

# Agenda

## CCR Assembly

Saturday, July 24, 2021, from 11:00 AM to 4:00 PM PDT  
Web-based video conferencing tool

### RSC Officers and Delegates in Attendance

Chair:	Michael F.	Secretary:	Scott N.
Vice Chair:	<i>position vacant</i>	Delegate:	J.T. W.
Treasurer:	Les P.	Alternate Delegate:	<i>position vacant</i>

### Groups Represented

Group	GSR Name	Group	GSR Name
*Atascadero, Tuesday <sup>(131-033)</sup>		*Salinas, Thursday <sup>(131-030)</sup>	
Atascadero, Friday <sup>(131-034)</sup>		*Santa Barbara, Friday <sup>(131-066)</sup>	
*Carmel, Wednesday <sup>(131-075)</sup>		*Santa Cruz, Sunday <sup>(131-024)</sup>	
Gilroy, Wednesday <sup>(131-009)</sup>		*Scotts Valley, Friday <sup>(131-025)</sup>	
Los Gatos, Sunday <sup>(131-011)</sup>		*Seaside, Monday <sup>(131-031)</sup>	
*Los Gatos, Thursday <sup>(131-010)</sup>		*Simi Valley, Saturday <sup>(131-068)</sup>	
Monterey, Tuesday <sup>(131-028)</sup>		*NFG Step Study, Sunday <sup>(131-117)</sup>	
*Monterey, Saturday <sup>(131-029)</sup>		* Winds of Change, Thursday <sup>(131-138)</sup>	
*Salinas, Monday <sup>(131-130)</sup>			

\* Indicates a registered group. Groups may register at any time with the CCR Secretary ([Secretary@NarAnonCentralCA.org](mailto:Secretary@NarAnonCentralCA.org)).

### Subcommittee Chairs in Attendance

Subcommittee	Chair Present	Subcommittee	Chair Present
Conventions / Events	<i>position vacant</i>	Outreach	Janet S.
Literature	Ruth K.	Technology Services	Robert P.
Narateen	<i>position vacant</i>		

### Quorum Summary

Total Groups	Registered Groups	Current Quorum
17		

### Agenda Summary

1. Call to Order, Prayer, Roll Call, and Readings..... 2

# Agenda

## CCR Assembly

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Web-based video conferencing tool

2. Adoption of Minutes of Previous Assembly .....	2
3. Adoption of the Agenda .....	3
4. RSC Reports .....	3
5. Lunch Recess .....	3
6. Reconvene .....	3
7. Group Reports .....	3
8. Subcommittee Reports.....	4
9. New Business .....	4
10. Administration .....	4
11. Adjournment.....	5

## 1. Call to Order, Prayer, Roll Call, and Readings

11:00 AM to 11:15 AM

A) Resolve connection issues

### Zoom Meeting Connection Information

Meeting Link: <https://us02web.zoom.us/j/7459777458>

Dial-in Numbers: (669) 900-6833, (408) 638-0968

Meeting ID: 745 977 7458 #

Passcode: This meeting room has no passcode.

B) Open the meeting with the Serenity Prayer.

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, GSRs, and other attendees.

D) Announce number of voting members – Secretary.

i) \_\_\_\_\_ groups present out of a \_\_\_\_\_ registered groups.

ii) Quorum (51%) = \_\_\_\_\_ of \_\_\_\_\_ registered groups.

E) Reading of the *Twelve Traditions*.

F) Reading of the *Twelve Concepts of Nar-Anon Service*.

## 2. Adoption of Minutes of Previous Assembly

11:15 AM to 11:20 AM

- A) A motion is requested to approve minutes for the assembly of January 23, 2021.  
*See the Draft Minutes of Previous Assembly section of this packet.*

### 3. Adoption of the Agenda

*11:20 to 11:25 PM*

- A) Call for new business.
- B) Call for order of business.
- C) Call for consensus on the agenda.

### 4. RSC Reports

*11:25 AM to 12:00 PM*

- A) Chair Report – Michael F.  
*See Regional Chair's Report section of this packet.*
- B) Treasurer – Les P.  
*See Regional Treasurer's Report section of this packet.*
- C) Delegate – J.T. W.  
*See Delegates Report section of this packet.*

### 5. Lunch Recess

*12:00 PM to 12:30 PM*

### 6. Reconvene

*12:30 PM to 12:45 PM*

- A) Roll Call

### 7. Group Reports

*12:45 PM to 2:00 PM*

A) Group Reports – GSRs

*See Group Reports section of this packet.*

- i) Topic for GSRs - What negative and positive impacts has the COVID-19 crisis had on your group?

## 8. Subcommittee Reports

*2:00 PM to 3:00 PM*

A) Conventions / Events

*There is no Conventions/ Events Report in packet due to lack of a Subcommittee.*

B) Literature – Ruth K.

*See Subcommittee Report section of this packet.*

C) Outreach – Janet S.

*See Subcommittee Report section of this packet.*

D) Technology Services – Robert P.

*See Subcommittee Report section of this packet.*

## 9. New Business

*3:00 PM to 3:50 PM*

A) Interim Delegate until the next Regional Service Election Assembly.

*See the Interim Delegate section of this packet.*

B) 2022 Budget Discussion and Adoption.

*See the Proposed Regional Budget in the Regional Treasurer's Report section of this packet.*

C) 2021 Narathon.

D) Discussion to hold a CCR Convention in conjunction with Monterey Area NA to be held in 2023.

## 10. Administration

*3:50 PM to 4:00 PM*

A) Next Assembly.



- i) January 2022, somewhere (or virtual), at some time.
- B) Take Back to Meeting Information and Announcements.
  - i) Decide which items should be brought back to meeting by GSRs.

## 11. Adjournment

*4:00 PM*

- A) Close the assembly with the Serenity Prayer.

Draft  
Assembly  
Minutes

# Minutes

## CCR Assembly

Saturday, January 23, 2021 from 11:00 AM to 4:00 PM PST  
Web-based video conferencing tool

### RSC Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	Teri M.	X
Treasurer:	Les P.	X	Alternate Delegate:	J.T. W.	X

### Groups Represented

Group	GSR Name	Group	GSR Name
Atascadero, Tuesday <sup>(131-033)</sup>	Larry B. - GSR	Salinas, Monday <sup>(131-130)</sup>	Janet S. - GSR
Atascadero, Friday <sup>(131-034)</sup>		Salinas, Thursday <sup>(131-030)</sup>	
Carmel, Wednesday <sup>(131-075)</sup>	Mary Lynn P. - GSR	Santa Barbara, Friday <sup>(131-066)</sup>	Scott C. - GSR
Gilroy, Wednesday <sup>(131-009)</sup>		Santa Cruz, Sunday <sup>(131-024)</sup>	Carole S. - GSR
Hollister, Thursdays <sup>(131-138)</sup>	JT W. - SGSR	Scotts Valley, Friday <sup>(131-025)</sup>	Rona R. - SGSR
Los Gatos, Sunday <sup>(131-011)</sup>		Seaside, Monday <sup>(131-031)</sup>	
Los Gatos, Thursday <sup>(131-010)</sup>	Pat F. - GSR	Simi Valley, Saturday <sup>(131-068)</sup>	
Monterey, Tuesday <sup>(131-028)</sup>		Virtual, Sunday <sup>(131-117)</sup>	Robert P. - GSR
Monterey, Saturday <sup>(131-029)</sup>	Mary M. - GSR		

### Subcommittee Chairs in Attendance

Subcommittee	Chair Present	Subcommittee	Chair Present
Outreach	Janet S. X	Conventions / Events	<i>position vacant</i>
Literature	Ruth K. X	Technology Services	Robert P. X
Narateen	<i>position vacant</i>		

### Quorum Summary

Total Groups	Registered Groups	Current Quorum
17	10	6

## Agenda Summary

1. Call to Order, Prayer, Roll Call, and Readings.....	2
2. Adoption of Minutes of Previous Assembly .....	3
3. RSC Reports .....	4
4. Group Reports .....	6
5. Lunch Recess .....	10
6. Reconvene .....	10
7. Subcommittee Reports.....	11
8. New Business .....	17
9. Administration .....	23
10. Adjournment .....	24

## 1. Call to Order, Prayer, Roll Call, and Readings

11:00 AM to 11:15 AM

### A) **Meeting via Zoom** (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>

Dial-in Number: (669) 900-6833

Meeting ID: 745 977 7458 #

Password: This meeting room has no password.

### B) Open the meeting with the Serenity Prayer

**(11:12 AM) The meeting opened with the Serenity Prayer.**

### C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, GSRs, and other attendees

#### **RSC Officers:**

**Michael F.: Chair - Present**

**Les P.: Treasurer - Present**

**Scott N.: Secretary - Present**

**Teri M.: Delegate - Present**

**J.T. W.: Alternate Delegate - Present**

**Janet S.: Outreach Subcommittee Chair – Present**

**Ruth K.: Literature Subcommittee - Present**

**Robert P.: Technology Service Subcommittee Chair – Present**

**GSRs:**

**Larry B. - GSR Atascadero, Tuesday - Present**

**Mary Lynn P. - GSR Carmel, Wednesday - Present**

**JT W. - SGSR Hollister, Thursday - Present**

**Pat F. – GSR Los Gatos, Thursday - Present**

**Mary M. – GSR Monterey, Saturday - Present**

**Janet S. - GSR Salinas, Monday – Present**

**Scott C. - GSR Santa Barbara, Friday - Present**

**Carole S. – GSR Santa Cruz, Sunday – Present**

**Rona R. - SGSR Scotts Valley, Friday - Present**

**Robert P. - GSR Virtual, Sunday – Present**

**Key:**

**GSR = Group Service Representative**

**AGSR = Alternate GSR**

**SGSR = Substitute GSR**

D) Announce number of voting members – Chair or Secretary

i) **10 groups present out of 10 registered groups.**

ii) **Quorum (51%) = 6 of 10 registered groups.**

E) Reading of the *Twelve Traditions*

**(11:18 AM) Read by Teri**

F) Reading of the *Twelve Concepts of Nar-Anon Service*

**(11:20 AM) Read by Rona**

## 2. Adoption of Minutes of Previous Assembly

*11:15 AM to 11:20 AM* **(11:22 AM)**

A) A motion is requested to approve minutes for the assembly of August 1, 2020.

*See the Draft Minutes of the Previous Assembly section of this packet*

**Motion to approve the minutes for the Assembly of August 1, 2020 as presented.**

**First: Robert P.; Second: Scott C.; Yes: 10; No: 0; Abstentions: 0; Motion Passes**

### 3. RSC Reports

11:20 AM to 11:45 AM (11:23 AM)

A) Chair Report – Michael F.

See the *Chair's Report* section of this packet (page 42 in the Assembly Agenda Packet)

**Michael – read his written report.**

**There were no questions or comments.**

B) Treasurer – Les P.

See the *Treasurer's Report* section of this packet (page 45 in the Assembly Agenda Packet)

**Les – the actual cash on hand from the 2019 rollover was \$4,526.59. \$1,910.17 was the actual expenses for the year.**

**There were no questions or comments on the 2020 report.**

**Proposed 2021 budget (page 45 in the Assembly Agenda Packet)**

**Les wants to revisit the “Delegate WSC expense (equalized expense and incidentals)” and “Alternate Delegate WSC expense (equalized expense and incidentals)” line items.**

**Michael – we will continue on from this report and address the adoption of the agenda in the New Business item 8.**

**Scott C. - would like to reverse items 8. A and B as we first need to carry over the funds and then adopt the budget.**

**Les and Michael are okay with this change. There was consensus to support this change.**

C) Delegates – Teri M.

See the *Delegate's Report* section of this packet (page 49 in the Assembly Agenda Packet)

Review and discuss *Board of Trustee's Memo of 11/11/20* (see attachments).

**Teri – thanked JT, the Alternate Delegate, for the help with creating this report. Teri read the Delegate's written report.**

**Scott C. – wanted to know if the funds paid by the region to the WSO were available to be returned.**

**Robert – the money collected for the WSC is kept in a separate fund and are available to be returned. Robert's understanding was that there was nothing spent from the WSC fund on the 2020 conference.**

**Michael – in the memo, the Board of Trustees indicated no money has been spent for the 2020 conference. There is a cost of \$350 per Delegate for the 2021 conference.**

**JT – opened for discussion the memo from the Board of Trustees (Board of Trustees**

Bulletin 003 on page 51) about shared screens and CAL. Ultimately, groups are not to be screen sharing any conference approved literature (CAL). Groups may find a benefit in screen sharing CAL. There is a multi-regional group that has been created by members to put together floor motions to allow the screen sharing of CAL. JT asked for a motion from the region to direct the delegates to vote to open CAL to screen sharing.

Michael suggested this motion be handled as part of new business.

JT – the CCR website, WSC page has all the information we are discussing.

<https://www.naranoncentralca.org/member-services/conference>

Mary – asked if this discussion is around new motions the groups have not been privy to yet.

JT – explained the “screen-sharing CAL group” meets on Wednesdays at 5:00 PM. The group is creating floor motions for the 2021 WSC. Approved floor motions created a the 2021 WSC will be sent to the fellowship for review and processing at the 2023 WSC.

Scott C. – remarked the Board of Trustees is worried about screen sharing. It is Scott’s opinion that a third-party screen share does not violate the copyright protections. The groups are at the top of the service structure and therefore should not be told by the Board of Trustees what to do. Scott stressed we need to ensure the groups work in a legal manner.

Michael – remarked that if we found out someone outside the fellowship was using copyrighted literature, and WSO did not do anything about, the WSO might risk endangering the WSO copyright. Michael noted there is an exception to literature that can be photocopied, and it is okay to use 25% of any piece of literature or section of literature.

Carole – wanted to clarify that recovery literature cannot be screen shared.

Robert – explained that was in fact true. Members can photocopy, but not put on a website or screen share.

Teri – has hope in the possibility of creating floor motions for the 2021 WSC that will address this issue.

Rona – is looking forward that a solution comes out of the WSC. Even if there is an electronic book that can be purchased, some members may not be able to purchase. This may be an opportunity for WSO to share assets on a web page. These WSO might create a website that would provide CAL to groups for use.

Les – asked how a region sends a delegate to a virtual assembly?

**Robert** – explained it will be a Zoom meeting. Delegate and Alternate Delegates will be designated as panelists. Any Nar-Anon member who wants to observe can listen to the conference at no charge.

**Teri** – the cost is \$350 per participant. She does not know what the money is to be used for. Hopefully, WSO and the WSC will come up with an expense report.

**Robert** – explained that expenses are a Zoom webinar license, new cabling at the WSO to accommodate the network traffic associated with Zoom videoconferences, and some members will still need to fly in to be in-person at the WSO. The WSO and the WSC Committee did a detailed analysis to come up with the cost and then applied the equalized expense formula to arrive at the cost per attendee. The WSC Committee has not in the past provided a detail of expenses. WSO computes the equalized expense by adding all expenses and then dividing it among the delegates in attendance.

**JT** – noted the deadline to register as an observer is March 31, 2021. The information is on the CCR website.

**Michael asked if we should do Group Report before or after lunch. The consensus was to move directly into Group Reports.**

## 4. Group Reports

11:45 AM to 12:30 PM (12:15 PM)

### A) Group Reports – GSRs

*See Group Reports section of this packet (Group Reports start on page 55 of the Assembly Agenda Packet)*

i) Topic to be determined by the assembly with further discussions.

#### **Virtual, Sunday (131-117)**

**Robert P.** – GSR – the group is permanently virtual. They have attendees from around the world - 30 attendees on a typical meeting. They work through the Nar-Anon 36.

Members are referred to the WSO web store to obtain their own hard copy. Members who own a copy of the book, read during the meeting. The members who stick with the meeting, usually buy their own books. They do not screen share. Generally, the group gets to Step Seven in a year, and starts over with Step One every January.



### **Hollister, Thursdays (131-138)**

**JT W. – SGSR – the group is permanently virtual. The core group has increased to about 20 members. There is no screen sharing. They use the SESH for their readings. All literature inquiries are directed to the WSO web store. The meeting information email box has an autoreply that has a lot of information about Nar-Anon and the meeting itself. The group has been willing to go through the CAR. The group is registered with the WSO as a virtual group. Members are directed to donate to the WSO if they feel called to it. The group is using the regional Zoom platform, which is free for groups to use.**

### **Monterey, Saturday (131-029)**

**Mary M. – GSR – started virtual meetings in March 2020. There are usually about 20 members in attendance. They continue to pay rent to the church where they used to meet in person. The group is struggling with that obligation. Members send donations to the group treasurer by USPS. They also refer members to the region and WSO to contribute online. The group is interested in learning about Seventh Tradition practices. The group hosted a speaker from another country today (1/23/2021).**

### **Salinas, Monday (131-130)**

**Janet S. – GSR – the group meets via FreeConferenceCall. The group agreed to deplete their prudent reserve and GSR funds to send as a donation to the WSO. The group is taking it a day at a time regarding paying rent when the group transitions back to in-person meetings. The secretary script encourages members to donate to the region and WSO.**

### **Santa Cruz, Sunday (131-024)**

**Carole S. – GSR – moved to a Zoom format in March 2020. There are 9 to 14 members with about 7 regulars. There have been a fair number of newcomers. They usually use the SESH for meeting readings. They have been screen sharing CAL. That part has been successful. Carole has mailed out literature and allowed members to pick it up on her porch. The group has not made donations to WSO or the region in the past 6 months. The links to the donate buttons on the CCR and WSO websites are included in weekly emails sent to group members. An email invitation to join the meeting is sent out weekly. There is about \$308 in the treasury. This is used to purchase literature for group**

members. The group is discussing the idea of hosting a hybrid meeting when in-person meetings are again possible.

### Scotts Valley, Friday (131-025)

Rona R. – SGSR – the meeting runs about 1.5 hours. The topic of the meeting is sent out in the invitation email. There are 7 to 10 regulars plus visitors from around the country. Donations are encouraged at the end of the meeting. The group has hosted several NA speakers who were invited to share their story with the group.

### Simi Valley, Saturday (131-068)

Michael - read the written report from John M. (page 63 of the Assembly Agenda Packet)

### Los Gatos, Thursday (131-010)

Pat F. – GSR – read her report (see below). (the report is not included in the Assembly Agenda Packet)

Status report, January 2021

### California Central Region

#### Vision of Hope

#### Los Gatos

Thursdays 7:30 pm to 8:30 pm

Our group is continuing to meet via Zoom and phone-in and has done so since March 2020 every week and even on Thanksgiving and Christmas Eve. We are not able to avail ourselves of the Central Region's Zoom account as another meeting is at the same time. Therefore, one of our regular attendees graciously offered to pay for a Zoom account under his name so that we might be able to continue to hold these meetings for the foreseeable future.

We generally have anywhere from 15 to 20 members at each meeting. We have welcomed newcomers from other parts of California as well as other states. Most of our regular members from years past have joined us fairly regularly, although that has fallen off a little as the shutdown has continued. Most of these members say that they would be more likely to attend if the meetings were in person, as they enjoyed the after - meeting period as much as the meeting itself. We leave the meeting open for 30 minutes

after the meeting closes in case there are any questions people would like to get feedback on.

Rotation of secretary continues to be a problem. There are about five different members who have volunteered in the past to be secretary, but most of the time, we only have three who would be willing to secretary more than once. We have a signup sheet on google docs and we try to encourage members every week to volunteer for the following week.

A committee early in the lockdown revised the secretary's guide to the meeting to reflect the easiest way to handle the readings and introduction of persons attending each week. We now ask the persons in the meeting to mute their device unless they are doing a reading or have something to share. The secretary reads the serenity prayer and twelve steps alone, whereas we all did it as a group in our in-person meeting. The secretary reads out the names of the people, as we can read them on Zoom, or the phone numbers of people who have phoned in. Each person comes off mute to say hello when their name is called. The secretary assigns our regular readings at the beginning of the meeting to those willing to read them. The closing prayer is said by all off mute.

Two of our members wish to contribute to the new daily reader, and I have forwarded them information on how to do that.

We had an online group conscience after one of the meetings to continue our tradition of having a NA or AA speaker in recovery on the last Thursday of every month. Those are the days that we have the most people join the meeting and those at the business meeting felt that these speakers were the most helpful to them.

I have made announcements from the "Take Back to Meetings" from the Central Region. Some of our members have joined the many Zoom events that are happening.

**Pat F., GSR**

**Carmel, Wednesday (131-075)**

**Mary Lynn P. – GSR – went to virtual meetings in March 2020. There was an opportunity to meet in person for about 5 weeks in the Fall of 2020. There are 4 different secretaries, and they share and rotate the commitment. There are about 6 core members and there**

are usually about 10 in attendance. There have been several members from overseas. They just celebrated the group's 7-year anniversary.

**Question – do we need to stop using CAL screen sharing today?**

**Teri – answered yes, we should honor the Board of Trustees' memo.**

**Atascadero, Tuesday (131-033)**

**Larry B. - GSR – Zoom is working extremely well. The group is supportive and kind. There are 7 to 10 members each meeting. There are different formats (studies) for each week of the month. They are meeting via Zoom. It is stable and working for our members. Dislikes: Members are missing the personal touch and not having access to literature. There is no time for working one-to-one after the meeting. Tradition 7 is difficult. Likes: Convenient and relaxing. There is no driving - time and environment. It is extremely easy to attend meetings after work.**

**Santa Barbara, Friday (131-066)**

**Scott C. – GSR – has between 4 and 15 members per meeting in attendance. The group added to the format that newcomers may ask questions after the meeting. The group does not have plan to go back to meeting in-person at this time but does have a prudent reserve to go back to in-person meetings when that becomes appropriate.**

## 5. Lunch Recess

*12:30 PM to 1:00 PM - (30 minutes)*

**(12:54 PM)**

**Consensus to recess for lunch until 1:25 PM.**

## 6. Reconvene

*1:00 PM to 1:10 PM*

**A) Roll Call**

**(1:28 PM)**

**Roll call by Scott N.**

**RSC Officers:**

**Michael F.: Chair - Present**

**Les P.: Treasurer – Not Present**

**Scott N.: Secretary - Present**

**Teri M.: Delegate - Present**

**J.T. W.: Alternate Delegate - Present**

**Janet S.: Outreach Subcommittee Chair – Present**

**Ruth K.: Literature Subcommittee - Present**

**Robert P.: Technology Service Subcommittee Chair – Present**

**GSRs:**

**Larry B. - GSR Atascadero, Tuesday - Present**

**Mary Lynn P. - GSR Carmel, Wednesday - Present**

**JT W. - SGSR Hollister, Thursday - Present**

**Craig H. – GSR Los Gatos, Thursday - Present**

**Mary M. – GSR Monterey, Saturday - Present**

**Janet S. - GSR Salinas, Monday – Present**

**Scott C. - GSR Santa Barbara, Friday - Present**

**Carole S. – GSR Santa Cruz, Sunday – Present**

**Rona R. - SGSR Scotts Valley, Friday – Present**

**Robert P. - GSR Virtual, Sunday – Present**

**Key:**

**GSR = Group Service Representative**

**AGSR = Alternate GSR**

**SGSR = Substitute GSR**

**10 groups present out of 10 registered groups.**

**Quorum (51%) = 6 of 10 registered groups.**

## 7. Subcommittee Reports

*1:10 PM to 2:00 PM (1:31 PM)*

A) Outreach – Janet S.

*See Subcommittee Reports section of this packet*

**Janet – the committee is not expecting in-person outreach through most of 2021.**

**Beacon House in Pacific Grove has closed. That was a monthly panel. Outreach will be**

conducted by mail, email, and person to person. There are no new ideas on topics for outreach. All members are welcome to join the subcommittee.

### Questions:

**Scott C.** – asked why we have \$500 in conventions in the budget?

**Janet** – answered that the Monterey NA convention is the reason for that budget item. The room rental cost has been increased and NA will that cost on to Nar-Anon.

**Mary** – said the room for the Monterey convention will be about \$1,000 to participate in 2022.

**Michael** – explained the line item is to carry-over to allow us to have \$1,000 for the conventions.

**Craig** – asked what the current approach for outreach to the region is?

**Janet** – explained the message is carried to people who don't know we exist. The subcommittee works with local drug and alcohol rehabilitation centers, free bulletin boards in physical locations, listing with county 211 services, free online groups, and one to one outreach. They sometimes email outreach literature to local television and radio stations. The World Service Outreach Committee hosts quarterly roundtables. They discuss the difference between carrying the message and promotion. They want to make it easy to find Nar-Anon.

**(1:43 PM) Les joined the meeting.**

### B) Literature – Ruth K.

*See Subcommittee Reports section of this packet*

**Ruth** – the CCR Literature Subcommittee has been working on the subject of “fear.” This project was completed based on the sharing of the members of the subcommittee. Now they are working to develop a new daily reader. There is information on the CCR website (<https://www.naranoncentralca.org/member-services/literature>). The subcommittee is looking for writings on the Twelve Steps. Any Nar-Anon member is invited to submit a writing. There is a release form that must be signed in order for the writings to be used. March 1, 2021 is the deadline for submissions. Submissions should be 350 to 500 words, with no quotations from other sources. There are seven members in the subcommittee, and all are welcome to join. Contact Ruth ([ruthkellogg@aol.com](mailto:ruthkellogg@aol.com)) so you can be added to the Skype call.

C) Conventions / Events - *Vacant*

*See Subcommittee Reports section of this packet*

**Michael** – made the point we need to recognize we need a Narathon. Michael asked if the Assembly wants to have a Narathon either in the first or second half of 2021.

**Scott** – asked why Conventions has \$500 and Events has \$0 in the proposed budget. Budget for the Narathon usually comes from the Events line item.

