

Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	Teri M.	X
Treasurer:	Arnie B.	X	Alternate Delegate:	J.T. W.	X

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	Scott C.	X
Literature	Ruth K.	X	Technology Services	Robert P.	X
Narateen	<i>position vacant</i>				

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) Resolve Free Conference Call issues

Dial-in Instructions

Number: (712) 775-7031

Access Code: 271-421-422

At the scheduled date and time of the meeting, dial in to the conference line. When

prompted, enter the access code followed by hash (#).

Internet Online Meeting Instructions

Open this link: <https://join.freeconferencecall.com/scottfromsb>

To join the online meeting, click on the meeting link listed above, and follow the prompts to join the meeting. I suggest starting this process about 5 minutes prior to the meeting time, as there may be software to install on your computer or tablet.

B) Open the meeting with the Serenity Prayer

(6:03) Meeting opened

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

8 of 9 voting members present.

Quorum is 5 – quorum met.

Members in attendance: Larry B. from Atascadero

E) Reading of the Twelve Traditions

Read by Teri

F) Reading of the Twelve Concepts of Nar-Anon Service

Read by JT

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM

A) Approval of the minutes of previous RSC meeting.

i) January 8, 2020

(6:11 PM)

Scott N. joined the meeting at 6:11 PM

9 of 9 voting members present.

Motion to approve the RSC minutes of January 8, 2020 as amended.

First: JT; Second: Teri; Yes: 9; No: 0; Abstentions: 0; Motion Passes

3. Adoption of the Agenda

6:10 to 6:15 PM

- A) Call for new business
- B) Call for order of business
- C) Call for consensus on the agenda

(6:14 PM)

Motion to adopt the agenda as amended.

First: Janet; Second: Arnie; Yes: 9; No: 0; Abstentions: 0; Motion Passes

4. Old Business

- A) None

5. Reports

6:15 to 6:50 PM

- A) Chair's Report – Michael F.

6:15 to 6:20 PM

(6:16 PM)

Michael – Nothing to report at this time.

No questions or comments.

- B) Treasurer's Report – Arnie B.

6:20 to 6:25 PM

(6:16 PM)

- C) Arnie - **(6:17 PM)**

Arnie – There are two documents for the Treasurer report. There is one for income and expenses and the monthly report since January 1, 2020. There were \$786.00 in total deposits for the month. The ending balance was \$4,796.59.

Arnie cut a check for \$300 to NA. The PO Box he sent it to was invalid. The \$300 is marked as being spent. He will work to get the check to the right person. Janet gave Arnie corrected address information. Arnie will correct the address and resend the check.

D) Ad Hoc Elections Subcommittee – Michael F.

6:25 to 6:30 PM

(6:22 PM)

Michael – Nothing is really happening. A reminder will be sent out in February. In March, the nomination period will be open. Michael read out his report as follows.

Election process for RSC members will follow process and procedures detailed in the GRS under Elections RSA's. They are as follows:

In February there will be a reminder to the groups via Take Back to Meeting Information and Announcements of the nomination invitation.

In March, the subcommittee sends notification that the nominations period is open.

Notification will include a list of open positions, suggested experience for positions, description of positions, timeline for nomination period, and nomination email address.

A nomination invitation will be sent to GSRs via RSC Take Back to Meeting Information and Announcements. The member nomination process allows members to nominate themselves or other members for one or more positions. Nominated members will be contacted by the subcommittee. The nominated member may or may not agree to accept the nomination. Nominations are received by the subcommittee via email.

E) Delegates' Report – Teri M. and J.T. W.

6:30 to 6:35 PM

(6:30 PM)

Teri and JT – They held the first teleconference on Sunday, January 25. It was about 1 hour and 20 minutes. They covered motions 1 through 10. There were attendees from different regions – two other regions. Teri sent an emails to the meetings Teri and JT will visit. Thursday, February 20 will start their tour. There is a teleconference call on Sunday, February 23. They will visit Salinas after the main tour. 10 groups are scheduled, and 8 more groups will need to be scheduled for visits. There is a "Motions Teleconference" this Sunday (2/9) at 8:30 AM. Southern California Region is also hosting teleconferences. Michael – thank you for your efforts. It is incredible what you are doing.

What regions attended the motions meeting? Southern California and High Desert regions.

Was there a lively debate? No, some members spoke their feelings. Teri and JT were

focused on where to find the information. They were not trying to influence or sway opinions.

Are the delegates making contact with the groups before they attend? Teri sends an email to the GSR or meeting leader and copied Michael F. as chair of the region.

What meeting was young and overwhelmed? The Hollister meeting is not participating in the CAR as they are newcomers and not interested at this time.

F) Outreach – Janet S.

6:35 to 6:40 PM

(6:34 PM)

Janet – Update on the upcoming events. JT from Hollister was contacted by a newly formed Opioid Task Force in San Benito County. Nar-Anon was invited to have an information table at the Task Force's workshop from 10:00 to noon this coming Saturday, February 8.

Janet is coordinating with Robert for materials for the Western Regions Convention. Scott N. will send the banner to Robert for the Western Regions Convention.

This past Sunday is the first WS Outreach call. The subject was social media and anonymity.

The subcommittee will read and discuss the Outreach Handbook which is available for fellowship review.

