

Officers and Delegates in Attendance

Chair:	Michael F.	X	Secretary:	Scott N.	X
Vice Chair:	<i>position vacant</i>		Delegate:	J.T. W.	X
Treasurer:	Les P.	X	Alternate Delegate:	Sunny J.	X

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions / Events	<i>position vacant</i>	
Literature	Ruth K.	X	Technology Services	Larry B.	
Narateen	Alijah M.	X			

Agenda Summary

- | | |
|--|---|
| 1. Call to Order, Prayer, Roll Call, Readings | 1 |
| 2. Adoption of Minutes of Previous RSC Meeting | 2 |
| 3. Adoption of the Agenda | 2 |
| 4. Old Business | 2 |
| 5. Reports | 2 |
| 6. New Business | 3 |
| 7. Administration | 3 |
| 8. Adjournment | 4 |

1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) Meeting via Zoom (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>

Dial-in Numbers: (669) 900-6833, (408) 638-0968

Meeting ID: 745 977 7458 #

Passcode: This meeting room has no passcode.

B) Open the meeting with the Serenity Prayer.

(6:01 PM) Meeting opened.

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees

D) A quorum shall consist of 51% of the voting members. Voting members are the officers (Chair, Vice Chair, Secretary, and Treasurer), Delegate, Alternate Delegate, ASR and subcommittee chairs.

7 of 9 voting members present.

Quorum is 5 – quorum met.

Additional attendees: Barbara S., Mary O., Robert P.

E) Reading of the *Twelve Traditions*

Read by Ruth

F) Reading of the *Twelve Concepts of Nar-Anon Service*

Read by Mary

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM (6:08 PM)

A) Approval of the minutes of previous RSC meeting.

i) July 6, 2022

(See the *Draft Minutes of the Previous RSC Meeting* section in this agenda packet.)

Motion to approve the RSC minutes of July 6, 2022, as presented.

First: JT; Second: Janet; Yes: 7; No: 0; Abstentions: 0; Motion Passes

3. Adoption of the Agenda

6:10 to 6:15 PM (6:09 PM)

A) Call for new business.

B) Call for order of business.

C) Call for consensus on the agenda.

The agenda was adopted as presented by consensus.

4. Old Business

A) None.

5. Reports

6:15 to 6:50 PM (6:10 PM)

Minutes

Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, August 24 from 6:00 PM to 7:00 PM PST
Web-based video conferencing tool

A) Chair's Report – Michael F.

Michael reported the Salinas Monday Night Serenity group is closed. There are now 17 groups in the CCR.

The Assembly went smoothly. There were changes to the agenda based on input from members. It seemed to accomplish the goals and the Assembly was adjourned half an hour early.

Michael asked the RSC to consider how virtual groups are impacting our fellowship. There are no guidelines at the region or World Service level.

There is a worldwide virtual region that was established that is not recognized at the World Service level. Are virtual groups a part of a region? Just a question to ponder.

JT thanked Michael for being Chair.

Michael expressed his gratitude.

B) Secretary's Report – Scott N.

i) Progress on the transfer of the bank account to new RSC officers.

(See the *Regional Secretary's Report* section in this agenda packet.)

Alijah joined the meeting at approximately 6:15 PM

8 of 9 voting members present.

Quorum is 5 – quorum met.

Scott briefly explained the report was a summary of the timeline of events to date. The last event recorded was that Barbara S. received a call from Juanita informing her the signature would be sent via FedEx to Barbara's local Union Bank branch on August 19.

Barbara said she went into her local Union Bank branch and signed the signature card on 8/23/2022. The card will be forwarded to the local branch for Robert. P. Robert said he had not yet heard from the bank.

Scott affirmed the reason we are tracking the signature card is that rotation of leadership of the officers: Char, Secretary, and Treasurer does not occur in the region until the bank recognizes the new signers.

C) Treasurer's Report – Les P.

(See the *Regional Treasurer's Report* section in this agenda packet.)

Les reported a balance of \$10,122.62 was the ending balance in July. Contributions of 265.38 were recorded in July and the second contribution installment of \$437.50 was sent to WSO. Income goals for the years are at a deficit of \$2,199.95. Contributions to the region are at \$1,800.05 year to date and that is \$499.95 short of the goal for the year. The goal is to make the amount of Total Income by December 31, 2022.

D) Delegates' Report – J.T. W.

(See the *Delegate's Report* section in this agenda packet.)

JT gave us the meeting update from her report. Sunday Step Study / 12pm – Started Step 1 on August 21, 2022, in The Nar-Anon Twelve Step Program yellow booklet. Great opportunity to go

through the steps with a group. Monday Night Serenity Group has disbanded. We thank the members for their service. More international landings pages have been added to Nar-Anon.org in Turkish, Russian, and Dutch.