**Michael** – said the logic in the proposed budget is since the Narathon will be virtual, there are no costs.

**Scott N.** – noted the Zoom account is already paid for, so there are no expenses.

**Craig** – asked when the next assembly is and when is the Narathon typically scheduled?

**Michael** – answered that we have two assemblies per year – January and July. Last year the Narathon was held in September.

**Scott C.** – affirmed if the Assembly is in July, the Narathon could be held in September.

**Michael** – the virtual aspect of the Narathon makes it easier to schedule and hold than in a physical location.

**Michael** – asked if there was anyone interested in being the Narathon coordinator. No one was, so he asked if the Assembly wanted to address the Narathon at the next Assembly.

**Consensus to address the Narathon at the next Assembly.**

**Scott C.** – stated this is a recovery event and a fundraiser. The last Narathon was a success. This is a part of our mission. Scott urged we think about it.

**Robert** – asked if we want to emphasize that we are searching for someone to volunteer to start planning for this.

**Scott N.** – said we could put it in the Take Back to Meeting.

**[Take Back to Meeting]**

B) Technology Services – Robert P.

*See Subcommittee Reports section of this packet (page 72 of the Assembly Agenda Packet)*

**Robert** – stated the subcommittee maintains the CCR website, calendar (Google), and online events posting. The TSS also maintains the online payment system (Stripe).

The TSS has produced a document on sharing the CCR Zoom account and the broadcast email system (MailChimp). The system is available to groups to get their message out to the 68 list members.

**Robert** – opened discussion on the “CCR Users Guide to File Storage” document (page

73 of the Assembly Agenda Packet).

The TSS is using this guide right now. The TSS would like the assembly to approve or amend the document.

Michael – stated that in using it as a draft, we get to see it in action.

Robert – explained the TSS has been using the document for over one year.

Amendments have been made based on experience. The TSS feels the document was completed in December 2019. There have been no modifications made to the document since that time. The TSS, Regional Secretary, and Regional Treasurer are all using the file system. The system is not open to members in general, but RSC members and subcommittees. There has been no feedback from GSRs or Subcommittee chairs. The TSS proposed to the RSC to bring the document to the assembly to adopt as a regional document.

Rona – asked was a survey been given out?

Robert – explained the document has been sent out several times to the fellowship for review. It is a technical document not subject to a survey format.

Les – asked if the discussion on this document was regarding the Google drive?

Robert – answered, yes.

Les – said he thinks the Google Drive is great.

Robert – explained the system was not setup with Groups in mind. There is no cost for the Drive. It is obtained through the WSO at no cost.

Several members spoke on behalf of the Drive and the document.

**Motion to adopt the “CCR Users’ Guide to File Storage” as a regional document.**

**First: Robert; Second: Janet; Yes: 10; No: 0; Abstentions: 0; Motion Passes**

Robert – opened for discussion the “TSS Internal Guidelines” document (page 82 of the Assembly Agenda Packet).

This was brought to the Assembly in August of 2020 for review and approval and postponed. This document reflects how the TSS is currently doing business.

Michael – noted no other subcommittees have guidelines.

Robert – replied the TSS believes it is helpful to memorialize how the subcommittee works. It makes the workings of the subcommittee clear. This is in line with Concept 5 and Concept 8, defined responsibilities, and clear communications.



**Scott C.** – reminded us we are not an organization, we are a fellowship. Do you feel you need to be organized to this extent?

**Robert** – replied that we are defining a structure for the committee. This is how we do work as members of the committee. It is similar to the structure of the WS Website Committee and the Guide to Regional Services.

**Michael** – noted that changes to the approved documents will need to be approved by the Assembly.

**Carole** – asked if is this incorporated into the GRS?

**Robert** – answered that no, it will be a separate regional document.

**Motion to adopt the "Technology Services Subcommittee of the Central California Region of Nar-Anon Family Groups Internal Guidelines" dated May 18, 2020 as a regional standalone document.**

**First: Scott C.; Second: Larry; Yes: 10; No: 0; Abstentions: 0; Motion Passes**

**Robert** – opened for discussion the “How to request access to the CCR Zoom account” document (page 87 of the Assembly Agenda Packet).

This document was shared with the RSC and it has been brought to the Assembly for GSRs to take the information back to their groups.

**Robert** - opened for discussion the “Sharing literature with Newcomers” document (page 88 of the Assembly Agenda Packet).

This document does not contradict the Board of Trustees Bulletin 003. It is still a relevant document. It has been submitted personally by Robert, as a member at large, to the WS Newsletter Committee for publication in the March 2021 issue of *The Serenity Connection*.

**Robert** - said it is one thing to share a copy of the SESH, it is another to rewrite CAL. Some virtual meetings are scanning the newcomers’ packet and sending the packet to newcomers in electronic form. Sharing CAL on screen is also a violation of a the WSO copyright. The TSS is in favor of finding a solution.

**Michael** – asked how this document works within our service structure?

**Robert** – answered it was submitted to the RSC for discussion. There was not a lot of time at the RSC meeting to process this item, so it was brought to the Assembly for

discussion, not adoption.

Les – asked if we can get a written release from WSO to release the copyright?

Robert – explained WSO is made of up employees who are paid to do what the fellowship wants. It is the Board of Trustees that creates guidelines that go to the WSC for adoption. Three times in the history of Nar-Anon, the Board of Trustees created a bulletin to the fellowship. The question on the table now is how we want to share literature electronically. Yes, we need to get written permission, however the WSO does not have the authority to give permission. WSO asks the Board of Trustees what to do. The Board of Trustees does not know how to make this work right now, so they say no. Scott C. – stated that when you look at copyright act, it is there to protect the owner of the copyright. We are saying the owner of the copyright is the Board of Trustees. The actual owner of the copyright is the fellowship. The Board of Trustees seems to be telling the groups what to do. Scott will research Title 17.

Robert – explained that Nar-Anon is both a fellowship and a corporation. Technically, the corporation (Nar-Anon Family Group Headquarters, Inc.) owns the copyright. The Board of Trustees are the trustees of the corporation. The fellowship can give the Board of Trustees direction on what the fellowship wants.

Michael – stated he wanted to move on to the next topic. This has been a great discussion. GSRs should study the Board of Trustees Bulletin 003 and discuss it with their groups. There is a group that has formed to bring the issue to the 2021 WSC.

Robert – opened discussion on the “Suggestions regarding contributing to your group – update” document (page 90 of the Assembly Agenda Packet).

The TSS has no suggestion for groups as far as collecting electronic donations to the groups. This is a document that was requested by the RSC. This is information to be shared by the GSRs with their groups.

**[Take Back to Meeting]**

Michael – asked if we should we post on the website? Are there any suggestions to do anything other than put them out in the *Take Back to Meeting*? There were no suggestions.

**(2:41 PM) Consensus to recess for 5 minutes.**

**(2:48 PM) Roll call by Scott N.**

### **RSC Officers:**

**Michael F.: Chair - Present**

**Les P.: Treasurer – Present**

**Scott N.: Secretary - Present**

**Teri M.: Delegate - Present**

**J.T. W.: Alternate Delegate - Present**

**Janet S.: Outreach Subcommittee Chair – Present**

**Ruth K.: Literature Subcommittee Chair – Not Present**

**Robert P.: Technology Service Subcommittee Chair – Present**

### **GSRs:**

**Larry B. - GSR Atascadero, Tuesday - Present**

**Mary Lynn P. - GSR Carmel, Wednesday - Present**

**JT W. - SGSR Hollister, Thursday - Present**

**Craig H. – GSR Los Gatos, Thursday - Present**

**Mary M. – GSR Monterey, Saturday - Present**

**Janet S. - GSR Salinas, Monday – Present**

**Scott C. - GSR Santa Barbara, Friday - Present**

**Carole S. – GSR Santa Cruz, Sunday – Present**

**Rona R. - SGSR Scotts Valley, Friday – Not Present**

**Robert P. - GSR Virtual, Sunday – Present**

### **Key:**

**GSR = Group Service Representative**

**AGSR = Alternate GSR**

**SGSR = Substitute GSR**

**9 groups present out of 10 registered groups.**

**Quorum (51%) = 6 of 10 registered groups.**

## 8. New Business

*2:00 PM to 3:30 PM (2:51 PM)*

**New Business items were processed in the order they are reflected in the minutes. The original order is noted by their outline letter.**

**Rona R. - SGSR Scotts Valley, Friday rejoined the meeting.**

**10 groups present out of 10 registered groups.**

**Quorum (51%) = 6 of 10 registered groups.**

D) Western Regions Convention Involvement – Robert P.

**Robert P. - (starting on page 92 of the Assembly Agenda Packet)**

**Robert read through the schedule. This is a multi-regional event.**

**Michael – noted that the Assembly voted not to participate as a region, but the region does have members who are participating. The RSC reviewed the proposed report and agreed with it as is. There are flyers that will be a part of the Take Back to Meeting.**

**[Take Back to Meeting]**

B) Motion to carry-over funds from 2020 budget to 2021 budget – Les P.

**Motion to carry over funds in the amount of \$6,651.35 from the 2020 budget to the 2021 budget.**

**First: Scott C.; Second: Robert; Yes: 10; No: 0; Abstentions: 0; Motion Passes**

A) 2021 Budget Discuss and Adoption – Les P.

**(starting on page 47 of the Assembly Agenda Packet)**

**Michael – opened discussion on the proposed budget.**

**Les – stated the total income from 2020 was \$4,034.93.**

**Michael – noted the rollover amount was \$6,651.35. Les is allowed to change the forms to help communicate to the GSRs the intent of the budget.**

**Les – stated for the 2021 budget, we started with \$6,651.35. What will we make or what will be need.**

**Scott C. – asked if we are expecting to roll over \$6,400.35 next year? The Assembly will need to adopt a budget for 2022 in the August 2021.**

**Point of Order: Scott has amendments to make. These are funded items. Is it okay to discuss, as part of the budget, discuss the Delegate and Alternate Delegate expenses?**

**Michael – stated this is integral to the discussion. The point is to give the GSRs an idea as to the actual operating expenses of the region. The budget is an evolving process. The idea is to help members see where we were, where we are, and where we want to be.**

**Larry – noted there is one other column, adopted, actual amount, and the proposed amount.**

**Les – said the 2020 Expense report is what was actually spent.**

**Craig – said he is willing to help with the budget presentation.**

**Scott C. – noted that line items in the budget are “not to exceed.” He does not have any recommendation to amend the budget.**

**(3:17 PM) Mary Lynn P. rejoined the meeting**

**Scott C. – continued. We have three components: 1) \$3,900 for the delegates for the 2020 WSC, 2) we have a \$700 cost for the 2021 WSC (we should cut a check), 3) we need \$3,900 for the 2023 WSC. The earmark for the \$3,900 for 2020 is for the delegates not for a donation to the WSO.**

**Proposal: 1) let us get the \$3,900 back from WSO, 2), let us send \$700 for the 2021 WSC, and 3) make a donation to WSO. If the \$95K WSO deficit were distributed over all groups around the world, the equalized expense to each group would be \$40 to \$50 per year per group to finance the loss. \$850 would be the approximate donation for the 17 groups in the Region per year. Regarding the Delegate expense, we have to come up with \$350 per delegate for the 2021 WSC.**

**Suggestion: increase the delegate expenses to \$1,600 each and WSO \$850. We need to be conservative until we receive the money back from WSO.**

**Robert – stated the Board of Trustees asked for the region to donate the Delegates’ cost of \$3,900 to the WSO. The Board of Trustees offered that \$700 of the \$3,900 would go to the 2021 WSC Delegates’ expense. The \$3,900 was paid in a previous year and are not reflected in the current budget document.**

**Robert – shared his thoughts regarding the funds for the 2020 World Service Conference. He thought we should look at Step Three for guidance on this topic. We turned \$3,900 over to the World Service Office (WSO) in December 2019 to be used for the 2020 World Service Conference (WSC). This was given by our Region to the trusted servants responsible for the WSC. We turned it over. It was no longer in our bank account. We no longer had any say as to how it would be spent. Then things changed. Now we have an opportunity to take it back, or at least try to control when and how it is spent. I do not think we are respecting Step Three if we take back what we turned over. We gave the money to be spent as the trusted servants in the WSC believed best. They are now asking us to give this money to the WSO to help pay bills, keep the office open, and make sure the employees are paid. We gave them the money. We gave them the authority to spend it as they thought best. They are now asking us to confirm that we turned the money over. They are asking us to confirm that we trust them to determine**

what is best for Nar-Anon as a whole. I think we are disrespecting Step Three if we now try to control what we already turned over.

Scott C. – said Tradition 7 was used to determine the \$850 as a donation on an annual basis.

Craig – expressed his opinion that the groups have not had a lot of expenses. In the spirit of helping each other out, the region might consider letting the WSO keep most or all the 2020 Delegates' expense.

Les – expressed his concerns: 1) we do not know how long the virus will last: 2) we will not have to spend money the WSC, and 3) we are not getting donations in. Proposal: bring it back in and then we can give it back for the 2023 conference. If we do not, we may not have the money we need in 2023.

Carole – noted in the proposed budget, group donations went up by \$800. How was this?

Les – explained the donation came from the Narathon. Also, we are getting hundreds of dollars directly from the regional members through the online contribution form.

Robert – stated that since he cannot contribute to his group, he splits his donations between the region and the WSO.

Scott C. – summarized there are two things on the table: 1) we get the money back and get the delegates to \$2,600 a piece, 2) give the \$3,900 to WSO and take \$700 out of the upcoming WSC. The donation would be \$3,200. This still changes the budget because we do not have the money for the 2023 conference. We will need \$1,950 for each delegate in two years.

Robert – expressed his opinion that people like the virtual conference. There is no guarantee the WSC will be in-person again.

Les – reviewed the Serenity Connection newsletter for the WSO financial position currently and year end 2019.

**Serenity Connection December 2020 (see page 1 for WSO's current financial position)**

<https://www.nar-anon.org/s/SCNewsletter-Dec-2020-Final-MM-002.pdf>

**Serenity Connection June 2020 (see page 6 for the WSO's 2019 Profit and Loss Statement)**

<https://www.nar-anon.org/s/SCNewsletter-Jun-2020-Final.pdf>

**Teri – said we paid \$3,900 for a product, the 2020 WSC, and we did not receive the product. She would like to know the actual expenses of the conference.**

**It was asked 1) how was the money spent in 2018, and 2) how will it be spent in 2020?**

**Robert - explained the process of equalized expenses. All delegates pay the same amount. There are WSO employees, parliamentarian, secretaries are paid by the hour, travel, hotel, and physical binders. The Board of Trustees do not pay equalized expenses. There will still be two secretaries, the parliamentarian, travel, and hotel for a select number of people. This is the best estimate of the WS Conference Committee and WSO.**

**Rona – asked if it is correct that we are talking about two items, 1) donation and 2) already paid WSC delegate’s expense.**

**Robert – stated the only expenses from 2020 are minimal. Refunds were received from all major expenses.**

**JT – stated there is an enormous amount of work that goes into the WSC. The preparation time expense has already been spent and will not be recouped. This is a spiritual program. Sometimes you must look at things differently.**

**Michael – noted that overseas plane tickets are not part of equalized expenses. If groups have had internal discussions, please speak up.**

**Scott C. and Janet - noted their groups had taken group consciences on this.**

**Scott C. – indicated the opinions he expressed are those of the group as part of the business meeting last night.**

**Janet – said the group conscience was in an attitude of “Keep It Simple,” (don’t ask for a refund) and “Just for Today.” She would vote to make the Delegates’ expense a donation, sans the \$700 for the 2021 WSC expense.**

**Michael – said we cannot budget for money we have not received. We need to decide on this budget. We have \$0 in the WSO donation line item in the proposed budget. We can decide at the next assembly if we get money back. If there is a motion to send the Delegates to the 2021 WSC, we will need to pay \$700. This leaves \$3,200 to discuss. The \$700 is covered. We do not have to budget for this. We can take up this topic at the next Assembly when we have more information. We could send a message to the WSC Committee and request a certain amount of back.**

**Motion to send Teri M. as Delegate and JT W. as Alternate Delegate to the 2021 World Service Conference.**

**First: Larry B.; Second: Scott C.; Yes: 10; No: 0; Abstentions: 0; Motion Passes**

**Teri and JT – affirmed that are both planning on attending the 2021 WSC.**

**Motion to accept the 2021 Proposed Budget as presented.**

**First: Larry; Second: Robert; Yes: 10; No: 0; Abstentions: 0; Motion Passes**

**(4:04 PM) Rona left the meeting.**

**9 groups present out of 10 registered groups.**

**Quorum (51%) = 6 of 10 registered groups.**

**For CCR correspondence and 7th Tradition Donations, the mailing address is: Nar-Anon  
Attn: Les P 3463 State St. #424 Santa Barbara, CA 93105.**

**Michael – was looking for direction on converting the WSC equalized expense into a donation.**

**Robert – asked for a straw poll.**

**Michael – noted that not all groups have taken it into account.**

**Scott C. – noted we could ask for \$2,310 back from the WSO.**

**Mary Lynn P. – stated can only stay until 4:30 PM.**

**Motion to extend the meeting until 5:00 PM.**

**First: Robert; Second: Scott C.; Yes: 9; No: 0; Abstentions: 0; Motion Passes**

**Motion authorize Delegate & Alternate Delegate to approve appropriately worded motions related to permitting screen sharing of purchased copies of electronic versions of Conference Approved Literature as appropriately conditioned to preserve Nar-Anon copyrights.**

**First: Robert; Second: JT; Yes: 9; No: 0; Abstentions: 0; Motion Passes**



**Motion to donate to the World Service Office the remaining balance for the 2020 WSC Delegate and Alternate Delegate's equalized expense already paid to the WSO and use the difference of \$700 (already paid) to pay for the Delegate and Alternate Delegate's equalized expense for the 2021 WSC.**

**First: Robert; Second: JT;**

**Rollcall vote:**

**Larry B. - GSR Atascadero, Tuesday - Abstain**

**Mary Lynn P. - GSR Carmel, Wednesday - Yes**

**JT W. - SGSR Hollister, Thursday - Yes**

**Craig H. – GSR Los Gatos, Thursday - Yes**

**Mary M. – GSR Monterey, Saturday - Yes**

**Janet S. - GSR Salinas, Monday – Yes**

**Scott C. - GSR Santa Barbara, Friday - Yes**

**Carole S. – GSR Santa Cruz, Sunday – Yes**

**Robert P. - GSR Virtual, Sunday – Yes**

**Yes: 8; No: 0; Abstentions: 1; Motion Passes**

C) Delegate and Alternate Delegate to attend the 2021 WSC – Michael F.

**This item was disposed of in the previous item.**

## 9. Administration

3:30 PM to 4:00 PM (4:22 PM)

A) Next Assembly

**Motion to hold the next CCR virtual Assembly on Saturday, July 24 from 11:00 AM to 4:00 PM.**

**First: Mary; Second: Larry; Yes: 9; No: 0; Abstentions: 0; Motion Passes**

B) Take Back to Meeting Information and Announcements

*See the Take Back to Meeting section of this packet*

**(4:36 PM) Janet left the meeting.**

## 10. Adjournment

*Adjourn at 4:00 PM*

**(4:39 PM)**

**Motion to adjourn the CCR Assembly of January 23, 2021.**

**First: Craig; Second: Robert; Yes: 8; No: 0; Abstentions: 0; Motion Passes**

A) Close the assembly with the Serenity Prayer

**(4:40 PM)**

**The Assembly adjourned.**

Assembly  
Motions  
Archive

# Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/23/2021	Motion to approve the minutes for the Assembly of August 1, 2020 as presented.	Robert P.	Scott C.	Carried Unanimous
1/23/2021	Motion to adopt the "CCR Users' Guide to File Storage" as a regional document.	Robert P.	Janet S.	Carried Unanimous
1/23/2021	Motion to adopt the "Technology Services Subcommittee of the Central California Region of Nar-Anon Family Groups Internal Guidelines" dated May 18, 2020 as a regional standalone document.	Scott C.	Larry B.	Carried Unanimous
1/23/2021	Motion to carry over funds in the amount of \$6,651.35 from the 2020 budget to the 2021 budget.	Scott C.	Robert P.	Carried Unanimous
1/23/2021	Motion to send Teri M. as Delegate and JT W. as Alternate Delegate to the 2021 World Service Conference.	Larry B.	Scott C.	Carried Unanimous
1/23/2021	Motion to accept the 2021 Proposed Budget as presented.	Larry B.	Robert P.	Carried Unanimous
1/23/2021	Motion to extend the meeting until 5:00 PM.	Robert P.	Scott C.	Carried Unanimous
1/23/2021	Motion authorize Delegate & Alternate Delegate to approve appropriately worded motions related to permitting screen sharing of purchased copies of electronic versions of Conference Approved Literature as appropriately conditioned to preserve Nar-Anon copyrights.	Robert P.	J.T. W.	Carried Unanimous
1/23/2021	Motion to donate to the World Service Office the remaining balance for the 2020 WSC Delegate and Alternate Delegate's equalized expense already paid to the WSO and use the difference of \$700 (already paid) to pay for the Delegate and Alternate Delegate's equalized expense for the 2021 WSC.	Robert P.	J.T. W.	Carried 8/0/1 (Rollcall Vote)
1/23/2021	Motion to hold the next CCR virtual Assembly on Saturday, July 24 from 11:00 AM to 4:00 PM.	Mary M.	Larry B.	Carried Unanimous
1/23/2021	Motion to adjourn the CCR Assembly of January 23, 2021.	Craig H.	Robert P.	Carried Unanimous
8/1/2020	Motion to approve the minutes for the Assembly of January 17, 2020 as presented.	Scott C.	Arnie B.	Carried Unanimous
8/1/2020	Motion to accept the elections procedures as described in this Elections section of the agenda.	Janet S.	Scott C.	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

<b>Assembly Date</b>	<b>Motion</b>	<b>First</b>	<b>Second</b>	<b>Outcome</b>
8/1/2020	Motion to request Unanimous Acclamation for the slate for the 2020 elections.	Scott C.	Mary Lynn P.	Carried Unanimous
8/1/2020	Motion to disband the ad hoc Elections Subcommittee.	Teri M.	Larry B.	Carried Unanimous
8/1/2020	Motion to affirm Janet S. as chair of the Outreach Subcommittee.	Larry B.	J.T. W.	Carried Unanimous
8/1/2020	Motion to affirm Ruth K. as chair of the Literature Subcommittee.	Larry B.	Mary Lynn P.	Carried Unanimous
8/1/2020	Motion to affirm Robert P. as chair of the Technology Services Subcommittee.	Larry B.	Teri M.	Carried Unanimous
8/1/2020	Motion to accept the \$744.27 expense as attributed to the Delegate WSC expense (equalized expense and incidentals) line item in the Nar-Anon Central California Region 2020 Income and Expense report.	Robert P.	Mary Lynn P.	Carried Unanimous
8/1/2020	Motion to approve the donation process the TSS has put together and to purchase a card / chip reader not to exceed \$100. In the treasure's report, to preserve anonymity, line item donations will read only as "anonymous donation" or a group donation using the group name, and not provide individual names in the report.	Scott C.	Mary O.	Carried Unanimous
8/1/2020	Motion to purchase an annual Zoom account not to exceed \$150 in perpetuity. Move \$150 from the Outreach fund to a new Zoom account line item as an amendment to the 2020 budget.	Scott C.	Mary Lynn P.	Carried Unanimous
8/1/2020	Motion to amend the 2020 budget to make a donation of \$500 to WSO and authorize the treasurer to make the donation immediately.	Scott C.	J.T. W.	Carried Unanimous
8/1/2020	Motion to adopt the proposed 2021 budget.	Robert P.	Scott C.	Carried Unanimous
8/1/2020	Motion to hold the January 2021 Assembly on Saturday, January 23, 2021 as a virtual meeting from 11:00 AM to 4:00 PM.	Teri M.	Mary O.	Carried Unanimous
8/1/2020	Motion to adjourn the CCR Assembly of August 1, 2020.	Scott C.	Mary Lynn P.	Carried Unanimous
1/17/2020	Motion to approve the minutes for the Assembly of July 27, 2019 as presented.	Scott C.	Teri M.	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

<b>Assembly Date</b>	<b>Motion</b>	<b>First</b>	<b>Second</b>	<b>Outcome</b>
1/17/2020	Motion is requested to approve minutes for the Special Elections Assembly of September 4, 2019 as presented.	Janet S.	Cyndy G.	Carried Unanimous
1/17/2020	Motion to amend carry over funds in the amount of \$4,310.59 from the 2019 to the 2020 calendar year budget.	Scott C.	Larry B.	Carried Unanimous
1/17/2020	Motion to adopt the 2020 budget as amended.	Mary Lynn P.	Scott C.	Carried Unanimous
1/17/2020	Motion to take a 10-minute recess.	Teri M.	Scott C.	Carried 10/0/1
1/17/2020	Motion to confirm Michael F. as Chair of the Ad Hoc Elections Subcommittee.	Scott C.	Teri M.	Carried Unanimous
1/17/2020	Motion to ask the Ad Hoc Elections Committee to choose a date in July for the Elections Assembly.	Robert P.	None	Not Considered
1/17/2020	Motion to hold an Elections RSA in Atascadero on August 1. The motion is to elect the RSC chair, secretary, treasurer, delegate, and alternate delegate following process and procedures detailed in the GRS under Elections RSA's section.	Scott C.	Larry B.	Carried 11/0/1
1/17/2020	Motion to extend the Assembly for 30 minutes.	Teri M.	Cyndy G.	Carried Unanimous
1/17/2020	Motion to hold the CCR 2020 Narathon on Saturday, September 12, 2020 in Atascadero.	Kim K.	Scott C.	Carried Unanimous
1/17/2020	Motion to adjourn the CCR Assembly of January 17, 2020.	Larry B.	J.T. W.	Carried Unanimous
9/4/2019	Motion to elect and endorse JT W. as Alternate Delegate representing the Central California Region at the 2020 World Service Conference and to confirm she will be in service throughout the duration of the 2020 Conference.	Robert P.	Linda	Carried Unanimous
9/4/2019	Motion to adjourn.	Janet S.	Linda	Carried Unanimous
7/27/2019	Motion to adopt the Minutes of the Assembly of January 12, 2019 as amended.	Robert P.	Larry B.	Carried Unanimous
7/27/2019	Motion to recess until 12:40 PM for lunch.	Teri M.	Robert P.	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