No questions or comments.

G) Literature – Ruth K.

6:40 to 6:45 PM

(6:38 PM)

Ruth – Our next meeting is this Sunday at 8:30 AM via Skype. This is the same time as the “Motions Teleconference” meeting. There is light at the end of the tunnel for the “Addiction in Marriage” piece - hopefully it will be completed in two to three months. Cheryl from the WS Literature committee is tracking the subcommittee’s work.

No questions or comments.

H) Conventions / Events – Scott C.

6:45 to 6:50 PM

(6:40 PM)

Scott C. – The Narathon is coming up in September 12. Larry has reserved the church for

the date. From the last event, there were great ideas for the format. Looking forward to a great Narathon.

Kudos to all those who worked on the Monterey convention. It was a wonderful event.

Are you going to form a Narathon subcommittee? Teri, Cyndy, and Scott will be the core group. They would like more participation from members. Help will be appreciated and needed. **Add this to take back to meeting. Scott C. will be the contact.**

- I) Technology Services – Robert P.

6:50 to 6:55 PM

(6:46 PM)

Robert – There are two updates.

1) JT has taken over maintaining the calendar. If you have events you, your group, or your subcommittee would like on the calendar, send an email to JT and copy Scott N. JT will put the event on the calendar, and Scott N. will add it to the website.

2) The recording of the Monterey speakers did not work out. There was a technical glitch.

No questions or comments.

6. New Business

- A) None

Michael – is there any new business from the floor? No.

7. Administration

6:55 to 7:00 PM

- A) Summary of **Take Back to Meeting** items.

- i) **Save the Date!**

- a) **Soaring to Serenity in 2020 – Western Regions Nar-Anon Convention**

Saturday, February 22, 2020

Marriott Downtown, 801 Truxtun Ave, Bakersfield, CA 93301

- b) **CCR 2020 Elections Assembly**

Saturday, August 1, 2020

The Elections Assembly will be held in Atascadero at the Golden China Restaurant, 7425 El Camino Real, Atascadero, CA 93422, on August 1 from 11:00 AM until 4:00 PM.

c) **New - CCR 2020 Narathon Save the Date!**

Saturday, September 12, 2020

St. Williams Catholic Church, 6410 Santa Lucia Rd, Atascadero, CA 93422

More information to follow! We need subcommittee members. If you feel called to this service, please contact Scott C. [add email address].

d) **CAR Motions Teleconference Review Sessions**

The Teleconference Review Series is open to all interested Nar-Anon members. Members are encouraged to attend all sessions, or only those they wish. To participate, dial in a few minutes early to (425) 436-6317 and enter access code 679-320#. [Meeting ID: CCRCARReview] All sessions will be held at 8:30 AM PT.

~~(1) Sunday, January 26 (Motions 1-10)~~

(2) Sunday, February 9 (Motions 11-21)

(3) Sunday, February 23 (Motions 22-32)

(4) Sunday, March 8 (Motions 33-43)

(5) Sunday, March 15 (Motions 44-53)

ii) **Regional Service Committee Vacancies**

a) Vice Chair

b) Narateen Subcommittee Chair

iii) **CCR Literature Subcommittee**

Next meeting is on Sunday, February 9 from 8:30 AM to 9:30 AM. The subcommittee meets via Skype. If you have any questions and/or would like to be included in the meeting, please send an email to Ruth K. at LitCom@NarAnonCentralCA.org.

iv) **CCR Outreach Subcommittee**

Next meeting is Tuesday, February 25 from 8:00 PM to 9:00 PM. The subcommittee meets via FreeConferenceCall. Please dial 1-515-604-9099 and enter Access code 416-570-783#. Add Janet at the Outreach email.

v) **CCR Technology Service Subcommittee**

Next meeting is on Monday, February 17 from 6:00 PM to 7:00 PM. The subcommittee meets via FreeConferenceCall. To participate, dial 1-515-606-5410 and enter Access code 413555#. Or you can download and use the FreeConferenceCall application using

MeetingID robert8694. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.

- vi) **CCR 2020 Elections Subcommittee** formation in November 2019 needs trusted servants. Next meeting will be in March, TBD.

B) **Next RSC Meeting – Wednesday, March 4, 2020 from 6:00 PM to 7:00 PM.**

Any other items of discussion?

Teri would like to publicize the group visits. Teri will send the document to Scott N. JT will post on the region's Google calendar. **Scott N. will add this information to the Take Back to Meeting.**

- **Camarillo 7 PM, Thursday, February 20, 2020**
- **Atascadero Noon, Friday, February 21, 2020**
- **Santa Barbara 6 PM, February 21, 2020**
- **Bakersfield Western Regions Convention Saturday, February 22, 2020**
- **Simi Valley 7:30 PM, Saturday, February 22, 2020**
- **Bakersfield 1 PM, Saturday, February 23, 2020**
- **Atascadero 6 PM, Tuesday, March 3, 2020**

8. Adjournment

Adjourn at 7:00 PM

(6:59 PM)

Motion to adjourn the meeting.

First: Teri; Second Janet; Yes: 9; No: 0; Abstentions: 0; Motion Passes

- A) Close the meeting with the Serenity Prayer

Meeting closed at 7:00 PM