

Agenda

CCR Elections Assembly

Saturday, August 1, 2020 from 11:00 AM to 4:00 PM PDT
Web-based video conferencing tool

RSC Officers and Delegates in Attendance

Chair:	Michael F.	Secretary:	Scott N.
Vice Chair:	<i>position vacant</i>	Delegate:	Teri M.
Treasurer:	Arnie B.	Alternate Delegate:	J.T. W.

Groups Represented

Group	GSR Name	Group	GSR Name
*Atascadero, Tuesday ⁽¹³¹⁻⁰³³⁾		*Monterey, Tuesday ⁽¹³¹⁻⁰²⁸⁾	
Atascadero, Friday ⁽¹³¹⁻⁰³⁴⁾		Monterey, Saturday ⁽¹³¹⁻⁰²⁹⁾	
*Bakersfield, Sunday ^{(131-117 (V))}		*Salinas, Monday ⁽¹³¹⁻¹³⁰⁾	
Camarillo, Tuesday ⁽¹³¹⁻¹¹²⁾		*Salinas, Thursday ⁽¹³¹⁻⁰³⁰⁾	
*Carmel, Wednesday ⁽¹³¹⁻⁰⁷⁵⁾		*Santa Barbara, Friday ⁽¹³¹⁻⁰⁶⁶⁾	
Gilroy, Thursday ⁽¹³¹⁻⁰⁰⁹⁾		*Santa Cruz, Sunday ⁽¹³¹⁻⁰²⁴⁾	
*Hollister, Thursday ⁽¹³¹⁻¹³⁸⁾		*Scotts Valley, Friday ⁽¹³¹⁻⁰²⁵⁾	
Los Gatos, Sunday ⁽¹³¹⁻⁰¹¹⁾		*Seaside, Monday ⁽¹³¹⁻⁰³¹⁾	
Los Gatos, Thursday ⁽¹³¹⁻⁰¹⁰⁾		*Simi Valley, Saturday ⁽¹³¹⁻⁰⁶⁸⁾	

* Indicates a registered group (Groups register for the calendar year at the first assembly they attend.)

Subcommittee Chairs in Attendance

Subcommittee	Chair Present	Subcommittee	Chair Present
Outreach	Janet S.	Conventions / Events	Scott C.
Literature	Ruth K.	Technology Services	Robert P.
Narateen	<i>position vacant</i>	Elections (ad hoc)	Michael F.

Quorum Summary

Total Groups	Registered Groups	Current Quorum
18		

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1. Call to Order, Prayer, Roll Call, and Readings

11:00 AM to 11:15 AM

A) Resolve connection issues

Zoom Meeting Connection Information

<https://us02web.zoom.us/j/4116144644>

Meeting ID: 411 614 4644 (*this is not a phone number*)

Dial-in: (669) 900-6833

B) Open the meeting with the Serenity Prayer

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, GSRs, and other attendees

D) Announce number of voting members – Chair and Secretary

i) _____ groups present out of a _____ registered groups.

ii) Quorum (51%) = _____ of _____ registered groups.

E) Reading of the Twelve Traditions

F) Reading of the Twelve Concepts of Nar-Anon Service

2. Adoption of Minutes of Previous Assembly

11:15 AM to 11:20 AM

- A) A motion is requested to approve minutes for the assembly of January 17, 2020.
See the Draft Minutes of Previous Assembly section of this packet

3. Adoption of the Agenda

11:20 to 11:25 PM

- A) Call for new business
- B) Call for order of business
- C) Call for consensus on the agenda

4. Elections

11:25 AM to 11:45 AM

- A) Request for a motion to accept the elections procedures as described below in this Elections section of the agenda.
- B) For the purpose of the election procedures the Chair will pass control of the Assembly to the Chair of the Elections Subcommittee, Michael F.
- C) Nominations will be accepted from the floor.
- D) If no additional nominations are received, then the results from ballots will be tallied. If additional nominations are received, then a vote from the floor is required.
- E) Election Subcommittee Chair reads the results of the tally and possible votes.
- F) GRS states new Regional Service Committee members terms start upon our bank's acceptance of transfer of RSC membership.
- G) The RSC Chair reacquires control of the Assembly.
- H) A motion to disband the ad hoc Elections Subcommittee is then requested by the Chair.
- I) Motions to affirm Subcommittee Chairs is requested one by one by the Chair.

5. RSC Reports

11:45 AM to 12:30 PM

- A) Chair Report – Michael F.
See Regional Chair's Report section of this packet

B) Treasurer – Arnie B.

See Regional Treasurer's Report section of this packet

C) Delegates – Teri M. and J.T. W.

See Delegates Report section of this packet

6. Lunch Recess

12:30 PM to 1:00 PM

7. Reconvene

1:00 PM to 1:05 PM

A) Roll Call

8. Group Reports

1:05 PM to 2:00 PM

A) Group Reports – GSRs

See Group Reports section of this packet

- i) Topic for GSRs - What negative and positive impacts has the COVID-19 crisis had on your group?

9. Subcommittee Reports

2:00 PM to 3:30 PM

A) Outreach – Janet S.

See Subcommittee Report section of this packet

B) Literature – Ruth K.

See Subcommittee Report section of this packet

C) Conventions / Events – Scott C.

See Subcommittee Report section of this packet

D) Technology Services – Robert P.

See Subcommittee Report section of this packet

10. New Business

3:30 PM to 3:50 PM

- A) Technology Services Subcommittee "User's Manual" for review and approval
- B) Zoom license purchase
- C) Amended Budget for 2020 to include, at a minimum, discussions of Delegate Expense adjustment and possible Zoom license purchase

11. Administration

3:50 PM to 4:00 PM

- A) Next Assembly
 - i) January 2021, somewhere, at some time
- B) Take Back to Meeting Information and Announcements
 - i) Decide which items should be brought back to meeting by GSRs

12. Adjournment

Adjourn at 4:00 PM

- A) Close the assembly with the Serenity Prayer

Assembly Minutes

RSC Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	Teri M.	X
Treasurer:	Arnie B.	X *	Alternate Delegate:	J.T. W.	X

Groups Represented

Group	GSR Name	Group	GSR Name
Atascadero, Tuesday ⁽¹³¹⁻⁰³³⁾	Larry B.	Monterey, Tuesday ⁽¹³¹⁻⁰²⁸⁾	Cyndy G.
Atascadero, Friday ⁽¹³¹⁻⁰³⁴⁾		Monterey, Saturday ⁽¹³¹⁻⁰²⁹⁾	
Bakersfield, Sunday ⁽¹³¹⁻¹¹⁷⁾	Robert P.	Salinas, Monday ⁽¹³¹⁻¹³⁰⁾	Janet S.
Camarillo, Tuesday ⁽¹³¹⁻¹¹²⁾		Salinas, Thursday ⁽¹³¹⁻⁰³⁰⁾	Kim K.
Carmel, Wednesday ⁽¹³¹⁻⁰⁷⁵⁾	Mary Lynn P.	Santa Barbara, Friday ⁽¹³¹⁻⁰⁶⁶⁾	Scott C.
Gilroy, Thursday ⁽¹³¹⁻⁰⁰⁹⁾		Santa Cruz, Sunday ⁽¹³¹⁻⁰²⁴⁾	Carole S.
Hollister, Thursday ⁽¹³¹⁻¹³⁸⁾	J.T. W.	Scotts Valley, Friday ⁽¹³¹⁻⁰²⁵⁾	Teri M.
Los Gatos, Sunday ⁽¹³¹⁻⁰¹¹⁾		Seaside, Monday ⁽¹³¹⁻⁰³¹⁾	Linda S.
Los Gatos, Thursday ⁽¹³¹⁻⁰¹⁰⁾		Simi Valley, Saturday ⁽¹³¹⁻⁰⁶⁸⁾	Peter S. *

*Arnie B. arrived at 6:23 PM; Peter S. arrived before 7:20 PM

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	Scott C.	X
Literature	Ruth K.		Technology Services	Robert P.	X
Narateen	<i>position vacant</i>		Ad Hoc Elections	Michael F.	X

Quorum Summary

Total Groups	Registered Groups	Current Quorum
18	12	7

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1. Call to Order, Prayer, Roll Call, and Readings

6:00 PM to 6:15 PM

A) Resolve Free Conference Call issues

Dial-in Instructions

Number: (712) 775-7031

Access Code: 271-421-422

At the scheduled date and time of the meeting, dial in to the conference line. When prompted, enter the access code followed by hash (#).

(6:05 PM) Connection issues resolved.

Internet Online Meeting Instructions

Open this link: <https://join.freeconferencecall.com/scottfromsb>

To join the online meeting, click on the meeting link listed above, and follow the prompts to join the meeting. I suggest starting this process about 5 minutes prior to the meeting time, as there may be software to install on your computer or tablet.

B) Open the meeting with the Serenity Prayer

(6:06 PM) The meeting opened

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, GSRs, and other attendees.

Michael F.: Chair - Present

Arnie B.: Treasurer - Present

Scott N.: Secretary - Present

Teri M.: Delegate - Present

J.T. W.: Alternate Delegate - Present

Janet S.: Outreach Subcommittee Chair - Present

Scott C.: Conventions / Events Subcommittee Chair - Present

Robert P.: Technology Service Subcommittee Chair – Present

Larry B. - Atascadero, Tuesday
Robert P. - Bakersfield, Sunday
Mary Lynn P. – Carmel, Wednesday
J.T. W. - Hollister, Thursday
Cyndy G. - Monterey, Tuesday
Janet S. - Salinas, Monday
Kim K. - Salinas, Thursday
Scott C. - Santa Barbara, Friday
Carole S. - Santa Cruz, Sunday
Teri M. - Scotts Valley, Friday
Linda S. - Seaside, Monday

Members at large: Mary O.

Members at large: Laura T., Chantal M. Toney M. Mari H. Debbie M. Mickey G. Jocelyn F.

Remote participants: Robert P. – Bakersfield, Sunday

- D) Announce number of voting members – Chair and Secretary
11 groups present of 11 registered groups.
Quorum (51%) = 6 of 11 registered groups.
- E) Reading of the Twelve Traditions
(6:13 PM) Read by Mary Lynn P.
- F) Reading of the Twelve Concepts of Nar-Anon Service
(6:15 PM) Read by Cyndy G.

2. Adoption of Minutes of Previous Assembly

6:15 PM to 6:20 PM

- A) A motion is requested to approve minutes for the Assembly of July 27, 2019.
See the Draft Minutes of Previous Assembly section of this packet
Motion to approve the minutes for the Assembly of July 27, 2019 as presented.
First: Scott C.; Second: Teri M.; Yes: 11; No: 0; Abstentions: 0; Motion Passes
- B) A motion is requested to approve minutes for the Special Elections Assembly of September 4, 2019.
See the Draft Minutes of Previous Assembly section of this packet
Motion is requested to approve minutes for the Special Elections Assembly of September 4, 2019 as presented.
First: Janet S.; Second: Cyndy G.; Yes: 11; No: 0; Abstentions: 0; Motion Passes

3. RSC Reports

6:20 PM to 7:00 PM

A) Chair Report – Michael F.

