

Agenda	<p style="margin: 0;">Nar-Anon Family Groups Central California Region Assembly Saturday, January 28, 2023, from 11:00 AM to 3:00 PM PDT Web-based video conferencing tool</p>
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RSC Officers and Delegates in Attendance

Chair:	Robert P.		Secretary:	Barbara S.
Vice Chair:	<i>position vacant</i>		Delegate:	J.T. W.
Treasurer:	Les P.		Alternate Delegate:	Sunny J.

Groups Represented

Location	Day	Group Name	Time	Group ID	Representative
Gilroy	Wednesday	<i>Guide to Serenity</i>	7:30 PM	131-009	
Los Gatos	Thursday	<i>Vision of Hope</i>	7:30 PM	131-010	
Los Gatos	Sunday	<i>Peace & Serenity on Sunday</i>	7:00 PM	131-011	
Santa Cruz	Sunday	<i>Saving OurSelves (SOS)</i>	6:30 PM	131-024	
Scotts Valley	Friday	<i>Sharing Experience, Strength & Hope</i>	6:30 PM	131-025	
Monterey	Tuesday	<i>In the Solution</i>	6:30 PM	131-028	
Monterey	Saturday	<i>Circle of Hope</i>	9:00 AM	131-029	
Salinas	Thursday	<i>Sweet Serenity</i>	6:30 PM	131-030	
Seaside	Monday	<i>Monday Nite Miracles</i>	6:30 PM	131-031	
Atascadero	Tuesday	<i>Candlelight</i>	6:00 PM	131-033	
Atascadero	Friday	<i>Bridge to Serenity</i>	12:00 PM	131-034	
Virtual	Sunday	<i>NFG Step Study</i>	12:00 PM	131-035	
Virtual	Friday	<i>*I Can Be Free</i>	6:00 PM	131-066	
Simi Valley	Saturday	<i>Simi Valley Serenity</i>	7:30 PM	131-068	
Carmel	Wednesday	<i>Serenity-by-the-Sea</i>	12:00 PM	131-075	
Virtual	Sunday	<i>*NFG Step Study</i>	1:00 PM	131-117	
Virtual	Thursday	<i>*Winds of Change</i>	7:00 PM	131-138	

**Groups re-register each calendar year and may register at any time with the CCR Secretary (Secretary@NarAnonCentralCA.org). Please use the online [GSR and Alternate GSR Registration Form](#) to register for the Assembly.*

All Members in attendance, please use the [Member Sign-in Form](#). Use this form on the day of the meeting to affirm your attendance at Regional Assemblies and Area Service Committee meetings.

Subcommittee Chairs in Attendance

Subcommittee	Chair Present	Subcommittee	Chair Present
Outreach	<i>position vacant</i>	Monterey Convention	Mary O.
Literature	<i>position vacant</i>	Technology Services	Larry B.
Narateen	Alijah M.		

Quorum Summary

Total Groups	Registered Groups	Current Quorum
17		

Agenda Summary

1. Call to Order, Prayer, Roll Call, and Readings	2
2. Chair’s Report	3
3. Adoption of Minutes of Previous Assembly	3
4. Adoption of the Agenda	3
5. New Business	4
6. Old Business	4
7. Lunch Recess	4
8. Reconvene for Optional Discussion	4
9. Group and Sub-Committee Reports	4
10. Administration	5
11. Adjournment	5

1. Call to Order, Prayer, Roll Call, and Readings

11:00 AM to 11:15 AM

A) **Meeting via Zoom** (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>
 Dial-in Numbers: (669) 900-6833, (408) 638-0968
 Meeting ID: 745 977 7458 #
 Passcode: This meeting room has no passcode.

B) Open the meeting with the Serenity Prayer.

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, GSRs, and other attendees.

D) Announce number of voting members – Chair or Secretary.

i) _____ groups present out of a _____ registered groups.

ii) Quorum (51%) = _____ of _____ registered groups.

E) Reading of the *Twelve Traditions*.

Agenda

F) Reading of the *Twelve Concepts of Nar-Anon Service*.

