

Minutes

Central California Region Assembly

Saturday, July 27, 2019 from 11:00 AM to 4:00 PM PDT

Atascadero

RSC Officers in Attendance

Chair Person:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair Person:	position vacant		Delegate:	Teri M.	X
Treasurer:	Arnie B.	X	Alternate Delegate:	position vacant	

Groups Represented

Group	GSR Name	Group	GSR Name
*Atascadero, Tuesday ⁽¹³¹⁻⁰³³⁾	Larry	*Monterey, Saturday ⁽¹³¹⁻⁰²⁹⁾	Laura (Sub)
Atascadero, Friday ⁽¹³¹⁻⁰³⁴⁾		*Salinas, Monday ⁽¹³¹⁻¹³⁰⁾	Janet
*Bakersfield, Sunday ⁽¹³¹⁻¹¹⁷⁾	Robert P.	*Salinas, Thursday ⁽¹³¹⁻⁰³⁰⁾	Kim
Camarillo, Tuesday ⁽¹³¹⁻¹¹²⁾		*Santa Barbara, Friday ⁽¹³¹⁻⁰⁶⁶⁾	
*Carmel, Wednesday ⁽¹³¹⁻⁰⁷⁵⁾	Mary Lynn P.	*Santa Cruz, Sunday ⁽¹³¹⁻⁰²⁴⁾	Carole
*Gilroy, Thursday ⁽¹³¹⁻⁰⁰⁹⁾		*Scotts Valley, Friday ⁽¹³¹⁻⁰²⁵⁾	Teri M. (Sub)
Los Gatos, Sunday ⁽¹³¹⁻⁰¹¹⁾		Seaside, Monday ⁽¹³¹⁻⁰³¹⁾	
Los Gatos, Thursday ⁽¹³¹⁻⁰¹⁰⁾		*Simi Valley ⁽¹³¹⁻⁰⁶⁸⁾	Peter
Monterey, Tuesday ⁽¹³¹⁻⁰²⁸⁾			

* Indicates a registered group (Groups register for the calendar year at the first assembly they attend.)

Subcommittee Chairs in Attendance

Subcommittee	Chair Present	Subcommittee	Chair Present
Outreach	Janet S. X	Conventions / Events	Scott C.
Literature	Ruth K. X	Technology Services	Robert P. X
Narateen	position vacant		

Quorum Summary

Total Groups	Registered Groups	Current Quorum
17	11	6

Agenda Summary

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1. Call to Order, Prayer, Roll Call, and Readings

11:00 AM to 11:15 AM

A) Resolve Free Conference Call issues

Members who would like to participate via Free Conference Call (FCC) should send an email to Chair@NarAnonCentralCA.org to let Michael F. know of your intention to participate via FCC on or before Friday, July 26 2019 at 5:00 PM. On the day of the assembly, Saturday, July 27, connect via dial-in or internet online meeting no later than 10:55 AM.

Dial-in Instructions

Number: (712) 775-7031

Access Code: 271-421-422#

at the scheduled date and time of the meeting, dial in to the conference line. When prompted, enter the access code followed by hash (#).

Internet Online Meeting Instructions

open this link: <https://join.freeconferencecall.com/scottfromsb>

to join the online meeting, click on the meeting link listed above, and follow the prompts to join the meeting. I suggest starting this process about 5 minutes prior to the meeting time, as there may be software to install on your computer or tablet.

- B) Open the meeting with the Serenity Prayer
(11:03 AM) Meeting Opened
- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, GSRs, and other attendees.
Members at large: Lynn
Remote participants: Arnie, Laura, Lynn, Carole
- D) Announce number of voting members – Chair and Secretary
- i) **7 groups present out of 10 registered groups.**
 - ii) **Quorum (51%) = 6 of 11 registered groups.**
- E) Reading of the Twelve Traditions
(11:08) Read by Teri M.
- F) Reading of the Twelve Concepts of Nar-Anon Service
(11:10) Read by Robert P.