<b>Assembly Date</b>	<b>Motion</b>	<b>First</b>	<b>Second</b>	<b>Outcome</b>
7/27/2019	Motion to carry over any balance on December 2019 be carried over to the 2020 budget.	Mary Lynn P.	Robert P.	Carried Unanimous
7/27/2019	Motion to approve the 2020 proposed budget as amended.	Robert P.	Peter	Carried Unanimous
7/27/2019	Motion to donate \$400 to WSO out of the 2019 budget.	Robert P.	Peter	Carried Unanimous
7/27/2019	Motion to elect and endorse Teri M. as Delegate representing the Central California Region at the 2020 World Service Conference and to confirm she will be in service throughout the duration of the 2020 Conference.	Larry B.	Kim	Carried Unanimous
7/27/2019	Motion that the CCR approves the intent to send the delegate and alternate delegate to the 2020 WSC.	Robert P.	Mary Lynn P.	Carried Unanimous
7/27/2019	Motion for the Technology Services Subcommittee to proceed to implement Strip payments on the CCR website online, and when technology is available, purchase a chip reader device. Contingency funds will be used to purchase the chip reader, up to \$100.	Robert P.	Mary Lynn P.	Carried Unanimous
7/27/2019	Motion to affirm Robert P. as the Technology Services Subcommittee Chair.	Larry B.	Teri M.	Carried Unanimous
7/27/2019	Motion to hold the next CCR Assembly on Friday, January 17, 2020 from 6:00 PM to 9:00 PM at the Monterey Bay Conference Center, in conjunction with the 2020 Vision for Serenity Convention.	Laura	Janet S.	Carried Unanimous
7/27/2019	Motion to adjourn.	Janet S.	Peter	Carried Unanimous
1/12/2019	Motion to adopt the Minutes of the Assembly of July 14, 2018 as amended.	Scott C.	Teri M.	Carried 7/0/1
1/12/2019	Motion to carry-over funds in the amount of \$6,204.95 from calendar year 2018 to 2019.	Mary Lynn P.	Scott C.	Carried Unanimous
1/12/2019	Motion to adopt the 2019 Nar-Anon Central California Region budget as amended (Amendments to Income section, Fundraisers: \$1,500 and Group Donations: \$1,800).	Larry B.	Scott C.	Carried Unanimous
1/12/2019	Motion to hold the 2019 Narathon in the Santa Cruz area on August, 17 or 24.	Scott C.	Teri M.	Carried 8/0/1

# Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/12/2019	Motion to hold a Nar-Anon Central California Region convention at the MBCNA VIII 2020 "A Vision of Hope" – NA Convention on January 17-19, 2020 at the Monterey Bay Conference Center.	Janet S.	Marie	Carried Unanimous
1/12/2019	Motion to hold the next region assembly in Atascadero, Golden China Restaurant, July 27 at 11:00 AM until 4:00 PM.	Larry B.	Stewart	Carried Unanimous
1/12/2019	Motion to adjourn.	Larry B.	Teri M.	Carried Unanimous
7/14/2018	Motion to approve the minutes of January 12, 2018 with corrections.	Scott C.	Janet S.	Carried Unanimous
7/14/2018	Motion to adopt the elections ballots as counted by unanimous acclamation. Chair – Michael F Treasurer – Arnie B Secretary – Scott N Delegate – Jocelyn F Alternate Delegate – Teri M	Scott C.	Teri M.	Carried Unanimous
7/14/2018	Motion to disband the ad-hoc elections committee	Scott C.	Lorri Z.	Carried Unanimous
7/14/2018	Motion to send the WSO \$200.00 now and then \$200.00 by the end of the fiscal year.	Sondra	Scott C.	Carried Unanimous
7/14/2018	Motion to strike the sentence "Cash donations cannot be earmarked because of budgetary constraints" in the Guide to Local Services.	Scott C.	Sondra G.	Carried Unanimous
7/14/2018	Motion to approve the GRS, as amended by changing the word "cannot" to "may not"	Scott C.	Teri M.	Carried Unanimous
7/14/2018	Motion to hold the next CCR Assembly on Saturday, January 12, 2019, in Atascadero from 11 AM to 4 PM.	Carol S.	Teri M.	Carried Unanimous
1/12/2018	Motion to accept the minutes of the September, 2017, Email Assembly.	Scott N.	Sondra G.	Carried Unanimous
1/12/2018	Motion to participate in an all-California meeting list for web and print delivery.	Sondra G.	Teri M.	Carried Unanimous
1/12/2018	Motion to adopt the 2018 proposed budget.	Mary Lynn P.	Cyndy G.	Carried Unanimous



# Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/12/2018	Motion to approve the carryover of \$772.35 from the 2017 budget to the 2018 budget.	Scott N.	Teri M.	Carried Unanimous
1/12/2018	Motion that any money made at this convention will go on a report and then the GSRs will decide what to do with it at the July Assembly.	Scott N.	Lorri Z.	Carried Unanimous
1/12/2018	Motion to confirm Scott N as Elections Subcommittee chair, to accept the 2018 timeline as outlined in the draft Guide to Regional Services and to amend the elections guidelines in the draft Guide to Regional Services.	Scott C.	Janet S.	Carried Unanimous
1/12/2018	Motion to spend \$200 - \$300, not more than \$300, for the delegate and the Alternate Delegate to spend an extra day at the WSC Conference.	Teri M.	Mary Lynn P.	Carried Unanimous
9/17/2017	Motion to approve minutes for the Assembly of July 22, 2017.	Scott C.	Mary Lynn P.	Carried Unanimous
7/21/2017	Motion to approve minutes for the Assembly of January 21, 2017.	Brenda L.	Sondra G.	Carried Unanimous
7/21/2017	Motion to adopt the proposed 2018 budget with a change of Travel reduced to \$300 and Donation to WSO increased to \$600.	Cyndy G.	Brenda L.	Carried Unanimous
7/21/2017	Motion to increase the WSO donation amount to \$600, thus increasing it by \$500 for the 2017 budget year, and that the \$500 increase be taken from the RSC travel expense, thus reducing that amount to \$300.	Mary Lynn P.	Cyndy G.	Carried Unanimous
7/21/2017	Motion to elect Jocelyn F. as the Delegate from the Central California Region to the 2018 World Service Conference (WSC). This motion affirms that Jocelyn's term will be in effect throughout the 2018 WSC. Term effective 7/23/17.	Brenda L.	J.T. W.	Carried Unanimous
7/21/2017	Motion to elect JT as the Alternate Delegate from the Central California Region to the 2018 World Service Conference (WSC) and to affirm that JT's term will be in effect throughout the 2018 WSC. Term effective 7/23/17.	Ruth K.	Sondra G.	Carried Unanimous
7/21/2017	Motion to elect Scott C. the Conventions / Events Subcommittee Chair.	Scott C.	J.T. W.	Carried Unanimous
7/21/2017	Motion to elect Cindy G. as the new Outreach Subcommittee Chair.	Brenda L.	J.T. W.	Carried Unanimous
7/21/2017	Motion to elect Ruth as the new CCR Literature Subcommittee Chair.	J.T. W.	Brenda L.	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

<b>Assembly Date</b>	<b>Motion</b>	<b>First</b>	<b>Second</b>	<b>Outcome</b>
1/21/2017	Motion to approve minutes for the Assembly of August 13, 2016 as submitted.	Brenda L.	J.T. W.	Carried Unanimous
1/21/2017	Motion to approve minutes for the Assembly of October 5, 2016 with a suggested correction to 1C - change Jannie to Janet.	Janet S.	Brenda L.	Carried Unanimous
1/21/2017	Motion to change postal services allowance from \$60 to \$70.	Sondra G.	Brenda L.	Carried Unanimous
1/21/2017	Motion to accept the budget with the amendments that \$2500 will be allowed for the alternate delegate and a \$100 donation to the WSO will be added.	Brenda L.	Jocelyn F.	Carried Unanimous
1/21/2017	Motion to have the workshop and assembly together on Saturday, 7/22/2017.	J.T. W.	Brenda L.	Carried 7/2/0
10/5/2016	Motion to nominate Maria C. for the position of secretary of the RSC.	Brenda L.	J.T. W.	Carried Unanimous
10/5/2016	Motion to adjourn.	Brenda L.	Mary Lynn P.	Carried Unanimous
8/13/2016	Motion to approve minutes for the Assembly of January 9, 2016.	Brenda L.	Jocelyn F.	Carried 10/0/1
8/13/2016	Motion to have the voting proceed as unanimous acclamation.	Brenda L.	Arnie B.	Carried Unanimous
8/13/2016	Motion to amend the 2015 adopted budget as follows: a) Outreach – increase from \$100 to \$500 (net increase of \$400) b) Delegate Travel Expense – increase from \$150 to \$500 (net increase of \$350)	Sondra G.	Brenda L.	Carried Unanimous
8/13/2016	Motion to adopt 2017 amended budget.	Brenda L.	Janet S.	Carried Unanimous
8/13/2016	Motion to amend 2017 budget to reduce website cost to \$100 and to donate to the WSO, upon Assembly approval, up to \$500,	Mary Lynn P.	Brenda L.	Carried 8/1/1
8/13/2016	Motion to amend travel expenses line on 2017 budget for Travel Expenses for RSC/GSR/AltGSR/Substitutes to assembly and other required meetings changing \$800 to \$400.	Brenda L.	Michael F.	Carried Unanimous
8/13/2016	Motion to change carryover to 2018 budget line item, change from \$1765 to \$1015.	Brenda L.	Jocelyn F.	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

<b>Assembly Date</b>	<b>Motion</b>	<b>First</b>	<b>Second</b>	<b>Outcome</b>
8/13/2016	Motion to allow the CCR chair to send to GSRs a copy of the Board of Trustee response to the petition with the understanding that they have the autonomy to share at group level.	Sondra G.	Brenda L.	Carried 9/0/1
1/9/2016	Motion to approve minutes for the Assembly of August 8, 2015 as amended.	Brenda L.	Arnie B.	Carried Unanimous
1/9/2016	Motion to accept Sandi S as Chair of the Outreach Committee.	Charles	Jocelyn F.	Carried 8/1/0
1/9/2016	Motion to accept the Treasurers Report (2 documents) as submitted.	Arnie B.	J.T. W.	Carried Unanimous
1/9/2016	Motion to accept the 2015 completed budget as submitted.	Brenda L.	Arnie B.	Carried Unanimous
1/9/2016	Motion to accept rolled over excess funds of \$1459.02 putting us over the previously approved budget.	Janet S.	J.T. W.	Carried Unanimous
1/9/2016	Motion to accept carry over funds from 2015 budget to 2016 budget of \$3979.77.	Arnie B.	Brenda L.	Carried Unanimous
1/9/2016	Motion to take a break.	Brenda L.	Arnie B.	Carried Unanimous
1/9/2016	Motion to transfer all assets and resources from the Monterey Area to the Central California region, including archiving electronic documents on the CCR Yahoo Groups.	Arnie B.	J.T. W.	Carried Unanimous
1/9/2016	Motion that CCR create a Narateen subcommittee effective January 2016.	Arnie B.	J.T. W.	Carried Unanimous
1/9/2016	Motion to install Arnie as the Central California Region Interim Alternate Delegate.	Jocelyn F.	J.T. W.	Carried Unanimous
1/9/2016	Motion to adopt the CCR Assembly Meeting amended 2016 budget suggested by Tony allowing CCR to send Arnie to the Conference as a Local Observer.	Brenda L.	Doris	Carried 8/1/0
1/9/2016	Motion to defer agenda items 9C, 9D, and 9E for next Assembly due to time constraints.	Jocelyn F.	Brenda L.	Carried Unanimous
1/9/2016	Motion to elect Michael F as Chair for the Guide to Regional Services subcommittee.	Brenda L.	Arnie B.	Carried Unanimous
1/9/2016	Motion to elect Scott N as chair for the elections subcommittee.	Michael F.	J.T. W.	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/9/2016	Motion to adopt portions of the draft Guide to Regional Services (GRS) associated with RSC officers, delegates, and subcommittee chairs.	Michael F.	J.T. W.	Carried Unanimous
1/9/2016	Motion to adopt the elections process section from the draft GRS.	Michael F.	Arnie B.	Carried Unanimous
1/9/2016	Motion to adopt the CCR Elections invitation.	Michael F.	Arnie B.	Carried Unanimous
1/9/2016	Motion to have the August Assembly in Salinas.	Janet S.	Brenda L.	Carried Unanimous
1/9/2016	Motion to send 7th tradition of \$59.02 to the WSO.	Arnie B.	J.T. W.	Carried Unanimous
1/9/2016	Motion to adjourn meeting.	Brenda L.	J.T. W.	Carried Unanimous
8/8/2015	Motion to send the Prayer motion to the World Service Conference Committee for inclusion in the 2016 World Service Conference. Maker: Carmel group.	Eva	Brenda L.	Carried 9/0/2
8/8/2015	Motion to send the Just for Today motion to the World Service Conference Committee for inclusion in the 2016 World Service Conference. Maker: Santa Barbara group.	Steve	Brenda L.	Failed 5/5/1
8/8/2015	Motion to open nominations for alternate delegate due to the resignation of Sandi S. Need GSR vote to nominate alternate delegate. Timeline: Open nomination period 8/10 - 9/10, All GSRs receive posting note on 8/10. Close nominations 9/10. GSR vote via email 9/10 - 9/20. Election captain is Scott N. Email vote confirmed at next assembly Jan 2016.	Vicki	Ruth K.	Carried 10/1/0
8/8/2015	Motion to table topic of Bakersfield Convention.	Tony M.	Steve	Carried Unanimous
8/8/2015	Motion to table topic of All California Convention.	Tony M.	Steve	Carried Unanimous
8/8/2015	Motion to table topic of distribution of Nar Anon funds beyond the group level.	Brenda L.	Eva	Carried Unanimous
8/8/2015	Motion to table topic of group donation appeal for region.	Brenda L.	Eva	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

<b>Assembly Date</b>	<b>Motion</b>	<b>First</b>	<b>Second</b>	<b>Outcome</b>
8/8/2015	Motion to table topic of GSR mileage reimbursement for mandatory assembly annually.	Brenda L.	Eva	Carried Unanimous
8/8/2015	Motion to hold next assembly at Scotts Valley on or about Jan 9, 2016 1pm.	Brenda L.	Tony M.	Carried Unanimous
8/8/2015	Motion to send delegate, Chantal, to the 2016 World Service Conference.	Vicki	Georgia	Carried Unanimous
8/8/2015	Motion to adjourn.	Brenda L.	Tony M.	Carried Unanimous
1/23/2015	Motion to accept Sandi S. as the Alternate Delegate for the Region in consideration that she holds the Monterey Area Chair service position through the end of the 2015 calendar year.	Tony M.	Ruth K.	Carried 9/0/1
1/23/2015	Motion for the Region to adopt a help line telephone number and create a regional service position to attend to the line	Sandi	Michael F.	Failed 1/10/0
1/23/2015	Motion to add to the Vice Chair commitment the duty of maintaining a "motions log" in the form of an Excel Workbook (XLSX) to contain a listing of all regional assembly motions, their firsts, seconds, amendments and outcomes.	Tony M.	Pat	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/23/2015	<p>Motion to adopt the following annual schedule of CCR meetings.</p> <p>A Regional Service Assembly (RSA) will be held in January/February to coincide with the Monterey Area convention. If the convention is not held in a year, then the RSA will be held at a venue, date and time of the assembly's choosing. The purpose of this assembly is for all Group Service Representatives (GSRs) to meet in-person. All groups are strongly encouraged to send GSRs to this assembly as it will not be available by means of internet or conference call.</p> <p>A Regional Service Committee (RSC) meeting will be held on the second weekend of April. The meeting may be held in person, by means of internet, conference call, or a combination as the RSC determines.</p> <p>An RSA will be held in July/August. The meeting may be held in person, by means of internet, conference call, or a combination as the RSA determines.</p> <p>A RSC meeting will be held on the second weekend of October. The meeting may be held in person, by means of internet, conference call, or a combination as the RSC determines.</p> <p>In order to have a vote in an RSA, a group must register their GSR (and Alternate GSR if they have one). For a group to register the GSR and / or Alternate GSR must complete the "Group/Alternate Group Service Representative Registration Form" from the Guide to Local Services (GLS) section 13-5 and submit the completed form to the RSC or RSA at the first RSC or RSA they attend each year. Groups must register each calendar year. The count of registered meetings is the number used to determine the quorum at RSAs.</p>	Tony M.	Teri M.	Carried 9/1/0
1/23/2015	<p>Motion to create a standing regional Technology Services Subcommittee</p> <p>This subcommittee provides technology infrastructure to the region, areas, groups and members. It oversees and maintains the region's Internet website; email / contacts list; directories; meeting workbook; online calendar; website analytics; phone line; computer support; conference calls; public address systems; recording; and supports the region with new and emerging technologies.</p>	Michael F.	Georgia	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
1/23/2015	Motion to create a standing regional Non-Area Group Subcommittee The purpose of this committee is to provide the groups that are not members of an Area Service Committee with a vote on the RSC. The committee chairperson is to communicate with committee members that are the GSR's of those groups; informing them of decisions and actions proposed by the RSC and informing the RSC of the committee member's opinions. The chairperson shall vote as representative of those opinions.	Michael F.	Teri M.	Carried Unanimous
1/23/2015	Motion to have next Assembly August 8, 1 pm by video conference & in person in Santa Barbara	Vicki	Tony M.	Carried Unanimous
10/26/2014	Motion to approve all prior CCRFC meeting minutes and associated documents	Arnie B.	Steve	Carried Unanimous
10/26/2014	Motion to create budget sub-committee to create a draft budget	Arnie B.	Teri M.	Carried Unanimous
10/26/2014	Motion to use Robert's Rules of Order at CCR Assemblies, Meetings and Sub-Committee Meetings	Tony M.	Arnie B.	Carried Unanimous
10/26/2014	Motion to adopt the GLS and GWS as guiding documents for CCR	Lynn	Tony M.	Carried Unanimous
10/26/2014	Motion to create an Ad Hoc Committee to draft a Guide to Regional Services and report back at our next Assembly: Tony, Chantal, Sandi, Michael, and Scott N.	Tony M.	Ruth K.	Carried Unanimous
10/26/2014	Motion to hold quarterly regional assemblies per year, assemblies may be held in different locations within the region with a minimum of one assembly per year where all participants are physically present	Tony M.	Lynn	Carried Unanimous
10/26/2014	Motion to put Consent Calendar motions F, K & L	Scott C.	Pat	Carried Unanimous
10/26/2014	Motion to schedule a Narathon and fundraiser for the Region for September 2015			Carried Consent Calendar
10/26/2014	Motion to create a sub-committee to create a draft budget for the Region and return a proposal to the next Assembly: Scott N. Cyndy, Arnie, Jocelyn, Scott C. and Tony will chair	Arnie B.	Teri M.	Carried Unanimous

# Nar-Anon Central California Region Assembly Motions Archive

Assembly Date	Motion	First	Second	Outcome
10/26/2014	Motion to create a subcommittee to effect CCR participation in an "All-California" Nar-Anon convention in cooperation with the Central California Region of Narcotic Anonymous (February 20, 21, and 22) in Bakersfield: Chantal, Scott C. & Scott N.	Chantal M.	Pat	Carried Unanimous
10/26/2014	Motion to initiate the Regional Delegate Fund with the goal of sending the Central California Regional Delegate and Alternate Delegate to attend the World Service Conference 2016	Pat	Steve	Carried Unanimous
10/26/2014	Motion to make a donation to the World Service Office to be determined at the Assembly			Tabled
10/26/2014	Motion to hold the next assembly on Friday, January 23, 2015 at 6:00 PM at the Monterey Convention. Details to be forthcoming			Carried Consent Calendar
10/26/2014	Motion for the Secretary to create a "Take Back to Meeting" summary, based on the conscience of the Assembly, of the minutes for the purpose of sending to them to GSRs to help them with regional meeting announcements. The "Take Back to Meeting" should be produced as quickly as possible after the assembly and posted on the Nar-Anon Central California Region Yahoo Groups site ( <a href="https://groups.yahoo.com/neo/groups/NarAnonCentralCA">https://groups.yahoo.com/neo/groups/NarAnonCentralCA</a> ) and on the Nar-Anon Central California Region website ( <a href="http://www.naranoncentralca.org/">http://www.naranoncentralca.org/</a> ).			Carried Consent Calendar



# Supporting Documents

# Regional Chair's Report

# Report from the Chair

July 16, 2021

To the Fellowship of the Central California Region.

I remain humbled and blessed to have had the privilege to be in service as chair of the Region's Service Committee. The program promises that in service you receive growth in recovery and I still need grow.

The Assembly is the representation of the Groups. The Regional Service Committee serves the Assembly. My role as Chair is to help accomplish the goals of the Groups as expressed through the Group Service Representatives (GSRs) at the Assembly. The most important indicator of those goals is the Annual Budget.

The 2022 proposed budget is where the Assembly must express its priorities for the coming year. Our Regional Service Committee Treasurer, Les, will be presenting his proposed budget. The proposed budget reflects an understanding of the Assembly's goals. The Regional Service Committee has advised him and supports his effort. The Assembly must now determine the final composition of the Budget. The Regional Service Committee members look forward to the Assembly's deliberations as the guidance the Committee must have in order to assist in making our Regional goals a reality.

Our Delegate, Teri, has stepped down as Delegate. I've requested a motion under New Business to affirm our past Alternate Delegate, JT, as Interim Delegate. Further explanation is provided under the New Business Item #1.

Our Regional Delegate and Alternate Delegate, Teri and JT, did a wonderful job of representing our small Region in a big way at the World Service Convention. It was a lot of work and stress. The Region owes them much thanks.

One of the Regions greatest challenges and opportunities currently is changes in meeting as virtual groups with virtual memberships in those groups; and where geography is irrelevant. With vaccinations and hopefully the eventual demise of this Covid scourge, the impacts of our group's efforts to be resilient and creative regarding group participation, will no doubt continue to evolve. With admiration and amazement, I look forward to seeing how our fellowship continues to strive for recovery using the Twelve Traditions of Nar-Anon.

I congratulate our Subcommittees on their successes. The Literature Subcommittee continues representing our Region and contributing to World Service recovery. The persevering Outreach Subcommittee is still struggling to reach out due to the impacts of the pandemic. Our Convention/Events Subcommittee is in limbo due to the pandemic's impact on gatherings. Our Region now needs to plan the next possible Narathon utilizing the generous help of volunteers. Our last Regional Narathon had worldwide participation and received generous contributions.

The Technology Services Subcommittee continues to research technical solutions that will benefit the Region today and long into the future, as well as doing the day to day work of improving and maintaining the Region's ability to facilitate two-way communication between groups and the Region.

The Regional Service Committee continues to meet monthly for an hour plus. Your Committee members, being the Chair, Treasurer, Secretary, Delegate, Alternate Delegate, and the Subcommittee Chairs, continue to be the communication link internally, between the Regions' members, and externally, with our Region's members and other regions, as well as with World Service; while making sure the business of the Region is responsibly carried out.

I wish to speak about Responsibilities of GSR's in providing a valuable function in our member's recovery. That function is that of being a communications link, not only at these Regional Assemblies, but of other recovery related resources available to existing and new members. As in so much of our recovery, one doesn't understand some concepts until they experience them, which takes time.

This Program's basis of recovery is put forth in 36 principals divided into three categories. Those Categories are the 12 Steps, 12 Traditions, and 12 Concepts of Service. It has been suggested to view these three categories as one would view a three-legged stool that provides a stable foundation. These three categories of principals provide the basis for a stable foundation for a member's recovery.

So much of our time in group meetings involves the understanding of the 12 Steps and their relationship to our personal recovery. Less time is spent on investigating the 12 Traditions and their importance in maintaining healthy groups so that a forum exists where an understanding of the 12 steps can take place. Much less group time, if any, is utilized to explore the importance of Service in fostering our recovery. I invite you to spend some effort in investigating the importance of Service in recovery and in promoting this important tool of recovery at the group level.

Members fade away from groups for many reasons. One reason is their growth in recovery becomes stagnant. It is suggested that if one is not growing in recovery then one is traveling backwards.

Participating in Service has many forms. Simply attending meetings is one and participating in group meetings and group service are others. The ability to participate in service beyond the group level is what needs to be emphasized. Being a GSR is one method of participation and I congratulate you on that endeavor.

I implore you GSR's to research other methods of Service beyond the group level and communicate to your groups the need to participate in that Service as a basis for understanding their need for continuing growth in recovery. I suggest you investigate our Regional Service Committee and Subcommittees and the important work they do. Investigate and communicate items in the Take Back to Meetings to your group. Get an understanding of World Service Committee work and available literature and promote what you discover to your groups.

Thank you for allowing me to be of service. Please feel free to contact me at any time with any comments, concerns, or questions.