2. Adoption of Minutes of Previous Assembly

11:15 AM to 11:20 AM

A) A motion is requested to approve minutes for the Assembly of July 16, 2022.
See the Draft Assembly Minutes section of this packet.

3. Adoption of the Agenda

11:20 AM to 11:25 AM

- A) Call for new business.
- B) Call for order of business.
- C) Call for consensus on the agenda.

4. Old Business

11:25 AM to 11:30 AM

None

5. New Business

11:30 AM to 12:30 PM

- A) 2023 Budget Discussion and Adoption – Les P.
See the Treasurer’s Report section of this packet.
 - i) Regional Treasurer’s Report followed by a request for a motion to rollover surplus 2022 funds into the 2023 Budget.
 - ii) 2023 Budget discussions and 2023 Budget adoption motion.
- B) Regional Service Committee CAR motion update – JT
See Delegate’s Report section of this packet
- C) Narateen need for EIN number.
- D) Questions about reports from officers and subcommittees.
- E) Next Assembly.

6. Lunch Recess

12:30 PM to 1:00 PM – (30 minutes)

7. Reconvene for Optional Discussion

1:00 PM to 1:15 PM

- A) Roll Call.

8. Group and Sub-Committee Reports

1:15 PM to 2:45 PM

- A) Group Reports – GSRs
See the Group Reports section of this packet.
- B) Topic or topics to be determined by the assembly for further discussions.

9. Administration

2:45 PM to 3:00 PM

- A) Take Back to Meeting Information and Announcements.

10. Adjournment

Adjourn at 3:00 PM

- A) Close the assembly with the Serenity Prayer.

Regional Chair's Report

Assembly Report from the Central California Regional (CCR) Chair

Hello from the Regional Chair,

Consensus Based Decision Making

Michael had led us through the troubled times as we shifted from meeting in-person through the lock downs to a time when we can again choose to meet in-person or online. With Michael's help, we had adapted.

I became chair of this region in September 2022. Everything was working great. I thought this would be a quiet time and we could make some small improvements. I began working with the Regional Service Committee to try using a group conscience within our service structure. The old way is based on how the government works and it is called Robert's Rules (someone else named Robert).

The way most other Twelve Step fellowships now work is called Consensus Based Decision Making (CBDM or KBDM). This quiet time would be a great time to experiment with CBDM.

Financial Situation

Then, suddenly, we were into a new crisis. The World Service Office announced they were having trouble paying their bills. Many committees throughout the world met to try to find ways to help. The Delegate and I were on various committees for world representatives. Other members in our region worked with the World Service Budget and Finance Committee. We sent emails, we offered to help, and then we waited. The crisis continues, but there is no evidence yet to show that anything is changing. It is as if the World Service Office is asking us to just keep on giving more, and more, but doesn't want us asking questions about where the money is going.

We also noticed that we seem to be receiving fewer services from world service. In response, members in our region are now involved in providing services we had previously hoped the world structure would provide. Members in our region are now involved in providing translation support for multi-national meetings and providing email services to help the regions communicate with each other.

I think we should take these extra expenses into consideration when we review our 2023 budget. Please refer to the next page in this report.

World Service Conference (WSC)

We are still experimenting with CBDM. We are still providing services to fill the gap left by world services. In addition, our region is heavily involved in preparing for the 2023 WSC. We are working with the Western Regions Committee on three things:

- YouTube presentations on the 2023 CAR - youtube.com/@WRCNFG.
- A website with a proposal to streamline the 2023 WSC - bit.ly/agree-not-argue.
- A Zoom convention at 9:00 am on February 11, 2023 - [use the Rocky Mountain "purple button"](#).

Please check the YouTube presentations. We hope every member can spare a couple hours to become familiar with the WSC and the decisions we need to make. I am sure our Delegate will have more to say on this topic.

What's Next

This program has taught me I can find peace and serenity even in troubled times. Our groups are the heart of our region and they will continue to offer welcome and recovery to our members and the newcomers. Regardless of what happens with the financial situation, or the WSC, our groups are our hope.

