

Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	J.T. W.	X
Treasurer:	Les P.	X	Alternate Delegate:	<i>position vacant</i>	

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	<i>position vacant</i>	
Literature	Ruth K.	X	Technology Services	Robert P.	X
Narateen	Sunny J.	X			

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:10 PM

A) Meeting via Zoom (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>

Dial-in Numbers: (669) 900-6833, (408) 638-0968

Meeting ID: 745 977 7458 #

Passcode: This meeting room has no passcode.

B) Open the meeting with the Serenity Prayer.

(6:03 PM) Meeting opened.

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

8 of 8 voting members present.

Quorum is 5 – quorum met.

E) Reading of the *Twelve Traditions*

Read by Ruth

F) Reading of the *Twelve Concepts of Nar-Anon Service*

Read by Robert

2. Adoption of Minutes of Previous RSC Meeting

6:10 to 6:15 PM **(6:10 PM)**

A) Approval of the minutes of previous RSC meeting.

i) January 5, 2022

(See the *Draft Minutes of the Previous RSC Meeting* section in this agenda packet.)

Motion to approve the RSC minutes of January 5, 2022, as presented.

First: Robert; Second: JT; Yes: 8; No: 0; Abstentions: 0; Motion Passes

3. Adoption of the Agenda

6:15 to 6:20 PM **(6:10 PM)**

A) Call for new business.

B) Call for order of business.

C) Call for consensus on the agenda.

The agenda was adopted as presented by consensus.

4. Old Business

6:20 to 6:20 PM

A) None currently.

5. Reports

6:20 to 6:45 (6:11 PM)

A) Chair's Report – Michael F.

Michael reported he has nothing to report.

B) Secretary's Report – Scott N.

Scott shared his screen and shared the CCR Minutes Archive page on the CCR website. The 2022 Adopted Budget, Assembly Motions Archive, and Draft Minutes for the Assembly of January 22, 2022, all have been posted and are up to date.

Michael asked Scott to post the minutes of the RSC meeting in draft from after the initial review by the Chair. Scott agreed he would post the draft minutes and send an email notification to the RSC.

C) Treasurer's Report – Les P.

(See the *Regional Treasurer's Report* section in this agenda packet.)

Les reported there were no expenses in the month of January. However, he paid the \$700 donation to WSO that was authorized by the Special Vote by Email Assembly of November 2021. He paid \$216.00 for the website to Scott as he had paid the invoice in October in 2021 and not been reimbursed. The quarterly WSO donation will be sent \$437.50 before the next RSC meeting as authorized by the January 2022 Assembly. Michael asked Les if he would write a paragraph on the 2022 adopted budget. Les offered the budget document to be included. Scott will include the adopted budget in the [Take Back to Meeting].

D) Delegates' Report – J.T. W.

(See the *Regional Delegate's Report* section in this agenda packet.)

JT posted a revised report in the Zoom chat. The report follows. JT read the highlights. The report will be included in the [Take Back to Meeting].

Some highlights from our January 22, 2022, regional assembly.

- **Central California Regional Assembly Update**

Groups in total – 17*	Meetings in total – 19* (3) Step Study (16) SESH
Virtual Meetings – 16	In-Person Meetings – 3
Hybrid – None at this time	Use the CCR shared Zoom account – 6

***Our region has 17 groups; the Sunday Step Study holds 2 meetings and Simi Valley holds 2 meetings**

Our assembly hosted a lower attendance level than last year. Out of the 17 groups we had 7 representatives, though 10 groups submitted meeting reports. Also in attendance, were 3 officers, delegate and 1 observer. The subject of streamlining the assembly to shorten the duration was brought to light. A small committee volunteered to create a survey that will be emailed to members for feedback. If you are not on the CCR email list and would like to be notified: <https://www.naranoncentralca.org/contact/email-list-sign-up>. Please be on the lookout for this survey and participate, it's the voice of the members that will make any changes. Do you have a thought or suggestion on this matter? Please contact:

- **Narateen**

A call was sent at the assembly looking for willing members to be facilitators for Narateen. Please welcome Sunny J as the Central California Narateen Chair, thank you for your service!

