Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, November 9th from 6:00 PM to 7:00 PM PST Web-based video conferencing tool

Officers and Delegates in Attendance

| Chair: | Robert P. | X | Secretary: | Barbara S. | |
|-------------|-----------------|---|---------------------|------------|---|
| Vice Chair: | position vacant | | Delegate: | J.T. W. | X |
| Treasurer: | Les P. | X | Alternate Delegate: | Sunny J. | X |

Subcommittee Chairs in Attendance

| Subcommittee | Chair Present | | Subcommittee | Chair Present | |
|---------------------|---------------|---|---------------------|-----------------|---|
| Outreach | Janet S. | X | Literature | position vacant | |
| Technology Services | Larry B. | X | Monterey Convention | Mary O. | X |
| Narateen | Alijah M. | | Narathon | Scott C. | |

Agenda Summary

- Call to Order, Prayer, Roll Call, Readings
- 2. Adoption of Minutes of Previous RSC Meeting
- 3. Adoption of the Agenda
- Old Business
- 5. Reports
- 6. New Business
- Administration
- 8. Adjournment

1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM Meeting began 6:00.

A) Meeting via Zoom (web-based video conferencing tool)

Meeting Link: https://us02web.zoom.us/j/7459777458
Dial-in Numbers: (669) 900-6833, (408) 638-0968

Meeting ID: 745 977 7458 #

Passcode: This meeting room has no passcode.

- B) Open the meeting with the Serenity Prayer.
- C) Roll Call / Introductions RSC officers, delegates, subcommittee chairs, and other attendees

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- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (Chair, Vice Chair, Secretary, and Treasurer), Delegate, Alternate Delegate, and subcommittee chairs.

 __7__ of 10 voting members are present. Quorum was met.
- E) Reading of the *Twelve Traditions* Larry read Tradition 11 and Concept 11.
- F) Reading of the Twelve Concepts of Nar-Anon Service

9. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM

- A) Approval of the minutes of the previous RSC meeting.
 - i) October 12, 2022 Consensus to approve
 (See the *Draft Minutes of the Previous RSC Meeting* section in this agenda packet.)

10. Adoption of the Agenda

6:10 to 6:15 PM

- A) Call for new business.
- B) Call for order of business.
- C) Call for consensus on the agenda. Consensus to approve

11. Old Business

A) Continued discussion about the WSO financial situation. Flyer was shared regarding December 10th WS meeting.

12. Reports

6:15 to 6:45 PM

- A) Chair's Report Robert P. No comments or questions.
- B) Treasurer's Report Les P. Current balance is \$11,047. Received contributions in October of \$1,075. Narathon gross was \$783 less fees, net was \$699. To date, CCR has received \$699 through individual and group donations, leaving a balance of \$729 to raise (to meet budgeted goal of \$1,700).
- C) Delegates' Report J.T. W.

 -CAR expected at the end of November. There is approximately 90 motions. They are looking for

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ways to best inform the groups. Observers may attend WSC (audio only) for free. An additional day was added; conference will go through May 2.

- -Delegates' Forum had an extraordinary meeting about World Services' Financial Crisis. Access the recording at https://sites.google.com/view/wrfnfg/meeting-recordings?authuser=0
- D) Alternate Delegate Sunny J.
- E) Outreach Janet S.
 - -250 postcards were printed with a QR code that links to CCR's virtual meeting list and urls to CCR, <u>naranoncentralca.org/inperson-meetings</u>, <u>nar-anon.org</u> and <u>nar-anon-webstore.myshopif y.com</u>.
- F) Technology Services Larry B.
 - -Working on adding suggestion box to website. Looking into recording sessions at January convention.

[Is this accurate? I'm not sure I captured the pertinent information]

G) Narathon 2022 - Scott C.

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- H) Monterey Convention 2023 Mary O.
 - -Planning is going well.
- I) Narateen Alijah M.
 - -Sunny shared that a new outreach document (WS) with CCR info is available.

13. New Business

6:45 to 6:57 PM

- A) Request from Scott N that we move recurring payments to a regional credit card and not use his personal credit cards for Zoom (renews Fall 2023), Squarespace (renews Fall 2023), and Zoho (will want money when we change our account).
 - -Les to contact Union Bank about getting a debit card.
- B) Work with other regions to create an illustrated introductory GSR pamphlet. This connects with the flyer regarding email subscribers.
- C) 2022 rollover and 2023 budget:
 - i) Send a check to WSO for Delegate and Alternate Delegate.