The WS Conference Committee does not recognize the Western Regions as a body that can submit motions. In lieu of the Western Regions, the CCR was submitted the maker of the motions as was authorized by the conscience of the July Assembly.

E) Outreach – Janet S.

Janet has been busy with events. This Saturday the CCR will have a table at the NA fundraiser. There are 8 volunteers to attend. They will attend an International Overdose Awareness Day (8/31) event in SLO. There is an event in Monterey. There is another event in Salinas, but volunteers have not been confirmed.

The January Convention Subcommittee met after the last Outreach Subcommittee meeting. Les, how will donations be handled at the Outreach events?

Janet said they will not ask for any Seventh Tradition.

There is literature the Outreach Subcommittee has in stock that might sell. If that is the case, then Janet will send Les a check for the sold items.

F) Technology Services – Larry B.

(See the Technology Services Subcommittee *Website Report* section in this agenda packet.)

Larry was not in attendance. Michael asked if any committee members wanted to report.

Robert said it may be time to buy the Stripe credit card scanner. The TSS will discuss in September and then place the order. The money is already budgeted.

The annual Squarespace subscription price went up in price.

Les said the subscription when up \$32. There are plenty of funds to cover.

Michael asked for additional questions. There were none.

Any more issues getting meetings started with Zoom?

Robert said yes, and they are getting worked out.

Mary asked about the Monterey Circle of Hope group. It is one of the only hybrid meetings in the region. There are some issues emerging that are unique to the meeting. The subject of anonymity is being raised. How do we keep anonymity and blend it with technology? Mary attended the “How to Enhance our Virtual Meetings” workshop. The workshop didn’t address hybrid meetings. She would like to network with other hybrid groups.

Robert said Lisa in Fresno has a hybrid meeting. There are couple in Southern California. He believes they have given up and are all either in person or disbanded.

Sunny said she believes there are hybrid meetings in the Rocky Mountain Region.

Alijah can tell how many hybrid meetings. She said there are a lot of them – some in New York, California. There are quite a few. She posts the meetings as they occur in real-time on a WhatsApp group. She believes members are joining the meetings. She is aware that some have

gone back to in-person.

Alijah put a link to the WhatsApp group in the Zoom chat:

<https://chat.whatsapp.com/Hvl5KEsKWHx5JxvfzH0xBP>

JT had a question for Alijah. Is this a chat group to find out if there is a meeting for the day and week?

Alijah said the posts are live – She posts when a meeting starts, sends the link, and lets the member know the number of hours or minutes until the meeting starts. These meetings are from all over the world. The group members are keeping this chat channel updated. These are all WSO meetings: they follow Nar-Anon Traditions and Concepts.

JT asked if the WSO knows of this chat channel?

Alijah replied, I don't think so.

JT asked what does the RSC think about making this information available to the region, for example in the Take Back to Meeting?

Alijah – posts the meeting information in the What's App chat.

Mary – feels this would be great to have this information available on the website. Our fellowship is changing and growing. This is one example of that.

Michael asked if this is in a format we can disseminate the information. It could be a huge resource.

Alijah said there are What's App 194 members from all over the world.

G) Literature – Ruth K.

Ruth reported the subcommittee met on August 7, August 23, and will meet again on September 11. They completed “Relationships in Recovery” writing and are in the process of gleaning quotations from the submitted essays. All writings are accompanied by a Release Form. They are in the last stages of development. The next step is to send off the material to the WS Literature Committee. Ruth will step down September 1. She will no longer be part of the RSC but will complete the “Relationships in Recovery” project.

The delay of the WSC caused a delay in the publishing process. There is a backlog of projects in the fellowship and a real need for an active Literature Subcommittee.

H) Conventions / Events – *Vacant*

i) Narathon 2022 – Scott C.

(See the *Narathon* section in this agenda packet.)

Scott C. was not in attendance. Michael said things are well setup.

Michael asked for Mary to speak to the Monterey Convention.

Mary spoke as a member of the Monterey Convention Subcommittee. “Beyond Our Wildest Dreams” is the NA theme for the convention. It is an in-person event. They discussed the timeline. They plan to start the Nar-Anon convention early Saturday morning and plan to end around 3 or 4 PM. Some potential topics are Narateen, mental health, sponsorship, 12 Steps,

Newcomers. Let Mary know if there are any Sponsorship workshops coming up. Tuesday, August 30 will be the next meeting. It directly follows the Outreach meeting. **Make this a Take Back to Meeting.**

A hybrid component is a possibility.

The flyer is the next big decision.

Alijah has a recording of “The Nuts and Bolts of Sponsorship” and offered it to Mary.

Robert was recently a speaker at the convention in Colombia. There were about 200 in the room and about 20 members attended via Zoom. This convention had a big screen and amplified speakers. In-person speakers would come front and center to be in camera view when speaking. Robert felt it was a good user experience.