Questions from Members (The following questions are paraphrased to protect members anonymity)

- 1. Considering the postage, paper, and time, would it help the budget if WSO did not send paper receipts after a donation? Can they be sent through email or not at all?**

Answer per WSO: "If the person making the donation requests it to be emailed. If done by website through the contribution button, they can just type in the "Note to Seller" box and ask to have it emailed."

- 2. Can members bring up names of therapists, drug programs/treatments, or non-CAL literature during the meetings?**

Answer: From the new Nar-Anon book "Our Traditions, Principles for Groups and Beyond" regarding Tradition 3 "During our meetings, we must remind others we have no other affiliations. Sometimes members want to bring flyers from other fellowships or treatment centers. These can be shared outside the meeting; inside the room we keep the focus on Nar-Anon recovery."

3. I'm having a hard time finding meetings on Nar-Anon.org. Can they be put in one place?

Answer: Updates have been made to Nar-Anon.org to search for a meeting.

Click on:

<https://www.nar-anon.org/find-a-meeting#groupspublic/>

4. What is the mailing address to make contributions for the Central California Region?

Answer: Nar-Anon CCR

Attn: Les P.

3463 State St., #424

Santa Barbara, CA 93105

Other news

- **Screen Sharing Committee**

An ad-hoc committee formed by Board of Trustees and requested from the members during the 2021 World Service Conference, held their first meeting this month. The members will compile information for the benefits of screen sharing in a Nar-Anon and Narateen meeting, then submit a report to the BoT.

- **Accessibility Committee**

An ad-hoc committee formed by the Board of Trustees to focus on Nar-Anon Literature accessibility issues for members with audible and visual disabilities. For an example of an accessibility widget, check out the little blue guy on the right-hand side of our website home page. <https://www.naranoncentralca.org/>

- **Fourth Step Workbook Workshop**

The WS Literature Committee held a review for the Fourth Step Workbook this month to gather feedback from the fellowship as a part of finalizing new

literature. It was well attended, and the participants voiced critiques, approvals, and gratitude. Action from the feedback created an informal committee to add verbiage about personal safety. The deadline to participate in this review is February 15, 2022. If you are interested in the Fourth Step Workbook Review, please contact:

JT, Delegate@naranoncentralca.org

Truly grateful to be in service with CCR family,
JT – Interim Delegate
Delegate@naranoncentralca.org

Sunny asked JT about the Guide to Local Services. In the guide WS committee participation is suggest being only after three years of service. Sunny wondered if this guideline precluded her from participating on the WS Narateen Committee. Robert suggested Sunny just show up at the meeting and cited an example from the WS Website committee.

Robert offered there will be a screen sharing workshop in March. There is no specific date currently.

E) Outreach – Janet S.

Janet reported she contacted NA for the 2023 convention. She did not have any updates to share. The room we used in the past cost \$4,000. NA suggested using a room with a capacity up to 90 that will be less expensive. The contact will get back with Janet on the exact cost.

Janet will remain committed to service, however, she will not remain as chair when her term is complete.

Robert offered that another Nar-Anon entity made a deal to rent a room for a few hours for one day of an NA convention. NA was able to prorate the room and give Nar-Anon a better price.

Janet will ask NA about prorating the convention room costs based on hourly usage.

Les asked about the \$4,000 and what exactly did that cover.

Janet explained it was the estimated cost of for the room we used for the last convention. We held an assembly the night before and then convention throughout the

day on Saturday. A convention is like a Narathon that is in person.

She explained the purpose of the convention is our “spiritual aim” in recovery, not a fundraiser like the Narathon.

Robert shared some experience with the NA Central Region. He offered the CCR could hold a virtual assembly.