Can we help other regions pay for their Delegate?

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- -Conference fees include parliamentarian, facilitator, secretary and meals/travel for those who attend in-person. Equalized expense per Region is \$500 per delegate. Conference fees are requested by the end of December.
- -Les said CCR has funds to contribute, if authorized by Assembly. **JT could work with Barbara to send a message to GSRs** asking -- Do we have your permission to send an extra \$500 for a Delegate from another Region who cannot afford?
- -Les to send 2023 WSC fee \$500 each for our Delegate and our Alternate in the next week.
- -Janet to order up to \$200 in Outreach CAL, the amount we budgeted for this year.
- ii) Do we pay for the Monterey Convention now, or wait until 2023?
- -Consensus for Les to mail \$450 check to Monterey County NA, PO Box 1345, Marina, CA 93933
- iii) We are scheduled to send our Q4 check to WSO should we hold it until after the Board Roundtable on December 10 and discuss it during the December 14 RSC meeting?
- -Les confirmed that the 3rd quarter check was mailed. Robert:
- -Consensus to wait until 12/10 roundtable; hear from board of trustees; then we can discuss mailing 4th quarter check at December RSC meeting. [Continue as old business at December RSC]
- iv) Should we propose a change to the 2023 budget to include \$200 for email accounts. No discussion due to time constraints.

14. Administration

6:50 to 6:57 PM

- A) Summary of *Take Back to Meeting* items.
 - i) Monterey Convention 2023 Flyer Announcement, Outreach flyer and all flyers include in the November agenda except for the November 12th Tips and Technology which will have already passed.
 - ii) Current Regional Service Committee Vacancies
 - a) Vice Chair
 - b) Literature
 - iii) CCR Literature Subcommittee
 - a) Suspended at this time.
 - iv) CCR Technology Service Subcommittee

Next meeting is on Monday, November 21 from 6:00 PM to 7:00 PM. The subcommittee meets via Zoom. To participate, open https://us02web.zoom.us/j/9622810477 or dial (669) 900–9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Larry at CentralCoastLarry@gmail.com Robert P. at RobertP27March@gmail.com.

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[Template says Robert but shouldn't Larry, as chair, be listed?]

v) CCR Outreach Subcommittee

We are now distributing postcards with links to CCR's website so people can access the most up-to-date information instead of using printed meeting directories. Postcards will be available at the January 14th Convention in Monterey if anyone would like to distribute in their area. If no one from your area plans to attend the Convention, contact Janet and she will mail some to you, or download from the website, www.naranoncentralca.org/member-services/regional-documents.

Service Opportunities: Outreach subcommittee and one member willing to attend new monthly family panel in Hollister and serve as contact with Sun Street Centers. Contact Janet for more information.

Next meeting on Tuesday, November 29 from 8:15 PM to 8:30 PM. The subcommittee meets via Meeting Link: https://us02web.zoom.us/j/7459777458 Dial-in Numbers: (408) 638-0968 Meeting ID: 745 977 7458 #. Contact Janet S. with questions at Outreach@NarAnonCentralCA.org.

vi) Monterey Convention Subcommittee

Service positions are available the day of the Convention, January 14, 2023: Sign-up at https://docs.google.com/document/d/1PfWz3X9oWRoTe3qqjOVvs8h7LXU4UPk6buNRPA v87FM/edit

Next meeting on Tuesday, November 29 from 7:30 PM to 8:15 PM. Meeting Link: https://us02web.zoom.us/j/7459777458 Dial-in Numbers: (408) 638-0968 Meeting ID: 745 977 7458 #. Contact Mary O. with questions at marmarodo@gmail.com.

vii) CCR Narateen Subcommittee

All Nar-Anon members are welcome to join us as we work to establish Narateen in our region. Next meeting is on Monday, November 14 from 4:30 PM to 5:30 PM. The subcommittee meets via Zoom. To participate, open https://us02web.zoom.us/j/7459777458 Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #. If you have questions about this, please send an email to Alijah. at Narateen@NarAnonCentralCA.org

[Narateen email needs to be forwarded to Alijah as it is currently only forwarded to Sunny.]

B) Next RSC Meeting – Tuesday, December 14, 2022, from 6:00 PM to 7:00 PM.

15. Adjournment

Adjournment at 6:57 to 7:00 PM

- A) Planning for the next Meeting Robert
- B) Consensus to close the meeting
- C) Close this session with the Serenity Prayer

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Adjourned 7:15