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| <h1>Minutes</h1> | <h2 style="margin: 0;">Nar-Anon Family Groups</h2> <h3 style="margin: 0;">Central California Region Assembly</h3> <p style="margin: 0;">Saturday, January 28, 2023, from 11:00 AM to 3:00 PM PDT Web-based video conferencing tool</p> | | | | |
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RSC Officers and Delegates in Attendance

| | | | | | |
|-------------|------------------------|---|---------------------|------------|---|
| Chair: | Robert P. | X | Secretary: | Barbara S. | X |
| Vice Chair: | <i>position vacant</i> | | Delegate: | J.T. W. | X |
| Treasurer: | Les P. | X | Alternate Delegate: | Sunny J. | X |

Groups Represented

| Location | Day | Group Name | Time | Group ID | Representative |
|---------------|-----------|--|----------|----------|----------------|
| Gilroy | Wednesday | <i>Guide to Serenity</i> | 7:30 PM | 131-009 | |
| Los Gatos | Thursday | <i>Vision of Hope</i> | 7:30 PM | 131-010 | |
| Los Gatos | Sunday | <i>Peace & Serenity on Sunday</i> | 7:00 PM | 131-011 | |
| Santa Cruz | Sunday | <i>*Saving OurSelves (SOS)</i> | 6:30 PM | 131-024 | Sue R |
| Scotts Valley | Friday | <i>Sharing Experience, Strength & Hope</i> | 6:30 PM | 131-025 | |
| Monterey | Tuesday | <i>In the Solution</i> | 6:30 PM | 131-028 | |
| Monterey | Saturday | <i>Circle of Hope</i> | 9:00 AM | 131-029 | |
| Salinas | Thursday | <i>*Sweet Serenity</i> | 6:30 PM | 131-030 | Kim K |
| Seaside | Monday | <i>Monday Nite Miracles</i> | 6:30 PM | 131-031 | |
| Atascadero | Tuesday | <i>*Candle Light</i> | 6:00 PM | 131-033 | Larry B |
| Atascadero | Friday | <i>Bridge to Serenity</i> | 12:00 PM | 131-034 | |
| Virtual | Sunday | <i>*NFG Step Study</i> | 12:00 PM | 131-035 | Tammy WK |
| Virtual | Friday | <i>*I Can Be Free</i> | 6:00 PM | 131-066 | Jocelyn F |
| Simi Valley | Saturday | <i>Simi Valley Serenity</i> | 7:30 PM | 131-068 | |
| Carmel | Wednesday | <i>*Serenity-by-the-Sea</i> | 12:00 PM | 131-075 | Mary Lynn P |
| Virtual | Sunday | <i>*NFG Step Study</i> | 1:00 PM | 131-117 | Anne L |
| Virtual | Thursday | <i>*Winds of Change</i> | 7:00 PM | 131-138 | Anne T |

*Groups re-register each calendar year and may register at any time with the CCR Secretary (Secretary@NarAnonCentralCA.org). Please use the online [GSR and Alternate GSR Registration Form](#) to register for the Assembly.

All Members in attendance, please use the [Member Sign-in Form](#). Use this form on the day of the meeting to affirm your attendance at Regional Assemblies and Area Service Committee meetings.

Subcommittee Chairs in Attendance

| Subcommittee | Chair Present | Subcommittee | Chair Present |
|--------------|------------------------|---------------------|---|
| Outreach | <i>position vacant</i> | Monterey Convention | Mary O. X |
| Literature | <i>position vacant</i> | Technology Services | Larry B. X |
| Narateen | Alijah M. | | |

Quorum Summary

| Total Groups | Registered Groups | Current Quorum |
|--------------|-------------------|----------------|
| 17 | 8 | |

Agenda Summary

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|---|---|
| 1. Call to Order, Prayer, Roll Call, and Readings | 2 |
| 2. Adoption of Minutes of Previous Assembly | 3 |
| 3. Adoption of the Agenda | 3 |
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1. Call to Order, Prayer, Roll Call, and Readings

11:00 AM to 11:15 AM

A) **Meeting via Zoom** (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>
 Dial-in Numbers: (669) 900-6833, (408) 638-0968
 Meeting ID: 745 977 7458 #
 Passcode: This meeting room has no passcode.

B) Open the meeting with the Serenity Prayer. [Robert led](#)

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, GSRs, and other attendees. [Barbara read off roll call](#)

D) Announce number of voting members – Chair or Secretary.

