Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, September 14 from 6:00 PM to 7:00 PM PST Web-based video conferencing tool

Officers and Delegates in Attendance

Chair:	Robert P.	X	Secretary:	Barbara S.	X
Vice Chair:	position vacant		Delegate:	J.T. W.	X
Treasurer:	Les P.	X	Alternate Delegate:	Sunny J.	X

Subcommittee Chairs in Attendance

Subcommittee Chair Present			Subcommittee	Chair Present	
Outreach	Janet S.	X	Conventions	position vacant	
Literature	Ruth K.	X	Technology Services	Larry B.	X
Narateen	Alijah M.		Narathon	position vacant	

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) Meeting via Zoom (web-based video conferencing tool) Meeting Link: https://us02web.zoom.us/j/7459777458
Dial-in Numbers: (669) 900-6833, (408) 638-0968
Meeting ID: 745 977 7458 #

Passcode: This meeting room has no passcode.

- B) Open the meeting with the Serenity Prayer. (6:00 PM) Meeting opened.
- C) Roll Call / Introductions RSC officers, delegates, subcommittee chairs, and other attendees

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D) A quorum shall consist of 51% of the voting members. Voting members are the officers (Chair, Vice Chair, Secretary, and Treasurer), Delegate, Alternate Delegate, and subcommittee chairs. 8 of 9 voting members are present.

Quorum is 5 - quorum met.

Additional attendees: Mary O., Scott C. and Scott N.

E) Reading of the *Twelve Traditions* Read by Janet S.

F) Reading of the Twelve Concepts of Nar-Anon Service

Read by Larry B.

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM (6:11 PM)

- A) Approval of the minutes of previous RSC meeting.
 - i) August 24, 2022 (See the *Draft Minutes of the Previous RSC Meeting* section in this agenda packet.)

Robert suggested we try using a Consensus based on Higher Power rather than Robert's Rules. The group agreed to give this a try. JT asked if it would be appropriate to remove "ASRs" from item 1.D since the Region doesn't have one. It was agreed that "ASRs" will be removed from the agendas going forward. The Minutes of August 24, 2022, were accepted as presented by consensus.

3. Adoption of the Agenda

6:10 to 6:15 PM (6:11 PM)

- A) Call for new business.
- B) Call for order of business.
- C) Call for consensus on the agenda.

The agenda was adopted as presented by consensus.

4. Old Business

A) None.

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5. Reports

6:15 to 6:45 PM (6:12 PM)

A) Chair's Report - Robert P.

Robert stated that the bank transfer of signatories took place, as well as the email account transfer changes. He suggested that going forward the reports could be done in one paragraph. The shift from Robert's Rules to Consensus based on Higher Power was the other item he discussed.

- B) Treasurer's Report Les P.
 - (See the Regional Treasurer's Report section in this agenda packet.)
 - Les reported the account balance of the RSC bank account on August 31 as \$10,028.16. He also said there is still a deficit of (\$1700.00) in fundraisers and that donations have a deficit of (\$485.99) so there is a projected income of \$2185.99. There was only one check for the zoom account written for \$108.42.
- C) Delegates' Report J.T. W.
 - (See the *Delegate's Report* section in this agenda packet.)
 - JT reported she received feedback from WSC about format changes only on the motions that had been submitted, they will not have to be reapproved after the formatting changes. There will be 70 motions coming out in the end of November. She reminded us that the Serenity Connection had just come out and was available and that she has started a Spotlight section on her report on the website to bring attention to a specific item.
 - Sunny had nothing to report.
- D) Outreach Janet S.
 - Janet said that the committee had been very busy since the last RSC, they have been present at 4 events: three for Overdose Awareness Day (Monterey, Salinas, San Luis Obispo) and NA's fundraiser for outreach to Hospitals & Institutions (Carmel Valley). She also noted the new time for the Outreach Committee meeting, 8:15–8:30 PM, right after the Convention Planning meeting.
- E) Technology Services Larry B. (See the Technology Services Subcommittee *Website Report* section in this agenda packet.) Larry reported that hits on the website have increased in the category of "Looking for a Meeting". Some discussion about Groups buying their own License for Zoom.
- F) Literature Ruth K. The committee has completed the submission of the literature "Relationships in Recovery" to WSO. Ruth said it takes 5–7 years for anything to be published. She has served for 4 years and is now stepping down.
- G) Conventions / Events Vacant

