

### Officers and Delegates in Attendance

Chair:	Michael F.	<b>X</b>	Secretary:	Scott N.	<b>X</b>
Vice Chair:	<i>position vacant</i>		Delegate:	Teri M.	<b>X</b>
Treasurer:	Arnie B.	<b>X*</b>	Alternate Delegate:	J.T. W.	<b>X</b>

### Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.		Conventions / Events	Scott C.	
Literature	Ruth K.	<b>X</b>	Technology Services	Robert P.	<b>X</b>
Narateen	<i>position vacant</i>				

*\* denotes a late arrival and is included in the body of the minutes as to when they arrived.*

### Agenda Summary

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## 1. Call to Order, Prayer, Roll Call, Readings

*6:00 to 6:05 PM*

A) Resolve Free Conference Call issues

**Dial-in Instructions**

Number: **(712) 775-7031**

Access Code: **271-421-422**

At the scheduled date and time of the meeting, dial in to the conference line. When prompted, enter the access code followed by hash (#).

### Internet Online Meeting Instructions

Open this link: <https://join.freeconferencecall.com/scottfromsb>

To join the online meeting, click on the meeting link listed above, and follow the prompts to join the meeting. I suggest starting this process about 5 minutes prior to the meeting time, as there may be software to install on your computer or tablet.

- B) Open the meeting with the Serenity Prayer

**(6:02 PM) Meeting opened**

- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

**6 of 9 voting members present.**

**Quorum is 5 – quorum met.**

- E) Reading of the Twelve Traditions

**Read by Teri**

- F) Reading of the Twelve Concepts of Nar-Anon Service

**Read by Robert**

## 2. Adoption of Minutes of Previous RSC Meeting

*6:05 to 6:10 PM*

- A) Approval of the minutes of previous RSC meeting.

**(6:08 PM)**

**\* Arnie joined the meeting at 6:09 PM.**

**7 of 9 voting members present.**

- i) March 4, 2020

**Motion to approve the RSC minutes of March 4, 2020 as amended.**

**First: Robert; Second: Scott; Yes: 7; No: 0; Abstentions: 0; Motion Passes**

### 3. Adoption of the Agenda

*6:10 to 6:15 PM*

- A) Call for new business
- B) Call for order of business
- C) Call for consensus on the agenda

**Robert will need to leave the meeting several minutes before the hour. TSS report will go first, behind the Chair's Report, as item 5B on the agenda.**

**(6:13 PM)**

**Call for consensus to adopt the agenda as amended.**

**Yes: 7; No: 0; Abstentions: 0; the agenda is adopt as amended.**

### 4. Old Business

- A) None

### 5. Reports

*6:15 to 6:50 PM*

- A) Chair's Report – Michael F.

*6:15 to 6:20 PM*

**(6:16 PM)**

**Michael – Received two emails he wanted to discuss: 1) Zoom Step Study weekend and 2) Outreach report from Janet, who could not be on the call this evening.**

**We may have further discussion of the Zoom platform as there have been reports of compromised security in Zoom meetings.**

**Michael will present the Outreach report on Janet's behalf during the outreach section of this meeting.**

**We need to get the word out to groups to let them know the technology is available to continue their meetings online.**

**No questions.**

B) Technology Services – Robert P.

*6:50 to 6:55 PM*

**(6:19 PM)**

**Robert – The TSS ran into problems with Free Conference Call (CFF) and has decided to move to Google Meet. The TSS members are available to assist groups setting up videoconference meetings. JT is updating the website, Robert sending out email notifications, and Scott updating flyers. It is a real team effort.**

**Scott has not had a chance to pursue online payments for the region.**

**JT – we have meeting six out of seven days a week. JT has made an effort to reach out to groups who are not having meetings to let them know of other options.**

**Robert – we are trying to make it as easy as possible for members to find online meetings.**

**No further questions or comments.**

**Michael has noticed NA has no online meetings in the Atascadero area. AA has an extensive online meeting presence.**

**Robert – the NA Kern Area will not have online meetings until the Area Assembly meets and come to a conscience on the topic.**

C) Treasurer's Report – Arnie B.