Mary said the technology may cost more than what is in the budget. Mary invited Robert to the subcommittee meeting.

Mary said we had decided we would not use the room on Friday night and then asked if the RSC want the room on Friday?

Michael said we would just get together at a local eatery, and not use the room. However, we didn't categorically decide not to have a room. Use of the room or not rests in the hand of the committee.

Michael noted there is currently no link between the RSC meeting and the convention, because the Monterey Convention Subcommittee is not a recognized entity in the Guide to Regional Services.

JT asked for the days and times of the Subcommittee meeting for the Take Back to Meeting.

Motion to extend the meeting to 7:20 PM.

First: JT; Second: Sunny; Yes: 8; No: 0; Abstentions: 0; Motion Passes

I) Narateen – Sunny J.

(See the *Narateen Subcommittee* section in this agenda packet.)

Alijah reported the Narateen Subcommittee received feedback from the WS Narateen Committee. Sunny received the minutes for the July Assembly from Scott N.

Robert mentioned the new Narateen pages on the WS website.

Sunny said Narateen has been added to the main menu on the WS website.

6. New Business

(7:05 PM)

A) Square Space Subscription cost increase – Scott N.

(See the *Squarespace Subscription Rate Increase* section in this agenda packet.)

Michael noted we already discussed, and the region will pay the difference.

- B) A motion is requested to affirm Scott C. as Interim Chair of Conventions / Events Subcommittee – Michael F.

Michael said he discussed this with the Assembly and Scott C. Michael asked if Mary would consider being the Chair of the Conventions and Events Subcommittee. It would give her standing on the RSC.

Mary said she needs to think about it. She will let the RSC know at the next RSC meeting.

7. Administration

6:50 to 6:57 PM (7:08 PM)

Janet left the meeting at approximately 7:09 PM

7 of 9 voting members present.

Quorum is 5 – quorum met.

Summary of Take Back to Meeting items.

- i) Monterey Convention Announcement
- ii) Narathon Announcement
- iii) Current Regional Service Committee Vacancies
 - a) Vice Chair
 - b) Conventions / Events Subcommittee Chair
- iv) CCR Literature Subcommittee
Next meeting is on Sunday, August 28 (and next on September 11) from 8:30 AM to 9:30 AM (PDT). The subcommittee meets via Skype. All Nar-Anon members are welcome to join us on Skype for the next meeting of the CCR Literature Subcommittee. Please email ruthkellogg@aol.com before the meeting so that you can be added to the Skype call.
- v) CCR Technology Service Subcommittee
Next meeting is on Monday, September 19 from 6:00 PM to 7:00 PM (PDT). The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/9622810477> or dial (669) 900-9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.
- vi) CCR Outreach Subcommittee
The Outreach subcommittee needs more people of service to carry Nar-Anon's message of hope. Examples of service include sharing literature and our experience, strength and hope with service providers, professionals and at recovery events.
Next meeting on Tuesday, September 27 from 7:30 PM to 8:30 PM (PDT). The subcommittee meets via FreeConferenceCall. To participate, please dial 1-267-807-9598 and enter Access code 416-570-783#. You may also use this link: <https://join.freeconferencecall.com/416-570-783>. Contact Janet S. with questions at Outreach@NarAnonCentralCA.org.

Minutes

Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, August 24 from 6:00 PM to 7:00 PM PST
Web-based video conferencing tool

vii) Monterey Convention Subcommittee

This subcommittee meets after the CCR Outreach Subcommittee meeting – 8:00 PM for the Monterey Convention Subcommittee.

viii) CCR Narateen Subcommittee – Sunny will email Scott with the new information before Saturday morning, August 27.

All Nar-Anon members are welcome to join us as we work to establish Narateen in our region. Next meeting is on ~~Thursday, September 29 from 11:00 AM to 12:00 noon. The subcommittee meets via Zoom. To participate, open~~

~~<https://us02web.zoom.us/j/3421800877> or dial (669) 900-9128 and enter Meeting ID: 342 180 0877.~~ If you have questions about this, please send an email to Sunny J. at Narateen@NarAnonCentralCA.org.

ix) Event Flyers – Scott will pull flyers from the CCR and WS websites.

B) Next RSC Meeting – Wednesday, September 14, 2022, from 6:00 PM to 7:00 PM.

Sunny will send new Narateen Subcommittee schedule to JT as a member of the TSS for posting on the CCR website.

8. Adjournment

Adjournment at 6:57 to 7:00 PM (7:13 PM)

Motion to close the meeting.

First: JT; Second: Sunny; Yes: 7; No: 0; Abstentions: 0; Motion Passes

A) Close the meeting with the Serenity Prayer.

The meeting closed at 7:14 PM