Robert P - chair@naranoncentralca.org

Proposed changes to the CCR budget

Item	August 2022 Plan	Suggested New Budget	Change
Checking Account Expense (\$35) & Credit Card Chip Reader (\$100)	\$135	\$35 - already bought the credit card chip reader	-\$100
Regional Website Expense	\$216	\$300 - price increases	\$84
1 Year Zoom License	\$150	\$250 - add translation options *	\$100
Zoho email service	\$0	\$250 - TSS will give us a list of account names	\$250
MailChimp expansion for CCR	\$0	\$125 - allow 3 administrators not just one	\$125
MailChimp for World Representatives Forum	\$0	\$125 - contribute to the WRF with a 3 administrator license for MailChimp *	\$125
Donation To WSO (\$437.50 per quarter, to be paid the first day of the quarter)	\$1,750	\$1200 - * compensate for services that could have been provided by WSO, such as translation options and email services for the WRF	-\$550
Net budget increase			\$34

Non-profit expenses	\$250	Necessary in order to move forward with Narateen Should we add this to Narateen, or set up a new budget item?	\$250
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Regional Treasurer's Report

Proposed
Regional
Budget

Nar-Anon Central California Region 2023 Proposed Budget

Possible Changes

Starting Cash On Hand

<i>Description</i>	<i>Estimated</i>
Estimated Cash On Hand December 31, 2022 (Carryover)	\$9,862.57

Income

<i>Description</i>	<i>Estimated</i>
Fundraisers	\$1,700.00
Group/Individual Donations	\$2,300.00
Estimated Total Annual Income	\$4,000.00

Expenses

<i>Description</i>	<i>Proposed</i>
Assembly	\$0.00
Outreach	\$200.00
Narateen Subcommittee Request	\$200.00
Travel Expense For RSC To Assembly And Other Required Meetings	\$0.00
Postal Services	\$0.00
Checking Account Expense (\$35) & Credit Card Chip Reader (\$100)	\$135.00
Region Website Expense	\$216.00
1 Year Zoom License	\$150.00
Delegate WSC Expense (Equalized Expense And Incidentals)	\$500.00
Alternate Delegate WSC Expense (Equalized Expense And Incidentals)	\$500.00
Delegate/Alternate Delegate Travel Expense To Groups	\$0.00
Conventions	\$500.00
Events	\$0.00
New Meeting Start Up	\$300.00
Zoho email service	
MailChimp expansion for CCR and WRF	
Donation To WSO (\$437.50 per quarter, to be paid the first day of the quarter)	\$1,750.00
Contingency Fund	\$300.00
Prudent Reserve (3 Months Operating Costs)	\$515.00
Estimated Total Annual Expenses	\$5,266.00

-\$100.00 Already bought chip reader
 \$84.00 Price increases
 \$100.00 Add translation + price increase

 \$250.00 Add more email accounts
 \$250.00 Add administrator accounts

 -\$550.00 Region doing rather than WSO

 \$34.00 Net change

Ending Cash on Hand

<i>Description</i>	<i>Proposed</i>
Prudent Reserve (3 Months Operating Costs)	\$515.00
Contingency Fund	\$300.00
Estimated Cash on Hand December 31, 2023	\$9,411.57

December 31, 2022, estimated cash carryover of \$9,862.57 to 2023 budget to be approved at the Regional Assembly July 16, 2022.