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- i) Proposal to create ad hoc committees for the Narathon and the Convention Robert P. After some discussion, both Scott C. and Mary O. have agreed to be chairs of these ad hoc committees and will be members of the RSC while they serve in those positions.
- ii) Narathon 2022 Scott C.
- iii) Monterey Convention 2023 Mary O.
- H) Narateen Alijah M. Sunny gave the report for Alijah: The committee is happy to report that our Regional Narateen Guidelines have been accepted by WSO. We are coordinating with Southern CA Region Narateen to work towards training Narateen facilitators next. There are two dates set up for training. We will be partnering with SoCal to do the background checks. The committee is now meeting the second Monday of each month.

6. New Business

6:45 to 6:57 PM

- A) Zoho email account expansion Robert P.
 - i) Current accounts include Chair, Secretary, Treasurer, Delegate, Outreach, LitCom, Narateen, Webmaster.
 - ii) The region could use: AltDelegate, Technology, Convention, Narathon, ViceChair.
 - iii) This will necessitate a paid account. The new total is 13 accounts, \$12 per account per year paid annually, \$156 per year.

The discussion was around what we have now and what the needs are. Larry had the idea that we might want to get away from all the different email accounts being used and use the same domain for the email addresses, increases the cost but provides continuity. Les said there is money available to cover this type of expense. There should be more discussion about this with the GSRs. Larry said he thought this would bring a sense of professionalism and Sunny liked "centralizing" the accounts. It would come to a cost of \$12.00 per year for each group.

7. Administration

6:50 to 6:57 PM

- A) Summary of *Take Back to Meeting* items.
 - i) Monterey Convention Announcement
 - ii) Narathon Announcement
 - iii) Current Regional Service Committee Vacancies
 - a) Vice Chair

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- b) Conventions / Events Subcommittee Chair
- iv) CCR Literature Subcommittee
 - a) Suspended at this time.
- v) CCR Technology Service Subcommittee

Next meeting is on Monday, September 19 from 6:00 PM to 7:00 PM. The subcommittee meets via Zoom. To participate, open https://us02web.zoom.us/j/9622810477 or dial (669) 900–9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Robert P. at RobertP27March@gmail.com.

vi) CCR Outreach Subcommittee

The Outreach subcommittee needs more people of service to carry Nar-Anon's message of hope. Examples of service include sharing literature and our experience, strength and hope with service providers, professionals and at recovery events.

Next meeting on Tuesday, September 27 from 8:15 PM to 8:30 PM. The subcommittee meets via Meeting Link: https://us02web.zoom.us/j/7459777458 Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #. Contact Janet S. with questions at Outreach@NarAnonCentralCA.org.

vii) Monterey Convention Subcommittee

Next meeting on Tuesday, September 27 from 7:30 PM to 8:15 PM (PDT). Meeting Link: https://us02web.zoom.us/j/7459777458 Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #.

viii) CCR Narateen Subcommittee

All Nar-Anon members are welcome to join us as we work to establish Narateen in our region. Next meeting is on Monday, September 12 from 4:00 PM to 5:00 PM. The subcommittee meets via Zoom. To participate, open https://us02web.zoom.us/j/7459777458 Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 # . If you have questions about this, please send an email to Sunny J. at Narateen@NarAnonCentralCA.org.

B) Next RSC Meeting – Wednesday, October 12, 2022, from 6:00 PM to 7:00 PM.

8.Adjournment

Adjournment at 6:57 to 7:00 PM

- A) Planning for the next Meeting Robert
- B) Consensus to close the meeting
- C) Close this session with the Serenity Prayer The meeting closed at 7:15 PM.