See Regional Chair's Report section of this packet

Michael will present a brief oral report.

(6:21 PM)

Michael read out his report as included in the agenda packet.

Arnie B. arrived at 6:23 PM

B) Treasurer – Arnie B.

See Regional Treasurer's Report section of this packet

Arnie will give an oral presentation of the state of the Region's budget and will take questions.

(6:24 PM)

Arnie brought printed versions of the CCR 2020 Amended 2020 Budget. The biggest item is the Delegate and Alternate Delegate expenses. This year this amount was \$1,900 each. These expenses are only spent every other year.

California law requires the carry over as a motion.

Michael asked Arnie to make a few more comments as to how we arrived at this budget.

Income exceeded projections by about \$300.

Expenditures have not changed from the previous year.

The Postal service item was raised \$10 from the budget item amount.

i) A motion is requested to amend carry over funds in the amount of \$4,310.59 from the 2019 to the 2020 calendar year budget.

This is an amendment to a motion approved at the July 2019 Assembly.

Motion to amend carry over funds in the amount of \$4,310.59 from the 2019 to the 2020 calendar year budget.

First: Scott C.; Second: Larry B.; Yes: 11; No: 0; Abstentions: 0; Motion Passes

ii) A motion is requested to amend the 2020 adopted budget.

This is an amendment to a motion approved at the July 2019 Assembly.

Motion to adopt the 2020 budget as amended.

First: Mary Lynn P.; Second: Scott C.; Yes: 11; No: 0; Abstentions: 0; Motion Passes

C) Delegates – Teri M. and J.T. W.

See Delegates Report section of this packet

Teri and J.T. will give an oral presentation of the state of the Regions' groups.

(6:34 PM)

Teri introduced herself and J.T. introduced herself. Teri read out her report as presented in the agenda packet. Informational links are included: agenda, tally sheets, and associated information.

Question: is there any consensus on concerns from meetings in the region?

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J.T. - meetings she visited did not ask anything from the region. They all seem to have a healthy core group of members.

Teri - the attendance of the Narathon came up from some of the groups. Attendance was about half of the previous year, maybe because of the change of month. Feedback from newcomers who attended the Narathon was good.

Question: how is group health, newcomers, sponsorship?

Teri - her home group started a Step Study group. Members grow in their recovery by attending this meeting. Teri sponsors newcomers. She has asked to chair a meeting on Tradition Five. When at the Scotts Valley she tries to lead on Traditions as it is valuable to the fellowship.

J.T. - lack of sponsorship is prevalent. Members would need to step up to service to fill this need. These could be topics for sharing with meetings and even at the Convention tomorrow.

Michael - all the motions from the CAR are in the agenda packet. There are 53 motions. Some member may find this number of motions overwhelming.

Question: will there be teleconferences?

Some motions are procedural, and others may impact Nar-Anon as a whole. There is a tally sheet available on the CCR website.

<https://www.naranoncentralca.org/member-services/conference>

Teri and J.T. will give an oral presentation of the CAR and will take questions.

(6:45 PM)

J.T. - What is the World Service Conference (WSC)? J.T. read out a definition. The CAR is the means by which the WSC transmits the motions to be deliberated at the conference. The Tally Sheet (page 47 and 46 of the Assembly agenda packet) is a way GSRs can tally their group's conscience and transmit it back to Teri and J.T. GSRs should download and print the CAR and the Tally Sheets to gather their group conscience. Contact information is in the report.

Wednesday, April 21 is the deadline to provide group conscience on the CAR motions.

Teri – there are 53 motions for the 2020 conference.

Teri passed out a printed schedule of teleconferences to assist members achieve a group conscience on these motions (see the Delegate's Report section of the Assembly Agenda Packet).

The text of the report will be found in the posted version of the Assembly agenda packet.

Question: how many do you need to take a group conscience? What if no one stays?

Two makes a meeting and there is also one in Higher Power.

It may be difficult to entice members to participate.

Some meetings use the last 5 minutes of their regular meeting to process the motions.

The motions might scare away newcomers. A suggestion is to invite interested members to meet over coffee outside of the regular meeting time.

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There are 11.5 weeks to the April deadline. This is about 5 motions per week.

It was suggested one member (maybe GSR) learn about the motions and make recommendations to the group. Some motions may be easy to understand. The group might be able to process more than 5 motions per week. Some motions may take much longer to process. One leading member can help to facilitate this process.

How do the Delegates process the group consciences?

The process is one vote per group. GSRs should provide tally sheets with the conscience of the group, and not the actual number of members voting for and against. The Tally sheet should be the singular conscience of the group. One member suggested “what happens inside the group, stays in the group.”

When does a group abstain? If members don't understand a motion, they may wish to abstain.

One member's group abstained from all Narateen motions as they region did not have any Narateen meeting.

The group's email list may be used to communicate the motions to the members.

Then the Delegates come together around the number of groups “for” and “against,” and use this to guide their votes at the conference.

Members who attend more than one group should participate in only their “home group” or select one group and should not vote in the conscience of multiple groups.

The motions at the conference tend to be amended at the conference in ways that may change the conscience of the region as represented at the Conference by the Delegates.

Intent of a CAR motion cannot be changed, but the wording can be amended.

The Delegates are trusted by the region to change their minds based on what happens at the conference.

(7:06 PM)

Motion to take a 10-minute recess.

First: Teri M.; Second: Scott C.; Yes: 10; No: 0; Abstentions: 1; Motion Passes

4. Recess

7:00 PM to 7:15 PM

(7:17 PM)

Assembly in recess.

5. Reconvene

7:15 PM to 7:20 PM

D) Roll Call

(7:20 PM)

Roll call by Scott N.

Michael F.: Chair - Present

Arnie B.: Treasurer - Present

Scott N.: Secretary - Present

Teri M.: Delegate - Present

J.T. W.: Alternate Delegate - Present

Janet S.: Outreach Subcommittee Chair - Present

Scott C.: Conventions / Events Subcommittee Chair - Present

Robert P.: Technology Service Subcommittee Chair – Present

Larry B. - Atascadero, Tuesday

Robert P. - Bakersfield, Sunday

Mary Lynn P. – Carmel, Wednesday

J.T. W. - Hollister, Thursday

Cyndy G. - Monterey, Tuesday

Janet S. - Salinas, Monday

Kim K. - Salinas, Thursday

Scott C. - Santa Barbara, Friday

Carole S. - Santa Cruz, Sunday

Teri M. - Scotts Valley, Friday

Linda S. - Seaside, Monday

Peter S. - Simi Valley, Saturday

Members at large: Mary O.

12 of 12 registered meetings present.

Quorum (51%) = 7 of 11 registered groups.

6. Group Reports

7:20 PM to 8:00 PM

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A) Group Reports – GSRs

See Group Reports section of this packet

Each group service representatives will be invited to give brief oral presentation of status, challenges, and successes of their groups followed by questions.

(7:20 PM)

Michael - it is not necessary to read the group report. GSRs may leave out treasury numbers.

Larry B. - Atascadero

7 core members and great progress. Healthy financially. The group is steady and strong.

Michael F. - Atascadero

Robert P. - Bakersfield

Meets on Sunday in a coffee shop. The focus is on a Step Study. Generally, 5 to 7 attendees. This is sometimes an all-male meeting.

Mary Lynn P. - Carmel

Excited that 10 members and 9 the week before attended. There are 5 steady members.

J.T. W. - Hollister

We are 5 months old. All members are newcomers. There is a core of 7. Some are from other groups. Started a Step Study held every two weeks. It is normal to have newcomers at this meeting. There are some interesting outreach areas. They found a way to connect with County agencies that are providing referrals. Only one member has the experience to be a sponsor. Thus, they created the Step Study meeting.

Cyndy G. - Monterey, Tuesday

Group is 9 years old in August. Core group of 5 or 6 members. They didn't have a GSR for over 2 years. Cyndy stepped in to be the interim GSR and is still the GSR. It is difficult to inspire members into service beyond the group level. The meeting used to get overflow from outreach. Maybe we can discuss service and help members want to participate to feel comfortable to step into service.

Janet S. – Salinas, Monday

The group is struggling with attendance. They participated in a group inventory. There is another church close by that provides services to homeless. There was a stabbing there. The facility landlords suggested locking the door after the meeting starts. They got a portable doorbell. They will put up the doorbell and a sign to enter the meeting by using the doorbell.

Kim K. - Salinas, Thursday

This group meets in the same facility as the Monday group. However, regular church members are there on Thursday nights, so there is less of a security issue. There is a core of 7 to 8 members. Some members attend multiple meetings, and some have adopted other meetings as the main meeting. This group split off from the Monday meeting and is still healthy. They would like to encourage men

to attend the meeting. The treasury is strong.

Scott C. - Santa Barbara, Friday

The group is about 14 years old. Attendance is about 7 to 15 per meeting. There about 4 or 5 newcomers who have a year. The meeting is healthy. Shares are in the solution, not about the addict. The group attendance has come back in the past year after an unhealthy time. Long timers are helpful, and the group has strong sponsorship. The treasury is healthy.

Carole S. - Santa Cruz, Sunday

This group has been around 15 years, and only a part of the CCR for 2 years. The meeting has 6 to 7 regular members. Attendance could be up to 14 members. This is good growth. They have newcomers who have a year who are stepping into service. Healthy meeting and supportive. members are close and make an effort to attend. The meeting runs 1.5 hours. Why? It is the same format as other meetings. The length of time gives members a lot of opportunities to share. Most times members share until 8:00 PM. There is one man who attends this group.

Teri M. - Scotts Valley, Thursday

The group meets from 6:30 PM to 7:45 PM. There are 5 core members, and the meeting is 14 years old. The group is recovering from a time when Traditions were not observed, but it is healthy at this time.

Linda S. - Seaside Monday

Started in October 2009. There is a core of 6 and most meeting are up to 9 members. Members support each other outside the meeting with activities such as "game night." They meet for lunches and hikes. They will be trying a "craft day." One of the challenges that there is a steady flow of newcomers who do not comeback. There are very few men in the meeting.

Peter S. - Simi Valley, Saturday

Simi Valley is a suburb of Los Angeles. There are a lot of police officers and fire fighters that live there. This makes it a very *open* community. Peter has attended for 9 years. The group has been around for 15 years. Thousand Oaks has more men than Simi Valley. The group averages 10 members and fluctuates from 7 to 20. A Saturday night meeting requires commitment. The group struggles with sponsorship. The group decided to make the group itself a sponsor, rather than "one person" sponsorship. On the phone list members who have completed the 12 Step Study put a star by their name. They are available to help other members with issues. The core members are tight. Members are mostly women. The treasury is healthy.

(7:51 PM)

Questions?

Are we supposed to exhaust the treasury to nothing?

Michael - This is a group conscience decision. It is generally recognized group expenses for several

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months are kept in a prudent reserve. It is also helpful to have a fund for the GSR.

