

Some highlights from our January 22, 2022 regional assembly.

- **Central California Regional Assembly Update**

Groups in total – 17*	Meetings in total – 19* (3) Step Study (16) SESH
Virtual Meetings – 16	In-Person Meetings – 3
Hybrid – None at this time	Use the CCR shared Zoom account – 6

**Our region has 17 groups; the Sunday Step Study holds 2 meetings and Simi Valley holds 2 meetings*

Our assembly hosted a lower attendance level than last year. Out of the 17 groups we had 7 representatives, though 10 groups submitted meeting reports. Also in attendance were officers, delegate, an observer and regional subcommittee members. The subject of streamlining the assembly to shorten the duration was brought to light. A small committee volunteered to create a survey that will be emailed to members for feedback. If you are not on the CCR email list and would like to be notified: <https://www.naranoncentralca.org/contact/email-list-sign-up>. Please be on the look out for this survey and participate, it's the voice of the members that will make any changes. Do you have a thought or suggestion on this matter? Please contact: John M. 805-630-0779

- **Narateen**

A call was sent out at the assembly looking for willing members to be facilitators for Narateen. Please welcome Sunny J. as the Central California Narateen Chair, thank you for your service!

Questions from Members (*The following questions are paraphrased to protect members anonymity*)

1. *Considering the postage, paper and time, would it help the budget if WSO did not send paper receipts after a donation? Can they be sent through email or not at all?*
Answer per WSO: "If the person making the donation requests it to be emailed. If done by the website through the contribution button, they can just type in the "Note to Seller" box and ask to have it emailed."
2. *Can members bring up names of therapists, drug programs/treatments, or non-CAL literature during the meetings?*
Answer: From the new Nar-Anon book "[Our Traditions, Principles for Groups and Beyond](#)" regarding Tradition 3 "During our meetings, we must remind others we have no other affiliations. Sometimes members want to bring flyers from other fellowships or treatment centers. These can be shared outside the meeting; inside the room we keep the focus on Nar-Anon recovery."
3. *I'm having a hard time finding meetings on Nar-Anon.org. Can they be put in one place?*

Answer: Updates have been made to Nar-Anon.org to search for a meeting. Click on:
<https://www.nar-anon.org/find-a-meeting#groupspublic/>

4. What is the mailing address to make contributions for the Central California Region?

Answer: Nar-Anon CCR

Attn: Les P.
3463 State St., #424
Santa Barbara, CA 93105

Other news

- **Regional Service Committee Meetings**

New day for the RSC meetings, we now meet on the second Wednesday of every month. All Nar-Anon members are invited. If you would like to participate, please contact Michael F. <mailto:chair@naranoncentralca.org>

- **Screen Sharing Committee**

An ad-hoc committee formed by the Board of Trustees and requested from the members during the 2021 World Service Conference, held their first meeting this month. The members will compile information for the benefits of screen sharing in a Nar-Anon and Narateen meeting, then submit a report to the BoT. In order to gain feedback from the fellowship, there is planning for a workshop. To be updated.

- **Accessibility Committee**

An ad-hoc committee formed by the Board of Trustees to focus on Nar-Anon Literature accessibility issues for members with audible and visual disabilities. For an example of an accessibility widget, check out the little blue guy on the right-hand side of our website home page. <https://www.naranoncentralca.org/>

- **Fourth Step Workbook Workshop**

The WS Literature Committee held a review for the Fourth Step Workbook this month to gather feedback from the fellowship as a part of finalizing new literature. It was well attended and the participants voiced critiques, approvals and gratitude. Action from the feedback created an informal committee to add verbiage about personal safety. The deadline to participate in this review is February 15, 2022. If you are interested in the Fourth Step Workbook Review, please contact:

JT, Delegate@naranoncentralca.org

Truly grateful to be in service with CCR family,

JT – Interim Delegate

Delegate@naranoncentralca.org