Nar-Anon CCR 2023 Proposed Budget	Budgeted	Estimated	Surplus/Deficit	Notes
<i>Benchmark/Reporting Dates</i>	1/28/23 Assembly	01/01/23	01/01/23	
Actual/Rollover Cash On Hand December 31, 2022		\$ 8,970.62		Actual
Actual/Rollover Cash On Hand For January 1, 2023		\$ 8,970.62		Actual
Income				
<i>Description</i>				
Fundraisers	\$ 1,700.00	\$ 0.00	\$ <1,700>	Deficit
Individual/Group Donations	\$ 2,300.00	\$ 0.00	\$ <2,300>	Deficit
Total Income	\$ 4,000.00	\$ 0.00	\$ <4,000.00>	Deficit
Expenses				
<i>Description</i>				
Assembly	\$ 0.00	\$ 0.00	\$ 0.00	
Outreach	\$ 200.00	\$ 0.00	\$ 200.00	
Mail Chimp (CCR=\$125 WRF=\$125)	\$ 250.00	\$ 0.00	\$ 250.00	
Narateen Subcommittee Request	\$ 200.00	\$ 0.00	\$ 200.00	
Zoho	\$ 250.00	\$ 0.00	\$ 250.00	
Regional Website/Squarespace Expense	\$ 300.00	\$ 0.00	\$ 300.00	
1 Year Zoom Account	\$ 250.00	\$ 0.00	\$ 250.00	
Delegate WSC Expense (Equalized Expense And Incidentals)	\$ 500.00	\$ 0.00	\$ 500.00	
Alternate Delegate WSC Expense (Equalized Expense And Incidentals)	\$ 500.00	\$ 0.00	\$ 500.00	
Delegate/Alternate Delegate Travel Expense To Groups	\$ 0.00	\$ 0.00	\$ 0.00	
Conventions	\$ 500.00	\$ 0.00	\$ 500.00	
Events	\$ 0.00	\$ 0.00	\$ 0.00	
New Meeting Start Up	\$ 300.00	\$ 0.00	\$ 300.00	
Donation To WSO	\$ 1,200.00	\$ 0.00	\$ 1,200.00	
Contingency Fund	\$ 300.00	\$ 0.00	\$ 300.00	
Prudent Reserve (3 Months Operating Costs)	\$ 515.00	\$ 0.00	\$ 515.00	
Total Expenses	\$ 5,265.00	\$ 0.00	\$ 5,265.00	
Actual Rollover Cash on Hand 1/01/2023	\$ 8,970.62			
Estimated 2023 Annual Income (7/16/2022 Assembly)	\$ 4,000.00			
Estimated 2023 Annual Expenses (7/16/2022 Assembly)	\$ 5,265.00			
Prudent Reserve (3 Months Operating Costs)	\$ 515.00			
Contingency Fund	\$ 300.00			
Estimated Cash On Hand for December 31, 2023	\$ 8,520.62			

For Approval At January 28, 2023 RSC Assembly

Delegate's Report

January 28, 2023

Hello GSR's,

Whether you are here as the current, substitute or alternate, thank you for your service today.

[Printable CCR Meeting List](#) Complete listing of virtual, in-person and hybrid meeting information. Please look over for accuracy.

Central California Region:

Groups	Meetings	Virtual	In-Person	Hybrid	Suspended
17	17	13	3	2	0

What is the CAR? What do I do with a Literature Priority List? Why do we have a conference?

If unfamiliar with the World Service Conference experience and the purpose please refer to the [Invitation to the 2023 WSC](#) for a detailed explanation. Please reach out to JT or Sunny for any questions.

- **Conference Agenda Report (CAR)**

The World Service Conference Committee made some revisions and updated the Conference Agenda Report (CAR) and the Recovery Literature Priority List. Please refer to the [World Service Conference](#) page of our website for downloading or viewing.

- **CAR Audio Presentations**

At the previous 2021 WSC, we had 53 motions. The final count for the 2023 WSC motions will be, 89. To help the groups save time and offer some understanding of the motions, the Western Regions Committee and friends have put together a [CAR Audio Presentation](#). An Introduction to Robert's Rules, assistance with the Recovery Literature Priority List, and the WSC Standing Rules of Order are also included on the [WRCNFG Channel](#).

- ❖ **Suggestion:** Take 10 motions a week. Participating members of the group can listen to the audio recordings anytime or anywhere during the week before the business meeting. Hold a brief meeting after the meeting to bring discussion and make an informed group conscience. Tally sheets are available on our website under the [World Service Conference](#). The deadline to submit the group conscience is April 10, 2023.

- **Streamline the WSC**

A few proposals have been suggested by regions worldwide to streamline the WSC. Here is some helpful information to look over before the Assembly. [The Radical Proposal](#) and [Consent Calendar](#). These will affect how the groups look at the motions.

- ***Support for the Groups***

We are here to support the groups. Along with the videos, which Sunny and I participated in, we will also hold Regional Roundtables for questions and discussion. Dates to be announced. Meetings visits are another way we plan to assist, please write your questions or concerns down.