Teri - Members can make a motion at a business meeting to send excess funds to the service arms.

Michael - The WSO budget and CCR budgets are available in the Serenity Connection and online respectively. The CCR sends funds to WSO by conscience of the Assembly.

We want more men to participate in the meeting. Is there something that men look for in a meeting in order to stay?

“You can never understand how a mother loves her child.” statements do not help. It seems to exclude men for being hurt, which is not true.

The masculine culture is not oriented toward sharing feelings, especially in front of women.

The message of recovery is important, even though I was left out of the hugging and fellowship after the meeting. It would be helpful if men are welcomed after the meeting. Reaching out to a newcomer is critical to help them want to come back.

Maybe ask the monthly speaker to be a man to entice men to try the meeting.

As a man, I didn't identify with being a victim as seemed the position of many women. When a man shared when he and the addict were in the same room, he was the scary one in the room, I identified with him and now I could find the solution in the rooms if he could. Without some identification, I wouldn't have stayed.

Men would like solutions, not addict updates and feelings.

Men are supposed to be fixing everything, so Step 1, being powerless, is not intuitive. Taking Step 1 helps us to stop trying to fix.

The meeting is about recovery. Recovery is attractive. Meetings are about solutions, not about pollution (addict updates). If the signs and symptoms of the disease are being shared, it can be depressing. Solutions are important. It can take years for a man to get a sponsor.

Nar-Anon CAL includes a piece of literature for men that was originated in this region (Men Sharing Their Experience, Strength, and Hope [B-216]).

I felt left out of the group - felt resentful about the women when I first arrived. Literature was helpful during this time. The group is now focused on recovery.

When a newcomer walks in the room, you read the newcomers welcome. When numerous newcomers walk in late, do you still read the Newcomers Welcome for each time?

It was encouraged to observe the common welfare of the meeting and adhere to the time and meeting format. It may be more important to treat the newcomer with warmth.

In one group they give the newcomer a small version of the “Blue Book.”

7. Subcommittee Reports

8:00 PM to 8:45 PM

A) Ad Hoc Elections Subcommittee – Michael F.

See Committee Reports section of this packet

- i) A motion is requested to confirm Michael F. as Ad Hoc Elections Subcommittee chair.

(8:18 PM)

Motion to confirm Michael F. as Chair of the Ad Hoc Elections Subcommittee.

First: Scott C.; Second: Teri M.; Yes: 12; No: 0; Abstentions: 0; Motion Passes

Michael will give an oral presentation and will take questions regarding the election process outlined in the attached report.

(8:22 PM)

Michael - Next elections assembly will be in June to coincide with the Narathon (this changed).

Michael will continue as Chair, unless it is not the conscience of the region. Michael has one more term he can take. Scott N. will keep the Secretary position if it is the conscience of the region. Arnie B., treasurer, will “terming out.” The Treasurer position is a requirement to be a region. We are seeking nominations for Treasurer to move forward. Teri M. is currently the Delegate and she will stay on in the position if it is the conscience of the region. J.T. would like to continue in the position if it is the conscience of the region. The Vice Chair position is open, so we need someone to step up to this position.

Others may be nominated for members to run against any of these members.

Arnie will remain a resource to any successor. He is more than happy to help whoever take over the Treasurer position.

Michael read out his report included in the Assembly agenda packet.

All positions are described in the GRS posted on the CCR website.

Does holding the Narathon and Elections Assembly on the same day help or deter attendance?

In this case, the Narathon is only half day, with the Assembly being in the morning.

At Elections Assemblies, we traditionally have had regular agenda items, such as approving the budget for the next year, hearing a delegate report of the assembly, and other business of the region in addition to the elections. The Election Assemblies tend to be longer Assemblies.

We are attempting to have member travel once for two different events.

Rules of order were suspended by consensus of the Assembly. No minutes will be taken while the rule are suspended

Rules of order were reinstated.

Michael has completed the report.

We have the room for the Narathon on June 27, 2020.

The GRS recommends having the Elections in July.

Motion to ask the Ad Hoc Elections Committee to choose a date in July for the Elections Assembly.

First: Robert P.

No second, so the motion was not considered by the Assembly.

ii) The Ad Hoc Elections Subcommittee requests a motion to hold an elections RSA at this coming 2020 Elections Assembly. The motion is to elect the RSC chair, secretary, treasurer, delegate and alternate delegate following process and procedures detailed in the GRS under Elections RSA's.

Motion to hold an Elections RSA in Atascadero on August 1. The motion is to elect the RSC chair, secretary, treasurer, delegate, and alternate delegate following process and procedures detailed in the GRS under Elections RSA's section.

First: Scott C.; Second: Larry B.; Yes: 11; No: 0; Abstentions: 1; Motion Passes

Motion to extend the Assembly for 30 minutes.

First: Teri M.; Second: Cyndy G.; Yes: 12; No: 0; Abstentions: 0; Motion Passes

Mary Lynn P. left at 9:01 PM

11 of 12 registered meetings present.

Quorum (51%) = 7 of 11 registered groups.

B) Outreach – Janet S.

See Committee Reports section of this packet

Janet will give an oral presentation and will take questions.

(8:59 PM)

Janet - nothing to add to the report. Members of the subcommittee are committed to attending panels and community outreach: therapists, etc. There may be an interest in having meetings in Spanish, but the previous time the question was put out, there was no response. Janet brought literature for outreach members to pick up tomorrow.

Minutes

CCR Assembly

Friday, January 17, 2020 from 6:00 PM to 9:00 PM PST
Monterey Conference Center

Janet left the meeting at 9:03 PM.
10 of 12 registered meetings present.
Quorum (51%) = 7 of 12 registered groups.

C) Literature – Ruth K.

See Committee Reports section of this packet

Ruth will give an oral presentation and will take questions.

(9:03 PM)

Ruth was not in attendance.

J.T. - the committee is still working on the “Addiction in Marriage” piece. She read out the report submitted by Ruth K.

D) Conventions / Events – Scott C.

See Committee Reports section of this packet

Scott will give an oral presentation and will take questions.

(9:05PM)

Scott C. - The Narathon has a “Save the Date” for June 27 (this date was changed). There is discussion about moving the Narathon to September. It is believed attendance will be better in September. September is National Addiction Awareness month.

Rules of order were suspended by consensus of the Assembly. No minutes will be taken while the rule are suspended

Rules of order were reinstated.

Role call:

Michael F.: Chair - Present

Arnie B.: Treasurer - Present

Scott N.: Secretary - Present

Teri M.: Delegate - Present

J.T. W.: Alternate Delegate - Present

Scott C.: Conventions / Events Subcommittee Chair - Present

Robert P.: Technology Service Subcommittee Chair – Present

Larry B. - Atascadero, Tuesday

Robert P. - Bakersfield, Sunday

J.T. W. - Hollister, Thursday

Minutes

CCR Assembly

Friday, January 17, 2020 from 6:00 PM to 9:00 PM PST
Monterey Conference Center

Cyndy G. - Monterey, Tuesday
Kim K. - Salinas, Thursday
Scott C. - Santa Barbara, Friday
Carole S. - Santa Cruz, Sunday
Teri M. - Scotts Valley, Friday
Linda S. - Seaside, Monday
Peter S. - Simi Valley, Saturday

10 of 12 registered meetings present.
Quorum (51%) = 7 of 12 registered groups.

Motion to hold the CCR 2020 Narathon on Saturday, September 12, 2020 in Atascadero.
First: Kim K.; Second: Scott C.; Yes: 10; No: 0; Abstentions: 0; Motion Passes

E) Technology Services – Robert P.

See Committee Reports section of this packet

Robert will give an oral presentation and will take questions.

(9:15 PM)

Robert – Please review the report in the agenda packet. Please review the document, “The CCR Guide to File Storage.” Please review in your groups and at the next assembly vote whether or not to approve the document. We are currently using the Google storage. RSC members have accounts and are using the storage. Because this is technology being used in the region it is important for the Assembly to be aware of it and approve.

There was no movement to approve this at this assembly. It will become an agenda item on the next assembly agenda.

Remind your groups of the February Western Regions convention.

8. Administration

8:45 PM to 9:00 PM

A) Next Assembly

The next assembly is an elections assembly traditionally in July 2020, somewhere on some day at some time.

(9:20 PM)

Michael

This has already been handled in section 7. Subcommittee Reports, A. Ad Hoc Elections Subcommittee, item ii.

B) Take Back to Meeting Information and Announcements

The Assembly will decide which items should be brought back to meeting by GSRs.

(9:25 PM)

- 1) Narathon flyer update the date**
- 2) Election information**
- 3) Assembly date**
- 4) Open positions for elections assembly**
- 5) Delegates report with the CAR teleconference dates**
- 6) Western Regions Convention**
- 7) Subcommittee meeting times**

9. Adjournment

Adjourn at 9:00 PM

(9:24 PM)

Motion to adjourn the CCR Assembly of January 17, 2020.

First: Larry B.; Second: J.T. W.; Yes: 10; No: 0; Abstentions: 0; Motion Passes

A) Close the meeting with the Serenity Prayer.

(9:25 PM)

The Assembly adjourned.

Assembly
Motions
Archive

Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/17/2020	Motion to approve the minutes for the Assembly of July 27, 2019 as presented.	Scott C.	Teri M.	Carried Unanimous
1/17/2020	Motion is requested to approve minutes for the Special Elections Assembly of September 4, 2019 as presented.	Janet S.	Cyndy G.	Carried Unanimous
1/17/2020	Motion to amend carry over funds in the amount of \$4,310.59 from the 2019 to the 2020 calendar year budget.	Mary Lynn P.	Scott C.	Carried Unanimous
1/17/2020	Motion to adopt the 2020 budget as amended.	Mary Lynn P.	Scott C.	Carried Unanimous
1/17/2020	Motion to take a 10-minute recess.	Teri M.	Scott C.	Carried 10/0/1
1/17/2020	Motion to confirm Michael F. as Chair of the Ad Hoc Elections Subcommittee.	Scott C.	Teri M.	Carried Unanimous
1/17/2020	Motion to ask the Ad Hoc Elections Committee to choose a date in July for the Elections Assembly.	Robert P.	No Second	Motion not considered
1/17/2020	Motion to hold an Elections RSA in Atascadero on August 1. The motion is to elect the RSC chair, secretary, treasurer, delegate, and alternate delegate following process and procedures detailed in the GRS under Elections RSA's section.	Scott C.	Larry B.	Carried Unanimous
1/17/2020	Motion to extend the Assembly for 30 minutes.	Teri M.	Cyndy G.	Carried Unanimous
1/17/2020	Motion to hold the CCR 2020 Narathon on Saturday, September 12, 2020 in Atascadero.	Kim K.	Scott C.	Carried Unanimous
1/17/2020	Motion to adjourn the CCR Assembly of January 17, 2020.	Larry B.	J.T. W.	Carried Unanimous
9/4/2019	Motion to elect and endorse JT W. as Alternate Delegate representing the Central California Region at the 2020 World Service Conference and to confirm she will be in service throughout the duration of the 2020 Conference.	Robert P.	Linda	Carried Unanimous
9/4/2019	Motion to adjourn.	Janet S.	Linda	Carried Unanimous
7/27/2019	Motion to adopt the Minutes of the Assembly of January 12, 2019 as amended.	Robert P.	Larry B.	Carried Unanimous

Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
7/27/2019	Motion to recess until 12:40 PM for lunch.	Teri M.	Robert P.	Carried Unanimous
7/27/2019	Motion to carry over any balance on December 2019 be carried over to the 2020 budget.	Mary Lynn P.	Robert P.	Carried Unanimous
7/27/2019	Motion to approve the 2020 proposed budget as amended.	Robert P.	Peter	Carried Unanimous
7/27/2019	Motion to donate \$400 to WSO out of the 2019 budget.	Robert P.	Peter	Carried Unanimous
7/27/2019	i) Motion to elect and endorse Teri M. as Delegate representing the Central California Region at the 2020 World Service Conference and to confirm she will be in service throughout the duration of the 2020 Conference.	Larry B.	Kim K.	Carried Unanimous
7/27/2019	Motion that the CCR approves the intent to send the delegate and alternate delegate to the 2020 WSC.	Robert P.	Mary Lynn P.	Carried Unanimous
7/27/2019	Motion for the Technology Services Subcommittee to proceed to implement Strip payments on the CCR website online, and when technology is available, purchase a chip reader device. Contingency funds will be used to purchase the chip reader, up to \$100.	Robert P.	Mary Lynn P.	Carried Unanimous
7/27/2019	Motion to affirm Robert P. as the Technology Services Subcommittee Chair.	Larry B.	Teri M.	Carried Unanimous
7/27/2019	Motion to hold the next CCR Assembly on Friday, January 17, 2020 from 6:00 PM to 9:00 PM at the Monterey Bay Conference Center, in conjunction with the 2020 Vision for Serenity Convention.	Laura	Janet S.	Carried Unanimous
7/27/2019	Motion to adjourn.	Janet S.	Peter	Carried Unanimous
1/12/2019	Motion to adopt the Minutes of the Assembly of July 14, 2018 as amended.	Scott C.	Teri M.	Carried 7/0/1
1/12/2019	Motion to carry-over funds in the amount of \$6,204.95 from calendar year 2018 to 2019.	Mary Lynn P.	Scott C.	Carried Unanimous
1/12/2019	Motion to adopt the 2019 Nar-Anon Central California Region budget as amended (Amendments to Income section, Fundraisers: \$1,500 and Group Donations: \$1,800).	Larry B.	Scott C.	Carried Unanimous
1/12/2019	Motion to hold the 2019 Narathon in the Santa Cruz area on August, 17 or 24.	Scott C.	Teri M.	Carried 8/0/1

Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/12/2019	Motion to hold a Nar-Anon Central California Region convention at the MBCNA VIII 2020 "A Vision of Hope" – NA Convention on January 17-19, 2020 at the Monterey Bay Conference Center.	Janet S.	Marie	Carried Unanimous
1/12/2019	Motion to hold the next region assembly in Atascadero, Golden China Restaurant, July 27 at 11:00 AM until 4:00 PM.	Larry B.	Stewart	Carried Unanimous
1/12/2019	Motion to adjourn.	Larry B.	Teri M.	Carried Unanimous
7/14/2018	Motion to approve the minutes of January 12, 2018 with corrections.	Scott C.	Janet S.	Carried Unanimous
7/14/2018	Motion to adopt the elections ballots as counted by unanimous acclamation. Chair – Michael F Treasurer – Arnie B Secretary – Scott N Delegate – Jocelyn F Alternate Delegate – Teri M	Scott C.	Teri M.	Carried Unanimous
7/14/2018	Motion to disband the ad-hoc elections committee	Scott C.	Lori	Carried Unanimous
7/14/2018	Motion to send the WSO \$200.00 now and then \$200.00 by the end of the fiscal year.	Sondra	Scott C.	Carried Unanimous
7/14/2018	Motion to strike the sentence "Cash donations cannot be earmarked because of budgetary constraints" in the Guide to Local Services.	Scott C.	Sondra	Carried Unanimous
7/14/2018	Motion to approve the GRS, as amended by changing the word "cannot" to "may not"	Scott C.	Teri M.	Carried Unanimous
7/14/2018	Motion to hold the next CCR Assembly on Saturday, January 12, 2019, in Atascadero from 11 AM to 4 PM.	Carol S.	Teri M.	Carried Unanimous
1/12/2018	Motion to accept the minutes of the September, 2017, Email Assembly.	Scott N.	Sondra G.	Carried Unanimous
1/12/2018	Motion to participate in an all-California meeting list for web and print delivery.	Sondra G.	Teri M.	Carried Unanimous
1/12/2018	Motion to adopt the 2018 proposed budget.	Mary Lynn P.	Cyndy G.	Carried Unanimous

Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/12/2018	Motion to approve the carryover of \$772.35 from the 2017 budget to the 2018 budget.	Scott N.	Teri M.	Carried Unanimous
1/12/2018	Motion that any money made at this convention will go on a report and then the GSRs will decide what to do with it at the July Assembly.	Scott N.	Lorri Z.	Carried Unanimous
1/12/2018	Motion to confirm Scott N as Elections Subcommittee chair, to accept the 2018 timeline as outlined in the draft Guide to Regional Services and to amend the elections guidelines in the draft Guide to Regional Services.	Scott C.	Janet S.	Carried Unanimous
1/12/2018	Motion to spend \$200 - \$300, not more than \$300, for the delegate and the Alternate Delegate to spend an extra day at the WSC Conference.	Teri M.	Mary Lynn P.	Carried Unanimous
8/8/2015	Motion to send the Prayer motion to the World Service Conference Committee for inclusion in the 2016 World Service Conference. Maker: Carmel group.	Eva	Brenda	Carried 9/0/2
8/8/2015	Motion to send the Just for Today motion to the World Service Conference Committee for inclusion in the 2016 World Service Conference. Maker: Santa Barbara group.	Steve	Brenda	Failed 5/5/1
8/8/2015	Motion to open nominations for alternate delegate due to the resignation of Sandi S. Need GSR vote to nominate alternate delegate. Timeline: Open nomination period 8/10 - 9/10, All GSRs receive posting note on 8/10. Close nominations 9/10. GSR vote via email 9/10 - 9/20. Election captain is Scott N. Email vote confirmed at next assembly Jan 2016.	Vicki	Ruth K.	Carried 10/1/0
8/8/2015	Motion to table topic of Bakersfield Convention.	Tony M.	Steve	Carried Unanimous
8/8/2015	Motion to table topic of All California Convention.	Tony M.	Steve	Carried Unanimous
8/8/2015	Motion to table topic of distribution of Nar Anon funds beyond the group level.	Brenda	Eva	Carried Unanimous
8/8/2015	Motion to table topic of group donation appeal for region.	Brenda	Eva	Carried Unanimous
8/8/2015	Motion to table topic of GSR mileage reimbursement for mandatory assembly annually.	Brenda	Eva	Carried Unanimous
8/8/2015	Motion to hold next assembly at Scotts Valley on or about Jan 9, 2016 1pm.	Brenda	Tony M.	Carried Unanimous

Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
8/8/2015	Motion to send delegate, Chantal, to the 2016 World Service Conference.	Vicki	Georgia	Carried Unanimous
8/8/2015	Motion to adjourn.	Brenda	Tony M.	Carried Unanimous
1/23/2015	Motion to accept Sandi S. as the Alternate Delegate for the Region in consideration that she holds the Monterey Area Chair service position through the end of the 2015 calendar year.	Tony M.	Ruth K.	Carried 9/0/1
1/23/2015	Motion for the Region to adopt a help line telephone number and create a regional service position to attend to the line	Sandi	Michael F.	Failed 1/10/0
1/23/2015	Motion to add to the Vice Chair commitment the duty of maintaining a "motions log" in the form of an Excel Workbook (XLSX) to contain a listing of all regional assembly motions, their firsts, seconds, amendments and outcomes.	Tony M.	Pat	Carried Unanimous

Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/23/2015	<p>Motion to adopt the following annual schedule of CCR meetings.</p> <p>A Regional Service Assembly (RSA) will be held in January/February to coincide with the Monterey Area convention. If the convention is not held in a year, then the RSA will be held at a venue, date and time of the assembly's choosing. The purpose of this assembly is for all Group Service Representatives (GSRs) to meet in-person. All groups are strongly encouraged to send GSRs to this assembly as it will not be available by means of internet or conference call.</p> <p>A Regional Service Committee (RSC) meeting will be held on the second weekend of April. The meeting may be held in person, by means of internet, conference call, or a combination as the RSC determines.</p> <p>An RSA will be held in July/August. The meeting may be held in person, by means of internet, conference call, or a combination as the RSA determines.</p> <p>A RSC meeting will be held on the second weekend of October. The meeting may be held in person, by means of internet, conference call, or a combination as the RSC determines.</p> <p>In order to have a vote in an RSA, a group must register their GSR (and Alternate GSR if they have one). For a group to register the GSR and / or Alternate GSR must complete the "Group/Alternate Group Service Representative Registration Form" from the Guide to Local Services (GLS) section 13-5 and submit the completed form to the RSC or RSA at the first RSC or RSA they attend each year. Groups must register each calendar year. The count of registered meetings is the number used to determine the quorum at RSAs.</p>	Tony M.	Terri	Carried 9/1/0
1/23/2015	<p>Motion to create a standing regional Technology Services Subcommittee</p> <p>This subcommittee provides technology infrastructure to the region, areas, groups and members. It oversees and maintains the region's Internet website; email / contacts list; directories; meeting workbook; online calendar; website analytics; phone line; computer support; conference calls; public address systems; recording; and supports the region with new and emerging technologies.</p>	Michael F.	Georgia	Carried Unanimous

Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/23/2015	Motion to create a standing regional Non-Area Group Subcommittee The purpose of this committee is to provide the groups that are not members of an Area Service Committee with a vote on the RSC. The committee chairperson is to communicate with committee members that are the GSR's of those groups; informing them of decisions and actions proposed by the RSC and informing the RSC of the committee member's opinions. The chairperson shall vote as representative of those opinions.	Michael F.	Terri	Carried Unanimous
1/23/2015	Motion to have next Assembly August 8, 1 pm by video conference & in person in Santa Barbara	Vicki	Tony M.	Carried Unanimous
10/26/2014	Motion to approve all prior CCRFC meeting minutes and associated documents	Arnie	Steve	Carried Unanimous
10/26/2014	Motion to create budget sub-committee to create a draft budget	Arnie	Terri	Carried Unanimous
10/26/2014	Motion to use Robert's Rules of Order at CCR Assemblies, Meetings and Sub-Committee Meetings	Tony M.	Arnie	Carried Unanimous
10/26/2014	Motion to adopt the GLS and GWS as guiding documents for CCR	Lynn	Tony M.	Carried Unanimous
10/26/2014	Motion to create an Ad Hoc Committee to draft a Guide to Regional Services and report back at our next Assembly: Tony, Chantal, Sandi, Michael, and Scott N.	Tony M.	Ruth K.	Carried Unanimous
10/26/2014	Motion to hold quarterly regional assemblies per year, assemblies may be held in different locations within the region with a minimum of one assembly per year where all participants are physically present	Tony M.	Lynn	Carried Unanimous
10/26/2014	Motion to put Consent Calendar motions F, K & L	Scott C.	Pat	Carried Unanimous
10/26/2014	Motion to schedule a Narathon and fundraiser for the Region for September 2015			Carried Consent Calendar
10/26/2014	Motion to create a sub-committee to create a draft budget for the Region and return a proposal to the next Assembly: Scott N. Cyndy, Arnie, Jocelyn, Scott C. and Tony will chair	Arnie	Terri	Carried Unanimous

Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
10/26/2014	Motion to create a subcommittee to effect CCR participation in an "All-California" Nar-Anon convention in cooperation with the Central California Region of Narcotic Anonymous (February 20, 21, and 22) in Bakersfield: Chantal, Scott C. & Scott N.	Chantal M.	Pat	Carried Unanimous
10/26/2014	Motion to initiate the Regional Delegate Fund with the goal of sending the Central California Regional Delegate and Alternate Delegate to attend the World Service Conference 2016	Pat	Steve	Carried Unanimous
10/26/2014	Motion to make a donation to the World Service Office to be determined at the Assembly			Tabled
10/26/2014	Motion to hold the next assembly on Friday, January 23, 2015 at 6:00 PM at the Monterey Convention. Details to be forthcoming			Carried Consent Calendar
10/26/2014	Motion for the Secretary to create a "Take Back to Meeting" summary, based on the conscience of the Assembly, of the minutes for the purpose of sending to them to GSRs to help them with regional meeting announcements. The "Take Back to Meeting" should be produced as quickly as possible after the assembly and posted on the Nar-Anon Central California Region Yahoo Groups site (https://groups.yahoo.com/neo/groups/NarAnonCentralCA) and on the Nar-Anon Central California Region website (http://www.naranoncentralca.org/).			Carried Consent Calendar

Elections Materials

CCR 2020 Election Slate

Statement of Qualifications

This information is intended to help members choose their leaders as suggested by Concept Four, "Effective leadership is highly valued in Nar-Anon. Leadership qualities should be carefully considered when selecting trusted servants."

REGIONAL SERVICE COMMITTEE CANDIDATE SLATE

CHAIR

Michael F.

GSR, Chair CCR Service Guidelines Ad Hoc Subcommittee, Chair CCR Elections Ad Hoc Subcommittee, CCR Vice Chair, current CCR Chair.

SECRETARY

Scott N.

GSR, CCR Webmaster, Delegate SCR, CCR Chair, Chair WS Website Committee, Secretary WS Website and Budget and Finance Committees, current CCR Secretary.

TREASURER

Les P.

Member of Nar-Anon for 4.5 years, Group Treasure 4 years.

DELEGATE

Teri M.

8.5 years member of Nar-Anon, GSR, CCR Alternate Delegate, current CCR Delegate.

ALTERNATE DELEGATE

J.T. W.

5 years member of Nar-Anon, GSR, Chair CCR Literature Subcommittee, current CCR Alternate Delegate

CCR 2020 Elections RSA

Updated: July 3, 2020

Use this ballot to record your group's conscience on the nominees for each position. Please fill out this ballot and for transparency purposes email to the three Elections Subcommittee members; Teri M. at bratteri@hotmail.com, Scott C. at drakescott98@gmail.com, and Michael F. at m.fitzpatrick@charter.net, prior to the Saturday, August 1, 2020 elections assembly which is to be held via Zoom. As this is a semi-anonymous ballot, please do not include group information on this ballot as Group identity will be treated confidentially by the Elections Subcommittee members.

Officers and Delegates

Vote for one person in each position like this

Empty lines can be used for write-in candidates.

Chair		Secretary	
Michael F.	<input type="checkbox"/>	Scott N.	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>
Vice Chair		Delegate	
	<input type="checkbox"/>	Teri M.	<input type="checkbox"/>
Treasurer			<input type="checkbox"/>
Les P.	<input type="checkbox"/>	Alternate Delegate	
	<input type="checkbox"/>	J.T. W.	<input type="checkbox"/>
			<input type="checkbox"/>

Regional Chair's Report

Report from the Chair

August 3, 2000

Hello to the Fellowship of the Central California Region.

For two years I been fortunate enough to be given the privilege to be of service as Chair of the Central California Regional Service Committee. I had no expectations as to what those two years would reveal when I accepted the position. I was new to service in such a capacity and nervous when I started. I was confident that my higher power and this fellowship would assist me in my endeavor and that has proven to be the case. My journey has been one of growth, gratitude, and joy.

I shall now, once again, try to keep this state of the Region report simple.

The Region had its first election of officers in October 2014. The Region is therefore almost 6 years old. Since then we have had one full transition of RSC members, have developed our Regional Service Guide, sent members to represent us at two World Service Conferences, successfully submitted materials to the World Service Conference, and are moving forward with further World Service Conference submissions and the eventual representation by a Delegate and Alternate Delegate at an upcoming World Service Conference; which has been postponed due to the pandemic.

The budget had been robust due to a generous contribution of the Monterey Area Family Groups upon disbandment when this region was formed. That bounty has been rolled over year to year but, after financing the Delegate and Alternate Delegate to attend this coming World Service Conference, that bounty will be gone. It appears the Region will only be able to finance one representative to the WSC in following cycles given current income projections and past expenditures.

This Region has had 18 groups for three years as of July. There were 10 groups in attendance at the 1st Assembly in October 2014 and 13 groups the following year. During this current time of crisis our Region's groups and committees have been resilient, flexible, and have maintained the core values of Nar-Anon of carrying the message of hope to those affected by the illness of addiction in someone near to them. The state of our Region is FANTASTIC!

Our Outreach Subcommittee is hampered by current circumstances. Our young region has huge outreach goals and this subcommittee's members continue forging ahead in their efforts to get the words of hope and serenity out there.

Our Literature Subcommittee is assisting the World Service Literature Committee in producing products for World Service Conference approval.

The Convention and Events Subcommittee is extremely impacted by the circumstances of the pandemic. Patience and perseverance will be necessary for some time to come.

The Technology Service Subcommittee is our newest subcommittee and has been gung-ho in its efforts in helping the Region in meeting its goals. Its current Agenda Items will attest to it.

Report from the Chair

August 3, 2000

The Assembly is the representation of the Groups. The Regional Service Committee serves the Assembly. My role as Chair is to help accomplish the goals of the Groups as expressed through the Assembly. The most important indicator of those goals is the Annual Budget.

Our diligent Treasurer, Arnie, is transitioning out of the Treasurer's position. His thoughtfulness and dedication to service have been wonderful to observe. He took the position when the position was still being developed in structure and procedures. His service is much appreciated by myself, the Regional Service Committee, and the Assemblies he has helped guide. He will still need to help with the transition of our new Treasurer, which will still take a bit of effort. Thank you, Arnie.

The 2020 budget is where the Assembly determines its priorities for the year. The budget can only be changed by the Assembly. This Assembly is the mid-point in the year where a review of the Region's progress can be made and it can alter its priorities.

I believe the other trusted servants on the Service Committee, as well as I, look forward to the Assembly's deliberations; as those deliberations are the foundation of your guidance to us on the Committee in moving forward to make the Region's goals a reality.

The Guide to Regional Service for the Central California Region is the template upon which we govern our region. It is available to view on our Website and I encourage you to do so.

Thank you for allowing me to be of service. Please feel free to contact me at any time with any comments, concerns, or questions.

Sincerely,

Michael F.

Your Central California Region's Service Committee Chair Person

Regional Treasurer's Report

Nar-Anon Central California Region 2020 Income and Expenses

Starting Cash on Hand	Budgeted	Actual	Remaining	Notes
<i>Description</i>				
Estimated Cash on hand December 31, 2019	\$ 4,310.59	\$ 4,310.77		Actual Carryover from 2019
Income				
<i>Description</i>				
Fundraisers	\$ 1,200.00	\$ 278.00	\$ 922.00	
Group Donations	\$ 2,000.00	\$ 787.60	\$ 1,212.40	
Total Income	\$ 3,200.00	\$ 1,065.60		
Expenses				
<i>Description</i>				
Assembly	\$ 125.00			
Outreach	\$ 500.00			
Travel expense for RSC to assembly and other required meetings	\$ 300.00			
Postal Services	\$ 82.00			
Checking account expense	\$ 35.00			
Region website expense	\$ 200.00			
Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00	\$ 744.27	\$ 505.73	Delegate visits for WSO motions
Alternate Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00			
Delegate/Alternate Delegate travel expense to groups	\$ 300.00			
Conventions	\$ 300.00	\$ 300.00	\$ -	2020 Convention Room
Events	\$ 300.00			
New Meeting Start Up	\$ 300.00			
Donation to WSO	\$ 200.00			
Contingency Fund	\$ 300.00			
Prudent Reserve (3 months operating costs)	\$ 515.00			
Total Budgeted Expenses	\$ 5,957.00	\$ 1,044.27		
Ending Cash on Hand				
<i>Description</i>				
Prudent Reserve (3 months operating costs)	\$ 515.00			
Contingency Fund	\$ 300.00			
Estimated cash on hand for December 31, 2020	\$ 2,368.59			

Approved at Regional Assembly, July 27, 2019

Carryover approved at Regional Assembly January 17, 2020

Nar-Anon Central California Region 2021 Proposed Budget

Starting Cash on Hand

Notes

Description

Esitimated Cash on hand December 31, 2020	\$ 4,000.00
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Income

Description

Fundraisers	\$ 1,200.00
Group Donations	\$ 1,500.00
Total Income	\$ 2,700.00

Expenses

Description

Assembly		
Outreach	\$ 500.00	
Travel expense for RSC to assembly and other required meetings	\$ 300.00	
Postal Services	\$ 92.00	
Checking account expense	\$ 35.00	
Region website expense	\$ 216.00	
Delegate WSC expense (equalized expense and incidentals)	\$ 2,000.00	Full amount due to WSO for 2020 WSC
Alternate Delegate WSC expense (equalized expense and incidentals)	\$ 2,000.00	Full amount due to WSO for 2020 WSC
Delegate/Alternate Delegate travel expense to groups	\$ 300.00	
Conventions	\$ 300.00	
Events	\$ 300.00	
New Meeting Start Up	\$ 300.00	
Donation to WSO	\$ 200.00	
Contingency Fund	\$ 300.00	
Prudent Reserve (3 months operating costs)	\$ 515.00	
Total Budgeted Expenses	\$ 7,358.00	

Ending Cash on Hand

Description

Prudent Reserve (3 months operating costs)	\$ 515.00
Contingency Fund	\$ 300.00
Estimated cash on hand for December 31, 2020	\$ 972.00

Delegate's Report

Central California Region Assembly
Delegate & Alternate Delegate Report
July 2020

We are grateful to be in service as Delegate and Alternate Delegate for the Central California Region.

