

Minutes

CCR Regional Service Committee

Wednesday, September 2 at 6:00 PM to 7:00 PM PDT
Web-based video conferencing tool

Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	Teri M.	
Treasurer:	Arnie B.	X	Alternate Delegate:	J.T. W.	X

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	<i>position vacant</i>	
Literature	Ruth K.	X	Technology Services	Robert P.	X
Narateen	<i>position vacant</i>				

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) Meeting via Zoom (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/4116144644>

Dial-in Number: (669) 900-6833

Meeting ID: 411 614 4644 #

Password: This meeting room has no password.

- B) Open the meeting with the Serenity Prayer

(6:02 PM) Meeting opened

- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

7 of 8 voting members present.

Quorum is 5 – quorum met.

Additional attendees: Scott C.

- E) Reading of the Twelve Traditions

Read by Ruth

- F) Reading of the Twelve Concepts of Nar-Anon Service

Read by Robert

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM **(6:09 PM)**

- A) Approval of the minutes of previous RSC meeting.

- i) August 5, 2020

Motion to approve the RSC minutes of August 5, 2020 as amended.

First: Janet; Second: Arnie; Yes: 7; No: 0; Abstentions: 0; Motion Passes

3. Adoption of the Agenda

6:10 to 6:15 PM **(6:12 PM)**

- A) Call for new business

None at this time.

- B) Call for order of business

No changes at this time.

- C) Call for consensus on the agenda

Request for consensus to adopt the agenda of September 2, 2020 as presented.

Yes: 7; No: 0; Abstentions: 0; Motion Passes

4. Old Business

6:15 to 6:20 PM (6:12 PM)

- A) Progress on rotation of leadership – Michael

Michael – Les has made contact with the bank. Rotation should take place by our next meeting. Torrie (our Union Bank contact) needs to get hold of Arnie. Arnie will reach back tomorrow. The signature card will be routed by Torrie. Torrie already has the minutes needed to complete the transfer.

John M. from Simi Valley joined the meeting about 6:15 PM.

5. Reports

6:20 to 6:55 PM (6:16 PM)

- A) Chair's Report – Michael F.

6:20 to 6:25 PM (6:16 PM)

Michael – rotation of leadership was the report – nothing more at this time.

Question and comments? None at this time.

- B) Technology Services – Robert P.

6:25 to 6:30 PM (6:16 PM)

Robert – File Storage users guide, and the subcommittee's internal guidelines document is posted on the CCR website for fellowship review.

The big focus is on Zoom. The Sunday Step Study and the Thursday Hollister groups have moved to the shared Zoom account. The documentation on Zoom is about 80% complete. We are looking for other groups to use the regional Zoom account.

Question: should the RSC use the Zoom account or make the license available to the group that meets on Wednesday evenings?

Discussion:

The region should support the groups and their activities as much as possible. Therefore, group use should be prioritized. We purchased a "1 host" license, so it can only be used for one meeting at a time. There are security concerns about letting the email address and password out to members. Zoom has a history of meetings. The TSS is planning to

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schedule the meetings. Someone from the CCR or TSS might need to host the meetings. There is a preference for groups. The RSC has an alternative. The TSS is using Google Meet.

How much more does it cost for multiple concurrent meetings? No answer was given. We could use "Breakout Rooms" to allow for two simultaneous meetings, such as the RSC monthly meeting and a Wednesday evening group.

[Take Back to meeting to promote the use of the Region's Zoom account – send them to the Zoom email account.]

Are we setup for contributions for the Narathon?

Yes. We have numerous tests that have completed payment successfully. The contribution is identified in emails to the SquareSpace admins, the Union Bank online account, and Stripe admins. Scott will setup Arnie and Les to receive these emails. There is a "Memo" field for members to add the names of the groups. This information may need to be distributed to the region. The treasurer should receive an email for each donation. Les should create his own account in Stripe. This should be put in place before the Narathon. Once the rotation has occurred, Arnie and Les will want to be notified. We will start with SquareSpace accounts.

Question and comments? None at this time.

C) Treasurer's Report – Arnie B.

6:30to 6:35 PM (6:32 PM)

Arnie – the starting balance was \$4,632.10, and the ending balance is \$4,077.00.

Arnie asked about a debit card, and the bank had told him debit cards are not available for the type of account the CCR has. Arnie's credit card is on the Zoom account. He would like it to be replaced.

Question and comments? None at this time.

Michael – the Zoom account is Arnie's.

Arnie - the account is registered as the Nar-Anon CCR. There is a separate page for the payment information. The username is a CCR email.

Robert – has access to the Zoom account.

Michael would like to remove Arnie's credit card on this account and suggested the report line item be Group/Individual Donations.

