## Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	Х
Vice Chair:	position vacant		Delegate:	J.T. W.	Х
Treasurer:	Les P.	X	Alternate Delegate:	position vacant	

### Subcommittee Chairs in Attendance

Subcommittee Chair Present			Subcommittee	Chair Present	
Outreach	Janet S.	Χ	Conventions / Events	position vacant	
Literature	Ruth K.	Χ	Technology Services	Robert P.	Χ
Narateen	Sunny J.	Χ			

## Agenda Summary

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# 1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:10 PM

A) Meeting via Zoom (web-based video conferencing tool)

Meeting Link: <u>https://us02web.zoom.us/j/7459777458</u> Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 # Passcode: This meeting room has no passcode.



- B) Open the meeting with the Serenity Prayer.(6:01 PM) Meeting opened.
- C) Roll Call / Introductions RSC officers, delegates, subcommittee chairs, and other attendees
- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.

8 of 8 voting members present. Quorum is 5 – quorum met.

- E) Reading of the *Twelve Traditions* Read by Robert
- F) Reading of the *Twelve Concepts of Nar-Anon Service*Read by Janet

## 2. Adoption of Minutes of Previous RSC Meeting

6:10 to 6:15 PM (6:07 PM)

- A) Approval of the minutes of previous RSC meeting.
  - i) February 9, 2022

(See the *Draft Minutes of the Previous RSC Meeting* section in this agenda packet.) Motion to approve the RSC minutes of February 9, 2022, as presented. First: Robert; Second: JT; Yes: 8; No: 0; Abstentions: 0; Motion Passes

# 3. Adoption of the Agenda

6:15 to 6:20 PM (6:08 PM)

- A) Call for new business.
- B) Call for order of business.
- C) Call for consensus on the agenda.

The agenda was adopted as presented by consensus.

### 4. Old Business

6:20 to 6:25 PM (6:08 PM)

A) Proposal to add a Members Share page to the CCR Website – Robert P.

(See the Supporting Documents section in this agenda packet.)

Robert reported the creation of a "Members Share page" would be a combined effort between TSS and the Literature Subcommittee. Benefits are that we have writings that come into the Literature Subcommittee that do not match the projects they are working on, and it is beneficial to keep the website fresh. This new page would create a place for these writings. We are looking for an RSC vote that this is a reasonable item to explore. Motion that the RSC authorize the TSS and the CCR Literature Subcommittee to develop a "Members Share" page for RSC review.

First: Robert; Second: Ruth; Yes: 8; No: 0; Abstentions: 0; Motion Passes

## 5. Reports

6:25 to 6:45 (6:25 PM)

A) Chair's Report – Michael F.

Michael reported that a memorandum for the World Service Conference Committee indicates the next World Service Conference will be held in-person, with no mention of remote or hybrid, so it will have a huge impact to the CCR budget. We will need to keep this in mind moving forward.

Robert suggested the RSC send a letter to the WSC indicating the CCR would not participate in in an event at the cost. He said he knows of other regions that are not willing to spend money on hotel rooms when there are more important things to spend money on.

Michael suggested we will have further discussion on this topic later.

B) Treasurer's Report – Les P.

(See the *Regional Treasurer's Report* section in this agenda packet.) Les reported that the current balance (2/28/2022) is \$9,542.79. Les reported the region had expenditures of \$437.50 and \$380.07 in income in the month of February.

C) Delegates' Report –J.T. W.

JT uploaded the Delegate Report and reported the cost of the WSC equalized expenses will not be available until July 2022. JT will be sharing at the quarterly Delegate's committee. Circle of Hope is now a hybrid meeting. The Fourth Step book fellowship review deadline was extended. The uploaded report is as follows.

#### Hello CCR Family,

On behalf of our region, I have been asked to share at the next Delegate's Quarterly meeting on March 27, 2022. The topic, "Techniques used to attract new members and why they are successful with existing obstacles or challenges." Would love to pop in on our meetings and get some feedback.

**CCR Region Shared Virtual Account** 

Welcome Wednesday – 7:30 PM, Guide to Serenity to the Region's shared Zoom account. Their meeting starts right after our RSC ends. If your group is interested in switching to our shared account, please check the schedule to see if your groups meeting day and time are available. https://www.naranoncentralca.org/ccr-videoreservations

**Hybrid Meeting** 

Saturday – Monterey, Circle of Hope group will go back to hybrid meetings starting on April 4, 2022. Virtual meeting information remains the same. Location information has been updated: https://www.naranoncentralca.org/inpersonmeetings

Fourth Step Workbook Review Deadline

Part 1 of the Fourth Step Workbook deadline has been extended to March 31, 2022, by the WS Literature Committee. If you or your group are interested in this great opportunity to be a part of the literature process, please contact: Delegate@naranoncentralca.org

CCR Regional Assembly Survey

Update on the progress of developing a survey to poll the GSRs for changes to the next assembly. An email was sent to 17 representatives and contact people for our region to lend voice with questions and suggestions on the proposed survey to get approval to move forward with the needs of our GSRs. We have received 3 emails with responses. One was a contact person not sure what to do. Where do we go from here?