Michael F.  
Your Central California Region's Service Committee Chair Person

# Regional Treasurer's Report

<b>Cash on Hand</b>	<b>Budgeted</b>	<b>Actual</b>	<b>Surplus/Deficit</b>	<b>Notes</b>
<i>Benchmark/Reporting Dates</i>	01/23/21 Assembly	06/30/21	06/30/21	
<b>Cash On Hand June 30, 2021</b>		<b>\$ 8,182.15</b>		
<b>Income</b>				
<i>Description</i>				
Fundraisers	\$ 1,700.00	\$ 0.00	\$ <1,700>	
Individual/Group Donations	\$ 2,300.00	\$ 1,530.80	<769.20>	
<b>Total Income</b>	<b>\$ 4,000.00</b>	<b>\$ 1,530.80</b>	<b>&lt;2,469.20&gt;</b>	
<b>Expenses</b>				
<i>Description</i>				
Assembly	\$ 0.00	\$ 0.00	\$ 0.00	
Outreach	\$ 200.00	\$ 0.00	\$ 200.00	
Travel expense for RSC to assembly and other required meetings	\$ 0.00	\$ 0.00	\$ 0.00	
Postal Services	\$ 0.00	\$ 0.00	\$ 0.00	
Checking account expense (\$35) & Credit card chip reader (\$100)	\$ 135.00	\$ 0.00	\$ 135.00	Combined Checking Acct/CC Chip Reader
Region website expense	\$ 216.00	\$ 0.00	\$ 216.00	
1 Year Zoom Account	\$ 150.00	\$ 0.00	\$ 150.00	
Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00	\$ 0.00	\$ 1,250.00	
Alternate Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00	\$ 0.00	\$ 1,250.00	
Delegate/Alternate Delegate travel expense to groups	\$ 0.00	\$ 0.00	\$ 0.00	
Conventions	\$ 500.00	\$ 0.00	\$ 500.00	
Events	\$ 0.00	\$ 0.00	\$ 0.00	
New Meeting Start Up	\$ 300.00	\$ 0.00	\$ 300.00	
Donation to WSO	\$ 250.00	\$ 0.00	\$ 250.00	
Contingency Fund	\$ 300.00	\$ 0.00	\$ 300.00	
Prudent Reserve (3 months operating costs)	\$ 515.00	\$ 0.00	\$ 515.00	
<b>Total Expenses</b>	<b>\$ 5,066.00</b>	<b>\$ 0.00</b>	<b>\$ 5,066.00</b>	
<b>Rollover Cash on Hand 1/01/2021</b>	<b>\$ 6,651.35</b>			
<b>Estimated Annual Income 1/23/2021 Assembly</b>	<b>\$ 4,000</b>			
<b>Estimated Annual Expenses 1/23/2021 Assembly</b>	<b>\$ 5,066.00</b>			
Prudent Reserve (3 months operating costs)	\$ 515.00			
Contingency Fund	\$ 300.00			
<b>Estimated Cash On Hand for December 31, 2021</b>	<b>\$ 6,400.35</b>			

December 31, 2020 Carryover of \$6,651.35 approved at Regional Assembly January 23, 2021



**STATEMENT  
OF ACCOUNTS**

Page 1 of 1  
Statement Number: ~~05292~~20534  
05/29/21 - 06/30/21

UNION BANK  
MONTEREY MAIN 0108  
P.O. BOX 60368  
PHOENIX AZ 85082-0368

**Telephone Banking**  
For 24-hour Automated Direct Service  
800 888 6466  
800-826-7345(TDD)  
Representatives are available  
Monday through Saturday

**NAR-ANON FAMILY GROUP HEADQUARTERS  
CENTRAL CA REGION  
3463 STATE ST #424  
SANTA BARBARA CA 93105**

To open additional accounts,  
or apply for loans, call your  
banking office at 831-657-1145

You may also access your account online  
at unionbank.com

Thank you for banking with us  
since 2014

**Non Profit Checking Summary**

Account Number: ~~05292~~20534

Days in statement period: 33

<b>Balance on 5/29</b>	\$	<b>8,073.99</b>
Additions		108.16
Subtractions		0.00
<b>Balance on 6/30</b>	\$	<b>8,182.15</b>

Statement Average Ledger Balance 8,128.79

We waived your service charge this statement period.

**Additions**

<i>Date</i>	<i>Description/Location</i>	<i>Reference</i>	<i>Amount</i>
6/7	STRIPE TRANSFER CCD ST-F1Q0N9T3E4P9	51186337	\$ 47.25
6/16	STRIPE TRANSFER CCD ST-P000J4G3W7Z4	50995188	18.72
6/21	STRIPE TRANSFER CCD ST-U3V9M003Q8C3	54588514	13.96
6/22	STRIPE TRANSFER CCD ST-E8X7O9X7W9J2	55858407	28.23
<b>Total</b>			<b>\$ 108.16</b>

NAR-ANON

7/1/2021 8:26 PM

Register: Nar-Anon CCR  
From 06/01/2021 through 06/30/2021

Sorted by: Date, Type, Number/Ref

<b>Date</b>	<b>Number</b>	<b>Payee</b>	<b>Account</b>	<b>Memo</b>	<b>Payment C</b>	<b>Deposit</b>	<b>Balance</b>
06/07/2021			Direct Public Support:I...	Stripe Transfer		47.25	8,121.24
06/16/2021			Direct Public Support:I...	Stripe Transfer		18.72	8,139.96
06/21/2021			Direct Public Support:I...	Stripe Transfer		13.96	8,153.92
06/22/2021			Direct Public Support:I...	Stripe Transfer		28.23	8,182.15

# Proposed Regional Budget



**Starting Cash on Hand**

<i>Description</i>	
<b>Estimated Cash On Hand January 1, 2022</b>	<b>\$ 11,412.95</b>

**Income**

<i>Description</i>	
Fundraisers	\$ 1,700.00
Group Donations	\$ 2,300.00
<b>Total Income</b>	<b>\$ 4,000.00</b>

**Expenses**

<i>Description</i>	
Assembly	\$ 0.00
Outreach	\$ 200.00
Travel expense for RSC to assembly and other required meetings	\$ 0.00
Postal Services	\$ 0.00
Checking account expense	\$ 0.00
Region website expense	\$ 216.00
Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00
Alternate Delegate WSC expense (equalized expense and incidentals)	\$ 1,250.00
Delegate/Alternate Delegate travel expense to groups	\$ 300.00
Chip Reader For Credit Card Donations	\$ 100.00
1 Year Zoom License (Auto-Renews Annually on 8/22)	\$ 150.00
Conventions	\$ 500.00
Events	\$ 300.00
New Meeting Start Up	\$ 300.00
Donation to WSO	\$ 250.00
Contingency Fund	\$ 300.00
Prudent Reserve (3 months operating costs)	\$ 515.00
<b>Total Budgeted Expenses</b>	<b>\$ 5,631.00</b>

**Ending Cash on Hand**

<i>Description</i>	
Prudent Reserve (3 months operating costs)	\$ 515.00
Contingency Fund	\$ 300.00
<b>Estimated Cash On Hand for December 31, 2022</b>	<b>\$ 9,781.95</b>

For July 26, 2021 Assembly Approval

# Delegate's Report

Delegate Report  
CCR Assembly  
July 2021

Hello CCR Family,

Our groups have weathered many virtual challenges and resourcefully continued to serve the newcomers and members with dedication and grace. With the world opening up we are seeing an increase in physical meetings. A few have stayed in-person and to those resuming...welcome back!

We have 17 meetings in our region. All groups are now active.

12 - groups are on a virtual platform, possible hybrid or go back to in-person.

2 - groups are permanently registered with the WSO as a virtual meeting.

3 - groups are in-person.

We have 6 groups supported by the CCR using the shared Zoom Account to hold their weekly meetings. If your group is interested in registering, check to see if your group's meeting time and day is available.

<https://www.naranoncentralca.org/ccr-video-reservations>

Some group's questions over the past 6 months:

Can we screen share? What can we screen share? What is the best way to continue 7<sup>th</sup> Tradition within our group? Instead of mailings, can the WSO send email for receipts of donations to save money, time and anonymity? How do you run a hybrid meeting? What happened at the WSC?

We do not yet have answers to all of these questions. What we have learned at the WSC is summarized below. For a more detailed Delegate's report go to the CCR World Service Conference page. This will include: Final Minutes, Literature Priority List, Balance Sheet 2020, Profit and Loss 2020.

<https://www.naranoncentralca.org/member-services/conference>

Highlights from WSC:

- The next World Service Conference will be held in 2023.
- The 2021 WSC was the first virtual conference. It could also be considered hybrid, as a handful of folks were gathered at the World Service Office in Torrance, CA.
- Delegates and Alternate Delegates from 10 countries were able to participate. Canada, Brazil, Iran, Argentina, Colombia, Russia, South Africa, UK, Japan and the US.
- There were up to 33 voting members comprising 27 Delegates/Alt Delegates and 6 BOT Members. There were 42 observers.
- The WSO Finance and Budget Committee reported that the funds donated from the difference between the equalized expenses amount stayed in the WSC account for funding during the conference. When completed, the remaining funds will be transferred to the general World Service account.

- The proposed floor motions prepared for screen sharing was not open for discussion. It will be a floor motion in 2023. However, there was a motion made and seconded for legal counsel to clarify the copyright information in the GWS regarding screen sharing. We will be notified of the outcome through one of the upcoming Serenity Connection Newsletter's.
- Other approved floor motions for 2023 WSC, convert more electronic CAL, full use of the newcomer's 20 Questions and the Newcomer's Welcome on a website or screen sharing.

The process was long and much time was spent on many amendments at this Conference. Change is taking place. Four regions created an ad-hoc committee, including members from the CCR, that is preparing proposed floor motions for the 2023 Conference Agenda Report. This committee also prepared the proposed floor motions for urgent matters that our groups had voiced, such as screen sharing CAL and converting more electronic CAL. The focus is to work together to streamline motions so the CAR review process will take less time, thereby freeing more time for the groups, regions, WSC and our one purpose; to help families of addicts. <http://bit.ly/WRCNFG>.

At this writing, the Nar-Anon webstore has released an updated edition of the small Blue Booklet with CAL from the 2021 WSC. The large print Blue Booklet is still pending and the date has not been released yet, for the electronic versions. [Nar-Anon.org](http://Nar-Anon.org)

Thank you all for your dedicated service.  
Please reach out if there is anyway the region can serve your groups.  
Humbly and in gratitude,

JT W., Interim Delegate  
[delegate@naranoncentralca.org](mailto:delegate@naranoncentralca.org)

## Delegate Report WS Conference May 2021

Our adventure to the 1st virtual World Service Conference began at 6am Thursday, April 29th. In order to accommodate the international fellowship, Pacific Time started the earliest and Japan's time zone stayed up the latest, up to 4am. Some days we started earlier and extended our ending time to get 53 motions and 51+ submitted amendments (not including the motions and amendments made on the floor) addressed. We had presentations from the WS Literature Committee and Finance & Budget. We participated in the elections of new members onto the Board of Trustees and a Delegate Representative. We welcomed 4 new BOT members.

### Hot topics:

Our next conference is to be held in 2023. When participants were asked, most were highly in favor of holding a virtual conference.

There were up to 33 voting members comprising 27 Delegates/Alt Delegates and 6 BOT Members. We, as well as other regions, traded the voice and vote for the CCR throughout the Conference. Technology allowed us to remain side by side so as the CCR representatives we were able to keep visual and audio contact throughout the conference to support each other.

International Delegates expressed the difficulties they are experiencing in obtaining printed CAL, e.g., shipping costs and delays in receiving orders, or never receiving ordered literature. Further input from International Delegates was the desire to access electronic versions of CAL that would give them the ability to utilize at their meetings without delay.

Most regions want screen sharing. To address the subject a motion was made and approved for legal counsel to clarify the copyright information in the GWS regarding screen sharing. We will be notified of the outcome.

### **The benefits of a virtual conference:**

- Delegates and Alternate Delegates from 10 countries were able to participate.
- Canada, Brazil, Iran, Argentina, Colombia, Russia, South Africa, UK, Japan and the US. The US Delegate representation was 17 Regions. The remaining 9 countries' Delegate representation was 10 regions.
- Ballots were done through electronic voting. The conference also was able to utilize this process for items on the agenda to free up some precious time and to choose the theme of the 2023 WSC.
- Cost savings for all regions. It was reported that the funds donated from the difference between the equalized expenses amount stayed in the WSC account for funding during

the conference. When completed, the remaining funds will be transferred to the general World Service account.

- We gained a sensitive awareness of the challenges of non-English speaking participants. The use of language translation technology proved helpful for at least one Delegate. Non-English and English-speaking Delegates voted for the use of such technology.
- Communication will be enhanced globally as the WSC offered a complete list of “official” Delegate’s emails.

**Disadvantages of a virtual conference:**

Many participants expressed how they truly missed the personal connections. Sharing a meal, getting acquainted through SESH and taking walks before conference.

The wheel had to be created for this first virtual conference. We are grateful to the WSCC for the willingness to have a virtual platform. This conference would not have been the success it was without The Technology Team, the secretaries, the facilitator, and other behind the scenes personnel. They did an outstanding job. The level of patience and compassion displayed by each of them was greatly appreciated.

We are deeply humbled by the privilege to serve in the capacity of Delegate and Alternate Delegate for the CCR. Thank you to all members of our region for your support and words of encouragement in the longest running World Service Conference cycle in history! We truly believe we could not have done this alone.

In loving service,

Teri & JT

A list of new CAL is provided following this report

# Interim Delegate

# Interim Delegate

---

July 19, 2021

Effective May 8, 2021, Teri M resigned as CCR's Delegate. Teri stated that she decided to "take a break from service at the regional level." She also stated the 2018-2021 WSC cycle has been an extraordinary experience, and that "It has been an honor to represent our region over these many years as Alternate Delegate and then Delegate. I am grateful for the opportunities for growth and knowledge I have experienced and gained since I was entrusted to serve at the Regional level." She said, "My journey in Nar-Anon will continue".

Given this event; on Page 20 in the ***Nar-Anon Central California Region Guide to Regional Services - Regional Structure*** it states:

## **"Removal and Resignation of Officers**

If removal or resignation occurs, that position shall be filled on an interim basis by the RSC majority vote and presented at the next RSA for confirmation."

Also, on Page 29 under Regional Structure it states:

## **"Regional Delegates**

Delegate and alternate delegate are elected to serve for two years. Delegates are elected at the Elections RSA. The term of service begins when the region's bank accepts the transfer of leadership to the newly elected RSC officers. The alternate delegate should be willing to become delegate at the end of the delegate's term. In the event the delegate is unable to fulfill their duties the alternate delegate becomes delegate in an interim capacity and may continue to serve two subsequent full terms."

Given that Teri resigned as Delegate, and since JT was the Alternate Delegate, she has said she is willing to serve as Interim Delegate for the remainder of Teri's two-year term. On 6/2/21 the RSC approved JT serving as Interim Delegate.

A motion from this Assembly will be needed to approve JT as Interim Delegate until the next Regional Service Election Assembly about this time year.



# World Service Conference Documents



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**CONFERENCE OPENS**

**Thursday – April 29, 2021** opened at: 6:02 PST/9:02 EST

- The conference opened with a moment of silence, followed by the Serenity Prayer.
- The 12 Steps, Traditions, and Concepts of Service were read
- Daily SESH Reading
- Announcements
- Welcome from Board Vice Chair
- Introduction of the Board of Trustees
- Welcome from Executive Director, World Service Office
- Introductions of Delegates and Alternates
- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**PROCEDURAL VOTING / INFORMATION SESSION**

**Motion** made to amend the Standing Rules of Order for WSC, Rule #1, to add at end: the use of combination of technology and simultaneous translation is authorized to allow members who do not speak English as their primary language to hear what is discussed during the WSC.

Motion made and seconded to accept Standing Rules of Order as amended.

**Standing Rules of Order as amended -- CARRIED by unanimous consent**

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Recess at 7:31, reconvene at 7:46

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- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion** made and seconded to accept the WSC 2018 Minutes: Monday April 30, 2018 as submitted

**Motion -- CARRIED by unanimous consent**

- WS Literature Committee – Priority List Introduction

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Recess at 8:30, reconvene at 8:35

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Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**INFORMATION SESSIONS / UNFINISHED BUSINESS - MOTIONS**

**Motion** made and seconded to accept the Agenda as submitted.

**Acceptance of Agenda -- CARRIED by unanimous consent**



**GROWTH THROUGH SERVICE**  
NAR-ANON WORLD SERVICE CONFERENCE 2021

**Motion 35:** In the Guide To World Services, Section WSC Standing Rules of Order, remove #12 and replace with:

12. These standing rules of the conference are applied in conjunction with the Twelve Traditions of Nar-Anon Family Groups, the Twelve Concepts of Nar-Anon Service, and Robert's Rules of Order.

**Motion 35 -- CARRIED 33/0/0**

**Motion 12:** To remove all quotes except Nar-Anon quotations in SESH book (see: Appendix to CAR Motion 12).

**Motion 12 -- FAILED 3/29/1**

**Motion** from the floor made and seconded to have Facilitator read only the motions and not the entire page

**Motion -- CARRIED 29/3/1**

**Motion 4:** In future Nar-Anon publications, don't include writings or quotes from external literature to Nar-Anon or from persons who aren't members of our fellowship.

**Motion 4 -- CARRIED 26/7/0**

**Motion 13:** To remove all quotes except Nar-Anon quotations in Progress Not Perfection Journal (see: Appendix to CAR Motion 13).

**Motion 13 -- FAILED 3/27/2** (adjusted quorum)

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Recess at 9:54, reconvene at 10:33

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- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion** from the floor made and seconded to simple majority voting, only counting in favor or opposed votes, remaining will be considered abstention.

**Motion -- CARRIED by unanimous consent**

**Motion 44: Motion: World Service Narateen Safety Policy & Guidelines, Meeting Safety and Member Conduct, page 3**

**Remove second paragraph:**

"Narateen members may have been exposed to violence, drug abuse, weapons, verbal abuse, emotional disorders, and law enforcement issues. The facilitator's job is to help teens cope with their feelings regarding addiction using the tools of Narateen/Nar-Anon. Family members or guardians who leave a child at a Narateen meeting are entrusting facilitators with the safety of their child during the meeting. It is the responsibility of the facilitators to maintain order during the meeting according to the behavior



**GROWTH THROUGH SERVICE**  
NAR-ANON WORLD SERVICE CONFERENCE 2021

requirements. Any disciplinary action to be taken by facilitators is explained in the requirements. An example of possible disciplinary actions would be a verbal warning for the first offense."

**Replace with:**

Narateen members may have been exposed to violence, drug abuse, weapons, verbal abuse, emotional disorders, and law enforcement issues. The facilitator's role is to help teens recover from the effects of addiction by using the tools of Narateen/Nar-Anon. Family members or legal guardians who leave a child at a Narateen meeting are entrusting facilitators with the safety of their child during the meeting. It is the responsibility of the facilitators to maintain order during the meeting in accordance with the group, area or region safety policy. It is up to a group, area, or region to determine policy for dealing with teen disruptive behavior.

**Remove first sentence of third paragraph:**

~~"Before and after the meeting, it is the family member's or legal guardian's responsibility to discipline their children and they should not be questioned by the facilitator.~~ If a member must be removed from a meeting due to disruptive behavior, a facilitator should stay with the child until released to their parent."

**Motion 44 as amended -- CARRIED 32/0/1**

**Motion** from the floor made and seconded to extend conference by one hour adjourning at 12:00 pm PST / 3:00 pm EST

**Motion -- CARRIED 28/4/1**

**Motion 45: Motion: Guide to Local Services (GLS), page 5.1 Bullet Point #4:**

**Remove:** "Establish subcommittees, such as Narateen facilitators, events, outreach, telephone answering services, and others as deemed necessary."

**Replace:** Establish subcommittees, such as Narateen, events, outreach, telephone answering services, and others as deemed necessary

**Motion 45 -- CARRIED 33/0/0**

**Motion 46: Motion: Guide to Local Services (GLS), Narateen Process Person, third paragraph page 7-3.**

~~Add after first sentence,~~ **Add as a 5th bullet point**

Provide a copy of the most recent area or region assembly approved Safety Policy & Guidelines to WSO annually in June.

**Motion 46 as amended -- CARRIED 32/0/1**

**Motion** from the floor made and seconded to adjourn for the day.

**Motion -- CARRIED 32/0/1**



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**Motion** from the floor made and seconded to adjust start time on Friday, April 30, 2021, to 5:30 am PST / 8:30 EST

**Motion-- CARRIED 32/0/1**



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**CONFERENCE RESUMES**

**Friday, April 30 opened at 5:32 am PST / 8:32 EST**

- The conference opened with a moment of silence, followed by the Serenity Prayer.
- The 12 Steps, Traditions, and Concepts of Service were read in Japanese
- SESH Reading for April 30, 2021 in Japanese
- Announcements
- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion** to accept the minutes from April 29, 2021 minutes as submitted was made and seconded.

**Motion -- CARRIED by unanimous consent**

**Motion** made and seconded to vote using show of hands for  $\frac{2}{3}$  motions unless a division of assembly is called

**Motion -- CARRIED by unanimous consent**

**Motion** maker withdrew Motion 17

**Motion 14: Addition of the Nar-Anon "Higher Power, guide me on my journey to peace and serenity, help me to let go of self-will, and turn my life over to your care." prayer to ~~page one of~~ the Nar-Anon Family Groups Blue Booklet and Nar-Anon 36. after the Serenity Prayer. Also create a laminated reading card for this prayer and add to M-7138B Laminated Reading Cards B - Other Readings (8) and M-713C Laminated Reading Cards C-Complete Set (11).**

~~Suggested format:-~~

~~Higher Power, guide me on my journey to peace and serenity,  
help me to let go of self-will,  
and turn my life over to your care.-~~

**Motion 14 -- CARRIED 32/0/1**

---

Recess at 7:02; reconvene at 7:21

---

- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Facilitator - Point of Information:** reminded the conference "Point of Information" is used to request information **not** to state information



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**Motion** made and seconded that amendments sent in, as strongly suggested by the Conference, will be handled before floor amendments.

**Motion -- CARRIED 30/2/1**

**Facilitator - Point of Information:** Motion maker gets first opportunity to speak on the motion which includes an amendment.

**Motion 18:** Add "Prayer for the Growth of Our Fellowship" to the Blue Booklet **on a new page after page 1**. Also create a laminated reading card **and table card** for this prayer. **Add to M-713B Laminated Reading Cards B – Other Readings (8) and M-713C Laminated Reading Cards C – Complete Set (11)**

**Motion 18 as amended -- CARRIED 28/1/4**

**Motion 19:** Add the CAL "Third Step Prayer" to the Blue Booklet **and the new daily reader**. Also create a laminated reading card for this prayer.

**Motion 19 as amended -- CARRIED 31/0/2**

---

Break at 8:27: reconvene at 8:57

---

- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion 6:** In the Nar-Anon Blue Booklet, page 14, Helping, 3rd paragraph, remove the 4th sentence, "Love alone can create."

**Motion 6 -- CARRIED 29/3/1**

**Motion 7:** In the Blue Booklet, page 6, About Addition, 7<sup>th</sup> sentence,

**Revise:** "Even when they know what will happen when they take the first drink, pill or fix, they will do so."

**Replace with:** "Even when they know what will happen when they take the first drink, pill or fix, they **may are likely to do so.**"

**Motion 7 as amended -- CARRIED 26/7/0**

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Recess at 10:08: reconvene at 10:25

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- Roll Call by show of hands - 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**Motion 15: Add the 12 Steps 12 Traditions and 12 Concepts as the last 2 pages of Nar-Anon 36**

**Motion 15 -- TO LAY ON THE TABLE 32/0/1**

**Motion 36: In the Nar-Anon Blue Booklet, page 5, Changing Ourselves, 2<sup>nd</sup> paragraph,**

When we discover Nar-Anon, we find others with the same feelings and problems. We learn we ~~cannot control the addicts or change him~~ **can neither control addicts nor change them**. We have become so addicted to the addict that it is difficult to shift the focus back to ourselves. We find we must let go and turn to faith in a Higher Power. By working the steps, following the traditions, and using the tools of the program, we begin, with the love and help of our Higher Power and others, to change ourselves.

**Motion 36 as amended -- CARRIED 31/1/1**

**Motion** to extend conference to address Motion 50.

**Motion -- CARRIED 28/0/5**

**Motion 50: Blue Book, page 12**

**Remove the sentence below.**

"The very essence of Nar-Anon is that the whole program is merely suggested."

**Replace with:**

**With the guidance of the Twelve Traditions and Twelve Concepts of Service**, the very essence of Nar-Anon is **that the whole program as it relates to** your personal recovery ~~program~~ is merely suggested.

**Motion 50 as amended -- CARRIED 32/0/1**

**Adjourn at 11:31 with Serenity Prayer**





**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**CONFERENCE RESUMES**

**Saturday, May 1 opened at 6:03 am PST / 9:03 am EST**

- The conference opened with a moment of silence, followed by the Serenity Prayer
- The 12 Steps, Traditions, and Concepts of Service were read in Farsi
- SESH Reading for May 1, 2021 in Farsi
- Announcements
- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion** was made and seconded to to accept the minutes from April 30, 2021 minutes as corrected. Correction to Friday 4/30, Motion 50 - add the word CARRIED

**Motion as corrected -- CARRIED by unanimous consent**

**UNFINISHED BUSINESS – MOTIONS**

**Motion** made and seconded to Take from the Table - Motion 15

**Motion -- CARRIED unanimous consent**

**Motion 15: Add the 12 Traditions and 12 Concepts as the last 2 pages of Nar-Anon 36**

**Motion 15 -- FAILED 10/22/1**

**Motion 1: In the Guide to Local Services, page 2-1, section How to Start a Nar-Anon Meeting, subsection Registration of Groups, insert the text below at the end of paragraph 2:**

**If there are established Nar-Anon Family Group meetings in your community, you are encouraged to reach out to those groups for support and information.**

**Motion 1 -- CARRIED 28/2/3**

**Motion 5: The action requested is to approve a new annual daily reflections book written by Colombian Nar-Anon members. This book will also be sent to the World Service Literature Committee.**

**Ruled Out of Order by the Facilitator**

(There is a process for Literature submission in the Guide World Service)

**Motion 37: To approve PD-136 Seventh Tradition pamphlet**

**Motion 37 -- CARRIED 33/0/0**

---

Recess at 7:02: reconvene at 7:18

---



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

- Roll Call by show of hands - 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion** was made and seconded to extend the day today by one hour to end at 12 pm PST/3 EST

**Motion -- CARRIED 31/1/1**

**Motion** was made and seconded to extend May 2nd the day by 30 minutes to begin the day at 5:30 am PST / 8:30 EST

**Motion -- CARRIED 30/0/3**

**Motion 39: To approve BD-218 Grandparent's Stories – The Family Disease Across Generations** strike out the phrase "For me, letting go is not to regret the past but to grow and live for the future." of the last paragraph of story #3 Feeding Faith or Feeding Fear.