2. Adoption of Minutes of Previous Assembly

11:15 AM to 11:20 AM

- A) A motion is requested to approve minutes for the assembly of January 12, 2019.
See the Draft Minutes of the Previous Assembly section of this packet
(11:15 AM)
Motion to adopt the Minutes of the Assembly of January 12, 2019 as amended.
First: Robert; Second: Larry; For: 5; Against: 0; Abstentions: 2; Motion Carries

3. RSC Reports

11:20 AM to 11:45 AM

- A) Chair Report – Michael F.
See the Chair's Report section of this packet
(11:17 AM)
Michael read out his written report.

(11:19) New in-person arrival: Mary Lynn P., Carmel, GSR

(11:23) New in-person arrival: Peter, Simi Valley, GSR (New Group Registration)

11 Registered Groups - 9 Groups represented. Quorum of 6 was not changed.

B) Treasurer – Arnie B.

See the Treasurer's Report section of this packet

(11:25 AM)

Michael requested the report deferred to New Business, item 8a. There was no dissention.

C) Delegates – Teri M.

See the Delegate's Report section of this packet

Draft motions for placement in the 2020 Conference Agenda Report (CAR) shall be submitted by September 4, 2019. Motions are to be submitted in final form to the WSC Committee no later than 200 days (October 14, 2019) prior to the opening of the conference.

(11:27 AM)

Teri - read a written report from the alternate delegate.

Michael - Jocelyn stepped down as Delegate. The assembly will discuss in item 8c.

4. Group Reports

11:45 AM to 12:30 PM

A) Group Reports – GSRs

See Group Reports section of this packet

i) Topic to be determined by the assembly with further discussions.

(11:31 AM)

The GSRs read out their submitted reports.

Atascadero, Tuesday - Larry B.

Bakersfield, Sunday - Robert P.: this is one of two groups in Bakersfield. It is a Step Study. The other group is in the Southern California Region.

Carmel, Wednesday - Mary Lynn P.: Core group of 3 to 4 people, sometimes as small as 2. Sometimes members on vacation will stop in. The secretary position is rotated.

Monterey, Saturday – Laura: 8 to 20 members per week. Recently completed a Step Study that met twice a month during the week. There were 8 - 10 members attending. Business meeting is the first Saturday of the month. Recently took a group inventory. They host a Monterey convention committee meeting.

Salinas, Monday – Janet: One year anniversary is coming up.

Salinas, Thursday – Kim: Meeting attendance is stable with an average of 8. Rotate leadership every 3 months. Some of the Thursday night Salinas's group members have switched to Monday.

Santa Cruz, Sunday – Carole: There are 6 semi-regulars. The format is rotating. Makes regular donations to service arms. Supported the Narathon. Difficult to get members to be GSR and chair meetings.

Scotts Valley, Friday - Teri M.: Darlene submitted a report. Teri read from the report. There has been a decline in membership.

Simi Valley, Saturday - Peter S.: Vicki used to be GSR. Been around since 2000. There are multiple meetings within 30 minutes. There are about twelve attendees. 6-7 Step Study members. The Step Study is held prior to the meeting. Financially, they are doing well. A new Outreach Coordinator has been appointed. Peter is looking for recovery at the Assembly.

Offer of discussion for the groups.

Carole - The last Narathon, there was a little more than half of the attendees as the previous year. Are there any reasons attendance was down?

Teri - SESH, members of her group had have family health issues and vacations that took members away from the Narathon.

Kim - Should we have the Narathon in August, instead of June?

Carole - Was it the time of year?

Robert - Many groups may be experiencing a downturn in attendance. There is general agreement.

Carole - The previous year there were attendees from Northern California. There were none this year. Was the theme not welcoming for newcomers.

Scott - Dates between Memorial Day and Labor Day has expensive hotel rates. Santa Barbara attendance is down. Four SB members were out of town.

Kim - Comment about the time of year. August might be better.

Larry - summer months are difficult. Motels were expensive.

Mary Lynn - all of her core group were traveling at the time of the Narathon this year. Fall is better, less traveling.

Laura - The day of the Narathon was the same day as the monthly outreach. Members of her group were traveling as well. Hotel prices are an issue. Suggestion to try a different season next year.

Janet - Travel was a concern for her group members. Another member works on Saturday.

