

Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	Teri M.	X
Treasurer:	Les P.	X	Alternate Delegate:	J.T. W.	X

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	<i>position vacant</i>	
Literature	Ruth K.	X	Technology Services	Robert P.	X
Narateen	<i>position vacant</i>				

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) **Meeting via Zoom** (web-based video conferencing tool)

New Zoom Meeting ID!

Meeting Link: <https://us02web.zoom.us/j/7459777458>
 Dial-in Number: (669) 900-6833
 Meeting ID: 745 977 7458 #
 Password: This meeting room has no password.

- B) Open the meeting with the Serenity Prayer
(6:04 PM) Meeting opened
- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees
- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.
8 of 8 voting members present.
Quorum is 5 – quorum met.
Additional attendees: Arnie B.
- E) Reading of the Twelve Traditions
Read by Michael
- F) Reading of the Twelve Concepts of Nar-Anon Service
Read by Robert

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM

- A) Approval of the minutes of previous RSC meeting.
 - i) October 7, 2020
Motion to approve the RSC minutes of October 7, 2020 as presented.
First: Robert; Second: JT; Yes: 8; No: 0; Abstentions: 0; Motion Passes

3. Adoption of the Agenda

6:10 to 6:15 PM (6:12 PM)

- A) Call for new business
- B) Call for order of business
- C) Call for consensus on the agenda
Call for consensus on the agenda as presented.
Yes: 8; No: 0; Abstentions: 0; Consensus Passes

4. Old Business

- A) None

5. Reports

6:15 to 6:55 PM (6:13 PM)

- A) Chair's Report – Michael F.

6:15 to 6:20 PM (6:13 PM)

Michael – has nothing to report.

- B) Technology Services – Robert P.

6:20 to 6:25 PM (6:14 PM)

Robert – JT is maintaining the meeting list updates. We are no longer maintaining a printed list. Zoom is being used by the RSC and 5 groups. There is an online calendar to sign-up. Stripe is working well. Donations are coming in.

**Michael -the Hollister meeting is virtual. Is the group using the region's Zoom account?
JT – yes.**

Michael – this is an all virtual meeting in our region. It is a new phenomenon.

- C) Treasurer's Report – Les P.

6:25 to 6:30 PM (6:16 PM)

Les – posted the balance sheet and the treasurer's report on the Google drive. The current balance is \$6,364.80. There was one Stripe deposit after that of \$50.

Arnie - said he would work with Les on producing a budget for the region.

Michael – asked about adding the Treasurer's report and balance sheet to the RSC.

Scott – it is difficult to meet Brown Act requirements with the RSC meeting so early in the month. The Treasurer's documents are not available when the agenda packet is posted.

- D) Delegates' Report – Teri M. and J.T. W.

6:30 to 6:35 PM (6:22 PM)

Teri – the Camarillo group has disbanded. Santa Cruz County meeting is going well – still meeting.

JT – has noted a couple of group concerns:

- 1) how to make donations to their own group, and
- 2) keeping anonymity at home during a meeting.

There are two in-person meetings and two purely virtual meetings in the region. One group was suspended, and Camarillo is disbanded.

The CAR will be coming out on December 1. December 31 is the deadline for the regions to notify the WS Conference Committee of the region's intention to send delegates to the 2021 conference.

Janet – wanted to address how to practice anonymity at home at a virtual meeting. At the *Saturday Circle of Hope* meeting they read “anonymity tips” as part of their meeting format. For example, participants are urged to use earbuds or headphones instead of speakers. Janet asked for the verbiage for her own meeting. Janet will share a copy with JT and Teri when she receives it.

Michael – should we post this on the website?

JT – suggested we post on the virtual meetings page?

Robert – should we ask the UK meeting that originated the text? Sharing it at a meeting is one thing, posting it on the website is another. Robert suggested we give them credit.

Add the verbiage to the **[Take Back to Meeting]**.

Robert = posted the document in the Zoom chat.

Michael – asked about group donations to groups.

Les – shared the Santa Barbara group shares a PO box where donations can be shared.

Les is the treasurer and as volunteered his PO box to the cause.

Robert – shared the Wednesday Men's virtual group opened up a PayPal account and posted the donation link on the group website.

Michael – what are group expenses?

Robert – expenses are the Zoom subscription and donations to WSO.

JT – some groups are sending out literature to members, so literature can be an expense too.

Michael – how should we transmit this back to the group? A blurb of some ideas to put into the “Take Back” might be nice. **[Take Back to Meeting]**.

Robert – TSS could create a short document of some things to consider when creating a group PayPal account. Should the TSS craft a paragraph or two?

TSS will take this on as a project.

Michael – can we also mention alternatives to PayPal?

Robert – yes.

Michael – circled back to discussing the 2021 WSC. When do regions have to send notification to the WSC Committee about their intention to participate?

JT – the deadline is posted on the CCR and WS websites – December 31, 2020.

Michael – how do we notify the WS Conference Committee?

Scott - the invitation states, “We will be requesting an updated notification of your attendance at WSC 2021.”

Arnie – share his opinion that the CCR paid for the WSC that was cancelled. The intent of the Assembly was established in the original vote. It would be an undue burden to get the Assembly together prior to December 31.

Michael – will Teri take the lead on this?

Teri – agreed, she will take the lead to find out more information about the 2021 WSC.

JT – we have already tallied the motions with the groups.