Janet said that Scott C. is helping with the convention. The CCR could charge for convention attendance.

Janet has no new information on outreach. The subcommittee needs to recruit new members and it will need a chair.

F) Technology Services – Robert P.

*(See the *Technology Services Subcommittee Website Report* section in this agenda packet.)*

Robert reported things are wonderful. There were updates on the Literature page, broken links have been repaired across the site, and alternate text has been added to all images, in compliance with accessibility standards.

G) Literature – Ruth K.

Ruth reported the subcommittee received a couple of writings from members who attended the November workshop. The subcommittee will start reviewing what they have and chart out the “Relationships in Recovery” project. She reported the WS Literature Committee asked the CCR Subcommittee to resubmit the work that was lost for the second part of the Fourth Step workbook project. The COVID response has impacted the approval of literature. The Serenity Connection might offer a way to publish stories and get them to the fellowship quicker.

Ruth affirmed she will be rotating out of service after four years as chair of the subcommittee. She will step down at the end of August.

Michael reminded the RSC the subcommittee is responsible for selecting a chair.

Ruth will submit a writing to the **[Take Back to Meeting] to ask for members to step into service.**

Michael

Scott asked for Take Back submissions to be submitted by Saturday on the weekend after the RSC.

Ruth said she would try to submit something on Sunday.

H) Conventions / Events – *Vacant*

Western Regions Online Convention - Robert

February 12, 2022

(See the flyer in the *Flyers* section of this agenda packet.)

Robert reported the flyer for the Western Regions Online Convention was in the agenda packet. There will be four speakers and two workshops: one international and one on the Fourth Step workbook. There will be four regions reporting at this time. The convention Zoom room opens at 8:30 AM on Saturday, February 12.

I) Narateen – Sunny J.

Sunny submitted a written report (see below). She shared the report in the Zoom chat.

1) Have emailed world service Narateen, but not heard back yet.

2) Have emailed Southern California Region Narateen, they are having their subcommittee meeting on Feb. 19, and will invite others interested in Narateen to an informational meeting later in the month.

3) I also contacted the Narateen subcommittees in Both Pennsylvania and the Pacific NW region, since they already have meetings up and running and I hoped to learn from their successes. They both responded warmly and gave me a lot of helpful guidance.

4) I and Alijah have been invited to attend a Narateen Facilitator Training in early March. It will be on Zoom.

5) In the PNW, they use a private background check service that is nationwide. They have invited us to go ahead with being cleared through them so we can participate in their Narateen meetings. I will be following up with them after the facilitator training.

6) Karen, the PNW Narateen Process Person (NTPP) said that according to the guidelines for service with Narateen, the Region needs to elect me as NTPP so that I can coordinate background checks, communicate with World Service, etc. She said the NTPP is usually also the Narateen subcommittee chair. So, I'd like to put that on the agenda for our next Regional Assembly.

7) At the PNW Region, the other subcommittee elected office is their Safety Coordinator. So, I would like to recommend that we also elect a Safety Coordinator, and I would nominate Alijah, as she has already joined our subcommittee and has a strong desire to help start Narateen meetings with me.

Sunny asked about the process of adopting policies in the Guide to Regional Services.

Robert noted that the Guide to Regional Services is updated periodically and approved by the Assembly. It usually takes two Assemblies to approve changes: the first where the

amendment is put forth for GSR to take back and discuss with their groups, and a second assembly to render the groups' conscience as part of the Assembly.

Michael offered we could put the changes out on the website and ask members to review. Then we could ask the Assembly if they want to make these changes at the July 2022 assembly.

The RSC will want to review any changes before handing them to the Assembly.

Robert explained the technology the Region has available for a Narateen Subcommittee. The subcommittee may use the CCR Zoom room. Robert will create a Narateen folder in the Google Drive.

J) Ad Hoc Elections Subcommittee Report – Michael F.