The World Service Conference 2020 was postponed due to the Covid-19 pandemic. The “Growth Through Service” conference will be held April 29, 2021 – May 3, 2021, in Torrance, CA. The contents and motions of the CAR are the same as what was distributed in December 2019.

This year to continue to carry the message of Nar-Anon, 16 out of 18 of the CCR meetings have gone virtual. One group meets in person. We meet online through Zoom, Google Meet and FreeConferenceCall. There have been newcomers and visitors from all around the world. We have meetings on the calendar for everyday of the week.

To keep our Group Service Representatives list updated we ask all GSRs please make sure you have signed in.

Information for Central California Region please visit:

<https://www.naranoncentralca.org/>

Contact Delegate Teri: delegate@naranoncentralca.org, (831) 588-3700 cell

Contact Alternate Delegate JT: altdelegate@naranoncentralca.org,
(831) 801-7250 cell

In loving service,

Teri and JT

Group Reports

July 19, 2020

Atascadero Candle Light Group ID 131-033

The Candle Light Group is in the process of recovery for all our members. The group is incredibly supportive and kind to one another. The group tries to follow the Nar-Anon guidelines as well as possible which makes for healthy and happy meetings.

The Candle Light Group meets on Tuesdays at 6:00 PM. We normally have between seven and ten members at meetings. Our group concentrates on a different area of recovery each week. The first Tuesday we have a Step study; the second Tuesday we have a SESH study; the third Tuesday we have a study from Nar-Anon Literature; the fourth Tuesday we have a Tradition study; and if there is a fifth Tuesday we have an open study. Members are willing to take turns being the Leader each week.

Since March we have been meeting via Free Conference Call. The meetings are going well even with members wanting to meet in person. Members are participating using their computers and phones. FCC is stable and working for our members.

Even though the future is un-certain, our Higher Power will guide us to Serenity and Recovery.

In Service,

Larry B.

Bakersfield Step Study
Sundays at 1:00 p.m.
Group 131-117 (V)

The group began on March 19, 2017. This is a step study workshop. The group uses the Nar-Anon 36 workbook. We typically cover one or two pages in the workbook per week.

Due to the COVID restrictions, this group switched from meeting in person to meeting online. The membership in the group then quickly evolved. Few of the Bakersfield members attend any Nar-Anon meetings or events any longer. Instead, the members active in the Sunday group are now from scattered locations around the USA.

The group has been going through the growth process many other online groups are experiencing.

- The group has been holding short business meetings after the close of regular meetings.
- The members voted to change our group status with the World Service Office. This group is now registered as permanently virtual, with no physical address. The designation “(V)” found in the [find a meeting](#) list indicates this is a virtual-only group.
- The group agreed to Robert’s suggestion that we create a website for this group - <https://sites.google.com/view/nfg-step-study>.
- The group agreed to register this website with the World Service Website Committee. There is now a link on the [Other Sites](#) page connecting the world service website to this group’s website.
- Once the new [Virtual Meeting](#) page was created on the world service website, this group was added to that list of permanently virtual meetings.
- The group now has a dedicated email address set up with an out-of-office auto-reply - SundayNFGStepStudy@gmail.com. There are typically fifteen to twenty newcomer emails every week. The automated response invites newcomers to attend but also encourages them to consider the permanently online meetings hosted by other groups as a regular SESH meeting is easier for a newcomer to understand than is a step study.
- The group has not yet determined an effective way to do the 7th Tradition but is watching the experiments other groups are conducting.
- Since, for most members, this study workshop is a supplement to their regular homegroup, it is unclear if this group will vote on regional topics.
- This group has not yet explored the benefits nor viability of a group member’s contact list. For now, all through the group website and the group email account.
- The group has yet to address shared hosting duties and shared access to the group website and email account.

Our attendance is typically between five and ten.

Winds of Change
Group # 131-138
Thursday 7-8pm – Hollister
July 2020

About Us:

This grateful Nar-Anon group will be 1 year old on August 15, 2020.

In March 2020, due to world pandemic, we started meeting online through Google Meet. Since March we have had no newcomers.

In our core group there are 5 members

We keep the format simple with SESH and CAL Approved Literature.

Outreach is recovery centers and word of mouth.

At this time, we do not have a GSR

By group conscious two donations have been made to World Service Office.

Treasury balance: \$0

SOS (Saving OurSelves) Nar-Anon Family Group
(Group ID 131-024)
6:30-8:00 PM Sunday
Sutter Maternity & Surgery Center
2900 Chanticleer Avenue
Santa Cruz, CA 95065

January 2020 Assembly Report

Meeting: Our meetings in the Sutter Room on the first floor of Sutter Maternity & Surgery Center of Santa Cruz have moved to a Zoom format since March 15. This meeting has been in existence over 15 years and joined the Central California Region in January 2018.

Attendance: Our group attendance has remained fairly steady varying from 6-14 with about 7 semi-regulars.

Newcomers: We have had more newcomers dropping in using Zoom but most have not transitioned into regular members. We have had people Zoom in from the East Coast, Colorado, and even Iran.

Format: We often utilize the SESH book as most members have a copy but have also incorporated pamphlets and the Nar-Anon 36. We use the Nar-Anon CAL 'blue card' readings at the start of the meeting (About Addiction, 12 Steps, 12 Traditions, Keeping Our Meetings Healthy) using a screen share of the readings.

Donations: To date in 2020, our group has made one donations to WSO (\$300) and the Central California Region (\$300).

Treasury: We currently have approximately \$300 in the treasury.

Other Information: I am grateful that we have been able to keep this meeting going on Zoom. We were able to finish voting on the motions over Zoom. Members continue to be supportive of each other and the meeting.

In service,
Carole S.
Group Service Representative

World Service Conference Documents



GROWTH THROUGH SERVICE

NAR-ANON WORLD SERVICE CONFERENCE 2021

July 12, 2020

TO ALL NAR-ANON REGIONAL CHAIRS, REGIONAL DELEGATES, ALTERNATE DELEGATES, BOARD OF TRUSTEES MEMBERS, WORLD SERVICE COMMITTEE CHAIRS, AND NATIONAL SERVICE OFFICES:

The WSC 2020 was re-scheduled to 2021 due to the Covid-19 pandemic. This is the invitation for WSC 2021 with revised conference cycle dates.

The following information about the Nar-Anon World Service Conference (WSC) 2021 is provided to help your region plan its participation in our eighth WSC, from April 29 through May 3, 2021 in Torrance, California. The theme for the WSC 2021 is *Growth Through Service* and we invite and encourage all Nar-Anon regions worldwide to attend the upcoming conference.

THE WORLD SERVICE CONFERENCE (WSC)

The WSC is the permanent body for the expression of the conscience of the Nar-Anon/Narateen Fellowship through our traditions and concepts of service. It normally convenes every 2 years in April or May in southern California. This year, however, it will be 3 years since the prior conference. Its membership is composed of regional and alternate delegates, the board of trustees, the WSO executive director, WSO administrative staff, the WSC secretary and the WSC facilitator.

Regional delegates and board of trustee members have voice and vote at the conference. Alternate delegates have voice at the conference, and in the absence of their delegate, they have vote. World service committee chairs, if present, have voice limited to their committee report and questions regarding their committee's activities. The WSO executive director has a voice limited to her report and questions regarding WSO activities. The WSC facilitator conducts the conference business sessions using the Standing Rules of the Conference and Robert's Rules of Order.

THE CONFERENCE AGENDA REPORT (CAR)

The *Conference Agenda Report (CAR)* must be distributed a minimum of 150 days prior to the opening day of the conference. The CAR will be sent on December 1, 2020. The contents and motions of the CAR are the same as what was distributed in December 2019. The report contains the Standing Rules of the Conference and the motions that the Nar-Anon Fellowship will consider at the WSC. In order to provide the fellowship with relevant information, the World Service Board of Trustees may include their comments on the *CAR*, including any financial impact that could result if the motion is passed.

The *CAR* will be emailed to each delegate and alternate delegate and will be posted on the Nar-Anon World Service website, www.nar-anon.org. All other documents for the WSC 2021 will be provided by email. Hard copies will be available from the Nar-Anon WSO at a price determined by the cost of production and shipping.



GROWTH THROUGH SERVICE

NAR-ANON WORLD SERVICE CONFERENCE 2021

CONFERENCE APPROVAL TRACK (CAT)

The *CAT* contains materials defined as non-recovery literature, such as handbooks, outreach literature, project proposals, and other service-related literature. The WSC Committee will distribute *CAT* material for review. The *CAT* will be sent on January 30, 2021. The contents of the *CAT* are the same as what was distributed in January 2020. The *CAT* does not require presentation to the fellowship in the *CAR* and may only receive conference approval provided the material was sent to the conference participants at least 90 days prior to the WSC.

ATTENDING THE WSC

Delegates and alternate delegates from all regions in the world are welcome to attend the WSC. For a delegate or an alternate delegate to be recognized at the WSC, their region must submit a copy of the minutes verifying election, continued endorsement of the delegate and alternate delegate, or other written confirmation that they were previously elected and that their term will be in effect through the current WSC. A regional or national officer, not the delegate or alternate delegate, must submit the eligibility verification. Any member with voice at the conference or the WSC facilitator may challenge a delegate or alternate delegate's credentials. In the absence of the documentation described above and with approval of the conference, the member may be recognized as a regional representative with voice, but no vote.

Regional chairs and/or national service offices should inform the WSC Committee at wscconference@nar-anon.org of their intention to send delegates and/or alternate delegates by December 31 prior to the WSC. We will be requesting an updated notification of your attendance at WSC 2021. A region may send one delegate and one alternate delegate to the conference. National service offices in countries outside the United States and Canada may determine the number of regions in their countries. World service trustees, world service committee chairs and any other interested Nar-Anon members should inform the WSC Committee of their intention to attend the conference by December 31 prior to the WSC.

Telephone inquiries regarding the WSC should be made to the executive director of WSO, 1-800-477-6291 from the USA and Canada, or 1-310-534-8188 from outside the USA and Canada. Email inquiries should be sent to the WSC Committee, wscconference@nar-anon.org or to the executive director, wso@nar-anon.org.