*6:20 to 6:25 PM*

**(6:26 PM)**

**Arnie – is physically not able to get to the post office. Donations will stay in the post office box until the shelter in place order is lifted. \$744.27 for delegate expenses was the only expense recorded for the month. It is anticipated that not many donations will come into the region this quarter.**

**Teri – JT and Teri were a team in visiting the meetings in the region to discuss the motions for the World Service Conference. \$744.27 was for both of their travel expenses.**

**Michael - Did the budget cover the delegate expenses? – Arnie debited the “Alternate Delegate WSC expense (equalized expense and incidentals)” and the “Delegate WSC expense (equalized expense and incidentals)” line items for the expenses. The rationale was because the main reason for the expenses was to discuss the motions for the WSC at the groups.**

**JT – did not turn in any miles as she chose to donate. Should she turn in her miles so the**

**region will know the costs for budgetary purposes for future alternate delegates? Yes. JT agreed to do so.**

D) Ad Hoc Elections Subcommittee – Michael F.

*6:25 to 6:30 PM*

**(6:32 PM)**

**Michael – no nominations have been received to date. However, some members of this committee have expressed interest in continuing in their positions. Michael will take this indication as a nomination. In April, nominees submit a statement of qualifications. We still need a treasurer to be nominated. We should also have a vice chair as Michael will be terming out after this rotation of leadership. This will be part of the take back to meeting.**

**No questions.**

E) Delegates' Report – Teri M. and J.T. W.

*6:30 to 6:35 PM*

**(6:35 PM)**

**Teri – as of April 1, 2020 - with the current restrictions surrounding the COVID-19 virus all NFG Meetings in CCR have been affected. As of March 21, 2020, there are 6 out of 18 meetings that have suspended their meetings. They are Atascadero Friday, Camarillo Thursday, Gilroy Thursday, Monterey Tuesday, Seaside Monday and Simi Valley. The remaining Groups are meeting via Google Meet, Free Conference Call or Zoom Meeting. If an Officer or member of the RSC has updated information for the six meetings mentioned above, please let JT or I know.**

**Regarding the WSC: It has been postponed to a future date. As a result, the April 1, 2020 deadline for the CAR Tally Sheets and the Literature Priority List has been extended. Groups are encouraged to continue the process of reviewing and group conscience of the motions.**

**JT and I completed the Teleconference Review Sessions (5) with participation numbers between 6 - 12. We also participated in the Teleconference Review Sessions offered by the Southern California Region.**

**JT and I will continue to reach out to the Groups and offer our support. I accept these may be challenging times for our members.**

**JT – there is a change in the number of groups that are setup for teleconference. 12**

**groups are setup for teleconference. 2 groups are continuing by participating with other groups. There are online speaker meetings. We had a tally sheet turned in for the CAR and one more group is actively pursuing completing the tally sheet.**

**Are we making notes of groups that are joining other groups? Yes, on the Meeting Updates page on the CCR website.**

**No more questions.**

F) Outreach – Janet S.

*6:35 to 6:40 PM*

**(6:41 PM)**

**Michael – the Outreach committee met last week and continues individual outreach efforts and reviewing the Outreach Handbook. Our next meeting is as scheduled, April 28, 8:00 PM.**

G) Literature – Ruth K.

*6:40 to 6:45 PM*

**(6: 42 PM)**

**Ruth – on March 22, the subcommittee made edits to the “Addiction in Marriage” piece and sent it to the World Service Literature committee. The chair of the committee indicated they will pass the piece on to the entire WS Literature committee for review. Ruth has not heard back.**

**Sunday, April 5 at 8:30 AM will be the next Literature Subcommittee meeting. They will select something from the Fellowship Review list to review.**

**No questions.**

H) Conventions / Events – Scott C.

*6:45 to 6:50 PM*

**(6: 44 PM)**

**Scott C. is not present.**

**Michael – hasn’t heard from Scott other than he is coming back to the states soon. No one else had anything to add.**

**No questions.**

## 6. New Business

A) None

**(6:45 PM)**

**Michael - Any new business?**

**Zoom meetings – The Zoom Step Study weekend on April 18 and 19 is hosted by the Rocky Mountain Region. They are looking for members to share for 30 minutes each on how they worked the Steps with a sponsor. Michael asked if an email notification could be sent out by MailChimp.**

**Robert – when the MailChimp is sent out, it comes from the Chair or the Secretary. Who should the email come from? Robert would copy the text of the Rocky Mountain email and paste into the Mail Chimp. Michael suggested Robert use the Chair email. No dissention.**