(See the *Ad Hoc Elections Subcommittee Report* section in this agenda packet.)

Michael reported next month the RSC will send out the election information in the Take Back to meeting.

Point of Order

Robert noted the time is 7:04 PM

Motion to Extend the meeting to 7:30 PM

First: Robert; Second: JT; Yes: 8; No: 0; Abstentions: 0; Motion Passes

6. New Business

6:45 to 6:50 (6:45 PM)

A) Discussion of RSA Agenda format – Michael F.

Michael noted there is a trend by members to streamline the assemblies. He invited the RSC to think about how the assembly agenda might be changed. Bring back your thoughts to the next RSC.

Robert and John agreed to work on a survey of members. Larry agreed to chair that ad hoc subcommittee to create the survey.

Michael asked if the TSS could discuss the item at the next meeting.

Robert said the TSS could discuss the technology to use for the survey, but does not believe the TSS should create the questions as it is not in the TSS purview.

7. Administration

6:50 to 6:55 PM (7:09 PM)

- A) Summary of **Take Back to Meeting** items.
- i) **Current Regional Service Committee Vacancies**
 - a) **Vice Chair**
 - b) **Conventions / Events Subcommittee Chair**
 - ii) **Regional Service Committee Election**

Saturday, July 16, 2022,

Regional Service Committee elections will be held at the Regional Service Assembly on July 16, 2022. In March, the Elections Subcommittee sends notification to the Region's Groups that the nominations period is open. Notification will include a list of open positions, suggested experience for positions, description of positions, timeline for nomination period, and nomination email address. A nomination invitation will be sent to GSRs via Regional Service Committee Take Back to Meeting Information and Announcements. The member nomination process allows members to nominate themselves or other members for one or more positions. Nominated members will be contacted by the subcommittee. The nominated member may or may not agree to accept the nomination. Nominations are received by the subcommittee via email. If you feel called to be of service beyond the group level, please review the CCR's Guide to Regional Services, posted on the CCR website (<https://www.NarAnonCentralCA.org/member-services/regional-documents>). Service on the Election Subcommittee is offered to all members. If you want more information, contact Michael F., Chair@NarAnonCentralCA.org.
 - iii) **CCR Literature Subcommittee [Plus updated information]**

Next meeting is on Sunday, February 13 from 8:30 AM to 9:30 AM. The subcommittee meets via Skype. All Nar-Anon members are welcome to join us on Skype for the next meeting of the CCR Literature Subcommittee. Please email ruthkellogg@aol.com before the meeting so that you can be added to the Skype call.
 - iv) **CCR Outreach Subcommittee [Plus updated information]**

Next meeting on Tuesday, February 22 from 8:00 PM to 9:00 PM. The subcommittee meets via FreeConferenceCall. To participate, please dial 1-515-604-9099 and enter Access code 416-570-783#. You may also use this link: <https://join.freeconferencecall.com/416-570-783>. You may also contact Janet S. at Outreach@NarAnonCentralCA.org.

- v) **CCR Technology Service Subcommittee**
Next meeting is on Monday, February 21 from 6:00 PM to 7:00 PM. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/9622810477> or dial (669) 900-9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.
 - vi) **Delegate Report – JT will update and send Scott the new version.**
 - vii) **Possible information on change to the Assembly agenda. Michael will contact Larry to see if there is anything being developed.**
 - viii) **Narateen Subcommittee formation. Sunny will submit a paragraph for this item.**
 - ix) **Adopted 2022 budget.**
 - x) **Event Flyers**
- B) **Next RSC Meeting – Wednesday, March 9, 2022, from 6:00 PM to 7:00 PM.**

8. Adjournment

Adjournment at 6:55 to 7:00 PM (7:15 PM)

Motion to close the meeting.

First: Robert; Second: Janet; Yes: 8; No: 0; Abstentions: 0; Motion Passes

- A) Close the meeting with the Serenity Prayer.

The meeting closed at 7:16 PM