Some concerns members have shared that have been brought to the region

- I'm not sure of the duties of this position.
- The shared Zoom account keeps asking me to authenticate.
- Where is the WS budget for this year?
- Service positions hard to fill.
- Will there be more electronic literature for sale?
- Best way for 7th Tradition virtually

Please keep sharing your thoughts so we can bring attention to the region.

In loving service and gratitude for this region,

JT Delegate@naranoncentralca.org

Sunny altdelegate@naranoncentralca.org

Group Reports

Thursday Sweet Serenity (BACK IN PERSON for the past 18 months)

Group Report #131-030

Salinas

FOR: January 28, 2023

History: The group began meeting in April 2011. Meetings moved from First Methodist (second location) to Lincoln Avenue Presbyterian in August 2016. With the pandemic in March 2020, our Salinas Sweet Serenity group was suspended. Half our group opted to go to the Salinas Monday Night Serenity virtual meetings while the other half wanted to meet back in person once the pandemic sanctions were lifted. So our FIRST in-person meeting was held again on July 15, 2021 at 6:30pm at our new location (Active Seniors Center (ASC) at 100 Harvest Street in Salinas). There were 5 members attending and we were grateful to be meeting back in person! (2 newer members had not yet attended an in-person meeting.) Our new location requires vaccinations to attend and at least one Nar-Anon member from each meeting must also be a member of the Active Seniors Center.

Attendance: Before our meetings were suspended due to the pandemic, meeting attendance was stable with an average of 8 people. Our FIRST in-person meeting on July 15, 2021 had 5 people attending. Our average attendance has been down to 4 for the past year. At this time, meeting again in person now, we do have a Secretary, a Treasurer, and a GSR as well. We have had a few newcomers here and there.

Format: A step is read and discussed during the fourth Thursday (using the yellow step booklet) and the daily reading from the SESH book other weeks. Another piece of conference approved literature (CAL) is selected when there is a fifth Thursday.

Treasurer's Report: The group's balance is \$160, not including the prudent reserve (\$150) and GSR funds (\$50). Donations have been sent since we began taking donations again on July 15, 2021 (after 19 months of no donations). Monthly rent is \$50.

Successes, Challenges and Positive/Negative Impacts of the pandemic:

- We are not getting new members the way we were before the pandemic hit and we are still a smaller group now since we began meeting again in July 2021.
- + Some previous members who attended (before the pandemic began) still have not returned, but we did hear from one recently (who may be able to come back in person to attend).
- + - Our ASC (Active Senior Center) location is working out ok, but it may not be as welcoming for younger newcomers.
- + Those of us who attend do appreciate being able to meet in person again.
- + We are looking for ways to grow our meeting. We have posted a flier about our meetings at our venue location (Active Seniors Center - ASC). We are patient.

All are welcome to join us (in person **only** with no hybrid option at this time):

Thursdays, 6:30 PM

Active Seniors Center - ASC (new location)

100 Harvest Street, Salinas, CA 93901

Submitted by: Kim K., GSR



Fwd: GSR Report Attached for our Salinas Thursday Sweet Serenity NFG Meetings

Sat, Jan 21, 2023 at 6:50 AM

This is AWESOME Kim! Thanks so much for being a great GSR ❤️

Would it be okay to add that “two members have recently returned to attending panels along with members from AI-Anon at Sun Street Center to carry the message of hope to the residents and their families?”

With gratitude,
Ruth

Sent from my iPhone

[Quoted text hidden]

2 attachments



Salinas 131-030 January 2023 (Sweet Serenity Group Report).docx

17K



Salinas 131-030 January 2023 (Sweet Serenity Group Report).pdf

195K

“Monday Nite Miracles” – Group #13131

6:30pm – Monterey Peninsula Buddhist Temple, 1155 Noche Buena St., Seaside CA 93955

HISTORY: First meeting was on 10/26/09 in the office room of St Francis Xavier Church.

ATTENDANCE: Ranges from 4-5 approximately.