- i) 8 groups present out of a 8 registered groups.
- ii) Quorum (51%) = 5 of 8 registered groups. [The quorum is met](#)

E) Reading of the *Twelve Traditions*. [Larry B read](#)

F) Reading of the *Twelve Concepts of Nar-Anon Service*. [JT W read](#)

2. Adoption of Minutes of Previous Assembly

11:15 AM to 11:20 AM

- A) A consensus is requested to approve minutes for the Assembly of July 16, 2022.
See the Draft Assembly Minutes section. There was a consensus to approve the minutes.

3. Adoption of the Agenda

11:20 AM to 11:25 AM

- A) Call for new business. *Mary requested election of Outreach Subcommittee co-chairs be added.*
B) Call for order of business.
C) Call for consensus on the agenda. *There was a consensus to add the new business and adopt the agenda.*

4. Old Business

11:25 AM to 11:30 AM

None

5. New Business

11:30 AM to 12:30 PM

- A) Election of Outreach Subcommittee Co-chairs – *Mary O. and Kim K. had previously had a discussion together about co-chairing the Outreach Subcommittee. The Subcommittee is currently vacant since Janet left. Both Mary and Kim agreed that they will both bring different skills to the Subcommittee; Mary will focus more on Narathon and Kim will focus more on Panels. They both wanted to know when the next meeting is scheduled and it was decided that the date can be looked into at a later time. Anne T. had questions surrounding the co-chair vs Chair and Vice-Chair structure. Sunny J. suggested that she has seen co-chairs work well within Subcommittees and she supports it. Kim said that she would not want to tackle the Subcommittee as a Chair as the responsibility is overwhelming and Janet left big shoes to fill. There was no further questions or discussion and Robert reminded all in attendance that only GSRs can vote. Robert called for a vote to elect Mary O. and Kim K. as co-chairs for the Outreach Subcommittee and the vote passed unanimously with only GSRs in attendance voting.*
- B) 2023 Budget Discussion and Adoption – *Les P.*
See the Treasurer's Report section of this packet.

Minutes

Nar-Anon Family Groups Central California Region Assembly

Saturday, January 28, 2023, from 11:00 AM to 3:00 PM PDT
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- i) Regional Treasurer's Report followed by a request for a motion to rollover surplus 2022 funds into the 2023 Budget. Mary Lynn P. made a motion to rollover the surplus 2022 funds into the 2023 Budget and Jocelyn F. seconded the motion. All GSRs in attendance voted in favor of the motion.
 - ii) 2023 Budget discussions and 2023 Budget adoption motion. Robert asked if anyone still had question about the proposed changes to the budget. Robert said he could go over each change and explain the change and why, he explained that the net change is \$34.00. The increase is due to spending a bit more on technology than in the past. A couple of GSRs requested that Robert explain the changes. Each item was reviewed and explained. 1. The chip reader is a decrease since it was already purchased. 2. The Regional Website cost will go up so there is an increase of \$84.00. 3. The Zoom license was anticipating a change for the Translation option but Robert has been unsuccessful in discussing the changes with Zoom and want to wait on this. 4. Robert asked Larry to explain the email service and he explained that each group can have its own email. These emails are already available. Each group will have to make its own decision about email accounts, there are advantages and disadvantages. 5. There was also talk about Mailchimp and increasing the license from 1 person to 3 people at a cost of \$125.00 per year. Robert also asked about CCR picking up the expense for the World Representative Forum in order to inform many. It has no funds. 6. Mary O. asked about making donations to the WSO and wanted to know about their budget. Robert explained that WSO hasn't presented a budget. Robert explained that it's easier to send less money now and then increase the amount we send later if things change. Robert asked if there are more questions or if someone was ready to make a motion. Mary Lynn P. made a motion to approve the 2023 Budget with the discussed changes. Larry B. seconded the motion. All GSRs in attendance voted in favor of the motion by raising their hand.
- C) Regional Service Committee CAR motion update – JT explained that the CAR and Literature Priority List have been updated on the website. In the last conference there were 53 motions, this year there are 89 motions for this conference. The Western Regions have put together audio videos, to assist the groups in understanding the motions, Robert's Rules, and Standing Rules of Order. JT suggested reviewing 10 motions a week and then coming together for an informed group conscience at their business meeting. The Tally sheet is available on the World Service website. The prior experience is that there are leftover motions and this cycle will continue if something is not done differently. There is the introduction of a Radical Proposal to approve everything all at once, or the consent calendar, grouping motions, and asking that they be acted on. JT asked if the GSRs had questions. JT and Sunny want to help the groups. Mary O. asked when the Tally sheets should be done. JT said that April 10th should be the targeted date. The WSC begins on April 28th and she would like to bring the information to the RSC meeting before the conference. Reviewing all the motions could be done in 9 weeks or less if a minimum of 10 motions are reviewed each week. JT said that she and Sunny could be available for a

