

Minutes

CCR Regional Service Committee

Wednesday, November 6, 2019 at 6:00 PM to 7:00 PM PDT

Free Conference Call

Officers and Delegates in Attendance

Chair Person:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair Person:	<i>position vacant</i>		Delegate:	Teri M.	X
Treasurer:	Arnie B.	X	Alternate Delegate:	J.T. W.	X

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	Scott C.	X
Literature	Ruth K.	X	Technology Services	Robert P.	X
Narateen	<i>position vacant</i>				

Agenda Summary

1. Call to Order, Prayer, Roll Call, Readings.....	1
2. Adoption of Minutes of Previous RSC Meeting.....	2
3. Adoption of the Agenda.....	3
4. Old Business	3
5. Reports.....	3
6. New Business	7
7. Administration.....	8
8. Adjournment	9

1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) Resolve Free Conference Call issues

Dial-in Instructions

Number: (712) 775-7031

Access Code: 271-421-422

At the scheduled date and time of the meeting, dial in to the conference line. When

prompted, enter the access code followed by hash (#).

Internet Online Meeting Instructions

Open this link: <https://join.freeconferencecall.com/scottfromsb>

To join the online meeting, click on the meeting link listed above, and follow the prompts to join the meeting. I suggest starting this process about 5 minutes prior to the meeting time, as there may be software to install on your computer or tablet.

- B) Open the meeting with the Serenity Prayer

(6:01) Meeting opened

- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

9 of 9 voting members present.

Quorum is 5 – quorum met.

Members in attendance: Larry B., Mary O., Kim K.

- E) Reading of the Twelve Traditions

(6:04 PM) Read by Teri M.

- F) Reading of the Twelve Concepts of Nar-Anon Service

(6:06 PM) Read by JT

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM

- A) Approval of the minutes of previous RSC meeting.

(6:11 PM)

- i) October 2, 2019

Motion to approve the RSC minutes of October 2, 2019 as amended.

First: Arnie; Second: Teri; Yes: 9; No: 0; Abstentions: 0; Motion Passes

3. Adoption of the Agenda

6:10 to 6:15 PM

- A) Call for new business
- B) Call for order of business
- C) Call for consensus on the agenda

(6:11 PM)

Motion to adopt the agenda as presented.

First: Arnie; Second: JT; Yes: 9; No: 0; Abstentions: 0; Motion Passes

4. Old Business

- A) None

5. Reports

6:15 to 6:50 PM

- A) Chair's Report – Michael F.

6:15 to 6:20 PM

(6:12 PM)

Michael commended the RSC and how wonderful it is to have a region with so many involved members. The region is not growing by adding meetings at this time.

- B) Treasurer's Report – Arnie B.

6:20 to 6:25 PM

(6:13 PM)

Arnie – One donation from the Atascadero group. The ending balance is \$7,931.55. The December meeting will have discussion about the payment of delegate expenses. The region is in good shape in achieving our mission of carrying the message.

Scott C. – Delegates expenses are due December 31. It is in the budget, it is expected it will be paid by the Treasurer, a trusted servant. What are the equalized expenses?

Teri – Confirmed the expenses are \$1,950 for each delegate and alternate delegate.

Arnie – In the budget, we list \$2,500. This is so the region can cover incidental expenses,

Minutes

CCR Regional Service Committee

Wednesday, November 6, 2019 at 6:00 PM to 7:00 PM PDT

Free Conference Call

those above and beyond the equalized expenses.

Janet – Wanted to confirm the convention budget will pay the hotel fee for the 2020 convention. NA has not worked out the fees yet.

Outreach submitted an expense, but not seeing it in the budget.

Arnie believes everything has been recorded. The costs for copies for the 2019 Narathon were charged against Events.

Janet – Can the events expense be moved to Outreach?

Arnie will make the adjustment for the next meeting.

Michael – suggests a delay until December to send the check to WSO for the delegate's expense. The rationale is Higher Power may change things between now and then.

C) Delegate's Report – Teri M.

6:25 to 6:30 PM

(6:24 PM)

Teri – Not much to report at this time. Communicated with the Los Gatos meeting about "Many Paths, One Destination." Teri was asked to lead the SOS meeting for three Sunday's. The meeting is doing well, it is strong. Attendance has dropped as some of the long-timers are no longer attending. Teri is participating with the regional outreach subcommittee meetings.

JT – attended the Bridge to Serenity (Atascadero) group – small. She also attended the Bakersfield Step Study meeting – about six members in attendance.

Arnie – Any expenses or mileage can be submitted and reimbursed.

JT – Acknowledged the option, and decided not to submit travel expenses at this time.

