

Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	Teri M.	X
Treasurer:	Les P.	X	Alternate Delegate:	J.T. W.	X

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	<i>position vacant</i>	
Literature	Ruth K.		Technology Services	Robert P.	X
Narateen	<i>position vacant</i>				

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) Meeting via Zoom (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>
 Dial-in Numbers: (669) 900-6833, (408) 638-0968
 Meeting ID: 745 977 7458 #
 Passcode: This meeting room has no passcode.

- B) Open the meeting with the Serenity Prayer
(6:02 PM) Meeting opened
- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees
- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.
7 of 8 voting members present.
Quorum is 5 – quorum met.
Additional attendees: None
- E) Reading of the *Twelve Traditions*
Read by Teri
- F) Reading of the *Twelve Concepts of Nar-Anon Service*
Read by Robert

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM **(6:08 PM)**

- A) Approval of the minutes of previous RSC meeting.
 - i) January 6, 2021
Motion to approve the RSC minutes of January 6, 2021 as amended.
First: JT; Second: Janet; Yes: 6; No: 0; Abstentions: 1; Motion Passes

3. Adoption of the Agenda

6:10 to 6:15 PM **(6:10 PM)**

- A) Call for new business
 - i) **JT - requested the addition of the following item:**
Proposed Floor motion for the 2021 WSC.
- B) Call for order of business
No change to the order was voiced.

C) Call for consensus on the agenda

Call for consensus on the agenda as amended.

Yes: 7; No: 0; Abstentions: 0; Consensus Passes

4. Old Business

6:15 to 6:25 PM (6:11 PM)

A) 2021 Western Regions Convention – Robert P.

Robert – noted the proposed report to the Western Regions Convention (WRC) from the CCR is part of this agenda packet. The request from the WRC committee was to know if it is okay to post a PDF of the CCR report on the Western Regions Website along with reports from the other five regions participating. This is the report that was previously presented to the Assembly and reviewed by Michael.

(614 PM) Ruth joined the meeting.

8 of 8 voting members present.

Quorum is 5 – quorum met.

Motion the RSC grant permission for the WRC Committee to post a PDF of this report on the WRC website.

First: Robert; Second: Teri; Yes: 8; No: 0; Abstentions: 0; Motion Passes

5. Reports

6:25 to 6:55 PM (6:16 PM)

A) Chair's Report – Michael F.

6:25 to 6:30 PM

Michael – stated that his impressions coming away from the 1/23/21 Assembly was that the goals of the Region are apparently being met. One of the goals of the region is to increase our participation at the World Service level. This is one of the reasons the region was formed. The region seems to be accomplishing this goal. The CCR Literature Subcommittee has been successful at this and the Region is enthusiastically sending a delegate and alternate delegate to the WSC at substantial cost. The other goal is

successful outreach. During this time of crisis, the groups are reaching out to newcomers. Members from all over the world are popping into our region's meetings. We are doing good for being such a small region.

B) Outreach – Janet S.

6:30 to 6:35 PM

Janet – said the subcommittee resumed meeting in January. There are a couple ways they are moving forward. First, they will contact therapists. Second, last fall they started looking at the CCR website. The subcommittee is asking how to be more accessible to newcomers. They posted a Nar-Anon pamphlet for newcomers.

Janet – asked how many messages come through that box in a month?

Scott – answered there appears to be one per month over the past two months. One was a request for a meeting password, and one was a request for connection with a member with an addicted adult son. Scott passed on the request to a qualified member.

Janet – thought about listing an email address to allow members to ask for help. The subcommittee wondered if a web form would work. Not too many people are using it.

Outreach is working with the “Psychology Today” website.

Janet asked if the Outreach@NarAnonCentralCA.org email address can be forwarded to multiple people.

Robert – commented that the email sent from a form can be sent anywhere.

Scott – answered Janet's question, yes, we can forward to multiple recipients and we can send anywhere. Forms are easy to make. Forms obfuscate the email address from spambots.

JT – suggested that since the Hollister Group registered as a virtual meeting, they receive a lot of emails each week inquiring about the group. This is because the group is listed on the WS website as a permanent virtual meeting.

Teri – stated the Outreach Subcommittee meets once a month. This is a virtual meeting, maybe a lot more communications. Maybe it could also be listed on the WS website.

Robert – clarified the listing is only for recovery meetings.

C) Treasurer's Report – Les P.