NEWCOMERS: In the past most attendees seemed to learn about this meeting through other meetings, Outreach literature, internet or NA referrals people on occasion. Presently, since all meetings are conducted via ZOOM, attendees are locating the meeting on the Central California Region website, as well as through the World Service Office website.

MEETING FORMAT: Readings from the SESH book, Sharing the Slogans, brochures and other CAL approved literature are used as discussion references during the meetings. When time allows, the group has also been conducting a step study. Business meetings are held the first Monday of each month.

TREASURER REPORT: Period covered is 7/1/2022 to 12/31/2022

Previous Balance	\$120.00
Collected: 7 th Tradition & Literature sold	+ 0.00* <small><u>we encourage online donations</u></small>
Subtotal....	\$120.00
Disbursed: Rent Paid	- 0.00
Literature purchased	- 00.00
WSO Donation	- 00.00
Region (CCR) Donation	- 00.00
Forwarding Balance.....	\$120.00
<u>Included in the forwarding balance is:</u>	
Prudent Reserve - \$50.00 + GSR Travel Fund - \$50.00	

DONATIONS: People are encouraged to contribute to the CCR and the WSO weekly online.

SUBMITTED BY: Linda S., GSR

DATED: Jan. 19, 2023

Addendum: Due to the coronavirus outbreak, all meetings at the local church have been terminated until further notice. Zoom meetings have been favorably received. The group has served people from all over the US and continues to have regular newcomers from a wide region of California. The downside to these circumstances has been the lack of donation to our local meeting. We have been pursuing resuming in person meetings at least once a month.

January 28, 2023

Candle Light Family Group– Atascadero, CA – 131-033

GSR Report for the RSA

The Candle Light Group is doing well. We meet via Zoom and have five to ten members at our meeting. Each meeting rotates between a Step Study, SESH Study, Literature Study, Tradition Study, and Open Meeting if there is a fifth Tuesday in the month. We discuss meeting in person again occasionally but do not because of concerns about distance and CoVid. I believe the group consensus is to remain a Zoom Meeting for the near future.

Peace and Serenity,

Larry B.

GSR – Candle Light Family Group

I Can Be Free

Virtual Group

Friday Meeting Time at 6:00pm

Nar-Anon History – The Group has been around for over a decade providing support for families and friends of addicts, from this deadly family disease. The Group has wonderful recovery each Friday at 6 pm. We change the format each week reading and sharing from different Conference Approved Literature. On the fifth Friday each month we have a speaker come.

Treasurer – The Group has a prudent reserve and makes donations to the Region and World Service.

Literature – We recently voted to give out new comer packets and the Blue Booklet to new comers if interested Current Year - Our group is smaller than in past years. We now currently have about 6 to 15 people attend which is increasing. We enjoy the fruits of long timers experience as well as looking closely at new comers and the familiar pain they bring and recovery they might enjoy with our meeting. We continue to get people from across the United States, California, and a few international countries.

Rotation of Leadership - We are fully self-supporting and have looked at staying a healthy group. We have several new comers and hope we can have some rotation of leadership with several members gaining time in the fellowship.

Scott Coffman GSR

Winds of Change Group # 131-138

Thursday 7-8 pm - Registered Virtual Meeting

January 2023

History - Our group started as a physical meeting in Hollister on August 15, 2019. In October 2020, by group conscience, we became registered with the WSO as a permanent virtual meeting.

Attendance - There are newcomers every week. We average up to 15-20 members. This includes visitors new and old to Nar-Anon worldwide.

Format - The format used combines the daily reader, other Conference Approved Literature, and when there is a 5th Thursday in a month, the group asks a speaker to share their experience, strength and hope.

Outreach - We are listed with the WSO and the CCR websites. We have a website to help newcomers find a meeting and a way for members to sign-up for service. <https://bit.ly/windsofchangenfg>. There is a dedicated email set with an auto-reply for those requesting information. A live person monitors and responds to emails. Currently, we average 5-10 requests a week. windsofchangevirtual@gmail.com

Service - The hosting duties for the CCR Zoom account are shared by 2 members. We rotate with topic leaders and the chair position. For support during the week, a member maintains a phone/email list that anyone in the meeting can request or be added to.

