6:50 PM

- i) 7th Tradition pamphlet for fellowship review

(6:48 PM) Ruth was not available for this meeting. Ruth submitted a report that was read by Scott N. (see attached). We will continue to include a highlighted literature piece in the *take back to meeting* announcement.

6. New Business

- A) No new business had been identified at the beginning of the meeting.

Teri M. asked to speak on the topic of Outreach. Teri participated in an online webinar, Bootcamp Recovery. The moderators were suggesting Al-Anon. Teri let the moderator know about Nar-Anon. Nar-Anon outreach is needed to make people aware of the

program. Al-Anon is known, but Nar-Anon is less known. It might be a good idea to reach out to Al-Anon and let them know about Nar-Anon. Part of the issues is we need meetings in areas where there are none.

7. Administration

6:50 PM

- A) Summary of **Take Back to Meeting** items. (6:55 PM)
 - i) **Rotation of leadership**
 - ii) **7th Tradition pamphlet for fellowship review**
 - iii) **Bakersfield convention – Save the date**
 - iv) **Assembly in Atascadero, January 12, 2019**
 - v) **Feed Your Soul – November 10, 2018 11:00 AM to 3:00 PM in Los Gatos (Teri will for links and flyers to Scott N.)**
- B) **Next RSC Meeting - Wednesday, November 7, 2018 from 6:00 PM to 7:00 PM**
Michael will try to host the next meeting, so new information will be available.

8. Adjournment

Adjourn at 7:00 PM

- A) Close the meeting with the Serenity Prayer (7:01 PM)

Enrichment Time

7:00 to 7:30 PM

We will continue reading *Concept Five* section from the *Twelve Concepts for NA Service* and then reviewing the *study and discussion questions*.

Attachments

<p style="text-align: center;">Central California Region, NFG Treasurer's Report August 1, 2018 through August 31, 2018</p>

September 1, 2018	Balance Forward	\$5,374.85
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Additions

Narathon Net Profit	945.00
Theater Donation redeemed (Narathon donation)	50.00
Watsonville Nar-Anon (7 th tradition)	40.00
In the Solution (7 th tradition)	50.00

Total Deposits:	\$1,085.00
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Subtractions*

Donation to Resurrection Church (Narathon)	150.00
Startup for Monday Salinas Group	50.00

Total Subtractions:	\$200.00
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September 30, 2018	Ending Balance	\$ 6,259.85
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Submitted by: Arnie B.
Treasurer
Nar-Anon Family Groups CCR



Nar-Anon Central California Region 2018 Income Expenses

Starting Cash on Hand	Budgeted	Actual	Remaining
<i>Description</i>			
Cash on hand from December 31, 2017	\$ 3,623.35	\$ 3,623.35	\$ -

Income

<i>Description</i>			
Narathon Annual Regional Convention and Fundraiser	\$ 700.00	\$ 1,928.56	
Group Donations	\$ 3,000.00	\$ 1,793.18	
Total Income	\$ 3,700.00	\$ 3,721.74	

Expenses

<i>Description</i>			
Assembly	\$ 125.00		
Outreach	\$ 500.00	\$ 145.79	\$ 354.21
Travel expense for RSC to assembly and other required meetings	\$ 300.00	\$ 191.82	\$ 108.18
Postal Services	\$ 76.00		
Checking account expense	\$ 35.00		
Region website expense	\$ 200.00		
State non-profit yearly filing expense (\$0.00 Online)	\$ -		
Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00		
Alternate Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00		
Delegate/Alternate Delegate travel expense to groups	\$ 500.00	\$ 366.71	\$ 133.29
Conventions	\$ 500.00	\$ 272.63	\$ 227.37
Events	\$ 300.00		
New Meeting Start Up	\$ 300.00	\$ 100.00	\$ 200.00
Donation to WSO	\$ 400.00	\$ 200.00	\$ 200.00
Contingency Fund	\$ 300.00		
Prudent Reserve (3 months operating costs)	\$ 515.00		
Total Budgeted Expenses	\$ 6,551.00	\$ 1,276.95	

Ending Cash on Hand

<i>Description</i>			
Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00		
Alternate Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00		
Prudent Reserve (3 months operating costs)	\$ 515.00		
Carry-over	\$ 772.35		
Estimated cash on hand for December 31, 2018	\$ 3,787.35	\$ -	

CCR Literature Committee Report
10/3/2018

Our committee currently is comprised of five members who meet together on Skype 1-2 times per month. We meet for one hour on Sunday mornings from 8:30-9:30 am. A quorum of 3 members is needed for all meetings.

Our committee just completed editing Tradition Three for The Nar-Anon 36. Our next meeting is scheduled for October 28 as we await our next assignment from the WS Literature Committee. Anyone wishing to participate may contact Ruth at ruthkellogg@aol.com prior to the next meeting in order to be included in the Skype call.

In service,
Ruth K.