Yours in service,
WSC Committee
wscconference@nar-anon.org



GROWTH THROUGH SERVICE
NAR-ANON WORLD SERVICE CONFERENCE 2021

May 1, 2018	WSC 2018 – 2021 cycle begins
December 1, 2020	<i>CAR</i> available and distributed to regions
December 31, 2020	Deadline to inform WSC Committee of region’s intention to participate in WSC 2021 and submissions by each regional treasurer of equalized expense sum Deadline for BOT members and world service committee chairs to inform the WSC Committee of their intention to attend the conference
January 20, 2021	Conference Approval Track (<i>CAT</i>) material available and distributed to regions
March 1, 2021	Deadline for world service committee reports, regional reports and regional assembly minutes showing election or continued endorsement of delegate and/or alternate delegate
March 31, 2021	Agenda for WSC 2021 distributed to all attendees
April 29, 2021	Pre-conference orientation – Torrance, California
April 30 – May 3, 2021	World Service Conference 2021 - Torrance, California

WSC 2021 LOCATION AND ACCOMMODATIONS

April 30 – May 3, 2021

DoubleTree by Hilton Hotel Torrance – South Bay
21333 Hawthorne Boulevard
Torrance, CA 90503
United States

[DoubleTree by Hilton Hotel Torrance - South Bay](#)

Subcommittee Reports

**CCR Literature Subcommittee Report
July 22, 2020**

The Literature Subcommittee meets monthly on Sunday mornings on Skype from 8:30-9:30. The Sundays vary and are set by group conscience. We have six active members, with a minimum of three members needed to conduct a meeting.

We completed our Addiction in Marriage project and submitted the final draft to the World Service Literature Committee in May 2020. WS Lit Com has informed us they have not decided whether to publish the document as an independent pamphlet or booklet, or rather to incorporate it as part of a larger work on relationships, which is also on the Literature Priority List. Lit Com will notify us when they have decided. We are very grateful to the Nar-Anon members who contributed their stories that helped us write about the effects of addiction on marriage and other intimate relationships.

WS Lit Com has assigned us our next project, assisting with the development of a Fourth Step Workbook. We are currently developing text, questions, and member shares from the literature subcommittee members on the subject of fear. We have regular contact with WS Lit Com to ensure that our work is in keeping with their standards.

Gratefully submitted,

Ruth K.
Literature Subcommittee Chair

Report from the TSS for the August 2020 Assembly

The Central California Regional (CCR) Technical Services Subcommittee (TSS) has four members:

- Robert from Bakersfield (chair)
- Scott from Santa Barbara (secretary)
- Larry from Atascadero (vice-chair)
- JT from Jackson

Since the January 2020 Assembly, the committee has worked on the following:

- The committee has kept the regional website and regional calendar updated with the latest information on group changes - including groups that suspended, and groups that moved online.
- The committee has updated the regional website and regional calendar with information about several online events. The committee has also distributed emails about Nar-Anon events.
- The committee submitted a set of committee guidelines to the RSC, with a recommendation these guidelines be distributed to the GSRs as part of the August 2020 Assembly packet. We hope the GSRs will review these guidelines with their groups and then vote on them in the following Assembly.
- The committee has been utilizing the “CCR Users’ Guide to File Storage.” We hope the GSRs will bring feedback from their groups to the August 2020 Assembly. We would like to see if this document can be approved in the August 2020 Assembly for use by the region.
- Work has been completed within the CCR website to make it easier for newcomers to find our meetings through search engines.
- Infrastructure work has been completed in preparation for a connection on the CCR website to allow members and groups to electronically contribute to the region. Two test transactions have been run through this new web page and both processed successfully. The committee believes this new electronic payment interface is ready to activate, and would like to discuss this in the Regional Assembly. Note the motion from the January 2020 Assembly included the purchase of a physical card reader. The committee has not completed that action and would like input on whether or not to proceed. The committee would also like input regarding how to report on each contribution. Is it best to preserve anonymity and only show the dates and dollars without showing the name of the person who made the contribution?
- The committee submitted a recommendation to the RSC proposing the region pay for a Zoom license to be used for regional activities, and made available to groups as well.
- The committee is working on a MailChimp user guide.

Status of the WRCNFG for 2021

An email has been sent to those on the signup list for the WRCNFG emails. There will be a conference call on Saturday, August 8, 2020, to discuss plans for the 2021 event. Initial feedback suggests the 2021 event will probably be online.

Website Report

CCR Website Analytics 2020/2019 Comparison

Jan 1, 2020 - Jul 25, 2020
Compare to: Jan 1, 2019 - Jul 25, 2019

All Users
+0.00% Sessions

Visits

Jan 1, 2020 - Jul 25, 2020

4,560

% of Total: 100.00% (4,560)



Jan 1, 2019 - Jul 25, 2019

2,628

% of Total: 100.00% (2,628)



Pages / Visit

Jan 1, 2020 - Jul 25, 2020

1.96

Avg for View: 1.96 (0.00%)



Jan 1, 2019 - Jul 25, 2019

1.63

Avg for View: 1.63 (0.00%)



Bounce Rate

Jan 1, 2020 - Jul 25, 2020

61.47%

Avg for View: 61.47% (0.00%)



Jan 1, 2019 - Jul 25, 2019

73.40%

Avg for View: 73.40% (0.00%)



Avg. Visit Duration

Jan 1, 2020 - Jul 25, 2020

00:02:09

Avg for View: 00:02:09 (0.00%)



Jan 1, 2019 - Jul 25, 2019

00:01:25

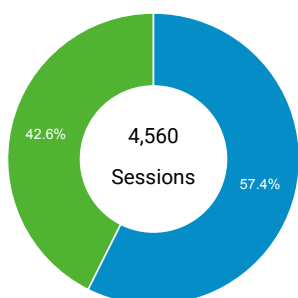
Avg for View: 00:01:25 (0.00%)



Visits by Visitor Type

■ New Visitor ■ Returning Visitor

Jan 1, 2020 - Jul 25, 2020



Jan 1, 2019 - Jul 25, 2019

Most Popular Pages

Page	Pageviews	Unique Pageviews
/		
Jan 1, 2020 - Jul 25, 2020	3,027	2,174
Jan 1, 2019 - Jul 25, 2019	1,126	920
% Change	168.83%	136.30%
/meeting/meeting-updates		
Jan 1, 2020 - Jul 25, 2020	1,368	1,095
Jan 1, 2019 - Jul 25, 2019	41	33
% Change	3,236.59%	3,218.18%
/meetings/meeting-list		
Jan 1, 2020 - Jul 25, 2020	937	789
Jan 1, 2019 - Jul 25, 2019	618	533
% Change	51.62%	48.03%
/calendar/events		
Jan 1, 2020 - Jul 25, 2020	609	366
Jan 1, 2019 - Jul 25, 2019	173	129
% Change	252.02%	183.72%
/member-services/regional-assembly		
Jan 1, 2020 - Jul 25, 2020	296	246
Jan 1, 2019 - Jul 25, 2019	219	184
% Change	35.16%	33.70%

Most Popular Landing Pages

Landing Page	Sessions
/	
Jan 1, 2020 - Jul 25, 2020	2,046
Jan 1, 2019 - Jul 25, 2019	852
% Change	140.14%
/meetings/meeting-list	
Jan 1, 2020 - Jul 25, 2020	535
Jan 1, 2019 - Jul 25, 2019	420

Most Popular Referrers

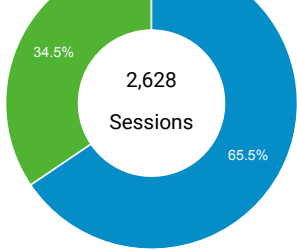
Full Referrer	Sessions
(direct)	
Jan 1, 2020 - Jul 25, 2020	1,908
Jan 1, 2019 - Jul 25, 2019	1,171
% Change	62.94%
google	
Jan 1, 2020 - Jul 25, 2020	1,403
Jan 1, 2019 - Jul 25, 2019	960
% Change	46.15%
nar-anon.org/other-sites	
Jan 1, 2020 - Jul 25, 2020	611
Jan 1, 2019 - Jul 25, 2019	98
% Change	523.47%
nar-anon.org/	
Jan 1, 2020 - Jul 25, 2020	130
Jan 1, 2019 - Jul 25, 2019	3
% Change	4,233.33%
naranoncalifornia.org/	
Jan 1, 2020 - Jul 25, 2020	103
Jan 1, 2019 - Jul 25, 2019	93
% Change	10.75%

Most Popular Keywords

Keyword	Sessions
(not set)	
Jan 1, 2020 - Jul 25, 2020	3,024
Jan 1, 2019 - Jul 25, 2019	1,526
% Change	98.17%

(not provided)

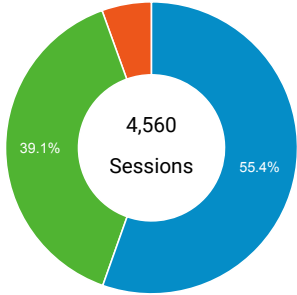
Jan 1, 2020 - Jul 25, 2020	1,472
Jan 1, 2019 - Jul 25, 2019	1,011
% Change	45.60%
centralcalifornianaranon	
Jan 1, 2020 - Jul 25, 2020	7
Jan 1, 2019 - Jul 25, 2019	16
% Change	-56.25%



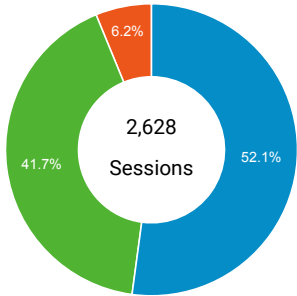
Visits by Device Category

■ desktop ■ mobile ■ tablet

Jan 1, 2020 - Jul 25, 2020



Jan 1, 2019 - Jul 25, 2019



% Change

27.38%

/meeting/meeting-updates

Jan 1, 2020 - Jul 25, 2020

472

Jan 1, 2019 - Jul 25, 2019

5

% Change

9,340.00%

/calendar/events

Jan 1, 2020 - Jul 25, 2020

199

Jan 1, 2019 - Jul 25, 2019

63

% Change

215.87%

/member-services/take-back-to-meeting/

Jan 1, 2020 - Jul 25, 2020

164

Jan 1, 2019 - Jul 25, 2019

199

% Change

-17.59%

nar anon meetings near me

Jan 1, 2020 - Jul 25, 2020

4

Jan 1, 2019 - Jul 25, 2019

2

% Change

100.00%

naranoncentralca.org/

Jan 1, 2020 - Jul 25, 2020

4

Jan 1, 2019 - Jul 25, 2019

0

% Change

100.00%

Event Flyers

EDT 8 pm | CDT 7 pm | MDT 6 pm | PDT 5 pm

ZOOM ID: 821 1865 0203 - PASSWORD: 54321

In The Spirit of Cooperation

SHARING OUR INDIVIDUAL STORIES

A Nar-Anon Speaker Meeting with a Member from Narcotics Anonymous

Nar-Anon Member: Steph G. (NYC)

NA Member: Barry T. (NYC)