#### D) Outreach – Janet S.

Janet reported the small subcommittee continues to make contact and share information with radio stations. They have contacted all therapists from Psychology Today in the CCR.

She has more information on the January 2023 NA convention. NA is holding the Steinbeck Room 3 for Nar-Anon on Saturday. The room holds 90 and is \$415 per day. The cost includes podium, chairs, and Audio/Visual. Janet asked if we want the room on Friday and Saturday or just Friday? There is no current deadline for our commitment or a deposit.

Ruth asked about the facility for Friday night. We should find out if GSRs would like to have a virtual assembly on Friday night or an in-person assembly.

Robert suggested an assembly might possibly be held a member's hotel room that would fit six or seven people. Robert said he is not likely to be traveling to the convention. It would probably need to be a hybrid assembly anyway. Last time in 2020 the assembly was a hybrid.

Janet thought the room should have Wi-Fi but will add to her list of questions for NA. Robert asked how soon NA wants the money for the room?

Janet said they didn't know the answer.

Michael said we could send our a MailChimp inquiry to GSRs to see if they are open to an in-person assembly. We may also take a poll at the upcoming assembly.

On a related topic, JT said she has had a lack of response in trying to include the GSRs in creating a survey with questions about what they want in an assembly. There were only three responses. Only 2 of the 17 GSRs responded. There was very little interaction. Robert does not know if we have the right questions yet.

JT says there is a lack of participation.

Robert related a story about his experience in the Southern California Region. Consensus was the assemblies were too long. However, shortening the assemblies did not seem to make a lot of difference in attendance in the SCR.

Michael doesn't know how to move forward with the survey.

Robert, Larry, and JT are on the ad hoc committee to create the survey and create the questions.

Robert will volunteer to create questions if it is the will of the RSC. Are there any other members who would like to help? No one volunteered.

Michael has received feedback we need to change the formatting of the agenda. Michael would like to move business to the top of the agenda and then have the group communications after that. This allows participants to work on the business of the region first and then decide whether or not to participate in the intergroup

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communication afterward.

Michael offered that we would make a change to the agenda and put it to the region as a tentative agenda. If there is not controversy, we will move ahead with the agenda as presented.

He suggested there will be no need for a survey currently.

E) Technology Services – Robert P.

(See the *Technology Services Subcommittee Website Report* section in this agenda packet.) **Robert reported that everything is very quiet. The subcommittee has resources for the additional project of the members share page.** 

JT wanted to check-in with the TSS. The new group using the CCR shared Zoom account starts Wednesday's at 7:30 PM. This means the RSC must stop on time.

Sunny shared that Rocky Mt. RSC goes in a breakout room a little before the hour when a meeting is coming into the main room. It works fine.

Robert will setup and research Zoom Break Out rooms.

F) Literature – Ruth K.

Ruth reported that the subcommittee met in February, they finished processing all the materials received for members sharing about their relationships for the "Relationship in Recovery" project. There were several responses around the addict and spouse. The subcommittee will decide how to put the project together. Robert will present the "Members Share" project to the subcommittee this month.

The WS Literature Committee sent our request for project updates from the CCR subcommittee. Ruth would like to know what other regions and groups are working on, but the WS Literature Committee will not share that information. The CCR Literature Subcommittee resubmitted the work on "Fear" to the WS Literature Committee. Michael asked about the WS Literature Committee.

Robert shared some experience with the WS Literature Committee.

Sunny shared some experience with the WS Literature Committee.

JT offered that she was told regions should form literature subcommittees for working on literature. This is how one participates with the WS Literature Committee.

Ruth offered that the "Members Share" page will not be CAL, so cannot be used in a meeting, but should provide good experience, strength, and hope to the fellowship.

G) Conventions / Events - Vacant

Western Regions Online Convention Report – Robert.

Robert reported that the WR convention went well. Two informative workshops and 93 attendees in the morning sessions. Good feedback has been received for the afternoon business meetings.

Michael attended the business meetings and afternoon sessions. He found them eyeopening. It is evidently hard to get media outlets to broadcast our message.

H) Narateen – Sunny J.