Teri - What about having the Narathon in Atascadero? Atascadero is more centralized and tends to have cheaper motel rates.

Ruth - Agrees a more centrally located Narathon would invite more members - like the assembly today.

Michael - The reason for choosing the Monterey area was because many would not have to travel. Agrees with changing the time of year.

Robert - Bakersfield, there are a lot of events every year. There is talk about carpools, but Robert is the only one who attends. The members who want to be there are there.

This ended the discussion on the Narathon.

Michael - The assembly needs to choose an alternate delegate at this assembly as we need to show intention and make payment by December 31, 2019.

Motion to recess until 12:40 PM for lunch.

First: Teri; Second: Robert; For: 9; Against: 0; Abstentions: 0; Motion Carries

5. Lunch Recess

12:30 PM to 1:00 PM - (30 minutes)

(12:10 PM) Lunch recess.

6. Reconvene

1:00 PM to 1:10 PM

A) Roll Call

(12:47 PM) Roll call by Scott N.

Michael F.: Chair - Present

Arnie B.: Treasurer - Present

Scott N.: Secretary - Present

Teri M.: Alternate Delegate – Present

Janet S.: Outreach Subcommittee Chair - Present

Ruth K.: Literature Subcommittee Chair - Present

Robert P.: Technology Service Subcommittee Chair (Interim) - Present

Larry: Atascadero, Tuesday - Present

Robert P.: Bakersfield - Present

Mary Lynn P.: Carmel - Present

Laura: Monterey, Saturday - Present

Janet: Salinas, Monday - Present

Kim: Salinas, Thursday - Present

Carole: Santa Cruz - Present

Teri M.: Scotts Valley - Present

Peter S.: Simi Valley, Saturday - Present

9 groups present out of 11 registered groups.

7. Subcommittee Reports

1:10 PM to 2:00 PM

A) Outreach – Janet S.

See Subcommittee Reports section of this packet

(12:51 PM)

Janet – She is encouraged since last assembly - there has been a growing membership.

Janet offered an open invitation for all others to help coordinate efforts through the

Outreach Subcommittee.

B) Literature – Ruth K.

See Subcommittee Reports section of this packet

(12:54 AM)

Ruth – The subcommittee continues to meet via Skype one Sunday per month. The “Addiction and Marriage” piece is the current work. The subcommittee is going through questionnaires and pulling out quotes. The subcommittee is writing a body of work to start the literature. MESH was created and approved using this same method.

August 4 at 8:30 AM is the next meeting.

The subcommittee will work with Technology Services Subcommittee to get the message out. Robert will facilitate.

C) Conventions / Events - Scott C.

See Subcommittee Reports section of this packet

(12:57 AM)

Michael - Read out Scott C.'s report of the Narathon.

2020 Monterey Bay Subcommittee meeting - all are welcome either in person and online. All members and GSRs are invited to the monthly planning sessions from 10:15 to 10:45 after the Monterey Circle of Hope Meeting at St Tim's on Soledad Street in Monterey. If you cannot attend in-person, participation via FreeConferenceCall will be offered. For the next meeting date and / or if you have questions, please contact Mary O. at (831) 402-6452, or marmarodo@gmail.com.

The Narathon moving forward - we will look to increase participation based on the suggestions in the Group Reports section.

D) Technology Services – Robert P.

See Subcommittee Reports section of this packet

(12:59 AM)

Robert - Had first meeting as a committee with three members. The subcommittee did an inventory of all technologies Scott N. was taking care of. Scott N. shared access to technologies. We hope to have direction on Stripe. Next assembly, we hope to bring a proposal to the Assembly about moving to Google for file storage.

8. New Business

2:00 PM to 3:30 PM

A) 2020 Budget Discuss and Adoption – Arnie B.

See the Treasurer's Report section of this packet

(1:03 PM)

Arnie - There are three supporting documents: starting on page 25 of the Assembly Agenda packet. Treasurer's Report: \$7,463.60 is the current balance. Three groups and the Narathon are noted as income in the "Additions" section of the report. Narathon reimbursement was the only item in the "Subtractions" section.

