

# Your Central CA Region Nar-Anon Family Groups' Outreach Subcommittee needs people to be of service

Outreach subcommittee members increase awareness of Nar-Anon by sharing their experience, strength and hope by:

- Carrying Nar-Anon's message of hope to others through attraction, not promotion
- Attending Nar-Anon and recovery events
- Sharing conference approved literature in the community and with professionals by mail/email/phone



Example of past events: Info table at National Overdose Awareness Day, Santa Cruz (L); NA's H&I Pig Roast, Salinas (R)

Learn more by contacting  
[outreach@naranoncentralca.org](mailto:outreach@naranoncentralca.org)

Outreach subcommittee meets monthly:  
**Fourth Tuesday of the month, 7:00 – 8:00 pm**  
via Zoom