Treasury - Thank you CCR for supporting our group with the shared Zoom account. We are self-sufficient at this time and do not request donations for our group. However, it is suggested to directly contribute to WSO and the CCR. We use a CCR background with a QR code to share with the members. We also share a web link directly in our chat.

Literature - We suggest purchasing from the Nar-Anon webstore. To keep it simple we copy the [Literature page link](#) from our website and paste it into chat to provide information on books used in meetings.

In loving service,
Anne T. - GSR

Committee Reports

Conventions

To: CCR Assembly

From: Co-chair of Convention Subcommittee, Mary

Date: January 15, 2023

Re: CCR Monterey Convention Dreams of Happiness and Visions of Hope

The convention was postponed due to the weather affecting the safety of our members and speakers traveling from out of town. The subcommittee met and agreed by group consensus to postpone and hold it in the future, possibly as a Narathon virtual event. The speaker sessions planned can be used in the future.

Since the Monterey Bay Convention of NA did not cancel, several local Nar-anons showed up to their event on January 14 at the Monterey Conference Center to provide Outreach. This was very rewarding because we were able to share with many of our NA friends. Our table was highly visible and gave us good exposure.

I have not pursued a reimbursement from NA for the \$450 room cost. However, we were told that NA may not break even with their costs of flying out speakers and the hotel costs. We can consider the room fee as a gesture of cooperation and unity.

I wish to thank the members of the subcommittee for attending the meetings and participating in the process, especially Co-chair and Secretary Janet, and Kim for her graphics expertise. Also thank you to all our friends who agreed to speak and serve at the event.

In Service and Hope:

Mary

Technology
Services
Subcommittee
Report

January 28, 2023

The **Technology Services Subcommittee** is doing very well with a fantastic service-orientated group of members. A few items of consideration are listed below.

Zoom: Still experiencing login issues for groups. This problem is starting to ease up. Zoom has released two-factor authentication despite many, many protests from users. Two-factor authentication takes time to resolve, as required by Zoom. Research is ongoing to find a solution. If any member has a solution, please let us know.

Zoho Email Accounts: TSS would like to offer each group its email account using the naranoncentralca.org domain. An example [is candlelight@naranoncentralca.org](mailto:is.candlelight@naranoncentralca.org). A group email account would help protect anonymity and allow the transfer of email duty from one member to another. The cost is \$1.00 per month. The RSC has approved this expense for all groups who decide to participate. We are close to being able to set up these accounts now that our Treasurer has obtained a credit/debit card. Please let us know if your group or committee would like to set up an email address.

Suggestion Box: TSS wants to create a suggestion box email for our website. A suggestion box will allow members and visitors to our website to submit comments letting us know how to serve them better.

Website: Our site is maintained and kept up to date. Please let us know if you have any suggestions for additional information or improvements to our site. Most visitors to our site are looking for a meeting.

Peace and Serenity,

Larry B.
Technology Services Sub-Committee Chair

Narateen

Narateen Subcommittee Report, January, 2023

After the Regional Assembly approved the Narateen Safety Guidelines and Handbook at our July Regional Assembly, we submitted them for approval to the World Service Narateen Committee. They were reviewed and returned with notes for two minor corrections, which were made, and in September, the Guidelines were approved. Since then, the CCR Narateen subcommittee has been working with the Southern California Narateen subcommittee and the WS Narateen Committee to work towards establishing Narateen in our region.

In September we participated in an informational workshop presented by SoCal Narateen to answer questions for Nar-Anon members interested in becoming Narateen facilitators. The CCR Narateen subcommittee has improved our Narateen page on the Central California Nar-Anon website, added an auto reply to our Narateen email, and personalized the Narateen outreach flier.

Seeing a need for more communication, Alijah started an informal WhatsApp group chat for those members in service in Narateen and it's been well received by other facilitators around the world. Sunny also participates on the World Service Narateen Committee.

Recently there have been two new Narateen items posted on the WS website for fellowship review: a Narateen Safety Handbook and a Facilitator Training Slideshow. These are available to download and we encourage all groups to do so.