**Motion 39 as amended -- CARRIED 32/0/1**

**Motion 40: To approve BD-219 *Our Traditions Principles for Groups and Beyond.***

**Motion 40 -- CARRIED 33/0/0**

**Motion 41: To approve BD-220 *Narateen Twelve Step Workbook* for use in meetings. This workbook will NOT fall under the moratorium for recovery literature until after the first conference approved revision to allow for additional original writings to be added at a future conference.**

**Motion 41 -- CARRIED 32/0/1**

**Motion 42: To approve PD-135 *We've Been There***

**Motion 42 -- CARRIED 33/0/0**

**Motion 9: Guide to World Service – Qualification of a Trustee – Page 29**

**In addition to the qualifications outlined in the bylaws, other desirable qualifications to be considered are as follows:**

- Six years of Nar-Anon service, which must include serving as one of the following: area/regional officer, delegate or alternate delegate or any combination thereof
- Clear understanding of Nar-Anon's Twelve Steps, Twelve Traditions, and Twelve Concepts of Service
- Familiarity with Nar-Anon's service structure
- Familiarity with Nar-Anon's bylaws, policies, and guidelines
- History of both completing work independently and working well within a group
- Organizational and communication skills



**GROWTH THROUGH SERVICE**  
NAR-ANON WORLD SERVICE CONFERENCE 2021

- Management or financial knowledge
- Ability to prepare and present motions (proposals), plans, and management policies and procedures for Nar-Anon’s growth
- Willingness to initiate and facilitate new projects
- Ability to spend sufficient time attending meetings and serving on a world service committee
- Ability to accept criticism and flexibility to acknowledge other ideas

**REPLACE**

Bullet #2 Change “Clear understanding” to “Have participated in Step, Tradition, Concept studies.”

~~Bullet #10 Change “Ability to spend sufficient time attending” to “Ability to spend 5 (example) hours/week.”~~

Bullet #11 Replace entire bullet with “Ability to discuss and ~~accept~~ consider opposing viewpoints.”

**Motion 9 as amended -- CARRIED 31/2/0**

**Delegate** left conference resulting in a quorum of 32 -22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion 24: In the Guide to Local Services, Page 4-1, Group Structure –**

**Delete** the last 2 bullets under Duties of Group Officers, Chair/Leader - “Helps establish committees, if these are necessary” and “Can act as chair of the steering committee, when there is one”

**Motion 24 -- FAILED 13/19/0**

Break at 8:15; reconvene at 8:45

**Motion** made and seconded to extend break for 5 minutes - reconvene at 8:50

**Motion -- CARRIED 22/0/0**

- Roll Call 32 voting members: 32 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion 34: In the Guide to Local Services, page 6-3, RSC Meetings**

**Remove paragraph:** “The voting members are the officers (chair, vice chair, secretary, and treasurer); ASRs; delegate and alternate delegate; subcommittee chairs; and others as the region may deem appropriate.”

**Replace with:** The voting members are ASRs, delegate and alternate delegate and others as the region may deem appropriate.

**Motion 34 -- FAILED 0/28/4**



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**Motion 43: To restructure the first sentence, paragraph eight, of the Detachment pamphlet P-107 as follows:**

**Remove:** "When we disengage our emotions from the problems and addict we love and care about, that's detachment."

**Replace with:** "When we disengage emotionally from our loved ones' problems that is detachment."

**Motion 43 -- CARRIED 24/5/3**

**Motion 47: Motion: Guide to World Services (GWS), Nar-Anon Copyright Release Form, Parental Consent signature:**

**Insert** "Family Member/Legal Guardian" after Parental and before Consent

So it now reads:

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(Parental/**Family Member**/Legal Guardian Consent if author is **a minor under age of 18**)

**Motion 47 as amended -- CARRIED 30/0/2**

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Recess at 9:42; reconvene at 10:00

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● Roll Call by show of hands - 32 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion** made and seconded to change agenda to switch Motion 53 and Motion 51

**Motion -- CARRIED 25 in favor**

**Motion 53: In the Guide to World Services, page 34, World Service Committees, add World Service Translations Resource Committee Description:**

**World Service Translations Resource Committee**

Duties and responsibilities: The purpose of the WS Translations Resource Committee is providing assistance for translation of conference approved literature. The committee does not translate literature this is done by Local Translations Committees. The responsibility of this committee is to ensure translations maintain the spirit of the Nar-Anon message, as well as, making sure the Twelve Steps, Twelve Traditions and Twelve Concepts of Service are upheld in translations. The committee will have a database of each countries translated Nar-Anon literature. Also, they will compile a list of English words or phrases that do not have a direct translation in each language, listing the translated words or phrases.

Qualifications for membership:



**GROWTH THROUGH SERVICE**  
NAR-ANON WORLD SERVICE CONFERENCE 2021

In addition to the general requirements for serving on a world service committee, members speak English and one or more other languages; familiar with the steps, traditions, and concepts; have experience reviewing and editing literature with regard to grammar, spelling, punctuation, and writing; and be capable of using a word processing program.

**Motion 53 -- CARRIED 31/0/1**

Delegate stated that Motion 51 is out of order. Facilitator determined Motion was not out of order.

Facilitator decision was appealed

Facilitator called a simple majority vote in favor

**Decision of Facilitator is Sustained -- CARRIED 23/5/4**

**Motion 51: In the Guide to World Services, remove page 26, section "Translation of Nar-Anon Literature" and replace with:**

**Translations of Nar-Anon Literature**

Countries outside of the United States contacts WSO to request approval to translate Nar-Anon Conference Approved Literature (CAL). WSO will send a translation contract letter containing all contracts to translate, print and distribute translated CAL. Signing of the contracts acknowledges Nar-Anon literature is the intellectual property of NFGH Inc. and they agree to comply with each of the terms and conditions in the contract.

Translations of Nar-Anon literature should conform to the spirit and meaning of the original English versions All translated literature must include a statement that reads, "Approved translation and reprint of Nar-Anon conference approved literature." This indicates the translation itself has not been approved by the WSC, but that it is a translation of Nar-Anon conference approved literature.

The NSO/region will form a local translation committee of Nar-Anon members skilled in the local language and at least one member who is also skilled in English. The committee members should be familiar with the steps, traditions, and concepts. The NSO/region should contact the World Service Translation Resource Committee for guidance and any questions about translations and the translation process.

A list of the CAL literature for translation is presented to the National Service Conference and approved prior to signing the translation contract. In countries without an NSO, their regional assembly votes on approval.

**Motion 51 -- CARRIED 25/4/3**



**GROWTH THROUGH SERVICE**  
NAR-ANON WORLD SERVICE CONFERENCE 2021

**Motion 52: In the Guide to World Services, page 32, remove: National Service Office (NSO).**

**Replace with:**

NATIONAL SERVICE OFFICE (NSO)

A national service office (NSO) is the Nar-Anon national administrative headquarters of a country, excluding the USA, preferably located in a central area within the country it serves. An NSO is established when the fellowship in any country has multiple organized regions and has resources to do so. It is established under the laws and regulations of the country. The NSO is comprised of employees and volunteer Nar-Anon members. Although an NSO's functions are similar to WSO's, it is not an international branch of WSO.

The primary function of the NSO is to unify its members and groups into a national fellowship, which is part of our worldwide fellowship. It maintains communication with members, groups, areas, and regions by telephone, email, website, and newsletter. The NSO gives support and guidance to new and existing groups, areas, and regions.

The NSO maintains a database of its registered groups, areas, and regions, including names, addresses, and telephone numbers of GSRs and group officers, ASC officers, RSC officers, and regional delegates. Records of all activities and the archives of the country's Nar-Anon history are kept by the NSO.

An important function of the NSO is to serve as a clearinghouse for Nar-Anon conference approved literature (CAL) by translating, printing, and distributing **both paper and electronic versions** of CAL to **its worldwide members who speak the primary language of the NSO**. **The NSO operates** with permission and under contractual agreement with NFGH, Inc. Any proposed or newly developed literature by a member, or a country's literature committee **will follow, follows** the approval processes outlined in the Guide To World Services for recovery or service/outreach literature and materials to become conference approved literature (CAL) at a World Service Conference (WSC). **References to the National Service Office also apply to those regions who have translation (publishing) sales agreements with WSO.**

Another function of an NSO is public relations and outreach. It does this by providing information to hospitals, institutions, and government agencies based on our traditions and in the spirit of cooperation not affiliation.

All NSO activities are overseen by the national board of trustees (NBOT). The NSO reports its activities quarterly to the NBOT and annually to the National Service Conference (NSC). However, it cannot mandate or govern the Nar-Anon Fellowship, which it serves.



**GROWTH THROUGH SERVICE**  
NAR-ANON WORLD SERVICE CONFERENCE 2021

The NSO reports its activities twice a year (June & December) to the World Service Board of Trustees (BOT). To keep abreast of worldwide fellowship affairs, two-way communication is maintained with the BOT and WSO.

**National Service Board of Trustees Guidelines (NBOT)**

Nar-Anon's National Service Board of Trustees is responsible for the National Service Office (NSO) the non-profit corporation of their country. In accordance with Nar-Anon's Twelve Traditions and Twelve Concepts of Service, it provides support for the administration of the NSO and has legal and financial authority and responsibility for managing Nar-Anon affairs in their country.

**National Executive Committee**

The National Executive Committee is composed of the chair, vice chair, secretary, treasurer of the NBOT. In addition, the board may, by a majority vote, designate other members of the board to serve on this committee.

The purpose of the National Executive Committee is to oversee the day-to-day business and affairs of the corporation. The Executive Committee makes recommendations to the NBOT regarding major expenditures, proposals of new staff, and compensation for employees of NSO. The NBOT must approve these recommendations before any action is taken. The committee meets between NBOT meetings to discuss affairs directly related to the smooth operations of NSO. Minutes of these meetings are timely submitted to the NBOT, which oversees this committee.

**National Service Committees**

National service committees are directly responsible to the NBOT, as described in the Bylaws. The **world national** service committees and the NBOT are responsible to the fellowship as directed by the National Service Conference.

These Nation Service Committees may include, but are not limited to, Outreach, Literature, Narateen, Conventions, and Events, etc. Each NSC is composed of a chair, vice chair and secretary.

**Motion 52 -- TO LAY ON THE TABLE CARRIED 26/4/2**

**Motion 3: In the Guide to Local Services, section Regional Structure, subsection RSC Officers, Treasurer after the sentence, page 6-2:**



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**Add** "Alternate Treasurer." The Alternate Treasurer should be willing to become treasurer at the end of the current treasurer's term. The recommended experience for this position is two (2) years continuous service in Nar-Anon.

Duties:

- In the treasurer's absence, perform the duties of treasurer previously listed.
- In the event treasurer is unable to fulfill the duties of their position, assume the treasurer's duties until an election assembly can be held.
- Attend over all RSC meetings and assemblies.

**Motion 3 -- FAILED 21/9/2**

**Motion 8: Guide to Local Services – Regional Structure – Page 6.1, paragraph 2.**

The RSC's purpose is to plan for the general improvement of groups and areas by holding regular business meetings, and to conduct assemblies. Members of the RSC perform the duties described in these guidelines and follow any parliamentary procedures (Robert's Rules of Order) adopted at the assembly. Its members strive to work for the common good of Nar-Anon as a whole, guided by the conscience of their groups. All members and officers should be bound by Nar-Anon's Twelve Traditions and Twelve Concepts of Service.

**Add to the end of paragraph:** Officers **and all members** should be current continuous participating members in a Nar-Anon home group.

**Motion 8 as amended -- FAILED 12/17/3**

**Motion 11: In GLS, page 3-2, section Sample Format for Nar-Anon Meetings, after reading part, to add the following sentence at the beginning of fifth part: "Narateen is an integral part of the Nar-Anon fellowship for teens affected by someone else's addiction and are coping with the addiction problem of a family member or friend."**

**Motion 11 -- TO LAY ON THE TABLE CARRIED 25/4/3**

**Motion 23: In the Guide to Local Services, Page 3-4, Meeting Ideas - add two new subsections:**

**"Suggested recovery meeting durations:** Nar-Anon meetings suggested time - 60 to 90 minutes and Beginner meetings suggested time of 30 to 45 minutes - before or after Nar-Anon meeting."

**"Business Meeting:** Nar-Anon business meeting suggested time as per group conscience before or after the recovery meeting."





**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**"Panel Meeting:** where two or three members are asked to share their experience on questions submitted by group members. See form in back of book."

**Personal Stories:**

Delete first sentence: "Two or three members are asked before the meeting to tell how Nar-Anon has helped them find a new way of life."

Replace with: "Two or three members are asked before the recovery meeting to tell how Nar-Anon has helped them find a new way of life."

**Motion 23 -- FAILED 12/17/3**

**Motion 26: In the Guide to Local Services, Page 3-2, Sample Format for Nar-Anon Meetings**

**Remove:** "Leader/Chair - Once the meeting has opened, we only read from conference approved literature which can be found on the literature order form from WSO."

**Replace with:** "Leader/Chair /Literature person (where applicable) - Once the meeting has opened, we only read from conference approved literature which can be found on the literature order form from WSO."

**Remove:** "Leader/Chair - Our Seventh Tradition says that every group ought to be fully self-supporting. We pass the basket around for contributions to be used for purchasing literature from WSO (World Service Office), to pay rent, and to make donations to service areas beyond the group level."

**Replace with:** "Leader/Chair/Group Treasurer (where applicable) - Our Seventh Tradition says that every group ought to be fully self-supporting. We pass the basket around for contributions to be used for purchasing literature from WSO (World Service Office), to pay rent, and to make donations to service areas beyond the group level."

**Motion 26 -- FAILED 5/27/0**

**Motion** made and seconded to reconsider Motion 3

**Motion CARRIED -- 18 in favor**

**Motion 3: In the Guide to Local Services, section Regional Structure, subsection RSC Officers, Treasurer after the sentence, page 6-2:**

**Add** "Alternate Treasurer." The Alternate Treasurer should be willing to become treasurer at the end of the current treasurer's term. The recommended experience for this position is two (2) years continuous service in Nar-Anon.

Duties:



**GROWTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

- In the treasurer's absence, perform the duties of treasurer previously listed.
- In the event treasurer is unable to fulfill the duties of their position, assume the treasurer's duties until an election assembly can be held.
- Attend over all RSC meetings and assemblies.

**Motion 3 -- CARRIED 22/10/0**

**Motion** to adjust the schedule on Sunday, May 2, 2021 that the first order of business following the acceptance of the minutes, be the introduction of the WS HR Committee & WS Literature Committee Presentation.

**Motion -- PASSED 26 in favor**

**Adjourn** at 12:13 with Serenity Prayer



**GROWTH THROUGH SERVICES**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**CONFERENCE RESUMES**

**Sunday, May 2 opened at 5:30 am PST / 8:30 EST**

- The conference opened with a moment of silence, followed by the Serenity Prayer.
- The 12 Steps, Traditions, and Concepts of Service were read in Spanish
- SESH Reading for May 2, 2021 in Spanish
- Announcements
- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion** made and seconded to accept the minutes from May 1, 2021 with the following corrections: Remove incorrect motion number from floor motion & Motion 42 on page 2 and add word Carried to Lay on the Table of Motions 52 & 11.

**Minutes as corrected -- CARRIED by unanimous consent**

**INFORMATION SESSION, UNFINISHED BUSINESS – MOTIONS**

- WS Human Resource Committee - Introduction to Voting Procedures
- WS Literature Committee Presentation
  - o Priority List poll results presented
  - o Literature Committee information presented including discussion about plagiarism

**Motion** made and seconded to Take off the Table - Motion 11:

**Motion -- CARRIED by unanimous consent**

**Motion** made and seconded to postpone scheduled recess to complete Motion 11

**Motion -- CARRIED by unanimous consent**

**Motion 11: In GLS, page 3-2, section Sample Format for Nar-Anon Meetings, after reading part, to add the following sentence at the beginning of fifth part:**

**"Narateen is ~~an integral~~ part of the Nar-Anon fellowship for teens affected by someone else`s addiction ~~and are in recovery from coping with the addiction problem of a family member or friend.~~"**

**Motion 11 as amended -- CARRIED 16/13/2**

(roll call show of hands indicated 31 voting members present)

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Recess at 7:15; reconvene at 7:30

---

**Roll Call** by show of hands - 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Point of Information** - Facilitator clarified Rule 11 of the Standing Rules of Order that were adopted on May 29, 2021.



**GROWTH THROUGH SERVICES**  
NAR-ANON WORLD SERVICE CONFERENCE 2021

**Motion 27: In the Guide to Local Services, (Sample Format for Nar-Anon Meetings)  
Page 3-3:**

**Remove:** "Leader/Chair – Present the topic and share. Use only conference approved Nar-Anon literature and limit sharing to between 3 to 5 minutes per person. The last 15 minutes of the meeting can be reserved for newcomers to share."

**Replace with:** "Leader/Chair – Present the topic, sharer or introduce the speakers. Use only conference approved Nar-Anon literature and limit sharing to between 2 to 3 minutes per person. The last 15 minutes of the meeting can be reserved for newcomers to share."

**Motion 27 -- FAILED 2/31/0**

**Motion 28: In the Guide to Local Services, Pages 3-5, 3-6, 3-7, and 3-8** (Suggested Format for Beginner Meetings, General Suggestions for a Six-Week Series of Beginner Meetings, and Sample Format for Beginner Meetings) to place after Page 3-1 (Suggested Programs For Nar-Anon Family Group Meetings).

**Motion 28 -- FAILED 9/23/1**

**Motion 16: Change page 24 of the GWS "After recovery literature has been reviewed and edited, it is forwarded to the BOT for approval before it is sent to the fellowship for a preliminary review."**

**To:** "After recovery literature has been reviewed and edited, it is forwarded to the BOT. Once the BOT has reviewed it, it is sent to the fellowship for a preliminary review."

**Insert** the BOT into the Recovery Literature Approval Process chart on page 24 of the GWS in its proper position.

**Motion 16 -- CARRIED 31/0/2**

**Motion 32: In the Guide to Local Services, Page 10-2, Publications by Members, Groups, Areas or Region:**

**Remove Paragraph:** Traditions are violated when members, groups, areas, or regions print, distribute, or publish their own literature. The only exceptions are noted under Outreach Literature or as clarified in *The NFGs' Guide to World Services* covering the National Service Office (NSO). It is a violation of traditions to print, distribute, or promote the sale of any literature other than CAL.

**Replace with:** Traditions are violated when members, groups, areas, or regions print, distribute, or publish their own literature that does not have World Service conference



**GROWTH THROUGH SERVICES**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

approval. It is a violation of traditions to print, distribute, or promote the sale of any literature other than CAL.

**Motion 32 -- FAILED 1/32/0**

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Recess at 8:15; reconvene at 8:50

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**Roll Call** by show of hands - 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion 38: To add language to Nar-Anon Recovery Literature and Service Materials, page 23 of Guide to World Services, Recovery Literature, 2<sup>nd</sup> paragraph as follows:**

Requests for or submissions of recovery literature, come from the fellowship (members, groups, areas, regions, NSOs, world service committees, and the board of trustees). It is preferred literature be submitted in English. These requests and submissions must be sent to the World Service Literature Committee, who in turn will compile/summarize, **and will report to issuers of new literature on the writing received requests which are in accordance with Nar-Anon principles and do not contain plagiarized language and/or materials**, and then submit them biennially for presentation to the WSC for consideration and prioritization. After the WSC determines the priorities, the request or submission is sent to the World Service Literature Committee for further development, which includes being, reviewed, expanded on, and edited before going through the approval process for recovery literature (see below). Submissions received by the committee, not on the Priority List, can be reviewed, expanded, and/or edited if material is not available for Priority List items.

**Motion 38 -- CARRIED as amended 32/1/0**

**Motion 20: In the Guide to Local Services, Page 1-2, Nar-Anon Local Service Structure- add wording - "if there is no active committee in the region" after the words "Area Committee Chair." See: Appendix to CAR Motion 20.**

**Motion 20 -- FAILED 6/24/1**

(2 delegates stepped away-quorum 31)

**Motion 21: In the Guide to Local Services, Page 5-1, Area Structure - 1<sup>st</sup> paragraph, 1<sup>st</sup> sentence - add wording "where applicable" after "divided. "**

So it now reads: **"Areas are convenient segments into which a region may be divided, where applicable."**

**Motion 21 -- FAILED 10/22/1**

(2 delegates returned-quorum 33)

**Motion 25: In the Guide to Local Services, Page 4-2, Change 2<sup>nd</sup> sentence**



**GROWTH THROUGH SERVICES**  
NAR-ANON WORLD SERVICE CONFERENCE 2021

**Remove:** "GSRs are elected by their groups for a three-year term."

**Replace with:** "GSRs are elected by their groups for a term of a minimum of one year up to a maximum of three years."

**Motion 25 as amended -- CARRIED 27/3/3**

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Recess at 10:07; reconvene at 10:22

---

**Roll Call** by show of hands - 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion 29: In the Guide to Local Services, Page 3-9, Taped Meetings:**

**Remove:** section Taped Meetings

**Replace with:** Recorded Meetings

Nar-Anon meetings may be recorded by members, but the person doing the recording must have the group's permission by group conscience.

Nar-Anon closed meetings may be recorded for use by professionals in the field of drug abuse with the following suggestions:

- All members are aware of and approve the recording by group conscience.
- Anonymity is carefully preserved.
- The participants are knowledgeable about our traditions, demonstrate how the Nar-Anon philosophy has affected their own attitudes and actions, and avoid dwelling on the addict's story.

Note - Nar-Anon Family Group Headquarters, Inc. [NFGH, Inc.] has no responsibility in the matter of recording enthusiasts who realize a profit from the sale of recorded talks by Nar-Anon members.

**Motion 29 -- CARRIED 30/3/0**

**Motion** made and seconded to add the election process into the agenda as needed on Monday, May 3

**Motion -- CARRIED by unanimous consent**

**Motion** made and seconded to share email addresses of Delegates and Alternate Delegates.

**Motion -- CARRIED by unanimous consent**

**Adjourn** at 11:13 with Serenity Prayer



**GROWTH THROUGH SERVICES**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**CONFERENCE RESUMES**

**Monday, May 3 opened at 6:00 am PST / 8:00 EST**

- The conference opened with a moment of silence, followed by the Serenity Prayer.
- The 12 Steps, Traditions, and Concepts of Service were read in Russian
- SESH Reading for May 2, 2021 in Portuguese
- Announcements
- Roll Call 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion** made and seconded to accept the minutes from May 2, 2021 as corrected.

**Minutes as corrected-- CARRIED by unanimous consent**

**Motion** made and seconded to adjust the agenda to place CAT materials first thing following the minutes, move budget/finance report to follow final new business and the conference theme to after the conference utilizing the poll option.

**Motion -- CARRIED by unanimous consent**

**Motion** made and seconded to approve the CAT Materials that were emailed to Delegates and Alternate Delegates have been placed in the Dropbox.

- Outreach Color Posters (1-13), Outreach B&W Poster (1)
- New to Nar-Anon....., So You Have Been Asked to Speak

**Motion -- CARRIED by unanimous consent**

**INFORMATION SESSION, UNFINISHED BUSINESS – MOTIONS**

**Motion 33: In Guide to Local Services, page 6-1, Regional Structure**

**After the first sentence:** "The region is comprised of areas located within its geographical boundaries."

**Add:** Approval for the formation of a region rests solely with the groups within the proposed region. There may be multiple regions established in a state, province or country.

**Motion 33 -- CARRIED 28/3/2**

**Motion 10: Guide to World Service - Board of Trustees - Roles and Responsibilities- Page 29**

Trustees are members of the WSC. They also serve on world service committees and may chair these committees. Trustees cannot hold office within an area or region, but may serve within an area or region. They may also serve within a group, but not as GSR or alternate GSR. Once elected, the interests of the trustees shall be focused on Nar-Anon as a whole.



**GROWTH THROUGH SERVICES**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**Remove:** They also serve on world service committees and may chair these committees.

**Replace:** They also serve on a world service committee for 1 year and may not chair these committees.

**Motion 10 -- FAILED 4/27/2**

**Motion 30: In the Guide to Local Services, Page 6-10, Section Election Assemblies:**

**Remove:** Election Assemblies: Every third year the region holds an election assembly to elect new RSC officers, the delegate, alternate delegate, and subcommittee chairs. All GSRs, being voting members, are required to attend.

**Motion 30 -- CARRIED 17/11/5**

**Motion 31: In the Guide to Local Services, Page 12-1, Conventions and Events - Section Mini Conventions, Narathons, Workshops, or Other Small Get-togethers:**

**Remove:** "Members"

**Replace with:** "Groups **and/or members**"

**Motion 31 as amended -- CARRIED 28/4/1**

**Motion 48: In the Guide to Local Services, page 4-5, Section Group Structure / Business Meetings, remove the following bullet point:**

"establishing committees when necessary (e.g., outreach, literature, group anniversary, finding a new location)"

**Motion 48 -- CARRIED 20/12/1**

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Recess at 7:02; reconvene at 7:20

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- Roll Call by show of hands - 36 voting members to include Delegates and Alternate Delegates to conduct Election of Delegate Representative.
- Observers, facilitator, parliamentarian, Executive Director, technical team, secretaries, and Board of Trustees left the session, and recording was paused.
- HR Chair facilitated the session, during which a delegate representative was elected.