Michael – what is the new due date for the motions?

JT – that deadline is something we setup, not the WSC. The information is on the CCR and WS websites.

E) Outreach – Janet S.

6:35 to 6:40 PM (6:35 PM)

i) Next meeting will be in January 2021.

ii) Outreach Subcommittee meeting notes of Tuesday, October 27, 2020, 8:00 pm and the Nar-Anon Offers Hope pamphlet (see attachments).

Janet – the committee notes were not intended for the RSC, but it is okay they were included in the packet. The treatment center panels – Beacon House resumed family panels virtually. The Recovery Center is resuming in-person panels on November 16. The subcommittee has requested to augment the “What is Nar-Anon” page on the CCR website by linking the *Nar-Anon Offers Hope* PDF. This is a request from the Outreach Subcommittee.

There is a non-emergency form to complete on the CCR website. Outreach would like to be more responsive. They are looking for members to share their email or telephone numbers and make them available on the CCR website.

Ruth – shared the Monterey area had a “Hot Line” that was a service commitment. They did not receive a lot of calls, but they did come in from time to time. Ruth would not mind having her email and possibly phone number posted on the CCR

website.

What does the committee think about this?

Teri – felt it would be helpful for newcomers.

Ruth – said most newcomers find meeting through a website: CCR or WS.

JT – there is an abundance of emails coming in asking for help now the Hollister meeting has gone virtual. A direct person to person contact would probably be very useful to offer.

Robert – when the Sunday group went virtual, several emails would come in each day. Some emails would include requests to please call back. Robert has made a couple of phone calls, several lasting more than one hour long. He encourages folks to find a meeting.

Ruth – is willing to give it a try. She wonders how many people want to have personal contact.

Robert – asked if she would consider setting up an email for this or maybe a Google phone that forwards the call?

Michael – can you address this?

Robert – 1) link to the Outreach flyer, work has already started work. 2) he will craft a paragraph explaining the new service – to talk with a member on the phone. It might go on the bottom of the home page.

Ruth - will write something with Janet and then they will send it to Robert and JT for posting on the website.

F) Literature – Ruth K.

6:40 to 6:45 PM (7:00 PM)

Ruth – the subcommittee met on September 25 via Skype and concluded the project on “Fear” for the workbook on the Fourth Step. The WS Literature committee will review and then get back with the subcommittee. Next meeting is on Sunday, November 22 from 8:30 AM to 9:30 AM.

G) Conventions / Events – *Vacant*

6. New Business

A) 2021 Western Regions Convention – Robert

6:45 to 6:55 PM (7:03 PM)

- i) Update and flyer (see attachments).

Michael – asked if we can postpone this item until next time?

Robert – stated he needed someone from the region to participate on the “every other Friday” at 7:00 PM organizational evening. The next meeting is on Friday, November 6. The committee is also looking for a speaker or panel from this region to pick one of the open topics.

Michael – asked if there was anyone at the RSC who would like to represent the region? We will make this a “Take Back.” Delegates should emphasize the “Take Back to Meeting’ when they talk with groups.

Robert will write a blurb for the Take Back to Meeting. [Take Back to Meeting].

(7:00 PM) JT and Janet left the meeting.

6 of 8 voting members present. Quorum met.

7. Administration

6:55 to 7:00 PM (7:06 PM)

- A) Summary of **Take Back to Meeting** items.

- i) **CCR Assembly**

January 23, 2021 from 11:00 AM to 4:00 PM PST.

Meeting Link: <https://us02web.zoom.us/j/7459777458>

Dial-in Number: (669) 900-6833

Meeting ID: 745 977 7458 #

Password: This meeting room has no password.

- ii) **Current Regional Service Committee Vacancies**

a) Vice Chair

b) Conventions / Events Subcommittee Chair

c) Narateen Subcommittee Chair

- iii) **CCR Literature Subcommittee**

Next meeting is on Sunday, November 22 from 8:30 AM to 9:30 AM. The subcommittee meets via Skype. All Nar-Anon members are welcome to join us on Skype for the next meeting of the CCR Literature Subcommittee. Please email ruthkellogg@aol.com before the meeting so that you can be added to the Skype call.

iv) **CCR Outreach Subcommittee**

Next meeting will be pm January 26, 2021 from 8:00 PM to 9:00 PM. The subcommittee meets via FreeConferenceCall. Please dial 1-515-604-9099 and enter Access code 416-570-783#.

v) **CCR Technology Service Subcommittee**

Next meeting is on Monday, November 16 from 6:00 PM to 7:00 PM. The subcommittee meets via Google Meet. To participate, open <https://meet.google.com/mvz-qpsp-rst> or dial 662-672-2028 and enter the PIN: 426857568. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.

vi) **Event Flyers**

vii) **WRC – Robert will about commitments needed**

viii) **UK Meeting – anonymity clause**

ix) **Contributions to group put together by email by TSS**

x) **Target getting this out this weekend.**

xi) **Repeat Outreach Committee blurb from last month**

B) **Next RSC Meeting – Wednesday, December 2, 2020 from 6:00 PM to 7:00 PM.**

8. Adjournment

Adjourn at 7:00 PM (7:09 PM)

Motion to adjourn the meeting.

First: Robert; Second: Teri; Yes: 6; No: 0; Abstentions: 0; Motion Passes

A) Close the meeting with the Serenity Prayer

Meeting closed at 7:10 PM