Michael – it is good to know we can reimburse members. Not accepting a reimbursement is like a donation back to the region. However, please use the funds if you want to.

D) Outreach – Janet S.

6:30 to 6:35 PM

(6:30 PM)

Janet – There were no Outreach activities since last month. Janet attended the WS Outreach teleconference. The subjects were "Narateen" and "Working with the Media." The issue of Simi Valley came up. The committee reiterated that individuals may break their anonymity and work with the media at their own discretion. It is in contradiction to

the Traditions for media to attend a group meeting with the intent of writing about the meeting or its members. Janet has not heard if the quarterly calls will continue next calendar year.

Robert – yes, the calls will continue. He attended the last couple of Simi Valley business meetings. The group has dropped the idea of having media come into to attend the meeting.

Janet – Outreach plans to have flyers at the 2020 convention. In November, the Outreach Subcommittee will meet on the fourth Tuesday of the month at 6:30 PM, no meeting in December. January will be the Fourth Tuesday of the month at 8:00 PM.

Janet has contacted 211 in all counties in the CCR and asked them to list Nar-Anon as a resource.

E) Literature – Ruth K.

6:35 to 6:40 PM

(6:35 PM)

Ruth – The Literature Subcommittee met on Sunday, October 13. The subcommittee is in communication with the WS Literature Committee. The WS Literature Committee provided feedback on what the committee liked and didn't like. They provided direction in the "Addiction in Marriage" project. They wanted fewer quotes and more narrative. The word count is 1,000 to 1,200 words for a tri-fold pamphlet. The subcommittee will continue working with what the members have submitted. The next Literature Subcommittee meeting will be held this coming Sunday, November 10 on Skype at 8:30 AM. The committee thanks the members for their honesty in sharing with the subcommittee for the "Addiction in Marriage" project.

F) Conventions / Events – Scott C.

6:40 to 6:45 PM

(6:38 PM)

Scott C. – Need to start planning for the 2020 Narathon. **Looking for groups who may want to host it.** (at the last assembly, Atascadero was chosen as the location for the 2020 Narathon by consensus of the assembly)

Mary O. – The Monterey 2020 Convention subcommittee has been meeting. There are a lot of members participating. The volunteer sign-in sheet is online and ready to be released. There is a schedule of events starting at 9:30 AM on Saturday. Still confirming

Minutes

CCR Regional Service Committee

Wednesday, November 6, 2019 at 6:00 PM to 7:00 PM PDT

Free Conference Call

some speakers.

Mary is concerned the convention has been promoted as being Friday through Sunday. Events are only planned for Saturday. Previous flyers should be amended to reflect this. The Assembly is Friday from 6:00 PM to 9:00 PM.

The convention committee plans a "Meet and Greet" at 5:00 PM to 6:00 at Roundtable Pizza on Friday before the assembly. It is on the flyer, but not part of the convention. Working on a panel for NA at 10:30 AM on Saturday.

Scott – When will the new flyers be ready?

Mary – Soon. Kim will send the flyer to Scott N. for posting.

Kim – Made three different flyers. One large format, two per sheet, and four per sheet.

Scott C. – Please send all Scott N. and copy Mary and Scott C. in PDF.

Scott N. will post and Robert will send out the Mail Chimp notification.

Sending receipts to Arnie for reimbursement is generally the procedure. If not, Arnie can submit the money directly to the source. The last time there was a convention, Arnie cut a check directly to NA.

Mary – The convention will be in Colton rooms 1, 2, & 3. The flyer will be updated.

Michael – Are we going to "pass the basket?"

Mary – Yes, probably each session.

Michael – we do have a budget.

Arnie - \$500 is the budget. If it goes over, there is a \$300 contingency fund we could draw from.

Ruth – Is it possible to ask individual groups to make a donation to the convention.

Arnie – We have experience with this from prior events. The budget should be sufficient. We should not need additional funds.

G) Technology Services – Robert P.

6:45 to 6:50 PM

(6:53 PM)

Robert – MailChimp is the service we use for email notifications.

Yahoo is no longer allowing users to store their files in Yahoo Groups. Scott N. has all the files backed up. The TSS is recommending asking the WSO Executive Director to setup an email for the CCR under the Nar-Anon.org. NarAnonCentralCA@Nar-Anon.org. The email will be associated with an account that has access to the Nar-Anon WSO Google

Groups. The process protects the region from losing files.

Arnie is concerned about uploading files to Google Drive.

Robert – The TSS will work on setting up the file structure and then the subcommittee will grant permissions in the file structure allowing appropriate trusted servants access they need. Arnie will be able to upload to the Google Drive as he does to Yahoo.