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D) Delegates' Report – Teri M. and J.T. W.

6: 35 to 6:40 PM (6:38 PM)

JT – the information for the WSC is updated on the CCR website. There is nothing to supersede this information. JT has teleconferenced into a couple groups that are not very connected with the region. She has updated them with Narathon information.

Discussion:

What groups? – Camarillo and Gilroy groups are not as connected with the region.

Is there a breakdown in the system? Is there something the RSC can do to improve the communication?

JT – being part of the region takes an effort on the groups' part. JT will follow-up with these groups.

John – just became GSR of the Simi Valley group. John would be surprised to find out there is a GSR from the Camarillo group. John has attended the Camarillo for a couple of years and they never mentioned a GSR service commitment.

It might be important to groups to participate in two-way communication. The GSR position is a vital link in the communication. The delegate might present the benefits of being connected to the region.

It would be great to get email addresses from some members of the Camarillo group.

John offered to help in facilitating communication to the groups.

Question and comments? None at this time.

E) Outreach – Janet S.

6: 40to 6:45 PM (6:48 PM)

Janet – some sad new - in the last month, Karen O., from Santa Barbara, is moving away. She has been a big help. Janet is looking for others to step up. We are fortunate to have Ruth provide insight into the literature committee and Board of Trustees, and what they are looking for at this point regarding feedback for the Outreach Handbook. The Board of Trustees acknowledged receipt of Janet's communication.

Beacon House is the only rehab that is meeting, and these meetings are virtual.

Question and comments? None at this time.

F) Literature – Ruth K.

6: 45to 6:50 PM (6:52 PM)

Ruth – the subcommittee met the past weekend. They talked about whether to switch

from Skype to Zoom. They like Skype and will continue to meet via Skype. Ruth will add any member of Nar-Anon to the meeting. They are continuing their work on the subject of Fear, to help in the development a 4th Step workbook. The WS Literature committee liked what the committee has produced thus far.

During the subcommittee meetings they share a screen and edit and create together.

Michael – we might want to discuss Skype in the future.

Question and comments? None at this time.

G) Conventions / Events – Scott C.

6: 50 to 6:55 PM (6:55 PM)

Scott C. with the 2020 Narathon report – we are all good to go on the Narathon. All of the speakers are lined-up. Scott will confirm and follow-up. Scott would like to send out the MailChimp again as a reminder.

Question and comments? None at this time.

6. New Business

A) None

7. Administration

6:55 to 7:00 PM (6:59 PM)

A) Summary of **Take Back to Meeting** items.

i) **CCR 2020 Virtual Narathon**

Saturday, September 12, 2020

The CCR 2020 Virtual Narathon will be held via Zoom from 9:30 AM to 5:00 PM.

ii) **Current Regional Service Committee Vacancies**

a) Vice Chair

b) Conventions / Events Subcommittee Chair

c) Narateen Subcommittee Chair

iii) **CCR Literature Subcommittee**

Next meeting is on Sunday, September 27 from 8:30 AM to 9:30 AM. The subcommittee meets via Skype. All Nar-Anon members are welcome to join us on Skype for the next

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meeting of the CCR Literature Subcommittee. Please email ruthkellogg@aol.com before the meeting so that you can be added to the Skype call.

iv) **CCR Outreach Subcommittee**

Next meeting is Tuesday, September 22 from 8:00 PM to 9:00 PM. The subcommittee meets via FreeConferenceCall. Please dial 1-515-604-9099 and enter Access code 416-570-783# (URL to join via computer: <https://join.freeconferencecall.com/416-570-783>).

v) **CCR Technology Service Subcommittee**

Next meeting is on Monday, September 21 from 6:00 PM to 7:00 PM. The subcommittee meets via Google Meet. To participate, open <https://meet.google.com/mvz-qpsp-rst> or dial 662-672-2028 and enter the PIN: 426857568. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.

vi) **Shared Regional Zoom Account**

The Central California Region has acquired a shared regional Zoom account that can be used by groups to host online meetings. There is no cost to the group for the use of the Zoom meeting room. If your group is interested in using the shared Zoom meeting room, please contract the region's Technology Services Subcommittee (TSS) at ccrnfgca@gmail.com.

B) **Next RSC Meeting – Wednesday, October 7, 2020 from 6:00 PM to 7:00 PM.**

8. Adjournment

Adjourn at 7:00 PM (7:02 PM)

Motion to adjourn the meeting.

First: Robert; Second: JT; Yes: 7; No: 0; Abstentions: 0; Motion Passes

A) Close the meeting with the Serenity Prayer

Meeting closed at 7:02 PM