(See the Narateen Subcommittee Report section in this agenda packet.) Sunny reported that the subcommittee had two meetings. Sunny has one other committee member, Alijah. Both were invited and went to a facilitator training run by the Pacific Northwest Region. This training is required. It was through. All this information is in the Narateen report. The most important thing is we need to have regional guidelines for Narateen meetings. The SCR Narateen guidelines (the template for the CCR Narateen guidelines) say nothing about virtual meetings. The guidelines must be approved by the assembly. We need to elect a Narateen Process Person (NTPP). It would be good for two people in elected positions to be NTPPs. Alijah might be elected by the assembly as a NTPP. Background checks – the SCR receives live scan reports. Ken, from the SCR, has access but is not responsive. The CCR should decide our own way on background checks. There is an organization called "Sterling Infosystems" that is reputable. It costs \$39 for the background checks. The Pacific Northwest uses Sterling. Sunny has been in communication with Sterling. Sterling needs to know Sunny would be the person to pay and make decisions on behalf of the region. If we wait for Ken, we will be delaying our implementation of Narateen.

Sunny asked for the RSC to review the guidelines.

She said the Narateen Subcommittee meets at least monthly and sometimes more often when needed.

Robert asked if the NTPP could be a member of the RSC? Yes. Robert suggested Alijah attend the RSC.

Sunny said Alijah was asked but was not available to attend this evening.

Robert asked about the order of approval?

Sunny – there is no State approval. Region approves guidelines and then the NTPP and the subcommittee approves meetings to be initiated.

### **CCR Regional Service Committee**

Wednesday, March 9 from 6:00 PM to 7:00 PM PST Web-based video conferencing tool

The WS Narateen Committee has not replied to Sunny's requests. Robert proposed RSC approve the guidelines, then send the guidelines to the assembly for review and approval, and then the approved guidelines are sent to the WSO for final approval.

Robert asked who pays for the background checks? Sunny said the CCR needs to pay an initial fee and then pay for individual scans. NTPP applications in the Northwest Region pay for their own background checks.

 Ad Hoc Elections Subcommittee Report – Michael F. (See the Ad Hoc Elections Subcommittee Report section in this agenda packet.) Michael reported he is sending out the invitation for nominations. The invitation will be in the TBTM. There is a page on the website that describes the entire process. Michael will work with Scott N. on updating the page before the TBTM goes out.

### 6. New Business

6:45 to 6:50

A) None currently.

## 7. Administration

6:50 to 6:55 PM (6:59 PM)

- A) Summary of *Take Back to Meeting* items.
  - i) Current Regional Service Committee Vacancies
    - a) Vice Chair
    - b) Conventions / Events Subcommittee Chair
  - ii) Regional Service Committee Election (See the Ad Hoc Elections Subcommittee Report section in this agenda packet.)
  - iii) CCR Literature Subcommittee Next meeting is on Sunday, March 27 from 8:30 AM to 9:30 AM. The subcommittee meets via Skype. All Nar-Anon members are welcome to join us on Skype for the next meeting of the CCR Literature Subcommittee. Please email ruthkellogg@aol.com before the meeting so that you can be added to the Skype call.

- iv) CCR Outreach Subcommittee
   Next meeting on Tuesday, March 22 from 8:00 PM to 9:00 PM. The subcommittee meets via FreeConferenceCall. To participate, please dial 1-515-604-9099 and enter Access code 416-570-783#. You may also use this link: https://join.freeconferencecall.com/416-570-783. You may also contact Janet S. at Outreach@NarAnonCentralCA.org.
- v) CCR Technology Service Subcommittee Next meeting is on Monday, March 21 from 6:00 PM to 7:00 PM. The subcommittee meets via Zoom. To participate, open https://us02web.zoom.us/j/9622810477 or dial (669) 900-9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.
- vi) CCR Narateen Subcommittee
  All Nar-Anon members are welcome to join us as we work to establish Narateen in our region. Next meeting is on Saturday, March 26 from 5:00 PM to 6:00 PM. The subcommittee meets via Zoom. To participate, open
  https://us02web.zoom.us/j/3421800877 or dial (669) 900-9128 and enter Meeting
  ID: 342 180 0877. If you have questions about this, please send an email to Sunny J. at Narateen@NarAnonCentralCA.org.
  vii) Delegate's Report and link to Delegate's Corner on the CCR website.

viii)**Event Flyers** 

B) Next RSC Meeting – Wednesday, April 13, 2022, from 6:00 PM to 7:00 PM.

## 8. Adjournment

Adjournment at 6:55 to 7:00 PM (7:02 PM)

#### Motion to close the meeting.

First: Scott; Second: JT; Yes: 8; No: 0; Abstentions: 0; Motion Passes

A) Close the meeting with the Serenity Prayer.

The meeting closed at 7:03 PM