Income and Expense Report for 2019: Nar-Anon is a non-profit. The voting members of the assembly have purview over the budget. The assembly, by approving the budget, gives the treasurer the authority to spend the money. Money cannot be spent without assembly approval. The biggest budget items are sponsoring the Delegate and Alternate Delegate to the World Service Conference. The Region has budgeted a total of \$2,500 for each. The equalized expense is only \$1,950, however WSO does not cover all expenses, so the region added funds to the Delegate and Alternate Delegate budget line items to cover travel and incidentals. The means the delegates should not have out-of-pocket expenses. This Delegate and Alternate Delegate equalized payment has yet to be made in this calendar year. We have until December 31 to make the payment.

The literature that was printed and purchased for the Narathon is now being used by the Outreach Committee. Group donations are on track for budget predictions. Narathon income is down from predictions. We are well positioned to be able to fund both the Delegate and Alternate Delegate to attend the WSC.

The Monterey convention - it is anticipated \$300 to \$400 will be paid to NA.

Michael – Suggestion to adjust the fundraising line item in the budget more realistic in future budgets.

Arnie - the main impact is the expenses. Income is a guideline and a best-guess based on history.

B) Motion to carry-over funds from 2019 budget to 2020 budget – Arnie B.

(2:00 PM)

Motion to carry over any balance on December 2019 be carried over to the 2020 budget. First: Mary Lynn P; Second: Robert; For: 9; Against: 0; Abstentions: 0; Motion Carries

Proposed Budget:

Arnie - the WSC is held every two years. Each year we budget half the amount of the delegate's equalized expenses. Review of the items in the "Notes" column on the draft

budget.

Fundraisers were adjusted to the 2019 levels, as was the Group Donations line item. The delegates travel expenses was decreased by \$200 to \$300 (this line item is separate from the Delegate and Alternate Delegate WS expenses). The donation line item to WSO was lowered to \$200 from \$400.

Arnie is anticipating larger donations to the WSO in the future. Arnie will look at the numbers and make a recommendation of the amount of the donation at the January 2020 assembly. Anything over the region's need should be forwarded toe WSP, but this is only at the direction of the assembly.

Motion to approve the 2020 proposed budget as amended.

First: Robert; Second: Peter; For: 9; Against: 0; Abstentions: 0; Motion Carries

Robert - does not feel comfortable approving funds for both delegates. Suggestion to fully fund the delegate in 2020 and zero the alternate. In 2021, then address funding the alternate. We would rather say, "We have funded the delegate, and do not have funding for the alternate delegate," than "We had half funded for the delegate and alternate delegate."

Arnie - the can be corrected in the 2021 assembly.

Michael – The current way of itemization for the funding has worked for us in the past.

Laura - likes keeping the budget line items as they are. The assembly can always make changes to the budget to send only a delegate if funds are not available for both.

Michael - Any more discussion?

Laura - The 2020 Monterey Convention is not a fundraiser. The Narathon is the only fundraiser in the budget, not general conventions. Suggestion to lower the fundraising line item because of this.

Michael - The \$400 donation line item - the assembly was to review the budget before sending the money to WSO. The region should make a \$400 donation to WSO. Do the GSRs want to take action? No further discussion.

Motion to donate \$400 to WSO out of the 2019 budget.

First: Robert; Second: Peter; For: 9; Against: 0; Abstentions: 0; Motion Carries

The \$400 donation is already part of the 2019 budget. The donation is to be made immediately.

C) Delegate and Alternate Delegate to attend the 2020 WSC – Michael F.

Discussion of the election and continued endorsement of the Central California Region Delegate and Alternate Delegate for the purpose of representing the Central California Region at the 2020 World Service Conference.

Teri – She considered carefully the position and would like to take the position.

- i) **Motion to elect and endorse Teri M. as Delegate representing the Central California Region at the 2020 World Service Conference and to confirm she will be in service throughout the duration of the 2020 Conference.**

First Larry; Second: Kim; Yes: 9; No: 0; Abstentions: 0; Motion Carries

Carole left the meeting at approximately 1:20 PM.

This leave 8 groups present out of 11 registered groups. The quorum is 6.