**Return to Session** following the Election of the Delegate Representative.

- Roll Call by show of hands - 33 voting members: 22 votes =  $\frac{2}{3}$  vote, 17 votes = simple majority

**Motion 49: Revise the tri-fold, Group Inventory, S-316 ~ 14-10-22 as follows:**

**Outreach section, question 2:**

"Does someone serve as an outreach chair for our group?"

**Replace with:**

Does someone serve as an outreach **chair /** coordinator for our group?

**Motion 49 as amended -- CARRIED 31/0/2**





GROWTH THROUGH SERVICES  
NAR-ANON WORLD SERVICE CONFERENCE 2021

**Motion 2: In the Guide to Local Services, page 4-4, section Group Structure, subsection Dual Membership in Nar-Anon/Narateen and NA, second paragraph:**

**Remove:** "Nar-Anon/Narateen members who are also members of NA are eligible to hold office within their Nar-Anon or Narateen groups. Active members of Nar-Anon who are also members of NA may serve as the facilitator of a Narateen group by virtue of their Nar-Anon membership. These are vital group services and, at all times, emphasis should be placed on the Nar-Anon program."

**Motion maker** has informed conference the incorrect paragraph was included in the CAR and the correct Motion was intended to be:

**Nar-Anon/Narateen members who are also members of NA, do not hold office (including GSR and Alternate GSR) beyond the group level in order to maintain the focus on the Nar-Anon program and to avoid the possibility of a conflict of interest at the area service level and beyond.**

**Motion 2 as Corrected -- FAILED 11/21/1**

**Motion 22: In the Guide to Local Services, Page 1-3, Membership in Nar-Anon and Narateen:**

**Remove paragraph:** "Anyone who feels their life is or has been affected by close contact with an addict is eligible for membership in Nar-Anon. Using their knowledge of the Twelve Steps and Twelve Traditions, Narateen facilitators (certified Nar-Anon members in service to Narateen) guide groups and keep meetings focused on topic. Narateen meetings are closed, except by group conscience."

**Replace with:** "Anyone who feels their life is or has been affected by close contact with an addict is eligible for membership in Nar-Anon. Narateen is part of the Nar-Anon program for teens (ages 13 and up to the age a person is considered an adult in the country in which they reside) affected by someone else's addiction. **Narateen meetings are closed, except by group conscience.**"

**Motion 22 as amended -- CARRIED 28/5/0**

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Break at 8:15; reconvene at 8:47

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- Roll Call by show of hands - 33 voting members: 22 votes = 2/3 vote, 17 votes = simple majority

**Point of Order:** The agenda includes Election of WSC Facilitator and because there are no applications/nominations, this will not be addressed.

**NEW BUSINESS – FLOOR MOTIONS**

**Floor Motion 1: In the Guide to World Services section "Copyright and Trademark Information," insert the following text below the second paragraph:**

"Nar-Anon groups and service committees may purchase electronic copies of CAL. Such literature may then be displayed during virtual Nar-Anon meetings or events."



**GROWTH THROUGH SERVICES**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

“Limited permission is granted to display, in Nar-Anon virtual meetings via screen sharing, CAL purchased from Nar-Anon World Service, contracted retailers, contracted Regions, or contracted NSOs. No other permission is hereby granted to download, upload, photograph, record, copy, reproduce, store in or introduce into a retrieval system, or transmit in any form or by any means other than as stated above.”

“Before displaying Nar-Anon literature on a shared screen, the following statement must be made: “Nar-Anon copyrights prohibit copying literature from the screen.””

**Floor Motion 1 -- CARRIED 29/2/2**

**Motion** made and seconded to extend conference by one hour ending at 12:00 pm PST / 3:00 pm EST

**Motion -- CARRIED by unanimous consent**

**Floor Motion 2: In the Guide to World Services, section “Copyright and Trademark Information”, remove the sentence:**

“The Twelve Steps, Twelve Traditions, Twelve Concepts of Service, Mission and Vision Statements from the Nar-Anon Blue Booklet or world service website may be used in their entirety.”

**Replace it with:** “The Twelve Steps, Twelve Traditions, Twelve Concepts of Service, Mission and Vision Statements, **Newcomer's Welcome, and the 20 Questions** from ~~the Nar-Anon Blue Booklet or world service website~~ **Nar-Anon CAL** may be used in their entirety.”

**Floor Motion 2 -- CARRIED 31/0/2**

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Recess at 9:45; reconvene at 10:04

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- Roll Call by show of hands - 33 voting members: 22 votes = 2/3 vote, 17 votes = simple majority

**INTRODUCTIONS/NEW BUSINESS - FLOOR MOTIONS**

**Introductions:** Executive Director introduced World Service Office staff.

**Floor Motion 3: In the Guide to World Services section “Production Process for Conference Approved Literature and Materials”, insert the following text at the end of the section:**

“Ensure new CAL, including translated literature, is made available in electronic format and existing CAL, including translated literature, is progressively reformatted into electronic format.”

**Floor Motion 3 -- CARRIED 26/3/4**

**Motion** made and seconded that we seek legal counsel to establish if our current copyright-protected literature would include screen sharing.

**Motion -- CARRIED 31/0/2**



**GROWTH THROUGH SERVICES**  
**NAR-ANON WORLD SERVICE CONFERENCE 2021**

**Floor Motion 4:**

**Motion** made and seconded to divide the question in Floor Motion 4, separating "annual" and "virtually accessible worldwide"

**Motion -- CARRIED by majority vote**

**Remove the first paragraph from the GWS section on the World Service Conference:**

"The WSC meets for the expression of the group conscience of the Nar-Anon Fellowship guided by our Twelve Traditions and Twelve Concepts of Service. The fellowship is represented at this biennial event, held in late April or early May, in Southern California. Regional delegates, alternate delegates, world service committee chairs, BOT, WSO staff, and any other interested Nar-Anon members come together at the WSC to advance the growth of our fellowship.

**Insert the revised wording:**

"The WSC meets for the expression of the group conscience of the Nar-Anon Fellowship guided by our Twelve Traditions and Twelve Concepts of Service. The fellowship is represented at this **biennial annual** event, held in late April or early May, in Southern California **and virtually accessible world-wide**. Regional delegates, alternate delegates, world service committee chairs, BOT, WSO staff, and any other interested Nar-Anon members come together at the WSC to advance the growth of our fellowship."

**Floor Motion 4 -- biennial CARRIED 26/5/2**  
**-- virtually accessible worldwide CARRIED 30/0/3**

**Motion** made and seconded for a five minute recess.

**Motion -- CARRIED by majority vote**

- Roll Call by show of hands - 32 voting members: 22 votes = 2/3 vote, 17 votes = simple majority

**INFORMATION - ELECTIONS - NEW BUSINESS – FLOOR MOTIONS**

- **Delegate Representative** - Delegate from Colombia.
- **World Pool Elections** - All six candidates were elected to the World Pool by majority vote. After the election, two candidates remain in the World Pool for future elections.
- **Direct Elections to the Board of Trustees** - Three candidates were elected to the Board by the WSC.
- **Board of Trustees Election** - One candidate was elected from the World Pool to the Board.

**Motion** made and seconded to lay on the table all the remaining floor motions.

**Motion -- CARRIED 31/0/2**

**INFORMATION SESSION**

**Budget & Finance Committee Presentation**

**Motion** made and seconded to move all remaining Floor Motions 5-12 to the 2023 CAR.

**Motion -- CARRIED 31/0/2**

**Adjourn** at 12:00 with Serenity Prayer

Literature approved at 2021 WSC

- All of the materials in the Conference Agenda Track (CAT):
- 14 Outreach Posters
- New to Nar-Anon and Thinking About Attending a Meeting pamphlet
- So You Have Been Asked to Speak pamphlet

Recovery Literature:

Seventh Tradition pamphlet

Grandparent's stories booklet

Narateen Steps 1 -12,

A new reading - We've Been There

Traditions - Principles for Groups and Beyond booklet

All approved literature can be found on Fellowship Review page.

2021 Recovery Literature Priority List
Traditions 1-12 for Nar-Anon 36
Fourth Step workbook
Relationships in Recovery
Narateen - 31 Days
Concepts 1-12 for Nar-Anon 36
Addiction in marriage
Concepts booklet
Parents of Addicted Minors
What Now? (When active addiction ends)
A New Daily Reader (using miscellaneous writings we receive)
Adult Children of Addicts
Just for Today bookmark
Narateen Do's & Don'ts Bookmark
A replacement for <i>A Guide for the Family of the Addict and Drug Abuser</i>
A replacement for <i>Living with Sobriety</i>
A replacement for <i>As We Understood</i>

# Nar-Anon Family Group Headquarters

## Profit and Loss

January - December 2020

	TOTAL
Income	
3100 Literature Sales	
3101 California	17,124.18
3102 Other States/Countries	128,417.02
<b>Total 3100 Literature Sales</b>	<b>145,541.20</b>
3200 Shipping & Handling	40,600.86
3270 EBooks	5,994.99
3300 Subscriptions-Newsletter	809.35
3460 Royalty Income	270.00
3500 Contributions-U.S.A.	89,874.97
3510 Contributions-International	6,965.62
<b>Total Income</b>	<b>\$290,056.99</b>
Cost of Goods Sold	
4000 Cost of Sales - Production Dept	
4010 Purchases - Paper/ Supplies	19,267.99
4012 Resale Purchases	2,429.04
4020 Equipment/Copiers	32,463.36
4030 Wages	14,335.93
4032 Payroll Taxes	1,157.73
4034 Insurance	388.00
4038 Postage/Shipping	42,472.21
4040 Rent	10,095.00
4048 Repairs	494.02
4052 Utilities	992.48
<b>Total 4000 Cost of Sales - Production Dept</b>	<b>124,095.76</b>
<b>Total Cost of Goods Sold</b>	<b>\$124,095.76</b>
<b>GROSS PROFIT</b>	<b>\$165,961.23</b>
Expenses	
4100 Payroll Expenses	
4150 Salaries and Wages	119,776.16
4197 P/R Tax ER	9,577.81
4198 Payroll Processing Fee	180.25
<b>Total 4100 Payroll Expenses</b>	<b>129,534.22</b>
4200 Operating Expenses	
4210 Accounting and Legal	9,606.00
4212 Bank Charges	210.66
4216 Depreciation Expense	231.00
4225 Office Equipment Lease	867.75
4230 Insurance Expense	6,872.56
4240 Office Expenses	6,355.98
4242 Office Supplies	2,367.59

# Nar-Anon Family Group Headquarters

## Profit and Loss

January - December 2020

	TOTAL
4250 Postage Machine	1,721.02
4260 Rent	51,600.00
4266 Stripe Fees	8,449.75
4270 Taxes & Licenses	235.26
4276 Telephone	3,063.14
4278 Utilities	2,961.52
4280 Web Expense	3,388.09
<b>Total 4200 Operating Expenses</b>	<b>97,930.32</b>
<b>Total Expenses</b>	<b>\$227,464.54</b>
NET OPERATING INCOME	<b>\$ -61,503.31</b>
Other Income	
3560 Insurance Certificates	200.00
3599 Miscellaneous Income	0.00
4510 Interest Income	9.45
<b>Total Other Income</b>	<b>\$209.45</b>
Other Expenses	
4520 WS Conference-Expenses	
4528 Conference Travel	0.00
<b>Total 4520 WS Conference-Expenses</b>	<b>0.00</b>
<b>Total Other Expenses</b>	<b>\$0.00</b>
NET OTHER INCOME	<b>\$209.45</b>
NET INCOME	<b>\$ -61,293.86</b>

# Nar-Anon Family Group Headquarters

## Balance Sheet

As of December 31, 2020

	TOTAL
<b>ASSETS</b>	
Current Assets	
Bank Accounts	
1001 Checking - Gen Account	64,066.78
1050 Prudent Reserve Account	20,000.00
3265 WSC Account	38,632.46
<b>Total Bank Accounts</b>	<b>\$122,699.24</b>
Accounts Receivable	
1012 Accts Rec- Paypal	0.00
1013 Convention Income	0.00
<b>Total Accounts Receivable</b>	<b>\$0.00</b>
Other Current Assets	
1004 Prepaid Expenses	8,494.13
1007 Advances	0.00
1009 Deposit-Rent	10,442.27
1010 Inventory	21,227.00
1020 WS Conference Deposits	0.00
1030 Stripe Deposits	0.00
1499 Undeposited Funds	0.00
Uncategorized Asset	0.00
<b>Total Other Current Assets</b>	<b>\$40,163.40</b>
<b>Total Current Assets</b>	<b>\$162,862.64</b>
Fixed Assets	
1014 Office Furniture & Equipment	
1016 Furniture and Equipment	11,237.25
1018 Less-Accumulated Depreciation	-10,824.25
<b>Total 1014 Office Furniture &amp; Equipment</b>	<b>413.00</b>
1100 Leasehold Improvements	0.00
1110 Less Accum. Depreciation	0.00
<b>Total 1100 Leasehold Improvements</b>	<b>0.00</b>
<b>Total Fixed Assets</b>	<b>\$413.00</b>
<b>TOTAL ASSETS</b>	<b>\$163,275.64</b>

# Nar-Anon Family Group Headquarters

## Balance Sheet

As of December 31, 2020

	TOTAL
<b>LIABILITIES AND EQUITY</b>	
Liabilities	
Current Liabilities	
Accounts Payable	
2000 Accounts Payable	0.00
<b>Total Accounts Payable</b>	<b>\$0.00</b>
Credit Cards	
2020 Bus Credit Card - 4844	1,079.42
2030 Business Credit Card - 8209	3,191.11
<b>Total Credit Cards</b>	<b>\$4,270.53</b>
Other Current Liabilities	
2010 Health Insurance Payable	0.00
2040 Accrued Payroll	0.00
2100 P/R Liability	0.00
2105 P/R Tax EE	0.00
<b>Total 2100 P/R Liability</b>	<b>0.00</b>
2200 World Convention	0.00
2400 Sales Tax Payable	0.00
2401 CA Dept of Tax & Fee Admin Payable	0.00
2402 CDTFA Statewide	500.23
2460 Loan Payable - Exec Director	0.00
2500 Liabilities	0.00
2510 Conference Deposits	45,150.00
do not use	0.00
<b>Total Other Current Liabilities</b>	<b>\$45,650.23</b>
<b>Total Current Liabilities</b>	<b>\$49,920.76</b>
<b>Total Liabilities</b>	<b>\$49,920.76</b>
Equity	
3900 Retained Earnings	174,648.74
3910 Retained Earnings-Change	0.00
Net Income	-61,293.86
<b>Total Equity</b>	<b>\$113,354.88</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$163,275.64</b>



# Group Reports

RSC GSR Report July 2021  
Candle Light - Atascadero

The Candle Light group is doing well. We meet every Tuesday at 6:00 PM via Zoom. The church we used to meet at is not allowing us to use their meeting facilities at this time. However, this is not of great concern as most of our members like using Zoom, and Zoom is serving our members well. We have members attending our meetings from Maryland, Utah, Walnut Creek, Los Osos, San Luis Obispo, and Atascadero. The Zoom format is working and allowing members to attend who otherwise would not be able to attend in person due to distance, work, etc. I see the Candle Light Group continuing to use Zoom. If and when in person meetings are made available again we would maybe consider a hybrid meeting, but may decide to continue meeting only via Zoom.

All in all the Candle Light Group is guiding our members to peace and serenity. The shares are fantastic, healing, and honest. Our members share without fear, and because of that are leading the group to a much better place. We have members who see God as a Higher Power, and members who see their Higher Power as the group experience. The meetings work for both.

Wishing you Peace and Serenity,

Larry B.

July 2021  
Group #131-034

The Bridge to Serenity continues to meet in Atascadero on Friday at noon in person. After our long-time meeting location closed due to the Covid issue, we met for several weeks in the backyard of one of the members following all the Covid guidelines. For the past five months, we have been meeting at the North County Connection in Atascadero, a County-wide meeting location for many Al-anon, AA, and NA groups.

Our current chairperson is Terry C., Secretary-Treasurer is Margaret M., and Literature is coordinated by me, Ethel S. Currently, our GSR position is vacant. We have an average of 8 to 10 attendees at each meeting and get 1 or 2 newcomers per month.

We have a set rotation of weekly topics:

- 1st Friday - Tradition of the month (ie, for January, the topic would be Tradition 1)
- 2nd Friday - Step of the month
- 3rd Friday - SESH Book
- 4th Friday - CAL Literature
- 5th Friday - Speaker meeting

Our 7th Tradition donations are strong. We keep a \$60 contingency fund, a \$60 GSR fund, and donate regularly to the World Service Organization. Our current balance is \$150.

Respectfully submitted, Ethel S.

Serenity by The Sea - Carmel

Wednesday Noon Meeting

Serenity by the Sea Nar-Anon Wednesday noon meeting meets at Carmel Presbyterian Church on the corner of Ocean Avenue and Junipero in Carmel, CA. The meetings are held in the large community conference room under the church. Parking is available in the church parking lot.

We have been fortunate to resume meeting in person at this location since January 2021. In 2020, because of the pandemic, the meeting moved to virtual/zoom meetings (April thru December of 2020). We started resuming our meetings by meeting outside on the patio (with masks) until the church allowed us to meet in the community room. It was quite the experience on one or two occasions when storms also participated in our outdoor patio meetings! Needless to say, we are very happy to be meeting inside once again!

The group consists of 5-6 regular attendees, and 3-4 semi regular attendees. With work and travel absences, the meeting typically has 4-6 attendees. We welcome newcomers and provide pamphlets as part of our groups' support to the individual. Our secretary service position is covered by 4 members who set up and run the meeting on a specific week of the month (i.e. the first, second, third and fourth Wednesday of the month). If there is a 5<sup>th</sup> week in the month, I step in as GSR to cover that meeting. The first week of the month we focus on the step of the month, the second and fourth weeks we read from the SESH book and the third and fifth week we read from other CAL materials such as the Serenity Connection quarterly newsletter, pamphlets, 31 days in Nar-anon, etc. Since the meeting is a small meeting, we offer the opportunity for group sharing after the formal meeting has ended.

During COVID (when our in-person meetings were suspended) we did not make contributions to the church. The church said they were fine without any contributions for the time during the pandemic halt of meetings. Our members were very generous when we did ultimately meet together in person. We have made contributions to the World Service Office and the Central California Region. We have also increased the amount of rent we pay to the church. Although we currently have slightly over \$500 in our account (including the prudent reserve and group rep fund), we will be purchasing literature and making another round of donations to the region and world service office soon.

Respectfully submitted,

Mary Lynn Pinto, GSR

Serenity by the Sea

Wednesday Noon Meeting

In The Solution – Group #131-028  
Monterey – Tuesdays  
6:30 to 7:30 pm.

We have been meeting regularly on Zoom. One of our regular attendees offered the use of her Zoom account at the beginning of Covid.

We have 8 to 10 regular attendees. We generally have 3-4 people drop in. Some are from the neighboring areas and almost weekly someone from out of state.

Members of our meeting have volunteered to donate to St. James through August. We have also had volunteers to donate to the Region and World Services. We decided to do this instead of trying to collect donations by a group conscience.

We just received information from the Church that we may be able to meet in person in August with masks and social distancing. The new Priest is going to contact each group soon to update. We would like to have Zoom available for people to attend remotely.

Our current balance of Cash on hand is as follows.  
March 2020

Balance = \$218.26  
Rent April - July \$ - 100  
Balance August 2020 = \$118.26  
Prudent Reserves = \$ 75  
Group Rep Fund = \$75

Thanks,  
Chris and Sandra  
Contacts for In the Solution

**Monday Night Serenity  
Group Report #131-130**

Salinas  
July 12, 2021

**History:** The group began meeting September 10, 2018, largely with members of the Sweet Serenity (Salinas) group who wanted a second meeting option nearby.

**Attendance:** We have a core group of four with overall average attendance down to 5-6. Service rotation occurs every three months, with the last rotation taking place last month.

**Format:**

First week: Step read and discussed.

Second week: CAL (SESH, pamphlet, etc.) is read and discussed

Third (and fifth) week: Secretary's choice

Fourth week: Narcotics Anonymous / Nar-Anon speaker-discussion

**Treasurer's Report:** The group's balance remains zero. We encourage members to buy literature directly from Nar-Anon.org and to make a direct donations to CCR and the WSO.

**Successes, Challenges and Positive/Negative Impacts of the pandemic:**

+ Regular members express appreciation that the group has continued throughout the pandemic.

+ Some members from outside of the Central California Region (including the Central Valley, Canada and elsewhere).

- Average attendance has decreased this year.

- Some members who attended before the pandemic began have not attended virtually.

- We learned earlier this year that the church where we met, Lincoln Ave Presbyterian, is no longer allowing outside groups to use its meeting room. Business meetings in the last few months have focused on brainstorming about possible options and sharing information about other potential meeting locations.

All are welcome to join us.

Mondays, 6:30 PM

Call in: 515-604-9099 with access code: 416-570-783#

Or video conference at <https://join.freeconferencecall.com/416-570-783>

Submitted by: Janet S., GSR

**Thursday Sweet Serenity (We're BACK!)**  
**Group Report #131-030**  
Salinas  
July 16, 2021

**History:** The group began meeting in April 2011. Meetings moved from First Methodist (second location) to Lincoln Avenue Presbyterian in August 2016. With the pandemic in March 2020, our Sweet Serenity group was suspended. Half our group opted to go to the Monday Night Serenity virtual meetings while the other half wanted to meet back in person once the pandemic sanctions were lifted. So our FIRST in-person meeting was held again on July 15, 2021 at 6:30pm at a new location (Active Seniors Center (ASC) at 100 Harvest Street in Salinas). There were 5 members attending and we were grateful to be meeting back in person! (2 newer members had not yet attended an in-person meeting.) New location requires vaccinations to attend and at least one Nar-Anon member from each meeting must also be a member of the Active Seniors Center.

**Attendance:** Before our meetings were suspended due to the pandemic, meeting attendance was stable with an average of 8 people. Our FIRST in-person meeting on July 15, 2021 had 5 people attending. Service rotation has occurred every three months, with the last rotation taking place before the pandemic. At this time, meeting again in person now, we do have a Secretary, a Treasurer, and a GSR as well.

**Format:** A step is read and discussed during the fourth Thursday (using the yellow step booklet) and the daily reading from the SESH book other weeks. Another piece of conference approved literature (CAL) is selected when there is a fifth Thursday.

**Treasurer's Report:** The group's balance is \$70, not including the prudent reserve (\$150) and GSR funds (\$50). Donations have been on hold since early 2020 because of the pandemic. We began taking donations again on July 15, 2021. Monthly rent is \$50.

**Successes, Challenges and Positive/Negative Impacts of the pandemic:**

- We learned earlier this year that the church where we previously met in person, Lincoln Ave Presbyterian, is no longer allowing outside groups to use its meeting room.
- + Some members who attended (before the pandemic began) have not attended any meetings virtually since March 2020, so now (beginning July 15, 2021) they are coming back again in person.
- + We all appreciated being able to meet in person again after a 19 month (April 2020 – June 2021) pandemic hiatus. We are also happy we found our new location.
- + We are looking forward to growing our meeting again! And maybe celebrating our 10 year anniversary (April 2011 – April 2021)... with a 19 month pandemic break!

All are welcome to join us (in person with no hybrid option at this time):

Thursdays, 6:30 PM  
Active Seniors Center - ASC (new location)  
100 Harvest Street, Salinas, CA 93901

Submitted by: Kim K., GSR

Santa Barbara

I Can Be Free – Group

The Santa Barbara Group has gone virtual during the pandemic. We have a strong group that has about 7 to 10 members per meeting. We enjoy participation from California as well as other states and an international member. We do seem to draw new members that find the strength of our group that find relief from this deadly disease.

It is this authors opinion that the strength of recovery from the group has engendered hope and resilience in the new members to work on their recovery and slowly take the focus off the addict.

We have a new format each week for our members and a guest speaker for the 5<sup>th</sup> Friday of each month which comes up a handful of times per year. We are looking carefully at the in-person format back at the church with somewhat mixed feelings presently. We have not voted on this subject yet.

We still have a prudent reserve, and we believe the health of the group is strong and growing.

Scott C.

GSR



SOS (Saving OurSelves) Nar-Anon Family Group  
(Group ID 131-024)  
6:30-8:00 PM Sunday  
Online Zoom meeting

July 2021 Assembly Report

Meeting: Our meetings in the Sutter Room on the first floor of Sutter Maternity & Surgery Center of Santa Cruz have moved to a Zoom format since March 15, 2020.

Attendance: Our group attendance has increased slightly varying from 10-20 with about 10 semi-regulars.

Newcomers: We have had more newcomers dropping in using Zoom compared to when we met in person. Some have only come once but others are transitioning into semi-regular members.

Format: We use the Nar-Anon 36 the first Sunday of the month and readings from the SESH book the other weeks. Enough members have a copy of the "Blue Book" to do the readings at the start of the meeting (About Addiction, 12 Steps, 12 Traditions, Keeping Our Meetings Healthy).

Donations: In April 2021, we donated \$250 to WSO and \$150 to the Central California Region. We include the donate links for WSO and Central CA region on our weekly email invites as well as giving out our Treasurer's address for donations to the group.

Treasury: We currently have approximately \$596 in the treasury and anticipate ordering some literature in the near future.