6:35 to 6:40 PM

Les – reported the bank statement and income. The ending January 2021 balance was \$6,944.35. There have been no expenses in the new budget calendar year. The expected expenses for the year are \$5,066.00.

Michael – commented that we can no longer track donations from groups through Stripe.

Janet – asked if it is possible to add a memo that designates the donation as coming from a specific group.

Robert – clarified that there is a memo field on the contribute item and it comes through on the SquareSpace email, thus we can track donations from groups.

Teri – noted the CCR pays a fee, that is not an expense.

Les – said he reports the money that comes through the transfer. Les will send a receipt to the donor for the total amount donated. The CCR bank account receives less than the donation because Stripe takes out the fees before it transfers the money to the bank account. We never see the full amount contributed.

Michael – said we can still have members pay by mail.

Les – asked how to get this message out?

Michael – said we were putting this in the *Take Back to Meeting*, but maybe it dropped off.

D) Delegates' Report – Teri M. and J.T. W.

6:40 to 6:45 PM

Teri – said we had some extra members who attended the Assembly. Thinking about the WSC, some of the groups have submitted their motions. Some groups communicated they will stick with the tally sheet already submitted.

The meetings that are virtual seem to be getting more newcomers than “traditional” meeting.

The WSC has reached out to Delegates and Alternate Delegates to send the email validation poll. Teri confirmed and verified.

JT – said she was successfully able to participate in the straw poll in February. There are concerns from members regarding the Board of Trustees Bulletin 003. The groups are seeking direction as to what to do and what not to do. The groups are moving forward with what they feel works for them. There seems to be concern in regard to the motions and the tally sheets and the recovery literature priority list. There are some groups participating in the CAR review. The review meetings are open to all members.

Michael – wanted to reiterate the Assembly voted to donate the already paid and remaining fess to the WSO.

E) Technology Services – Robert P.

6:45 to 6:50 PM

Robert – reported the TSS is busy with website updates and broadcast emails (MailChimp). Robert sends email and JT updates the website. The Files Storage Guide and TSS Committee Guidelines documents approved at the last Assembly are posted as Regional Documents on the CCR website.

The *Sunday Step Study* has a page regarding what groups might do in response to the Board of Trustees Bulletin 003. The TSS reviewed and liked this page. The TSS would like to add a copy of that page to the CCR website. The link follows:

<https://sites.google.com/view/nfg-step-study/literature>

This piece focuses on what can be done, not what cannot be done.

The website can be shared across screens, just not CAL.

The next TSS meeting is on February 15. If there are concerns or objections, please let Robert know. The TSS will discuss adding the page to the CCR website at their next meeting.

Michael – asked if there is consensus at this committee at this time?

Motion to post the Literature page from the NFG Step Study on the CCR website.

First: Teri; Second: JT; Yes: 8; No: 0; Abstentions: 0; Motion Passes

F) Literature – Ruth K.

6:50 to 6:55 PM

Ruth – reminded the RSC that the subcommittee is screening submissions for the upcoming daily reader. They are looking for writings of 350 to 500 words. Writings may be submitted until March 1, 2021. These should be writings on the Steps. Writings must be the author's experience, strength, and hope. The subcommittee is gentle to the writing and does not change the intent - spelling and grammar are fixed. They would love to have more submissions. There are already several they will be sending off to the WS Literature Committee.

Michael – asked for ideas about getting the word out?

Robert – reminded the committee it is posted on the CCR website.

Janet – has been surprised that in-person meetings have a variety of announcements.

JT – thinks it is a good idea to get the information out.

Robert – suggested sending an email broadcast. He asked whether it should be sent to the MailChimp list or to the Delegates’ list. Delegates should encourage members to join the email list. We could try to make a flyer.

Teri – a flyer could be attached to an email list. Send the email to the group contact where there is no GSR.

Robert – reminded the committee the flyer is already posted on the website.

JT – does not believe there needs to be another flyer. Maybe put it on the Events page on the CCR website.

Michael – asked why are there two email lists?

Robert – explained the MailChimp list is voluntary. Robert offered to export a list of MailChimp subscribers and send to the Delegates. They could then ask the member via email if they would like to be put onto the MailChimp list.

Delegates agreed to review the lists.

Teri – proposed to send the flyer to the list.

Robert – said there is about 70 recipients on our list and feels we are doing more than other regions as far as communications via email.

