

Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	Teri M.	X
Treasurer:	Les P.	X	Alternate Delegate:	J.T. W.	X

Les joined the meeting 6:41 PM

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	<i>position vacant</i>	
Literature	Ruth K.	X	Technology Services	Robert P.	X
Narateen	<i>position vacant</i>				

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) **Meeting via Zoom** (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/4116144644>
Dial-in Number: (669) 900-6833
Meeting ID: 411 614 4644 #

Password: This meeting room has no password.

- B) Open the meeting with the Serenity Prayer

(6:05 PM) Meeting opened

- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

7 of 8 voting members present.

Quorum is 5 – quorum met.

Additional attendees: Arnie B.

- E) Reading of the Twelve Traditions

Read by Michael

- F) Reading of the Twelve Concepts of Nar-Anon Service

Read by Robert

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM **(6:12 PM)**

- A) Approval of the minutes of previous RSC meeting.

- i) September 2, 2020

Motion to approve the RSC minutes of September 2, 2020 as amended.

First: Robert; Second: Janet; Yes: 6; No: 0; Abstentions: 1; Motion Passes

3. Adoption of the Agenda

6:10 to 6:15 PM **(6:19 PM)**

- A) Call for new business

- B) Call for order of business

- C) Call for consensus on the agenda

Motion to adopt the agenda as presented.

First: Robert; Second: Teri; Yes: 7; No: 0; Abstentions: 0; Motion Passes

4. Old Business

6:15 to 6:20 PM (6:20 PM)

- A) Progress on rotation of leadership – Michael

Michael - The new signature card at Union Bank has been completed and Les P. is officially now the Central California Region Treasurer. The terms of all other elected positions start with this milestone, per the *Guide to Regional Services*.

5. Reports

6:20 to 6:55 PM (6:22 PM)

- A) Chair's Report – Michael F.

6:20 to 6:25 PM (6:22 PM)

Michael – shared he is in awe as to the resilience of this region.

- B) Technology Services – Robert P.

6:25 to 6:30 PM (6:22 PM)

See the attached report “Sharing the Central California Regional Video Conference Account”

Robert – the subcommittee helps to organize the business of the region with regard to technology. The subcommittee is looking for permission to post the “Sharing the Central California Regional Video Conference Account” document on the website, so it is accessible to the fellowship. It provides guidance for groups using Zoom.

Michael – since the Assembly has already approved the region’s adoption of Zoom, this does not need to go back to the Assembly for approval.

Motion to accept the “Sharing the Central California Regional Video Conference Account” guidelines document and post on the CCR website.

First: JT; Second: Teri; Yes: 7; No: 0; Abstentions: 0; Motion Passes

Robert – update on Stripe: the Narathon showed it worked very well. The TSS did not hear of any questions or complaints.

The website has been updated to create a separate page for virtual meetings. The “Meeting Updates” page is now available for actual meeting updates when groups decide to move back to in-person meetings.

Michael – what is the focus of the TSS moving forward?

Robert – the TSS will work on cleaning-up a variety of small issues.

JT – we have included CCR video conference reservations on a Google calendar and posted it on the a new “CCR Video Conference Reservations” page on the CCR website at this URL: <https://www.naranoncentralca.org/ccr-video-reservations> The page is under “Member Services.”

(6:27 PM) The RSC took a recess for Scott to contact Les to see if he was available for the meeting.

(6:36 PM) RSC reconvened

Scott reported Les will join soon.

Roll Call

Chair, Michael F.

Secretary, Scott N.

Delegate, Teri M.

Alternate Delegate, J.T. W.

Outreach, Janet S.

Literature, Ruth K.

Technology Services, Robert P.

7 of 8 voting members present.

Michael called the meeting back to order. Moving to item 5D, *Delegates’ Report*, to allow time for Les to join the meeting.

D) Delegates’ Report – Teri M. and J.T. W.

6: 35 to 6:40 PM (6:36 PM)

Teri – Hollister and Camarillo created a single virtual meeting.

JT – all groups (except 1) are active: 16 virtual, 1 physical, & 1 suspended. There are 2 Step Study groups. 5 groups have joined the share regional Zoom account.

E) Outreach – Janet S.

6: 40to 6:45 PM (6:40 PM)

Janet – the subcommittee did not meet in September. Janet is reaching out individually

to each of the subcommittee members. Janet would like input from the RSC both collectively and individually as to what to pursue next.

(6:41 PM) Les joined the meeting

8 of 8 voting members present.

F) Literature – Ruth K.

6: 45to 6:50 PM (6:41 PM)

Ruth – the Literature Subcommittee met on Sunday, September 22. They are working on the subject of “Fear” for the Fourth Step workbook. The subcommittee will probably start wrapping up their writing in the next month or two. The next meeting will be held on Sunday, October 25 at 8:30 AM via Skype. There are 8 committee members. They conduct business if they have at least three members on the call.

G) Conventions / Events – Vacant

6: 50 to 6:55 PM (6:44 PM)

Michael – is there any news of any kind?