Scott S. – Leaving Yahoo and move to Google, is this a good thing?

Robert overwhelmingly prefers Google to Yahoo groups.

Scott N. - Moving to the Google Suite on the Nar-Anon.org domain will keep the region's data safer and more secure than Yahoo. Being a part of the Nar-Anon.org domain will allow the region to maintain access to its data when rotation of leadership is not smooth or if trusted servants leave the fellowship and do not pass on credentials to the Google Suite.

Ruth – Literature Subcommittee has been using Google successfully for some time.

Motion for the region to leave Yahoo Groups and join Google Groups and complete the nine step "Plan of Action" as outlined in the TSS's report, "Recommendation to leave Yahoo and move to Google."

First: Scott C.; Second: Janet; Yes: 9; No: 0; Abstentions: 0; Motion Carries

Motion to authorize Michael to send the proposed email to the WSO Executive Director to request Nar-Anon.org email address (NarAnonCentralCA@Nar-Anon.org) on behalf of the region.

First: Robert; Second: Scott C.; Yes: 9; No: 0; Abstentions: 0; Motion Carries

6. New Business

A) Formation of the Ad Hoc Elections Subcommittee

6:50 to 6:55 PM

In accordance with the Central California Region Guide to Regional Services, adopted by the Regional Assembly of July 14, 2018 (page 33 and following), the RSC calls for the formation of an ad hoc elections subcommittee, and establishes a point of contact for the formation of the subcommittee. RSC requests, via *Take Back to Meeting Information and Announcements*,

member participation in the ad hoc elections subcommittee. The point of contact will facilitate the subcommittee appointing a chair.

(7:05 PM)

Michael – This ad hoc subcommittee needs to be formed this month in order to stay on schedule as prescribed in the Guide to Regional Service. Scott C. volunteered. Scott N. Declined. Michael will join the subcommittee.

Michael will be the chair of the ad hoc subcommittee.

Motion to approve Michael as interim chair of the ad hoc elections subcommittee.

First: Teri M.; Second: Arnie; Yes: 9; No: 0; Abstentions: 0; Motion Carries

7. Administration

6:55 to 7:00 PM

A) **Summary of *Take Back to Meeting* items.**

i) **Next Regional Assembly – Friday January 17, 2019, 6:00 PM to 9:00 PM**

Monterey Bay Conference Center

ii) **Regional Service Committee Vacancies**

a) Vice Chair

b) Narateen Subcommittee Chair

iii) **Monterey Convention Subcommittee**

Next meeting is on Saturday, November 30 from 10:15 AM to 10:45 AM

(Confirmed). Meetings are held at St Tim's on Soledad Street in Monterey. If you have questions, please contact Mary O. at (831) 402-6452, or marmarodo@gmail.com.

Sign-ups are now available for volunteers. Sign-up on the website.

iv) **CCR Literature Subcommittee**

Next meeting is on Sunday, November 10 from 8:30 AM to 9:30 AM (Confirmed).

The subcommittee meets via Skype. If you have any questions and/or would like to be included in the meeting, please send an email to Ruth K. at

LitCom@NarAnonCentralCA.org.

Minutes

CCR Regional Service Committee

Wednesday, November 6, 2019 at 6:00 PM to 7:00 PM PDT

Free Conference Call

v) **CCR Outreach Subcommittee**

Next meeting is Tuesday, November 26 from 6:30 PM to 7:30 PM (Confirmed). The subcommittee meets via FreeConferenceCall. Please dial 1-515-604-9099 and enter Access code 416-570-783#.

vi) **CCR Technology Service Subcommittee**

Next meeting is on Monday, November 18 from 6:00 PM to 7:00 PM. The subcommittee meets via FreeConferenceCall. To participate, dial 1-515-606-5410 and enter Access code 413555#. Or you can download and use the FreeConferenceCall application using MeetingID robert8694. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.

vii) **CCR 2020 Elections Subcommittee formation in November, 2019 needs trusted servants.**

viii) **Narathon in Atascadero in 2020. More information coming!**

B) Next RSC Meeting –Wednesday, December 4, 2019 from 6:00 PM to 7:00 PM

8. Adjournment

Adjourn at 7:00 PM

(7:15 PM)

Arnie left the meeting at 7:14 PM.

8 of 9 voting members present.

Quorum is 5 – quorum met.

Motion to adjourn the meeting.

First: Robert, Second Teri, Yes: 8, No: 0, Abstentions: 0; Motion Passes

A) Close the meeting with the Serenity Prayer

Meeting closed at 7:16 PM