- ii) The World Service Conference Committee must be notified by the Regional Chair of the Region's intention to send a Delegate and Alternate Delegate to the 2020 World Service Conference on or before December 31, 2019. The Delegate and Alternate Delegate must be elected and endorsed by the Regional Assembly in order to be recognized by the Conference.

(1:51 PM)

Michael - Is anyone willing to be alternate delegate? No one came forward at this time.

Kim - Where is the Alternate Delegate duties listed? In the GRS and as part of the agenda packet.

Michael - an assembly is needed to send an alternate delegate.

Motion that the CCR approves the intent to send the delegate and alternate delegate to the 2020 WSC.

First: Robert P; Second: Mary Lynn; For: 8; Against: 0; Abstentions: 0; Motion Carries

D) CCR e-Commerce – Scott N.

See the Supporting Documents section of this packet

(2:00 PM)

Scott - Read out the report.

Arnie - PayPal has a chip reader for about \$30. He has successfully used this.

Michael - Questions or comments?

Larry - One member in his group is concerned about anonymity with regard to payment systems.

Ruth - This is not unlike ordering literature from the WSO web store. Not being able to use a credit card would make ordering literature onerous. The CCR solution would be no more risky than ordering literature.

Arnie - Donations received from group and income from events usually comes from a personal check. The personal checks are full personal information, but it has not been a problem so far.

Robert – He implemented PayPal on another website, SquareSpace changed the underlying connections and broke the connection to PayPal.

The card reader is purchased, not leased. There is no charge to start the process.

Would love to have the website donation function up by Thanksgiving.

Peter - Are we actively or passively soliciting donations from members at large? What differentiates a donation to WSO or CCR? All donations will help families of addicts.

Some of CCR funds are passed on to WSO. The majority of WSO funding comes from the sale of literature.

Motion for the Technology Services Subcommittee to proceed to implement Strip payments on the CCR website online, and when technology is available, purchase a chip reader device. Contingency funds will be used to purchase the chip reader, up to \$100. First: Robert P.; Second: Mary Lynn P.; For: 8; Against: 0; Abstentions: 0; Motion Carries

E) Motion to affirm Robert P. as the Technology Services Subcommittee Chair.

(3:00 PM)

Robert is open to taking the commitment.

Motion to affirm Robert P. as the Technology Services Subcommittee Chair.

First: Larry; Second: Teri; For: 7; Against: 0; Abstentions: 1; Motion Carries

Consensus to take a 10 minutes recess.

(2:45 PM) Roll call by Scott N.

Michael F.: Chair - Present

Arnie B.: Treasurer - Present

Scott N.: Secretary - Present

Teri M.: Alternate Delegate – Present

Janet S.: Outreach Subcommittee Chair - Present

Ruth K.: Literature Subcommittee Chair - Present

Robert P.: Technology Service Subcommittee Chair (Interim) - Present

Larry: Atascadero, Tuesday - Present

Robert P.: Bakersfield - Present

Mary Lynn P.: Carmel - Present

Laura: Monterey, Saturday - Present

Janet: Salinas, Monday - Present

Kim: Salinas, Thursday - Present

Carole: Santa Cruz – Not Present

Teri M.: Scotts Valley - Present

Peter S.: Simi Valley, Saturday - Present

8 groups present out of 11 registered groups. Quorum is 6.

F) Western Regions Convention Involvement – Robert P.

See the Supporting Documents section of this packet for the History of Western Regions Convention report.

Motion to participate in Western Regions Convention 2020.

(3:00 PM)

Michael - Robert has been a member of the Western Regions Convention since day one.

Robert - This event started in 2013 with Scott N. - an outreach table was all it was. It picked up after that. Northern California was invited, then CCR and High Desert region.

It has morphed into a Multi-Regional convention. The business meeting is held on Saturday nights. The North Western Region was disappointed it was not invited.

This past year, the Western Regions Convention was named and an organizational group was started by Robert. Eventually it may be an independent Nar-Anon event (not

associated with NA) that could be held anywhere, possible in Las Vegas, the High Desert Region.

The High Desert Region is participating. Southern California was not able to get to the item in their recent assembly.

The event is always in February in Bakersfield in cooperation with the annual convention for the Central California Region of Narcotics Anonymous.