**Teri – shared our CCR website with Hawaii. She attended a group in Hawaii last year and let those members know there are online meetings available.**

**Every Saturday at 7:00 PM (MDT) – 6:00 PM (PDT), the Rocky Mountain region has an online speaker meeting.**

**JT – the High Desert region has a meeting on Thursday nights to which are invited.**

**Michael suggested putting this meeting into the Take Back to Meeting. JT will send Scott N. the information to put in the Take Back to Meeting announcement for April.**

**Robert left the meeting at some point during this discussion.**

**6 of 9 voting members present.**

## 7. Administration

*6:55 to 7:00 PM*

**(6:52 PM)**

A) Summary of **Take Back to Meeting** items.

i) **Save the Date!**

a) **CCR 2020 Elections Assembly**

Saturday, August 1, 2020

# Agenda

## CCR Regional Service Committee

Wednesday, April 1, 2020 at 6:00 PM to 7:00 PM PDT

Free Conference Call

The Elections Assembly will be held in Atascadero at the Golden China Restaurant, 7425 El Camino Real, Atascadero, CA 93422, on August 1 from 11:00 AM until 4:00 PM. (See item vi below)

b) **CCR 2020 Narathon**

Saturday, September 12, 2020

St. Williams Catholic Church, 6410 Santa Lucia Road, Atascadero, CA, 93422 form 9:30 AM to 5:00 PM.

ii) **Current Regional Service Committee Vacancies**

a) Vice Chair

b) Narateen Subcommittee Chair

iii) **CCR Literature Subcommittee**

Next meeting is on Sunday, April 5 from 8:30 AM to 9:30 AM. The subcommittee meets via Skype. If you have any questions and/or would like to be included in the meeting, please send an email to Ruth K. at [LitCom@NarAnonCentralCA.org](mailto:LitCom@NarAnonCentralCA.org).

iv) **CCR Outreach Subcommittee**

Next meeting is Tuesday, April 28 from 8:00 PM to 9:00 PM. The subcommittee meets via FreeConferenceCall. Please dial 515-604-9099 and enter Access code 416-570-783#.

v) **CCR Technology Service Subcommittee**

Next meeting is on Monday, April 20 from 6:00 PM to 7:00 PM. The subcommittee meets via FreeConferenceCall. To participate, dial 515-606-5410 and enter Access code 413555#. Or you can download and use the FreeConferenceCall application using MeetingID robert8694. If you have questions about this, please send an email to Robert P. at [RobertP27March@gmail.com](mailto:RobertP27March@gmail.com).

vi) **CCR 2020 Elections Subcommittee** Notification to the GSR's through the Take Back to Meeting that the nominations period is open and Qualifications Statements are due in April from the nominees. Notification included the list of open positions, suggested experience for positions, description of positions, timeline for the election process, and the Elections Subcommittee email address, [Chair@NArAnonCentralCA.org](mailto:Chair@NArAnonCentralCA.org).

vii) **Reference virtual meetings from other regions. JT will send information Scott about the High Desert Region and the Rocky Mountain region.**

viii) **Reference the CCR website for meeting changes and videoconference meetings.**



**B) Next RSC Meeting – Wednesday, May 6, 2020 from 6:00 PM to 7:00 PM.**

**Michael – would like to discuss the budget item for the delegates and alternate delegates’ expenses. Arnie charged the \$744.27 for Teri and JT to visit the groups in the region to discuss the CAR motions to “WSC expense (equalized expense and incidentals)” line items. Michael thought these line items were for expenses associated directly with the WSC. Michael will put this to the RSC for discussion at the May meeting. For the benefit of transparency to the Assembly, we may want to clarify the budgetary line items associated with the delegates:**

**Alternate Delegate WSC expense (equalized expense and incidentals) - \$1,250.00**

**Delegate WSC expense (equalized expense and incidentals) - \$1,250.00**

**Delegate/Alternate Delegate travel expense to groups - \$300**

## 8. Adjournment

*Adjourn at 7:00 PM*

**(7:00 PM)**

**Motion to adjourn the meeting.**

**First: Teri; Second: Ruth; Yes: 6; No: 0; Abstentions: 0; Motion Passes**

A) Close the meeting with the Serenity Prayer

**Meeting closed at 7:00 PM**