

# Minutes

## CCR Regional Service Committee

Wednesday, November 7, 2018 at 6:00 PM to 7:00 PM PST  
Free Conference Call

### Officers and Delegates in Attendance

Chair Person:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair Person:	position vacant		Delegate:	Jocelyn F.	X
Treasurer:	Arnie B.	X	Alternate Delegate:	Teri M.	

### Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	Scott C.	X
Literature	Ruth K.	X	Technology Services	position vacant	
Elections (ad hoc)	position vacant		GRS (ad hoc)	position vacant	
Narateen	position vacant				

### Agenda Summary

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## 1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) Resolve Free Conference Call issues

#### Dial-in Instructions

Number: (712) 775-7031

Access Code: 271-421-422

At the scheduled date and time of the meeting, dial in to the conference line. When prompted, enter the access code followed by hash (#).

### Internet Online Meeting Instructions

Open this link: <https://join.freeconferencecall.com/scottfromsb>

To join the online meeting, click on the meeting link listed above and follow the prompts to join the meeting. I suggest starting this process about 5 minutes prior to the meeting time, as there may be software to install on your computer or tablet.

- B) Open the meeting with the Serenity Prayer

**Meeting opened at 6:02 PM PST**

- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

**6 of 8 voting members are present.**

**Larry B. is present as a non-voting member.**

**Scott C. was not present at the start of the meeting.**

- E) Reading of the Twelve Traditions

**Read by Jocelyn (6:04 PM)**

- F) Reading of the Twelve Concepts of Nar-Anon Service

**Read by Arnie (6:07 PM)**

## 2. Adoption of Minutes of Previous RSC Meeting

*6:05 to 6:10 PM*

- A) Approval of the minutes of previous RSC meetings.

- i) October 3, 2018

**Motion to approve the minutes of October 3, 2018 and amended.**

**First: Janet, Second Ruth; Yes: 6, No: 0, Abstentions: 0 – Motion Passes**

**Minutes not available for the RSC meeting of September 5, 2018**

**at this time. Scott will look into getting the minutes document for the next RSC.**

### 3. Adoption of the Agenda

*6:10 to 6:15 PM*

- A) Call for new business
- B) Call for order of business
- C) Call for consensus on the agenda as amended

**Motion to adopt the agenda as written.**

**First: Scott, Second Arnie; Yes: 6, No: 0, Abstentions: 0 Motion Passes**

### 4. Old Business

- A) Ecommerce on Region Website – Scott N.

*Nothing to report at this time.*

### 5. Reports

*6:15 to 6:50 PM*

- A) Chair's Report – Michael F.

*6:15 to 6:20 PM*

**(6:17 PM) Michael expressed his gratitude to be a part of the RSC.**

- B) Treasurer's Report – Arnie B.

*6:20 to 6:25 PM*

**(6:18 PM) Nothing happened in October, except Arnie received a check for \$73.50 from the Watsonville meeting when the meeting closed. The check has not been deposited, so the report stands as it did last month.**

**At the December meeting, Arnie will revisit the budget. Arnie will propose a donation to the WSO. This will be discussed under the New Business section of this agenda.**

- C) Delegate's Report – Jocelyn F.

*6:25 to 6:30 PM*

**(6:21 PM) Nothing to report on behalf of the groups as their delegate. Jocelyn expressed her gratitude for the program and her service position.**

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### D) Outreach – Janet S.

*6:30 to 6:35 PM*

**(6:22 PM) At the October meeting the subcommittee agreed to buy stamps and envelopes for a mailing. Janet will send receipts to Arnie for reimbursement. “Nar-Anon Offers Hope” pamphlet will be sent to local professionals in the region that are not on their list. This is an effort to research other professionals in the region.**

**With regard to the NA/Nar-Anon convention in April, Janet reached out to a Northern California member. Janet would like to connect them.**

### E) Conventions / Events – Scott C.

*6:35 to 6:45 PM*

#### i) Bakersfield Convention

- a) Scott N. is the CCR contact to the Bakersfield convention committee
- b) “Save the Date” flyer under approval
- c) Bakersfield Convention Information Table – volunteers needed Friday 1:00 to 5:00 p.m. and Saturday 9:00 a.m. to 7:00 p.m.

**(6:25 PM) Scott C. joined the call at approximately 6:20 PM.**

**7 of 8 voting members are present.**

**Nothing from Scott C. to report.**

**Scott N. reported:**

**The Bakersfield convention theme is on the “Nar-Anon Traditions, Our Spiritual Foundation.” There will be a multi-region meeting. Robert is using Google surveys to gather a group conscience on committee decisions. There will be a Nar-Anon information table. Volunteers will be needed on Friday 1:00 to 5:00 p.m. and Saturday 9:00 a.m. to 7:00 p.m. the Bakersfield meeting has traditionally taken the table commitments on Sunday.**

**Janet suggested a “Save the Date” *Take Back to Meeting* to let our region members know their service will be needed. If the Bakersfield committee does not setup an online commitment sign-up form, Scott will set one up. More will be revealed before the next RSC meeting.**

### F) Literature – Ruth K.

*6:45 to 6:50 PM*

**(6:37 PM) The subcommittee completed work on Tradition Three. The WS Literature**

Committee asked the subcommittee to gather writings on “addiction in marriage and intimate relationship.” The subcommittee’s next meeting is December 2, 2018 at 8:30 AM. None of the members of the subcommittee are spouses. The Subcommittee will send out a questioner to gather writings. Hopefully they will have this ready to present to the next RSC meeting. The subcommittee will take a similar approach to how the committee created the MESH. They will have a speaker at the next meeting who is the spouse of an addict. With the MESH project, working with other regions slowed things down, so the subcommittee will be working by itself.

7<sup>th</sup> Tradition pamphlet and the Grandparents project (a CCR project) are going out to the fellowship for review from the WS Literature Committee.

Submitting any type of material will need to be accompanied by a release form from the WS website.

Scott C. asked to be on the Literature Subcommittee email list.

[Take Back]

## 6. New Business

- A) Draft budget request for review and approval at the next CCR RSC meeting.

*6:50 to 6:55 PM*

**(6:49 PM)** Michael asked for Arnie to bring recommendations for the 2019 budget to the December RSC. The RSC will discuss next meeting in order to present a recommended budget to the assembly in January.

An analysis of income would be helpful. This might help in the budget projection process. We would also like to look at monies not spent.

## 7. Administration

*6:55 PM*

**(6:51 PM)**

- A) Summary of **Take Back to Meeting** items.
- i) Vice Chair vacancy
  - ii) 7<sup>th</sup> Tradition and Grandparents pamphlet for fellowship review

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iii) **Bakersfield convention – Save the date, hotel information, and information table commitment times.**

iv) **Assembly in Atascadero, January 12, 2019**

v) **The subcommittee's next meeting is December 2, 2018 at 8:30 AM. Contact Ruth K, Subcommittee Chair at [LitCom@NarAnonCentralCA.org](mailto:LitCom@NarAnonCentralCA.org) to be added to the Skype call.**

vi) **Fellowship review of the 7th Tradition pamphlet and the Grandparents project.**

B) **Next RSC Meeting - Wednesday, December 5, 2018 from 6:00 PM to 7:00 PM**

**Time for comments - no comments offered.**

## 8. Adjournment

*Adjourn at 7:00 PM*

A) Close the meeting with the Serenity Prayer

**Meeting closed at 6:54 PM.**

## Enrichment Time

*7:00 to 7:30 PM*

We will continue reading *Concept Five* section from the *Twelve Concepts for NA Service* and then reviewing the *study and discussion questions*.