G) Conventions / Events – *Vacant*

Michael – commented that we need to get out the word that we need help with the Narathon.

Motion to extend the meeting to 7:25 PM

First: Michael; Second: Teri; Yes: 8; No: 0; Abstentions: 0; Motion Passes

6. New Business

A) New Item

(see the Floor Motion document attached to these minutes)

Proposed Floor motion for the 2021 WSC.

Robert – explained a multi-regional floor motion committee was formed to create motions for the World Service Conference. At the last CCR Assembly, the Assembly voted in favor to authorize the Delegate and Alternate Delegate to approve appropriately worded motions related to permitting screen sharing of purchased copies of electronic versions of Conference Approved Literature as appropriately conditioned

to protect Nar-Anon copyrights.

There is a floor motion that is ready to go. We could call a special assembly to vote on these motions.

The Northern California Region will carry two of the motions. Motions must come from the meetings.

Robert read out the substance of the floor motion.

Robert was looking for feedback and is asking for consideration for posting this on the CCR website to be able to share with as many members as possible. He suggested we might do a MailChimp broadcast.

A second floor motion for the WSC is expected next week.

Robert will work with the delegate and alternate delegate to come up with verbiage for the Take Back to Meeting for February.

Teri – was looking to clarify, indicated we are letting members know this is not really open to modification. We are not looking for amendments.

(7:13 PM) Janet left the meeting.

7 of 8 voting members present.

Quorum is 5 – quorum met.

Robert – said we are looking for confirmation from the groups they like this approach.

Michael – made the point the delegates have already been delegated the autonomy to vote their conscience at the WSC on this.

Robert – hopes to have a second floor motion by next Wednesday.

Motion for the CCR to send a separate MailChimp later this month with such floor motions that are ready at the time for the groups to consider.

First: Robert; Second: JT; Yes: 7; No: 0; Abstentions: 0; Motion Passes

Robert - asked regarding the Assembly motions, if Scott does not have the Assembly motions ready for the Take Back to Meeting this weekend, would Teri be okay with sending the Assembly motions out with the floor motions next week?

Teri – indicated she is okay with this approach.

7. Administration

6:55 to 7:00 PM (7:21 PM)

Scott – suggested not to use the following list of Take Back to Meeting items because it is older than the Take Back to Meeting that was developed for the January Assembly.

Michael – accepted the suggestion and it was the consensus of the committee to use the Take Back to Meeting items from the assembly and add the ones indicated at this CCR meeting.

A) ~~Summary of **Take Back to Meeting** items.~~

~~i) **Current Regional Service Committee Vacancies**~~

~~a) Vice Chair~~

~~b) Conventions / Events Subcommittee Chair~~

~~c) Narateen Subcommittee Chair~~

~~ii) **CCR Literature Subcommittee**~~

~~Next meeting is on Sunday, February 28 from 8:30 AM to 9:30 AM. The subcommittee meets via Skype. All Nar-Anon members are welcome to join us on Skype for the next meeting of the CCR Literature Subcommittee. Please email ruthkellogg@aol.com before the meeting so that you can be added to the Skype call.~~

~~iii) **CCR Outreach Subcommittee**~~

~~The Outreach Subcommittee is reaching open to all members. Please respond to Chair@NarAnonCentralCA.org or attend next meeting on Tuesday, February 23, 2021 from 8:00 PM to 9:00 PM. The subcommittee meets via FreeConferenceCall. Please dial 1-515-604-9099 and enter Access code 416-570-783#. You may also use this link: <https://join.freeconferencecall.com/416-570-783>. You may also contact Janet S. at Outreach@CentralCA.org.~~

~~iv) **CCR Technology Service Subcommittee**~~

~~Next meeting is on Monday, February 15 from 6:00 PM to 7:00 PM. The subcommittee meets via Google Meet. To participate, open <https://meet.google.com/mvz-qpsp-rst> or dial (662) 672-2028 and enter the PIN: 426857568. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.~~

~~v) **Event Flyers**~~

B) Next RSC Meeting – Wednesday, March 3, 2021 from 6:00 PM to 7:00 PM.

8. Adjournment

Adjourn at 7:00 PM (7:22 PM)

Motion to adjourn the meeting.

First: Teri; Second: JT; Yes: 7; No: 0; Abstentions: 0; Motion Passes

A) Close the meeting with the Serenity Prayer

Meeting closed at 7:23 PM