Other Information: There are now 4 of us that take turns leading the meeting on Zoom and we also have rotation of service with Sue R. taking over as the GSR. The meeting has been going well on Zoom and people have expressed interest in keeping Zoom availability even after we can meet in person again. Some of our regular members live out of the area and we want to keep being available for them. We're not sure how a hybrid meeting could work logistically and Sutter Maternity & Surgery Center may not allow meetings for quite a long time. Members continue to be supportive of each other and the meeting.

What negative and positive impacts has the COVID-19 crisis had on your group? It is positive that we have more members than when we met in person and we are available to people that don't live in the area. As far as a negative impact, meeting online makes it harder to develop personal ties and to be able to distribute literature. The people who have stepped up into service positions were all people that met in person before the closure. It may be harder to have someone step up for service and consider this their 'home group' if they live elsewhere. Collecting donations is not as easy when you can't just pass the basket/box.

In service,  
Sue R.  
Group Service Representative

Sharing Experience, Strength, and Hope NarAnon Family Group Report  
July, 17, 2021

This is to report that during the time since our last report in Jan., 2021, we have continued our full online format using screen shares for standard CAL readings until after the WSC report and minimal screen sharing after that time as described later in this report. The following is an example of the weekly email message (using blind cc) we send out to members who have shared their email addresses with me.

Friday's NarAnon Sharing Experience, Strength and Hope meeting will be at 6:30pm today, July 16, 2021.

If you would like to join our virtual Sharing Experience, Strength, & Hope NarAnon meeting this Friday (or any Friday in the near future), just visit

<https://tinyurl.com/SESHNarAnon>

for instructions on how to join. This week we will be using Zoom. You can join on your computer or by simply calling the phone number shown at that address above. Our discussion tonight will center on the step process. We hope that you will join us.

When one clicks on the tinyurl then the following Zoom instructions are given:

Instructions for joining the Friday NarAnon meeting called Sharing Experience, Strength, & Hope at 6:30pm are below. These instructions may be updated at least 1 hour before the meeting is scheduled to start depending upon who is hosting the meeting. Just revisit this page within 60 minutes of the start time.

Time: 06:30 PM Pacific Time (US and Canada)

Use this link:

<https://ucsc.zoom.us/j/203487999?pwd=bFN1OENxSWI6cW9vdFEzTmFEcFcyZz09>

Or

Meeting ID: 203 487 999

Passcode: sesh

One tap mobile

+16699006833,,203487999#,,,,\*138877# US (San Jose)

+13462487799,,203487999#,,,,\*138877# US (Houston)

Dial by your location

+1 669 900 6833 US (San Jose)

+1 346 248 7799 US (Houston)

+1 253 215 8782 US (Tacoma)

+1 301 715 8592 US (Washington D.C.)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 203 487 999

Passcode: 138877

We have had mostly family group members from California join us, however, we've had people from various places in the U.S. (east coast – New Jersey and Florida; mid west U.S.; north western states) as well as a few guests from elsewhere outside the U.S. We've had 3 guest speakers during this time (1 from Nar-Anon, 1 from NA, and 1 from AA) and have only had 1 or 2 glitches with technology issues during the last 6 months.

We started this year (Jan 1, 2021) sharing copies of the pages of an electronic copy of the SESH book that one of our members purchased. As a family group we discussed the floor motions for the 2021 WSC which almost unanimously supported our use of this kind of sharing. After the World Service Conference and the reading at a family group meeting about the decisions that were made there about these motions and the illegal use of sharing of pages of the SESH book, we have stopped sharing anything other than the Serenity prayer, the 12 Steps, and the Prayer for the Growth of our Fellowship. Occasionally a page or portion of a page is shared from the Nar-Anon 36 workbook with appropriate credit given for that share.

I have been sharing the email messages with our members using blind CC that I receive from the Central California region that contain the RSC meeting reports, the take back to meeting reports. I also share with our members emails I receive from the New York Region about their speaker and step meetings. I've attended some of these meetings and find them very useful and often see those from our family group meeting in the audience.

**Positive and Negative effects of COVID-19 on our meetings.** We are trying to make the transition to having more of our members lead our meetings. I hope that the next report from our group will report that we have been successful. I think that our members are reluctant to lead the meetings because of the technology issues of using zoom. Members are sometimes not comfortable being a Zoom host but we hope the things we are doing to streamline the process will make it easier. Also, we have tried to make contact with the owners of the physical space since some members of our group would like to have some (but not all) of our monthly meetings in that physical space. We will make more attempts to connect. Unfortunately we have lost some of our long time local members. When I reach out to some of these people and some who are still attending our meeting with how do the zoom meetings feel, I get responses that the zoom meetings do not provide the same feeling of caring members in the room. Perhaps it is our inability to read facial expressions and other body language of the participants. A real benefit is that we have some regular members who would not attend if the meeting was a physical meeting rather than a Zoom meeting. With Zoom we can easily reach people that don't like to drive late at night or who live far away.

In Service,  
Linda W.



# Memorandum

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Title: **Post COVID Experience**  
To: Secretary, NFG Central Coast  
Author: John M., GSR of the Simi Valley Nar-Anon Family Groups (SVNFG)  
Date: July 16, 2021

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In preparation of the Central Coast Assembly, the following question is presented to the SVNAFG and requested to submit comments:

What negative and positive impacts has the COVID-19 crisis had on your group?

The following comments are based upon my own opinions (GSR opinions) from my participation over the past few years (COVID time frame) in both the step workshops and our regular meetings. I present them in bullet format, not in priority:

- Negative
  - direct contact is missed;
  - after-meetings (e.g. lingering around in the room, or continuing at a local coffee shop) are missed;
  - unable to provide newcomer packet;
  - unable to sell literature on the spot (extra books, etc.) to help engage others;
  - bad or low quality electronic connects make it hard to understand others;
  - some participants remain anonymous (blacked out – no picture & no name);
  - donations are down, difficulty in participating when no basket is passed;
  - reduced number of service roles;
  - phone list is unable to share immediately, sent later by email;
  - difficult or impossible to find a sponsor.
- Positive
  - participate from comfort of your home;
  - no worries in transportation, driving distance, etc.;
  - participation from others outside our city is welcome; we have out-of-state participants who have an active role;
  - step workshop is critical for the recovery aspect of the group;
  - virtual component of the meetings may remain, assuming that proper equipment exists.

The SVNFG meets every Saturday evening as described:

- 6:30-7:25pm PST 12-Step Workshop (Nar-Anon 36 booklet)
- 7:30-9:00pm PST NFG regular meeting

Several SVNFG members have migrated from other groups. Their motivation was to participate in a 12-step workshop. This workshop meets weekly and covers 1 step each month and by a different leader. For most Nar-Anon members, this workshop is the only contact they have in working the steps.

July 2021 GSR Report  
NFG Sunday Step Study  
Sundays at 1:00 p.m.  
Group 131-117 (V)

This is a step study workshop. The group uses the Nar-Anon 36 workbook. We typically cover one or two pages in the workbook per week. The group began on March 19, 2017 as a physical group meeting in Bakersfield, California. In March, 2020 the group switched from meeting in-person to meeting virtually.

Newcomers find this group through the [World Service website](#), the [Central California Regional website](#), or by going directly to the group website at <http://bit.ly/NFGSunday>.

The group also has a dedicated email account - [SundayNFGStepStudy@gmail.com](mailto:SundayNFGStepStudy@gmail.com). When a newcomer sends an email to the group email account, they quickly receive an automatic reply with information about this meeting. Later in the day, a member reviews the emails in the group inbox and sends a follow up email.

Two members from the Central California Region share Zoom hosting duties, so there will be continuity should one member be unavailable.

Membership in the group grew from 5 or so in January 2020 to 30 or more in January 2021. Now the average participation is about 20 members every week. We think the changes in membership reflect the initial scarcity of virtual meetings and the gradual proliferation of permanently virtual meetings.

The members active in the Sunday group are from scattered locations around the world.

How did COVID-19 affect this group?

Positives:

The group grew considerably and is now able to serve Nar-Anon members worldwide.

The group now has a contact list so members can stay in touch during the week.

Concerns:

Of the members who started this group in 2017, 1 continues to attend, 2 died, 1 dropped Nar-Anon, and 2 are waiting for in-person meetings to resume. Those who want to meet in-person are not being served today.

The group has no way, today, to collect a 7th Tradition. Instead, members are asked to go to the Central California Regional website or the World Service website for their 7th Tradition.

GSR - Robert P - [robertp27march@gmail.com](mailto:robertp27march@gmail.com)

*Winds of Change Group # 131-138*

*Thursday 7-8pm – Registered Virtual Meeting*

*July 2021*

Our group started as a physical meeting in Hollister on August 15, 2019. In October 2020, by group conscience, we became registered with the WSO as a permanent virtual meeting. Currently, we average up to 17 members. This includes visitors new and old to Nar-Anon worldwide.

The format used combines the daily reader, other Conference Approved Literature and every 5th Thursday of the month, a speaker meeting.

Winds of Change has a dedicated email with a detailed auto-reply for those requesting information. A member monitors and responds to emails. It has slowed down a little; we average 5-8 requests a week. [winds-of-change-virtual@gmail.com](mailto:winds-of-change-virtual@gmail.com)

For outreach, we are listed with the WSO and the CCR websites. We also recently launched a Winds of Change website to help newcomers find a meeting and a way for members to sign-up for service. <https://bit.ly/winds-of-change-nfg>

We are happy to announce we had a member step up for service as the GSR of our group.

We are self-sufficient at this time, thank you CCR for supporting the groups with the shared Zoom account. We do not request donations for our group. However, it is suggested to directly contribute to WSO and the CCR. We use a CCR background with a QR code to share with the members. The hosting duties for the CCR Zoom account are shared by 2 members.

Literature is suggested to purchase off the Nar-Anon webstore for newcomers and members.

Generally, there are newcomers every week. For support during the week, a member maintains a phone/email list that anyone in the meeting can request or be added to.

Covid Impact:

Positive

- Our group has been able to interact with members and visitors worldwide.
- Members are provided true anonymity. Video off, muted and name not displayed. Usually by the end of the meeting that changes.
- We like that meetings can be attended from anywhere, at any time and on any device.
- No longer holding cash from group funds.
- Having the option to attend more meetings online

Negatives

- No hugs.
- No circle Serenity Prayer.

Barbara S. - GSR

# Subcommittee Reports

Literature  
Subcommittee  
Report



**CCR Literature Subcommittee Report  
July 24, 2021**

The CCR Literature Subcommittee meets monthly on Sunday mornings via Skype from 8:30-9:30. The Sundays vary and are set by group conscience. We have seven active members; however, our meetings are open to all members. A minimum of three members is needed to conduct a meeting.

The Nar-Anon World Service Literature Committee tasked us with writing, editing, and seeking submissions for a new daily reader. We received writings from many Nar-Anon members and sent this collection on to Lit Com.

In June we participated in a Fellowship Review of Tradition One for the Nar-Anon 36. Our current project is writing text and shares to be included in Relationships in Recovery, currently in development.

It is a joy and a privilege to participate in this important service.

Gratefully,

Ruth K.  
Literature Subcommittee Chair

# Outreach Subcommittee Report

Central California Region - **Outreach Subcommittee Report**  
July 1, 2021

**Purpose:** The Outreach Subcommittee is a vital link between individuals seeking help and Nar-Anon members who share their experience, strength and hope. We serve as a resource to groups and members in their efforts to carry the Nar-Anon message into hospitals, institutions, addiction treatment centers and in the community. The focus is to let families and friends of addicts know that help is available. Outreach information is available at [www.nar-anon.org/outreach](http://www.nar-anon.org/outreach).

Our meeting notes are saved in the Outreach folder on the RSC's [google drive](#).

**Recent Activities:**

- Face-to-face outreach has continued to be on hold during the pandemic. Subcommittee members mailed and emailed information to faith-based organizations and (800) therapists in the Region.
- Kim K. began participating on the Recovery Center's family panel (in Monterey) in November 2020 when it shifted from virtual to in-person meetings. Staff changed at the Recovery Center and along with that, the panel format changed from having four speakers (two each from Nar-Anon and Al-Anon) to two total (one each). All other panels have not met in-person since early March 2020: Beacon House (Pacific Grove), Genesis House (Seaside), and Sun Street Center (Salinas). Meeting directories and CAL are shared at The Camp (Scotts Valley).
- World Service Outreach facilitates virtual meetings quarterly. Recent topics included Attraction Rather Promotion and internal committee guidelines (as referenced in the draft Outreach Handbook).

**Updates**

- Local Narcotics Anonymous events at which Nar-Anon has been invited to attend in recent years are not being held in the near future.
  - Pig Roast fundraiser for Hospitals & Institutions, Salinas, August 2021 – *canceled*
  - Monterey Bay Convention, Monterey, January 2022 – *rescheduled for January 14-15, 2023*
- As we anticipate in-person gatherings possibly resuming in the coming months, the Outreach subcommittee would benefit by having member representation from all geographic areas within the Central California Region. Contact Janet and/or attend a meeting to learn more about Outreach. We carry Nar-Anon's message of hope to others!

**Meeting Time:** The subcommittee meets monthly on the fourth Tuesday of the month via conference call, 8:00 – 9:00 PM. Meetings are open to all Nar-Anon members and service at all levels (one-time or ongoing) are welcome!

**Next meeting: July 27, 2021, 8:00 PM** via free conference call

Call: 515-604-9099 with access 416-570-783#

Or attend by video conference: <https://join.freeconferencecall.com/416-570-783>

Submitted by: Janet S., Outreach subcommittee chair  
831-595-0915, [Outreach@NarAnonCentralCA.org](mailto:Outreach@NarAnonCentralCA.org)

Technology  
Services  
Subcommittee  
Report

# Report from the TSS for the January 2021 Assembly

The Central California Regional (CCR) Technical Services Subcommittee (TSS) has four members:

- Robert from Bakersfield (chair)
- Scott from Santa Barbara (secretary)
- Larry from Atascadero (vice-chair)
- JT from Jackson

The ongoing work of the committee includes:

- The committee has kept the regional website and regional calendar updated with the latest information on groups, meetings, events, and activities, including the 2021 World Service Conference.
- A revision to the website created categories to make it easier for members to find events, activities, and service opportunities on one page of the website.
- The committee continues to work with groups to help them with the CCR Zoom account.
- The committee added an “Accessibility” tool to the CCR website. It appears as a blue stick figure about half-way up the right edge of the website.

The CCR TSS committee is researching “hybrid meetings,” but has not yet found any good recommendations.

- The phrase “hybrid meetings” is used here to mean a Nar-Anon meeting with members both meeting in-person and virtually.
- Members of the TSS have experience with “hybrid” regional assemblies, but not with “hybrid meetings.” What we have found with regional assemblies is it is more effective to only provide audio and not try to provide video. It is possible to buy a quality bluetooth external microphone and some economical external speakers, connect them together, sync the microphone to a cell phone, and have audio suitable for a room. Examples of how to do this are the previous regional assemblies before the lockdown.
- Our experience with multiple members each using their own cell phone or laptop within the same room suggests this can work if every person in the room uses headphones and keeps their cell phone muted when not speaking. It is important that all speakers, except one, be turned down to zero volume if headphones are not used. An example of how this worked successfully is the way the Conference Secretaries were able to sit in one room and work together during the World Service Conference.
- We have heard stories from other regions of groups trying to conduct a “hybrid meeting” with substandard results. At least one group allows members to connect remotely, but only allows members who are in-person to speak.
- The TSS is still researching and welcomes any input you may have.

Feedback from other regions on “hybrid meetings:”

- “When my meeting goes hybrid, I want to use an external webcam mounted on a tripod, external speaker, and external mic, with my laptop. The people would need to sit in a semi-circle or classroom arrangement so they can see the monitor and the webcam can see them, unless there are at least two devices used as monitors and possibly several webcams. The video part definitely makes it much harder.”
- “Laptop in the room with extra mike. Laptop is on podium with wheels in case view needs to be changed but in room video generally shows most of the members in the room.”

## Feedback from a meeting that is satisfied with their hybrid format

“This is what we have discovered in the past few weeks.

- “We do not use the wifi from the meeting room, it's too weak, and causes delays.
- “We created a new position (still need to write guidelines for this). It is called Zoom Host. This person logs into zoom from home. They take care of all communications with zoom attendees, admitting, chats, muting when necessary, etc.
- “We use my data on my phone (I have unlimited). Doing this will cause a problem as time goes on, because I will not ALWAYS be there.! No solution has been made as of today.
- “We treat the zoom attendees as though they were in the room with us. We go around the room with readings and then hand it off to our zoom members to finish the readings as though they were the next person in the room. Trying to be all inclusive. Asking them to Chair a meeting, share and/or read, etc.
- “We keep everyone muted unless they are speaking. This means that our live meeting must mute while a zoom person speaks.
- “We altered our 'chairperson' format to include zoom and live members. Like announcing location of bathrooms for live members and announcing to mute yourself for zoom members. etc, etc
- “The 'after' meeting has been difficult and a work in progress. We have not yet found a way to be all inclusive. So we mute the live meeting while both meetings visit amongst themselves and take care of newcomers, visit, hug, etc, etc, etc. We do this completely separately.
- “So far, we only use one cell phone. We hang it high on a rack or a tripod, and leave it there. No extra speakers, no extra microphone, my data connection is not strong enough to handle more devices connected to it. (could use some I.T. help with this)

“I love the idea of keeping things hybrid. I want to include everyone. We will continue in this direction until the fellowship decides differently. We have multiple members who either can't attend in person or are coming from New York, Louisiana, Colorado, etc, who want to continue coming to our meetings.

“Thank you for your service,

“In Grateful Service,

“Linda T.”

# Website Report

# CCR Website Analytics 2021/2020 Comparison

Jul 1, 2020 - Jun 30, 2021  
Compare to: Jul 1, 2019 - Jun 30, 2020

**All Users**  
+0.00% Sessions

## Visits

Jul 1, 2020 - Jun 30, 2021  
**15,567**  
% of Total: 100.00% (15,567)




Jul 1, 2019 - Jun 30, 2020  
**6,407**  
% of Total: 100.00% (6,407)




## Pages / Visit

Jul 1, 2020 - Jun 30, 2021  
**2.26**  
Avg for View: 2.26 (0.00%)




Jul 1, 2019 - Jun 30, 2020  
**1.84**  
Avg for View: 1.84 (0.00%)




## Bounce Rate

Jul 1, 2020 - Jun 30, 2021  
**49.68%**  
Avg for View: 49.68% (0.00%)




Jul 1, 2019 - Jun 30, 2020  
**66.43%**  
Avg for View: 66.43% (0.00%)




## Avg. Visit Duration

Jul 1, 2020 - Jun 30, 2021  
**00:02:42**  
Avg for View: 00:02:42 (0.00%)



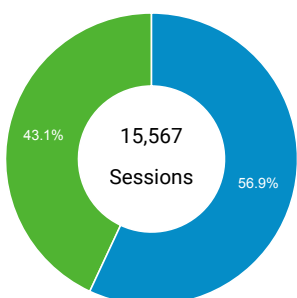
Jul 1, 2019 - Jun 30, 2020  
**00:01:56**  
Avg for View: 00:01:56 (0.00%)



## Visits by Visitor Type

■ Returning Visitor ■ New Visitor

Jul 1, 2020 - Jun 30, 2021



Jul 1, 2019 - Jun 30, 2020

## Most Popular Pages

Page	Pageviews	Unique Pageviews
/		
Jul 1, 2020 - Jun 30, 2021	13,944	9,532
Jul 1, 2019 - Jun 30, 2020	3,533	2,604
<b>% Change</b>	<b>294.68%</b>	<b>266.05%</b>
/virtualmeetings		
Jul 1, 2020 - Jun 30, 2021	6,068	5,420
Jul 1, 2019 - Jun 30, 2020	0	0
<b>% Change</b>	<b>100.00%</b>	<b>100.00%</b>
/meeting/meeting-updates		
Jul 1, 2020 - Jun 30, 2021	3,201	2,950
Jul 1, 2019 - Jun 30, 2020	1,261	1,008
<b>% Change</b>	<b>153.85%</b>	<b>192.66%</b>
/meeting-updates		
Jul 1, 2020 - Jun 30, 2021	2,135	2,128
Jul 1, 2019 - Jun 30, 2020	1	1
<b>% Change</b>	<b>213,400.00%</b>	<b>212,700.00%</b>
/calendar/events		
Jul 1, 2020 - Jun 30, 2021	1,298	917
Jul 1, 2019 - Jun 30, 2020	700	439
<b>% Change</b>	<b>85.43%</b>	<b>108.88%</b>

## Most Popular Landing Pages

Landing Page	Sessions
/	
Jul 1, 2020 - Jun 30, 2021	8,984
Jul 1, 2019 - Jun 30, 2020	2,430
<b>% Change</b>	<b>269.71%</b>
/virtualmeetings	
Jul 1, 2020 - Jun 30, 2021	2,035
Jul 1, 2019 - Jun 30, 2020	0
<b>% Change</b>	<b>100.00%</b>

## Most Popular Referrers

Full Referrer	Sessions
(direct)	
Jul 1, 2020 - Jun 30, 2021	7,267
Jul 1, 2019 - Jun 30, 2020	2,793
<b>% Change</b>	<b>160.19%</b>
google	
Jul 1, 2020 - Jun 30, 2021	4,617
Jul 1, 2019 - Jun 30, 2020	2,192
<b>% Change</b>	<b>110.63%</b>
nar-anon.org/	
Jul 1, 2020 - Jun 30, 2021	1,380
Jul 1, 2019 - Jun 30, 2020	85
<b>% Change</b>	<b>1,523.53%</b>
nar-anon.org/other-sites	
Jul 1, 2020 - Jun 30, 2021	649
Jul 1, 2019 - Jun 30, 2020	585
<b>% Change</b>	<b>10.94%</b>
naranonsuffolkli.org/	
Jul 1, 2020 - Jun 30, 2021	327
Jul 1, 2019 - Jun 30, 2020	0
<b>% Change</b>	<b>100.00%</b>

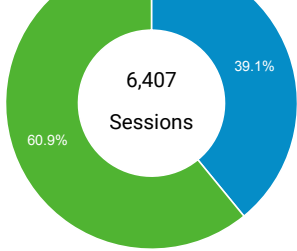
## Most Popular Keywords

Keyword	Sessions
(not set)	
Jul 1, 2020 - Jun 30, 2021	10,657
Jul 1, 2019 - Jun 30, 2020	4,000
<b>% Change</b>	<b>166.42%</b>

(not provided)

Jul 1, 2020 - Jun 30, 2021	4,455
Jul 1, 2019 - Jun 30, 2020	2,287
<b>% Change</b>	<b>94.80%</b>
www.yourtraffic.club	
Jul 1, 2020 - Jun 30, 2021	360
Jul 1, 2019 - Jun 30, 2020	0
<b>% Change</b>	<b>100.00%</b>

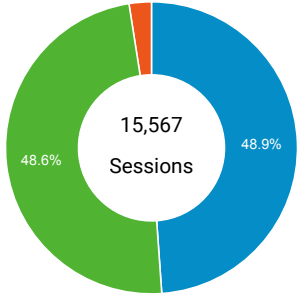




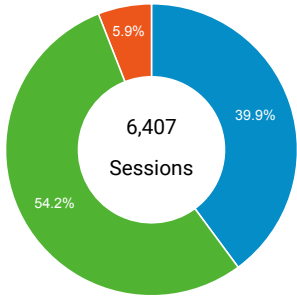
Visits by Device Category

■ mobile ■ desktop ■ tablet

Jul 1, 2020 - Jun 30, 2021



Jul 1, 2019 - Jun 30, 2020



<b>% Change</b>	<b>100.00%</b>
/meeting/meeting-updates	
Jul 1, 2020 - Jun 30, 2021	476
Jul 1, 2019 - Jun 30, 2020	439
<b>% Change</b>	<b>8.43%</b>
/meetings/meeting-list	
Jul 1, 2020 - Jun 30, 2021	355
Jul 1, 2019 - Jun 30, 2020	1,006
<b>% Change</b>	<b>-64.71%</b>
/meeting-updates	
Jul 1, 2020 - Jun 30, 2021	306
Jul 1, 2019 - Jun 30, 2020	0
<b>% Change</b>	<b>100.00%</b>

https://www.naranoncentralca.org/virtu almeetings	
Jul 1, 2020 - Jun 30, 2021	38
Jul 1, 2019 - Jun 30, 2020	0
<b>% Change</b>	<b>100.00%</b>
central coast naranon	
Jul 1, 2020 - Jun 30, 2021	18
Jul 1, 2019 - Jun 30, 2020	0
<b>% Change</b>	<b>100.00%</b>

Western  
Regions  
Convention

July 2021 Report  
Western Regions Convention  
Ad hoc committee on Conference Motions

Members from the Central California, Northern California, Rocky Mountain, and Southern California regions formed an ad hoc committee in response to requests from groups that want to screen share Nar-Anon literature in virtual meetings. The committee submitted several floor motions during the 2021 World Service Conference (WSC). The WSC voted to include these motions in the Conference Agenda Report (CAR) for the 2023 WSC.

1 Members can screen share Nar-Anon Conference Approved Literature (CAL) if the member has purchased an electronic version of the CAL from an authorized retailer.

2 Members can screen share Nar-Anon literature if it is posted on the Nar-Anon world service website ([www.nar-anon.org](http://www.nar-anon.org)).

4 Future WSCs should be accessible virtually.

6 The Nar-Anon 20 Questions can be used on Nar-Anon websites in entirety rather than trying to explain the 20 Questions while only being allowed to use 5 questions.

7 Efforts should be made to convert more Nar-Anon CAL into electronic formats for resale.

11 The prayer adopted during the 2018 WSC can be referred to as the “Nar-Anon Third Step Prayer.”

12 National Service Offices and licensed regions will be allowed to sell translated literature to members worldwide rather than being restricted to only selling within their own country. This means members worldwide will be able to buy Nar-Anon literature that has been translated into other languages.