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Regional Roundtable but time is of the essence, and she will reach out by email to the GSRs. 4 raised their hands in favor of a meeting. Sue R. wanted to confirm the email notification process and gave JT her email to make sure she has it. Larry thanked JT for her presentation and told her that the Candle Light group would be using her suggestion and only bringing back to the group motions they aren't in favor of. Sue had to leave the meeting and said she would return at about 1:00 pm.

See Delegate's Report section of this packet

- D) Narateen need for EIN number. Robert explained that Sunny said there was a need for CCR Narateen to obtain an EIN number separate from the one used by CCR, which is from the WSO. Scott C. applied for an EIN on the behalf of CCR Narateen. Sunny said there is now a lot more involved and needs to be considered in completing further paperwork to become a non-profit. Sunny also said that at this time there isn't anything that would need to be voted on with regard to Narateen. Les asked if we should be changing the EIN at the CCR bank account and Robert said that CCR will not be using the EIN that was obtained for the use of Narateen at this time. Robert stated that we can have an EIN for forms but not for finances at this time.
- E) Questions about reports from officers and subcommittees. Convention: Mary O. talked about the Convention that was canceled due to weather. She was able to attend though and did have a table with Outreach information available. Mary said Nar-Anon was well received by NA at the convention. She hopes to facilitate the Narathon and have the same format that was to be used at the Convention. Mary thanked everyone that participated in organizing the Convention. Technology: Larry B. said that everything is running well. The only thing that continues to come up is two-factor authentication. At some point, each group may have to purchase its own Zoom license at \$149.90 annually. Budget: Les wanted to confirm that the Budget he submitted is correct except for the adjusting the amounts for Zoom and Narateen. He ask the GSRs how they wanted the contributions distributed to the WSO, all at once or quarterly? Les recommends to send quarterly. Mary Lynn P. made a motion to pay quarterly and Anne L. seconded. All GSRs were in favor of paying quarterly. Mary Lynn P. asked if there should be a motion to transfer the funds from 2022 to 2023. Les said the amount is \$8,970.62 that would need to be transferred. Larry asked if this is really necessary or if this is just an academic process that needs to be done every year. Robert said we rely on Scott C. and we are trusting his experience. Larry thanked everyone for their input. After the discussion, all the GSRs agreed to the transfer. Robert brought up that this Assembly was a new streamlined version and wanted to know what everyone's thoughts were. Was something skipped or missed? Larry questions why the GSRs aren't attending. Robert and JT made sure to attend each meeting in the Region to explain and let everyone know about the assembly and to check in with the GSR. The discussion turned to the streamlined version and the hope that this will encourage attendance in the future. The discussion turned to the emails and if they are getting to the GSRs. Anne L. said she only opens emails that are of interest to her, she always opens emails from the delegate. The emails go out

by Mailchimp. Robert expressed his appreciation for everyone's attendance. Robert asked if everyone was ready to close the meeting. Larry B. made a motion to close the meeting and Mary Lynn P. seconded the motion. The remaining GSRs all voted yes to adjourning the business session of the meeting. Robert recited the Serenity Prayer and adjourned the meeting at 12:32 pm and to reconvene for an informal discussion at 1:00 pm.

- F) Next Assembly. The next Assembly meeting will be held on Saturday, July 22, 2023, from 11:00 am to 3:00 pm. in the CCR Zoom account room.

6. Lunch Recess

12:30 PM to 1:00 PM - (30 minutes)

7. Reconvene for Optional Discussion

1:00 PM to 1:15 PM

- A) Roll Call. *It was decided that this wasn't necessary.*

8. Group and Sub-Committee Reports

1:15 PM to 2:45 PM

- A) Group Reports – GSRs *This is not part of the business meeting and was more of an informal discussion. Minutes were not taken during this discussion.
See the Group Reports section of this packet.*
- B) Topic or topics to be determined by the assembly for further discussions.

9. Administration

2:45 PM to 3:00 PM

- A) Take Back to Meeting Information and Announcements. *No further announcements, and there will not be a Take Back to Meeting from the Assembly.*

10. Adjournment

Adjourn at 3:00 PM

- A) Close the assembly with the Serenity Prayer. *Robert ended the meeting by leading everyone out with the Serenity Prayer.*