Robert – the Western Regions Convention will be held the third Saturday in February. They have mission and vision statements. They are working on a “Save the Date” flyer. They are meeting at 6:00 PM every other Friday. Contact Robert if you would like to join. Michael cannot participate at the bi-weekly meeting time. The URL of the WRCNFG: <https://sites.google.com/nar-anon.org/wrcnfg>

Michael – we will circle back to the Treasurer’s report, item 5C.

C) Treasurer's Report – Les P.

6:30to 6:35 PM (6:47 PM)

Les – looked at the report. He loaded it into Quick Books on his computer. He has reconciled the bank account with the Stripe account.

Arnie – the main standout was the donations from the Narathon (\$1,584.49). It put the treasury into a much healthier position.

Arnie is quarantining for 14 days. He will not get to FedEx or the Post Office Box until the quarantine is over. When he is able, he will send the Treasurer’s supplies, to include a checkbook, to Les.

The region will need to change its mailing address. The next step is to establish a new

P.O. box for the region. Arnie will inform the Monterey P.O. box.

Les – proposed using his own P.O. Box for the CCR. It is a UPS Store.

Arnie – liked to keep a separate P.O. Box to keep his affairs separate from those of the region.

Robert – spoke in favor of Les using a UPS P.O. Box.

Teri – sounds great to her.

Robert – can we use the PO Box for an event posted on the WS website?

Les – there is no problem.

Scott – the website and GRS will have to be updated as well.

Arnie – earlier this week there were some donations received at the Monterey PO Box.

Those will show up on the next statement.

Les – will call Torrie tomorrow to learn about online access.

Michael – the RSC reviews the Treasurer’s report on a monthly basis.

Les – the monthly report is the bank account and transactions.

(7:00 PM) Janet left the meeting

7 of 8 voting members present.

Arnie and Les discussed how Arnie created reports and where to find them on the CCR Google Drive.

New CCR Address:

Nar-Anon Family Groups - CCR

3463 State St. #424

Santa Barbara, CA 93105

Les will continue to work with Arnie to assist with the rotation of leadership.

(7:09 PM) Michael – the committee will move item 7. Administration, as items 5D through 5G were taken out of agenda order and processed earlier in the meeting.

7. Administration

6:55 to 7:00 PM (7:10 PM)

A) Summary of **Take Back to Meeting** items.

i) **Current Regional Service Committee Vacancies**

a) **Vice Chair**

b) **Conventions / Events Subcommittee Chair**

c) **Narateen Subcommittee Chair**

ii) **Narathon Recap**

The Region's remote Narathon was a tremendous success with twice the number of attendees as last year with double the amount of recovery and fun. The Region received approximately \$1,584.00 in much needed donations. Besides supporting Regional activities, funds are also used to support Nar-Anon World Services.

iii) **Zoom Calendar**

iv) **2021 Western Regions Convention**

Planning is underway now for the February 2021 Western Regions Convention of Nar-Anon Family Groups (WRCNFG). Five regions are cooperating on the event - Central California, Southern California, Northern California, Rocky Mountain, and High Desert. We are searching for a member in the Central California Region who can attend the meetings every other Friday at 6:00 p.m. The next meeting is Friday, October 16th. If you would like to help plan the February convention, please send an email to WRCNFG@Nar-Anon.org or contact Robert P at RobertP27March@gmail.com.

v) **CCR Literature Subcommittee**

Next meeting is on Sunday, October 25 from 8:30 AM to 9:30 AM. The subcommittee meets via Skype. All Nar-Anon members are welcome to join us on Skype for the next meeting of the CCR Literature Subcommittee. Please email ruthkellogg@aol.com before the meeting so that you can be added to the Skype call.

vi) **CCR Outreach Subcommittee**

The Outreach Subcommittee is reaching out for comments, questions, ideas, and members to help get the word out and to get more meetings established. Please respond to Chair@NarAnonCentralCA.org or attend next meeting on Tuesday, October 27 from 8:00 PM to 9:00 PM. The subcommittee meets via FreeConferenceCall. Please dial 1-515-604-9099 and enter Access code 416-570-

783#. You may also use this link: <https://join.freeconferencecall.com/416-570-783>.

You may also contact Janet S. at Outreach@CentralCA.org.

vii) **CCR Technology Service Subcommittee**

Next meeting is on Monday, October 19 from 6:00 PM to 7:00 PM. The subcommittee meets via Google Meet. To participate, open

<https://meet.google.com/mvz-qpsp-rst> or dial 662-672-2028 and enter the PIN: 426857568. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.

B) **Next RSC Meeting – Wednesday, November 4, 2020 from 6:00 PM to 7:00 PM.**

8. Adjournment

Adjourn at 7:00 PM (7:14 PM)

Motion to adjourn the meeting.

First: Teri; Second: Robert; Yes: 7; No: 0; Abstentions: 0; Motion Passes

A) Close the meeting with the Serenity Prayer

Meeting closed at 7:14 PM