A summary of these motions is posted on the Western Regions Convention of Nar-Anon Family Groups (WRCNFG) website (<http://bit.ly/WRCNFG>).

The ad hoc committee has continued to work to prepare several additional motions. These are primarily motions that were not submitted as floor motions during the 2021 WSC. These motions are intended to be submitted as CAR motions for the 2023 WSC. The committee is working slowly and carefully on one motion at a time. We expect there might be five or more motions ready in time for the 2023 WSC.

21 All proposed updates to the Guide to World Services (GWS) or Guide to Local Services (GLS) should be reviewed by the World Service Policies & Guidelines Committee (P&G) before being submitted to the WSC.

22 Members of the Board of Trustees will have a voice but no vote in future Conferences, in the same way that regional officers speak at, but do not vote during regional assemblies.

# Forms

# Online GSR, Alternate GSR, and Substitute GSR Registration Forms

---

July 17, 2021

The Nar-Anon Central California Region provides online registration forms for GSRs, Alternate GSRs, and Substitute GSRs to register their groups for Assembly participation. Please follow the links below.

- 1) Please use the online [GSR and Alternate GSR Registration Form](#) to register for the Assembly.
- 2) All Members in attendance, please use the [Member Sign-in Form](#). Use this form *on the day of the meeting* to affirm your attendance at Regional Assemblies and Area Service Committee meetings.

**Nar-Anon Central California Region**  
**Group Service Representative (GSR) and Alternate GSR Registration Form**

The area or group submits the following name to the region for acknowledgement as an authorized GSR or Alternate GSR for registration with the region.

**Current Trusted Servant Information**

---

Position: GSR [ ] Alternate GSR [ ] Service Start Date: \_\_\_\_\_

Member Name (first name and last initial): \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Skype Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Group Name: \_\_\_\_\_ City: \_\_\_\_\_

Meeting Day: \_\_\_\_\_ Meeting Time: \_\_\_\_\_ Group ID: \_\_\_\_\_

**Previous Trusted Servant Information**

---

*If there was a previous GSR, complete this section. If not proceed to the next section.*

Position: GSR [ ] Alternate GSR [ ] Service End Date: \_\_\_\_\_

Member Name (first name and last initial): \_\_\_\_\_

**Area Acceptance**

---

ASC Officer Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Area: \_\_\_\_\_ Position: \_\_\_\_\_ Date: \_\_\_\_\_

**Region Acceptance**

---

*The RSC acknowledges the above-named member as an authorized representative.*

RSC Officer Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Position: \_\_\_\_\_ Date: \_\_\_\_\_

*Revised 4/9/2018*

**Nar-Anon Central California Region**  
**Area Service Committee and Regional Service Assembly Registration Form**

ASC [ ] RSA [ ] Date: \_\_\_\_\_ Sheet: \_\_\_\_\_ of \_\_\_\_\_

The area, or a group unaffiliated with an area, submits the following names to the area or region for acknowledgment as an authorized voting Group Service Representative (GSR), Alternate GSR, or Substitute GSR only for the above dated ASC or RSA.

**Member Sign-in**

---

Member Name (first name and last initial): \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Group City: \_\_\_\_\_ Position: GSR [ ] Alternate GSR [ ] Substitute GSR [ ]

Meeting Day: \_\_\_\_\_ Meeting Time: \_\_\_\_\_ Group ID: \_\_\_\_\_

---

Member Name (first name and last initial): \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Group City: \_\_\_\_\_ Position: GSR [ ] Alternate GSR [ ] Substitute GSR [ ]

Meeting Day: \_\_\_\_\_ Meeting Time: \_\_\_\_\_ Group ID: \_\_\_\_\_

---

Member Name (first name and last initial): \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Group City: \_\_\_\_\_ Position: GSR [ ] Alternate GSR [ ] Substitute GSR [ ]

Meeting Day: \_\_\_\_\_ Meeting Time: \_\_\_\_\_ Group ID: \_\_\_\_\_

---

**Area/Region Acceptance**

---

ASC or RSC Officer, as applicable:

Signature: \_\_\_\_\_ Print: \_\_\_\_\_

Area: \_\_\_\_\_ Position: \_\_\_\_\_ Date: \_\_\_\_\_

*Revised 4/9/2018*

**Nar-Anon Central California Region  
Group/Area Contribution Form**

Complete this form and send with a check to the Central California Region (CCR)  
(refer to the *Donations to Area, Region, and WSO* section of the GRS).

Group/Area Name: \_\_\_\_\_ City: \_\_\_\_\_

Meeting Day: \_\_\_\_\_ Meeting Time: \_\_\_\_\_ Group ID: \_\_\_\_\_

Contribution enclosed: \$ \_\_\_\_\_

Contact Name: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Make check or money order payable to: **Nar-Anon Family Groups - CCR**

Mail to: Nar-Anon Family Groups - CCR  
Attn: Treasurer  
3463 State St. #424  
Santa Barbara, CA 93105

---

**Nar-Anon Central California Region  
Group/Area/Region Contribution Form**

Complete this form and send with a check to the World Service Office (WSO)  
(refer to the *Donations to Area, Region, and WSO* section of the GRS).

Group/Area/Region Name: \_\_\_\_\_ City: \_\_\_\_\_

Meeting Day: \_\_\_\_\_ Meeting Time: \_\_\_\_\_ Group ID: \_\_\_\_\_

Contribution enclosed: \$ \_\_\_\_\_

Contact Name: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Make check or money order payable to: **Nar-Anon Family Groups - WSO**

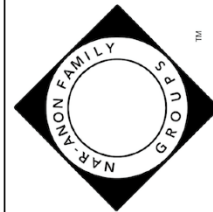
Mail to: Nar-Anon Family Groups - WSO  
Attn: Treasurer  
23110 Crenshaw Boulevard, Suite A  
Torrance, CA 90505

*Revised 10/10/2020*



## Nar-Anon Central California Region Regional Service Committee Travel Expense Form

#	Group Name / City / Day	Date	Gas	Mileage	Maintenance Rate at \$.08 / mile *	Meals	Lodging	Total Expense
1			\$ -		\$ -	\$ -	\$ -	\$ -
2			\$ -		\$ -	\$ -	\$ -	\$ -
3			\$ -		\$ -	\$ -	\$ -	\$ -
4			\$ -		\$ -	\$ -	\$ -	\$ -
5			\$ -		\$ -	\$ -	\$ -	\$ -
6			\$ -		\$ -	\$ -	\$ -	\$ -
7			\$ -		\$ -	\$ -	\$ -	\$ -
8			\$ -		\$ -	\$ -	\$ -	\$ -
9			\$ -		\$ -	\$ -	\$ -	\$ -
10			\$ -		\$ -	\$ -	\$ -	\$ -
11			\$ -		\$ -	\$ -	\$ -	\$ -
12			\$ -		\$ -	\$ -	\$ -	\$ -
13			\$ -		\$ -	\$ -	\$ -	\$ -
14			\$ -		\$ -	\$ -	\$ -	\$ -
15			\$ -		\$ -	\$ -	\$ -	\$ -
	<b>Totals</b>		\$ -		\$ -	\$ -	\$ -	\$ -



Position:

Name:

Address:

Phone:

\* According to AAA in 2017, "To calculate annual maintenance and repair costs, AAA examined factory-recommended maintenance, replacement tires, extended warranty costs and services associated with typical wear-and-tear. New vehicles, on average, will cost a driver \$1,186 per year to maintain and repair." This is based on 15,000 miles per year. The cost per mile of maintenance is \$.08 per mile.

# Event Flyers



# Spiritual House Party!!

July 31, 2021

9:00am – 2:00pm (EDT)

Hosted by Colorado & New York

Websites: [www.naranonrm.org](http://www.naranonrm.org) & [www.nynaranon.org](http://www.nynaranon.org)

Contacts: [nynfgsec@gmail.com](mailto:nynfgsec@gmail.com)  
[chairnaranonrm@gmail.com](mailto:chairnaranonrm@gmail.com)





# **Coming September 26, 2021**

## **A Roundtable with the Board of Trustees**

To include a question & answer session

Regions are encouraged to send questions in advance to  
the board at

[BOT@nar-anon.org](mailto:BOT@nar-anon.org)

More information to follow in the September edition of  
the Serenity Connection



# Sunday NFG Step Study

Email - [SundayNFGStepStudy@gmail.com](mailto:SundayNFGStepStudy@gmail.com)

Web - [bit.ly/NFGSunday](http://bit.ly/NFGSunday)

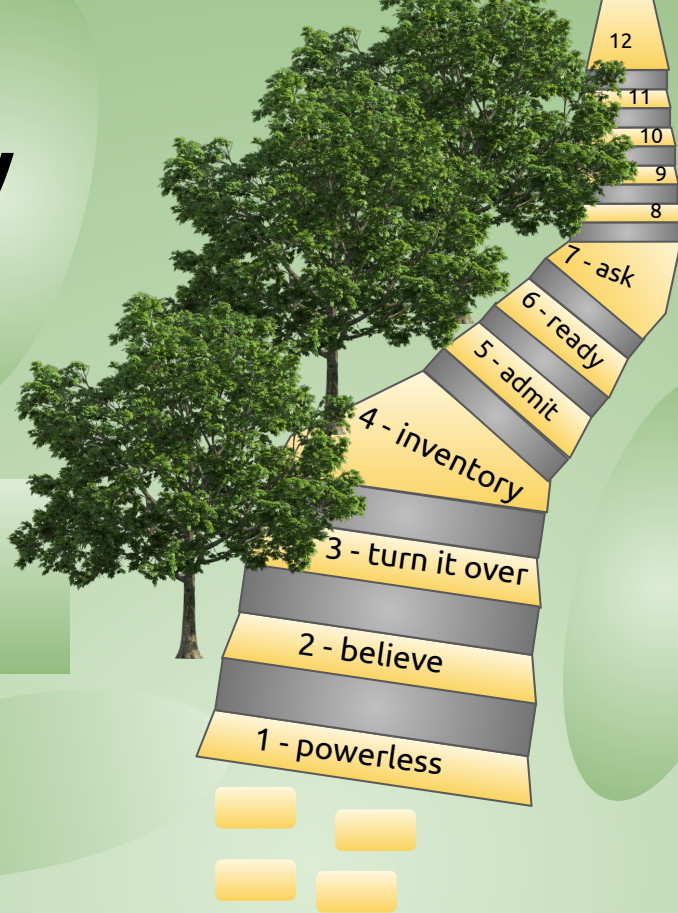
## Weekly Nar-Anon Step Study In the Nar-Anon 36 Workbook

To join - go to the Group website

[bit.ly/NFGSunday](http://bit.ly/NFGSunday)

Or [click HERE to join](#)

Help for family and  
friends affected by  
someone else's addiction



Sundays at 1:00 p.m. Pacific;  
2:00 p.m. Mountain; 3:00 p.m. Central; 4:00 p.m. Eastern

Members take turns reading from the [Nar-Anon 36](#),  
and respond to the questions in the book.

We typically cover one or two pages each week  
and slowly progress from Step 1 through Step 7.

Each workshop typically lasts one hour.

Language - English

Nar-Anon Group 131-117 (V)

Copies of the Nar-Anon 36 Workbook can be purchased through the Nar-Anon webstore  
<https://nar-anon-webstore.myshopify.com/collections/books-booklets/products/nar-anon-36-steps-1-12-coming-soon>



# Step By Step WORKSHOP

[Click Here: Nar-Anon 12-Step Virtual Workshop](#)

**Zoom ID: 828 7993 3078 - Password: 363636**

**Direct Dial: 929-205-6099 – Password: 363636**

## NAR-ANON

### 12-STEP VIRTUAL WORKSHOP

#### **SCHEDULED DATES:**

**THEN:** Every 2<sup>nd</sup> & 4<sup>th</sup> Wed of  
Every Month

**TIME:** 8:00 – 9:30 pm EDT  
7 pm CDT, 6 pm MDT, 5 pm PDT,  
12 am GMT

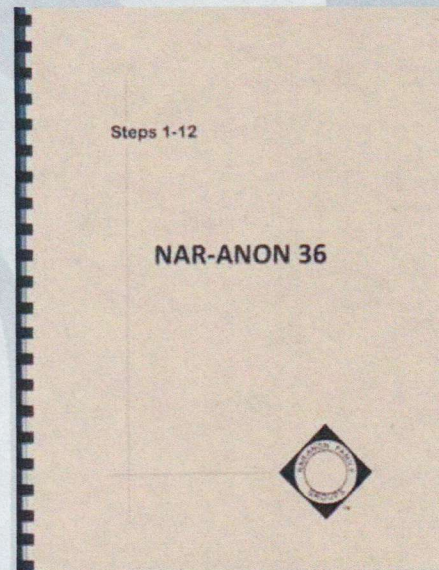
#### **FAMILY & FRIENDS OF ADDICTS**

*Our program, which is not a religious one but a spiritual way of life, is based on the Twelve Steps of Nar-Anon.*

#### **TAKE YOUR RECOVERY TO THE NEXT LEVEL**

*Remember, addiction is a life long disease and our own recovery provides us with the tools for serenity in our lives.*

**PARTICIPANTS LIMIT: 100**



The [Nar-Anon 36](#) will be used throughout the Workshop but not required to participate

[Click here to purchase](#)

#### **WORKSHOP COMMITTEE:**

Georgia, Tennessee,  
Colorado, New York,  
Connecticut

#### **CONTACTS FOR DETAILS:**

[Mtcake15@gmail.com](mailto:Mtcake15@gmail.com)  
[loischez@gmail.com](mailto:loischez@gmail.com)  
[nynfgchair@gmail.com](mailto:nynfgchair@gmail.com)  
[chairaranonrm@gmail.com](mailto:chairaranonrm@gmail.com)  
[nynfgsec@gmail.com](mailto:nynfgsec@gmail.com)



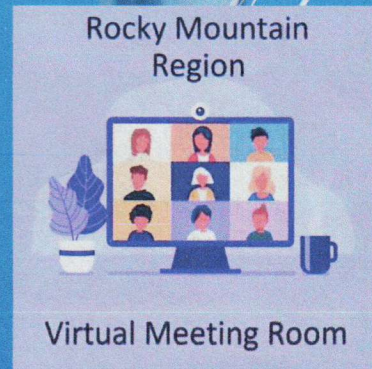
Listen To Learn & Share To Heal

*It Starts With Us*  
**Speaker Meetings**  
**Every Saturday Night!!**

**Held  
in the  
Rocky Mountain  
Region Virtual  
Meeting Room**



To attend go to [naranonrm.org](http://naranonrm.org)





## THE NUTS & BOLTS – A SPONSOR’S ROUNDTABLE

If You Are or Have Sponsored Members of Nar-Anon Please Join Us for an Organizing Session.

---

When: Tuesday, May 11<sup>th</sup>, 5pm MDT  
(7pm EDT, 6pm CDT, 4pm PDT)

Contact: David G at 720-329-0422 or [Delegatenaranonrm@gmail.com](mailto:Delegatenaranonrm@gmail.com) for more information.

## Why Join the Meeting

- The number of newcomers continues to grow and, they need Sponsors who can share how the Steps, Traditions and Concepts became our solution.
- Continue to grow spiritually ourselves by sharing insights, pitfalls and awakenings.
- Step 12 – Having had a spiritual awakening as a result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.



*"We began to look at ourselves and others differently,  
accepting them for who they are and where they are"*

-As a Result of these Steps (p. 90, Nar-Anon 36)

Simi Valley Nar-Anon Family Groups



# 12-Step Workshop

Year-Long Weekly Course  
Saturdays, 6:30pm

Starting October 10, 2020  
(Just before NFG meeting @ 7:30pm)

Workshop is FREE – NO Charge  
Purchase Booklet (Nar-Anon 36)  
Acquire by website\*  
\*www.nar-anon.org

[Click here](#) to join the virtual meeting,  
or call in @ 669-900-6833.

For more info, contact:  
John: 805-630-0779 or jcm16huskie@gmail.com



# WE ARE NOT ALONE

*Parents of Addicts*

Sharing Experience,  
Strength, and Hope

DATE: SUNDAY, JULY 25, 2021

TIME: 12:00 - 1:30 PM EDT

9 - 10:30 AM PDT | 10 - 11:30 AM MDT | 11 AM - 12:30 PM CDT

2 SPEAKERS:

*Greg* - NJ

*Kathy* - NY

ZOOM ID: 892 9180 0173

PASSCODE: NONE REQUIRED

DIAL IN: 646-558-8656 (US)

or... [CLICK HERE](#) to join

- ALL ARE WELCOME -



HOSTED BY NEW YORK REGION

[www.nynaranon.org](http://www.nynaranon.org) - [nynfgsec@gmail.com](mailto:nynfgsec@gmail.com)





# WE ARE NOT ALONE

*Parents of Addicts*

Sharing Experience,  
Strength, and Hope

*All are  
welcome*

DATE: AUGUST 29, 2021

TIME: 12:00 - 1:30 PM EDT

9 - 10:30 AMPDT | 10 - 11:30 AMMDT | 11 AM - 12:30 PMCDT

3 SPEAKERS:

*Jack* - NY

*Mike* - NC

*Rod* - KS

ZOOM ID: 892 9180 0173  
PASSCODE: NONE REQUIRED  
DIAL IN: 646-558-8656 (US)

or... CLICK  
HERE to join

HOSTED BY NEW YORK REGION - [www.nynaranon.org](http://www.nynaranon.org) - [nynfgsec@gmail.com](mailto:nynfgsec@gmail.com)





# What are your thoughts?



Nar-Anon literature is created by members for members.

Work is underway now on the next section in the Nar-Anon 36.

Have you thought about the Nar-Anon Traditions?

Have you applied the Nar-Anon Traditions in your group, or in your service work?

Have you applied the Nar-Anon Traditions in your personal life?  
Or in your family life?

If so, jot down your thoughts and send them to [LitCom@Nar-Anon.org](mailto:LitCom@Nar-Anon.org)

The need right now is for member writings about Traditions 3 through 12

We would like your thoughts about what the Tradition means.  
Also, if you have a short personal story about how you use the Traditions.

We need text, and also member shares.

Email to [LitCom@Nar-Anon.org](mailto:LitCom@Nar-Anon.org)

**WRITINGS NEEDED ON THE FOLLOWING TOPICS FOR LITCOM.**

**Add any other topics or suggestions you wish. Please send writings to [litcom@nar-anon.org](mailto:litcom@nar-anon.org) along with a copyright release form.**

**BELIEFS**

What is Moral character

Trusting in something

Faith

Higher power

Principles

**DENIAL**

Refuse to admit the truth

Not wanting to feel the hurt

We deny \_\_\_\_\_ because

**DISHONESTY**

Makes me look better

We I don't tell the truth about \_\_\_\_\_ because

**EGO**

Edging God out

I am perfect

I can do no wrong

Our ego gets in the way of \_\_\_\_\_ because

\_\_\_\_\_

**EMBARRASSMENT**

Feeling judged

Feeling worthless – self-conscious

# Meeting Directory

# CCR VIRTUAL MEETINGS LIST

To continue to support our fellowship and the newcomer the following meetings are held virtually until further notice because of an abundance of caution around the COVID-19virus. *Last update 6/14/21*

## **SUNDAY:**

- **1 PM, NFG Step Study** - *Nar-Anon Family Step Study* group will meet via Zoom. To join, click link <https://us02web.zoom.us/j/7459777458>, Meeting ID: 745 977 7458. To dial-in 1 669 900 6833, Meeting ID 745 977 7458. All Nar-Anon members are welcome. *Click to visit website*
- **6:30 PM, Santa Cruz** - *Saving OurSelves* (aka SOS) group will meet online via Zoom until further notice. To join, click link <https://us02web.zoom.us/j/7459777458>, Meeting ID: 745 977 7458. To dial-in 1 669 900 6833, Meeting ID 745 977 7458. Newcomers are welcome!
- **7 PM, Los Gatos** - *Peace and Serenity on Sunday* group will meet via FreeConferenceCall until further notice. To join, dial-in 425-436-6358 Access Code: 415007# or download app and enter Meeting ID - *santaclaranaranon. Newcomers and all Nar-Anon members are invited!*

## **MONDAY:**

- **6:30 PM, Salinas** - *Monday Night Serenity* group will meet via FreeConferenceCall until further notice. To join, click link <https://join.freeconferencecall.com/416-570-783> or dial-in 515-604-9099 Access 416-570-783#
- **6:30 PM, Seaside** - *Monday Nite Miracles* group will meet via Zoom until further notice. To join, click link <https://zoom.us/j/7459777458>, or dial-in by phone 1-669-900-6833, Meeting ID 7459777458#

## **TUESDAY:**

- **6:00 PM, Atascadero** - *Candle Light* group will meet via Zoom until further notice. To join, click link <https://us02web.zoom.us/j/9622810477?pwd=QnFoUzROc10xbEpwSXlDeGxVajZa>

QT09, Meeting ID: 962 281 0477, Passcode: 013671. Dial-in (669) 900-9128, Meeting ID: 962 281 0477. *Newcomers and all Nar-Anon members invited!*

- **6:30 PM, Monterey** - *In the Solution* group will meet via Zoom until further notice. To join, click link

<https://zoom.us/j/93264701592?pwd=ZXF6cUR4VUV3ZUoxcCtJlJrbFU3UT09> , Meeting ID: 932 6470 1592, Password: 049795 or dial-in by phone **16699006833**, Meeting ID 93264701592#, Password 049795#

**WEDNESDAY:**

- **12:00 PM, Carmel** - *Serenity-by-the-Sea* group is now meeting inside the multi-purpose room under the church for in person meetings Carmel Presbyterian Church is located on Junipero Street and Mountain View Streets, Carmel By The Sea, CA 93921.
- **7:30 PM, Gilroy** - *Guide to Serenity* group will meet via Zoom teleconference. To join, click link

<https://callistomedia.zoom.us/j/95504611094?pwd=Z1N6YlBwRGhYUHIHSWdWTTRC>  
bEhxZz09, Meeting ID: 955 0461 1094 Password: 202020

**THURSDAY:**

- **6:30 PM, Salinas** - *Sweet Serenity* group is suspended. However, does participate with Salinas, Monday 6:30 PM meeting via FreeConferenceCall. To join, please scroll to Monday, 6:30 PM, Salinas information
- **7:00 PM, Hollister** - *Winds of Change* group will meet via Zoom. *Newcomers and all Nar-Anon members are invited!* To join, click link <https://us02web.zoom.us/j/7459777458>, Meeting ID: 745 977 7458. To dial-in 1 669 900 6833, Meeting ID 745 977 7458.
- **7:30 PM, Los Gatos** - *Vision of Hope* group will meet via Zoom teleconference. To join, click link:

<https://us02web.zoom.us/j/86499034930?pwd=MEdLUlRqSjVpaUlBR1Y2OGF6eTdQ>  
UT09, Meeting ID: 864 9903 4930, Passcode: 4242 Or dial-in +16699009128 ID: 86499034930#0#4242#



**FRIDAY:**

- **6 PM, Santa Barbara** - *I Can Be Free* group will meet via Zoom until further notice. To join, click link <https://us02web.zoom.us/j/7459777458>, Meeting ID: 745 977 7458. To dial-in 1 669 900 6833, Meeting ID 745 977 7458. All Nar-Anon members are welcome.  
*Click to visit website*
- **6:30 PM, Scotts Valley** - *Sharing Experience, Strength and Hope* group will meet via Zoom until further notice. To join, click link <https://tinyurl.com/SESHNarAnon> and follow instructions. *Newcomers and all Nar-Anon members are invited.* **SATURDAY:**
- **9 AM, Monterey** - *Circle of Hope* group will meet via Zoom until further notice. Access Zoom Meeting by Computer or Zoom Application on a Smartphone. To join, click link <https://us02web.zoom.us/j/85486780329?pwd=TkRDT2FLMohxdnhxRzF1QVJIWVgo>  
[dz09](#) Meeting ID: 854 8678 0329 Password: Hope (with a capital H) Dial-in by phone +1 669 900 6833 US, Meeting ID: 854 8678 0329 #, Password: 324902 *Newcomers and all Nar-Anon members are invited!*
- **6:30 PM, Simi Valley** - *Simi Valley Serenity* group will meet via Zoom for a weekly 12 Step Study for a year. To join, click link <https://laccd.zoom.us/j/946584137?pwd=VUVMZoxnVmtsSVpaYnR6LzdhMnJRQTO9> or dial-in 669-900-6833, Meeting ID 946584137#. *Click link to download flyer*
- **7:30 PM, Simi Valley** - *Simi Valley Nar-Anon Family* group will meet via Zoom until further notice. To join, click link <https://zoom.us> Meeting ID# 946 584 137 Password SVNAFG321 or join by dial in 669 900 6833. *Newcomers are welcome!*

## IN-PERSON MEETINGS

*updated 7/17/21*

With the pandemic restrictions being lifted, meetings are returning to a physical location. There may be requirements to attend. Please check the meeting listing before attending.

- **Wednesday 12 PM, Carmel** - *Serenity-by-the-Sea* group is now meeting inside the multi-purpose room under the church for in person meetings Carmel Presbyterian Church is located on Junipero Street and Mountain View Streets, Carmel By The Sea, CA 93921.
- **Thursday 6:30 PM, Salinas** - *Sweet Serenity* group is now meeting in person at the Active Seniors Center (ASC) located at 100 Harvest Street, Salinas, CA 93901. This new location requires vaccinations to attend and at least one Nar-Anon member from each meeting must also be a member of the Active Seniors Center.
- **Friday, 12 PM, Atascadero** - *Bridge to Serenity* group will meet in person at North County Connection - 8600 Atascadero Ave, Atascadero.