The Narateen subcommittee asked the RSC to consider whether we could apply for DOJ livescan services using the Region's EIN tax number, so we could establish our own process for fingerprinting and approving facilitators in Central CA. We had asked and been told by the world service that we were not allowed to use the World Service EIN. It turned out that CCR does use the World Service EIN, and its non-profit status, for our bank account. Perhaps in the future CCR may consider getting our own nonprofit status, but for now, CCR Narateen does not have permission to use that number. For that reason, we needed to get our own EIN for Narateen. Scott C applied for and received that number for us and we are now in the process of applying for the DOJ fingerprinting account, which may take some time. As a side note, we were given a Narateen budget at the last Assembly, and told if we found we needed more, to let you know. We will need to ask you to increase our budget since we had to apply for the EIN, and we now are also applying for the DOJ account. We hope that the Region's GSRs approve of our decision to have our own fingerprinting. Neither Alijah nor Sunny have been able to get fingerprinted through the Southern California Narateen Committee, as they are having slow progress. If there are any questions, please do not hesitate to email us at Narateen@naranoncentralca.org

Thank you.

Alijah and Sunny, Narateen SubCommittee

Meeting Directory

LOCATION	DAY	GROUP	TIME	GSR/Contact	MEMBER	GROUP ID#	STATUS	TYPE	CCR ZOOM	EMAIL
Cyberspace	Sunday	NFG Step Study	12:00 PM	GSR	Tammy	131-035	Active	Registered Virtual	Yes	tammywk72@aol.com
Cyberspace	Sunday	NFG Step Study	1:00 PM	GSR	Anne L	131-117	Active	Registered Virtual	Yes	anneleemsn@hotmail.com
Santa Cruz	Sunday	Saving Ourselves (SOS)	6:30 PM	GSR	Sue R	131-024	Active	Virtual	Yes	roth@cruzio.com
Los Gatos	Sunday	Peace & Serenity on Sunday	7:00 PM	GSR	Sara R	131-011	Active	Virtual	No	srawland@yahoo.com
Seaside	Monday	Monday Nite Miracles	6:30 PM	GSR	Linda S	131-031	Active	Virtual	Yes	tackleb1@aol.com
Cyberspace	Tuesday	Candlelight	6:00 PM	GSR	Larry B	131-033	Active	Registered Virtual	No	centralcoastlarry@gmail.com
Monterey	Tuesday	In the Solution	6:30 PM	CONTACT	Chris D	131-028	Active	Hybrid	No	sldivens@yahoo.com
Carmel	Wednesday	Serenity-by-the-Sea	12:00 PM	GSR	Mary Lynn P	131-075	Active	In-Person	No	marylynnpinto@comcast.net
Gilroy	Wednesday	Guide to Serenity	7:30 PM	GSR	Liz O	131-009	Active	Virtual	Yes	miracleliz73@gmail.com
Salinas	Thursday	Sweet Serenity	6:30 PM	GSR	Kim K	131-030	Active	In-Person	No	kimk@kimkingswold.com
Cyberspace	Thursday	Winds of Change	7:00 PM	GSR	Anne T	131-138	Active	Registered Virtual	Yes	annetoomey168@gmail.com
Los Gatos	Thursday	Vision of Hope	7:30 PM	GSR	Pat F	131-010	Active	Virtual	No	patfnaranon@icloud.com
Atascadero	Friday	Bridge to Serenity	12:00 PM	CONTACT	Ethel S	131-034	Active	In-Person	No	ethel.stjohn@gmail.com
Cyberspace	Friday	I Can Be Free	6:00 PM	GSR	Scott C	131-066	Active	Registered Virtual	Yes	drakescott98@gmail.com
Scotts Valley	Friday	Sharing Experience, Strength & Hope	6:30 PM	CONTACT	Linda W	131-025	Active	Virtual	No	llwerner@ucsc.edu
Monterey	Saturday	Circle of Hope	9:00 AM	GSR	Mary O	131-029	Active	Hybrid	Yes	marmarodo@gmail.com
Simi Valley	Saturday	Simi Valley Serenity NFG	7:30 PM	GSR	John M	131-068	Active	Virtual	No	jcm16huskie@gmail.com

CCR has 17 Meetings and 17 Groups