The Santa Barbara group - The Monterey convention is just one month away from the Bakersfield convention. It may be prudent for the CCR to be involved in odd number years, when the Monterey convention is not in session. We have few resources to spread on two large events only one month apart.

Michael – The convention should be putting out an invitation to all regions in the west. There are 8.5 regions potentially participating. This will diminish the CCRs involvement in this event.

Teri - This may eventually break off from NA, it would need many regions to support it.

Robert – It is more common on the East Coast for Nar-Anon to have events not associated with NA.

Kim – Do other regions cooperate with the NA conventions they can participate in? Yes.

Michael - The conventions Michael as attended has been good for his. This is the point when we need to make a decision to participate. The Bakersfield groups will supply the warm bodies to work on the 2020 convention. The CCR is not locking in groups other than the Bakersfield group.

Larry - maybe we could ask the groups and get back in ta couple weeks.

Michael - we need the motion to create the subcommittee that Robert could chair.

Teri - there are many delegate responsibilities that overlap with the convention and planning.

Michael - Teri's delegate responsibilities do not overlap with the responsibilities of the committee.

Peter - Whether Bakersfield group or the CCR take the event on, what are the needs the convention might seek from other groups? Sooner or later, the convention will send out invitations.

Robert - The committee in the in the past has organized the event and provided trusted servants to take commitments. Maybe get couple of Outreach kits and be an outreach event, rather than a literature store.

Michael - no motion, the region will not be participating.

9. Administration

3:30 PM to 3:45 PM

A) Next Assembly

- i) Friday, January 17, 2020 from 6:00 PM to 9:00 PM at the Monterey Bay Conference Center, in conjunction with the 2020 Vision for Serenity Convention

(3:13 PM)

Motion to hold the next CCR Assembly on Friday, January 17, 2020 from 6:00 PM to 9:00 PM at the Monterey Bay Conference Center, in conjunction with the 2020 Vision for Serenity Convention.

First: Laura; Second: Janet; For: 8; Against: 0; Abstentions: 0; Motion Carries

B) July 2020 Elections Assembly Reminder

(3:17 PM)

Michael - July 2020 is time for RSC elections and subcommittee chairs' confirmation. To help us move forward - Arnie is terming out and will not be able to be Treasurer. Arnie has served a full two terms. The RSC and Assembly appreciate Arnie's service.

Michael is open to serve two terms as chair. Scott is open to serve two terms as

secretary. This does not mean other members should who feel called to these positions should not be nominated.

A Treasurer is needed for the CCR to be a region. It doesn't take a lot of experience to be the treasurer. Arnie is more than happy to assist and advise the next person to take the commitment if they so desire.

We still have open commitments as Vice Chair and Narateen Subcommittee chair. The Delegate and Alternate Delegate will need to be elected then as well. Teri may desire to take the Delegate position again.

C) Take Back to Meeting Information and Announcements

i) Decide which items should be brought back to meeting by GSRs

(3:24 PM)

C.i.a) Monterey Convention Save the Date

C.i.b) Monterey Convention Committee

C.i.c) Open Subcommittee positions

C.i.d) Outreach Subcommittee needs Spanish-speakers for outreach

C.i.e) Open Vice Chair position

C.i.f) The CCR elections in July 2020

List current vacancies

(3:28 PM)

Michael asked for any other topics of discussion.

Larry - can we get the WSC to adopt the 12 Steps in 12 Minutes as conference approved literature?

The groups would have to create the motion, take it to the region for approval, and must be approved by the region before the September deadline for submissions.

Scott - Page 25 of the Guide to World Services has a diagram of how literature approval process works. The process does not involve taking literature directly to the floor of the conference, but rather to put it to the World Service Literature Committee. A shortcut to

Conference Approved Literature (CAL), is to write a piece for the Nar-Anon quarterly newsletter, "The Serenity Connection."

10. Adjournment

Adjourn at 4:00 PM

(3:32)

Motion to adjourn.

First: Janet; Second: Peter; For: 8; Against: 0; Abstentions: 0; Motion Carries

A) Close the assembly with the Serenity Prayer

(3:33 PM) Assembly closed