WHEN: Tues, August 4, 2020

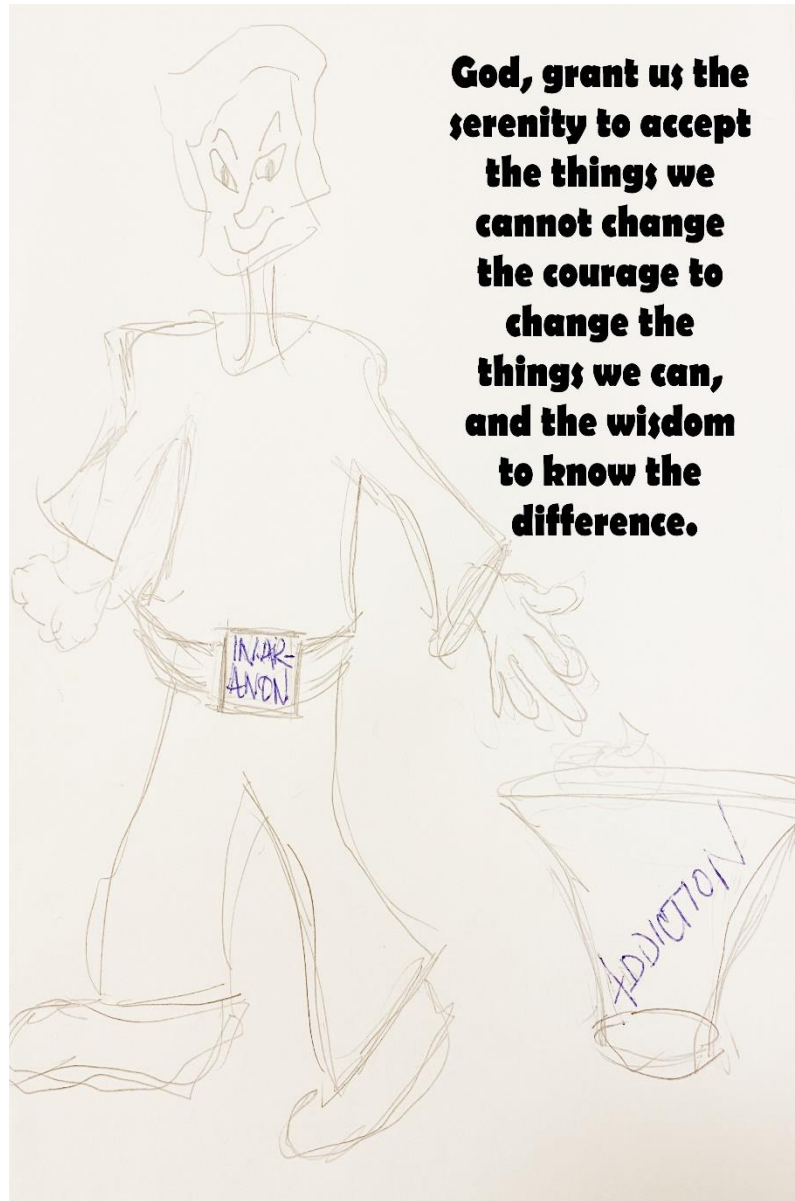
SPEAKERS: 8 – 9 pm EDT

OPEN SHARING: 9 – 9:30 pm EDT

ZOOM DIAL IN: 929-205-6099

PASSWORD: 54321

PARTICIPANTS LIMIT: 100



God, grant us the serenity to accept the things we cannot change the courage to change the things we can, and the wisdom to know the difference.

Hosted By:

**New York Region
Nar-Anon Family Groups**



Tradition 6: Our Family Groups ought never to endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim; but although a separate entity, we should always cooperate with Narcotics Anonymous.

Tradition 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, internet and other forms of mass media. We need guard with special care the anonymity of all NA members.

Do the *Concepts of Service* seem confusing?

What do they mean? How do we use them? Why do we have them?

“I read them, but couldn’t really say what it means.”

Yes, this might be for you!

Want to be a part of a healthy Committee? Area? Region?

Get to know principles found in the Concepts!

Join a NEW virtual weekly *Concepts of Service* study group*

Starting Tuesday, August 11, 2020

4:30 pm Pacific Time

5:30 pm Mountain Time

6:30 pm Central Time

7:30 pm Eastern Time

Read – Discuss – Listen - Ask questions - Find a Service Sponsor

Contact: naranonrm.org for information and Zoom ID

Or email: chairnaranonrm@gmail.com

Interested in finding a Service Sponsor?

See what Nar-Anon literature says [Service Sponsor S-327FR](#)

*This a NOT a Nar-Anon sponsored study. Nar-Anon Family Groups does not have *Concepts of Service* literature at this time. NFG and NA concepts are very similar. Until NFG develops concepts literature for study, NA service literature is being employed for this study.

Twelve Concepts of NA Service used in absence of available Nar-Anon Concepts literature.

Tradition 6

Our Family Groups ought never to endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim; but although a separate entity, we should always cooperate with Narcotics Anonymous.

Tradition 10

The Nar-Anon Family Groups have no opinion on outside issues: hence our name ought never be drawn into public controversy.

The background of the entire page is a vibrant, repeating pattern of tropical leaves. The leaves are in various shades of green, yellow, and blue, with some having distinct holes or splits, characteristic of Monstera or similar tropical plants. The pattern is dense and covers the entire area.

Save the Date!

CCR 2020 Narathon 09.12.20

The Nar-Anon Central California Region
Narathon will be held on Saturday,
September 12, 2020
9:30 AM to 5:00 PM

Virtual - TBD

We Hope to See You There!

www.NarAnonCentralCA.org



Meeting Directory

Nar-Anon Central California Region Virtual and In-person Meeting Status

July 29, 2020

The following meetings are closed or meeting virtually online until further notice because of an abundance of caution around the COVID-19 virus. Information in this document was last updated on 7/26/2020 at 8:45 AM.

- **Sunday, 1:00 PM, Bakersfield** - *Nar-Anon Step-Study* group, will meet by teleconference via Google Meet until further notice. *All Nar-Anon members are welcome.* Click this link: <https://meet.google.com/zta-oxcb-nda>. Or dial-in 1-252-365-5006 and enter PIN: 175 328 716#.
- **Sunday, 6:30 PM, Santa Cruz** - *Saving OurSelves* (aka SOS) group will meet online via Zoom until further notice. Please contact naranonsantacruzsos@gmail.com for meeting information and updates. This meeting is an hour and a half long.
- **Sunday, 7:00 PM, Los Gatos** - *Peace and Serenity on Sunday* group will meet via FreeConferenceCall until further notice. To join dial-in 425-436-6358, Access Code: 415007# or download app and enter Meeting ID - santaclaranaranon. *Newcomers and all Nar-Anon members are invited!* Check *Events List* page for speaker meeting schedule.
- **Monday, 6:30 PM, Salinas** - *Monday Night Serenity* group will meet via FreeConferenceCall until further notice.
Dial-in 515-604-9099 Access 416-570-783# or download app and enter Meeting ID - 416-570-783
- **Monday, 6:30 PM, Seaside** - *Monday Nite Miracles* group will be suspended until further notice.
- **Tuesday, 6:00 PM, Atascadero** - *Candle Light* group will meet via FreeConferenceCall until further notice. To join dial-in (425) 436-6337 and enter access code 373749 or download app and enter Meeting ID - candlelight. *Newcomers and all Nar-Anon members invited!*
- **Tuesday, 6:30 PM, Monterey** - *In the Solution* group will meet via Zoom until further notice. To join click this link <https://zoom.us/j/93264701592?pwd=ZXF6cUR4VUV3ZU0xcCtJTIJrbFU3UT09> , Meeting ID: 932 6470 1592, Password: 049795 or dial-in by phone [16699006833](tel:16699006833), Meeting ID 93264701592#, Password 049795#

Nar-Anon Central California Region Virtual and In-person Meeting Status

July 29, 2020

Wednesday, 12:00 PM, Carmel - *Serenity by-the-Sea* group will meet via Zoom until May 13, 2020. Click link <https://us04web.zoom.us/j/938728707?pwd=Zm9wYmh4SHpBM3NpSHUxcHhoZVEwQT09> Meeting ID: 938 728 707 Password: 695109 or dial-in by phone 1 669 900 6833 enter Meeting ID 938 728 707#. *Newcomers and all Nar-Anon members are invited.*

- **Wednesday, 7:30 PM, Gilroy** - *Guide to Serenity* group will meet via Zoom teleconference. To login click link <https://callistomedia.zoom.us/j/95504611094?pwd=Z1N6YlBwRGhYUHIHSWdWTTRCbEhxZz09>, Meeting ID: 955 0461 1094 Password: 202020
- **Thursday, 6:30 PM, Salinas** - *Sweet Serenity* group will participate with Salinas, Monday 6:30 PM meeting via FreeConferenceCall. Dial-in 515-604-9099 Access 416-570-783# or download app and enter Meeting ID - 416-570-783
- **Thursday, 7:00 PM, Camarillo** - *Camarillo Nar-Anon Family Group* will meet via Zoom until May 14, 2020. Click link <https://us02web.zoom.us/j/731246470?pwd=TnJ6a0pjaVpRRWQvbXoyK3FydnErdz09&status=success> enter Meeting ID: 731 246 470 Password: 162390.
- **Thursday, 7:00 PM, Hollister** - *Winds of Change* group will meet by teleconference via Google Meet until further notice. *Newcomers and all Nar-Anon members are invited!* Click this link <https://meet.google.com/hfd-ujgw-ugt> Meeting Code: HFD UJGW UGT or dial-in by phone 1 409-263-1336 (PIN: 812717542)
- **Thursday, 7:30 PM, Los Gatos** - *Vision of Hope* group will meet via Zoom teleconference until further notice. To join, click this link <http://whitehatsec.zoom.us/j/.115692313>, or dial-in with phone number 669-900-6833, Meeting ID – 115692313#.
- **Friday, 12:00 PM, Atascadero** - *Bridge to Serenity* group will meet in person at North County Connection - 8600 Atascadero Ave, Atascadero, CA 93422. ***This is an in-person meeting.***

Nar-Anon Central California Region Virtual and In-person Meeting Status

July 29, 2020

- **Friday, 6:00 PM, Santa Barbara** - *I Can Be Free* group will meet via Zoom until further notice. To join click link <https://zoom.us/j/4116144644> enter meeting ID and password or dial-in by phone 1 669 900 6833 / Meeting ID 4116144644# Password 8675309 #

Friday, 6:30 PM, Scotts Valley - *Sharing Experience, Strength and Hope* group will meet via Zoom until further notice. <https://ucsc.zoom.us/j/203487999> Meeting ID: 203 487 999. Or dial-in 669 900 6833, Meeting ID: 203 487 999# then for ID # *Newcomers and all Nar-Anon members are invited.*
- **Saturday, 9:00 AM, Monterey** - *Circle of Hope* will meet via Zoom until further notice. Join Zoom Meeting URL on a Computer or Zoom Application on a Smartphone without password input: <https://us02web.zoom.us/j/84827579445?pwd=MHp6Z3JzWXc2T0dmYWp1WU5VZlFFdz09> Meeting ID: 848 2757 9445 Password: Hope (with a capital H) Dial-in by phone +1 669 900 9128, Meeting ID: 848 2757 9445 #, Password: 474763 *Newcomers and all Nar-Anon members are invited!*
- **Saturday, 7:30 PM, Simi Valley** - *Simi Valley Nar-Anon Family Group* will meet via Zoom until further notice. Please contact ipastor.shin@gmail.com for meeting information and updates. *Newcomers are welcome!*