

## Officers and Delegates in Attendance

Chair:	Robert P.	X	Secretary:	Barbara S.	X
Vice Chair:	<i>position vacant</i>		Delegate:	J.T. W.	X
Treasurer:	Les P.	X	Alternate Delegate:	Sunny J.	X

## Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Mary O.	X	Technology Services	Larry B.	
Outreach	Kim K.	X	Literature	<i>position vacant</i>	
Narateen	Alijah M.		Conventions / Events	<i>position vacant</i>	

## Agenda Summary

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### 1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:10 PM

**A) Meeting via Zoom** (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>  
 Dial-in Numbers: +1 (669) 900-6833, +1 (408) 638-0968  
 Meeting ID: 745 977 7458 #  
 Passcode: This meeting room has no passcode.

**B) Open the meeting with the Serenity Prayer.**

C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees.

D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, and subcommittee chairs.

# Minutes

## Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, June 14 from 6:00 PM to 7:00 PM PST  
Web-based video conferencing tool

\_\_7\_\_ of 9 voting members are present. Guest: Thelma (GSR-Semi Valley), Luz (GSR-Semi Valley), Laura (GSR-Circle of Hope)

- E) Reading of the *Twelve Traditions* Read by Sunny J.
- F) Reading of the *Twelve Concepts of Nar-Anon Service* Read by JT W.

## 2. Adoption of Minutes of Previous RSC Meeting

6:10 to 6:15 PM

- A) Approval of the minutes of the previous RSC meeting.
  - i) May 10, 2023 [Consensus to adopt](#)  
(See the Draft Minutes of the Previous RSC Meeting)

## 3. Adoption of the Agenda

6:15 to 6:20 PM

- A) Call for new business.
- B) Call for order of business.
- C) Call for consensus on the agenda. [Consensus to adopt](#)

## 4. Old Business

6:20 to 6:20 PM

- A) None currently.

## 5. Reports

6:20 to 6:45

- A) Chair's Report – Robert P. Les will update about Union Bank. Sunny will update Narateen. WSC will have a new pricing structure. 2024 won't have Parliamentarian and no travel. Reminder of Assembly on July 22<sup>nd</sup>. Screen sharing change will be updated each month in Robert's reports attached to the Agenda. Google Play you can now buy eBooks. Instagram now has a Nar-Anon page, memo coming about anonymity. <https://www.instagram.com/naranonfgh/>  
(See the *Chair's Report* section in this agenda packet.)

# Minutes

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- B) Treasurer's Report – Les P.  
(See the *Regional Treasurer's Report* section in this agenda packet.) Read his report that was attached to the Agenda packet. Les has online access to the new account with Union Bank.
- C) Delegate's Report – J.T. W. Update on Ad Hoc committees, 3 have met, Service Committee hasn't met yet, best practices of 12-step practices. GSR's can be a part of this. June 25<sup>th</sup> is the first meeting. These are all temporary committees. WhatsApp is available to find meetings. Reports from GSR's and committees will be due on July 7<sup>th</sup> for the Assembly on July 22<sup>nd</sup>. JT will be done with her service as Delegate next month and Sunny will step into the position. There will then be a Alternate Delegate position available.  
(See the *Regional Delegate's Report* section in this agenda packet.)
- D) Alternate Delegate – Sunny J. Look in the agenda packet for the flyer about getting a list together for willing Nar-Anon speakers for the CCR. JT is asking if there is a need for this? Both Mary, Luz and Laura think this is a good idea.  
(See the *Alternate Delegate's Report* section in this agenda packet.)
- E) Outreach – Mary O. & Kim K. Kim is giving report. Continuing with a panel at recovery house. Sun Street panels just starting. Sometimes there is family sometimes not. They encourage the participants to share the information with friends and family members and hand out literature. Janet reached out to Kim and asked if the QR codes are helpful, from the postcards. Kim is checking with Robert about sending a QR code for the background of the Narathon to identify the speakers and committee meetings. Still searching for secretaries for the Narathon on September 16<sup>th</sup>, 10-3:45. Service for Recovery Centers is available: group of 4 now. Service for Narathon: each session needs a secretary to do readings (5 needed) a script will be available. Mary asked if a countdown of time in program would be appropriate. Everyone agreed it would be a great idea to create community.  
(See the *Outreach Subcommittee Report* section in this agenda packet.)
- F) Technology Services – Larry B. Absent – Robert said things are going well. Lots of work being shared by different members.  
(See the *Technology Services Subcommittee Report* section in this agenda packet.)
- G) Narateen – Alijah M. Sunny is speaking for Alijah using the minutes as the report. Key things are: great progress. Found a way to get fingerprinting done without an account with DOJ. Similar to Canada. Alijah got her fingerprints and they have been sent to WSO, then Sunny got hers done. Working on facilitator training, flyer next month about information to become Facilitators. Children's safety is the concern. Will be revisiting budget at the Assembly to increase it for fingerprinting and a private Zoom. Mary commented that it sounds good. Age range is a concern and there was a meeting with the Narateen Committee to make sure that it is adhered to. We can not go below the teenage group. Insurance will not cover liability for younger age group. 13-18 there can be a vote to allow 11 or 12 as an exception. Cautious about how things are approached

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going forward. Want to have Region approval before training. Robert reminded Sunny about timeline for submitting request to RSC.

(See the *Narateen Subcommittee Report* section in this agenda packet.)

- H) Literature – *Vacant Need to fill*
- I) Conventions / Events – *Vacant Outreach is covering this year*

## 6. New Business

6:45 to 6:50

- A) Discussion of a new Narateen Zoom account – Alijah M. Sunny said for safety so no one can come in. Must be two facilitators, if there is a dedicated Zoom account it will provide safety. Robert asked if a new meeting ID would be okay rather than a new account. Sunny is worried about people coming in. Robert said a dedicated meeting ID should work. Sunny said the meeting times conflict with the times meetings are already going. Mary asked about the actual cost. Sunny said it would be \$150 and adding translation is an additional \$60. Robert asked if anyone would object to Narateen spending the money. Les reminded Robert that Naranon spent \$249 of the \$300 budget. Will need to bring up at next RSC and Assembly. Thelma left 7:08.

## 7. Administration

6:50 to 6:55 PM

- A) Summary of **Take Back to Meeting** items.
  - i) **Current Regional Service Committee Vacancies**
    - a) Literature Subcommittee Chair
    - b) Vice Chair
    - c) Events / Convention Subcommittee Chair
  - ii) **CCR Outreach Subcommittee**

*The Outreach subcommittee needs more people of service to carry Nar-Anon's message of hope. Examples of service include sharing literature and our experience, strength, and hope with service providers, professionals, and at recovery events. The next meeting is on Tuesday, June 27 from 7:00 PM to 8:00 PM. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/7459777458> Dial-in Numbers: +1 (669) 900 6833, +1 (408) 638-0968 Meeting ID: 745 977 7458 #. You may also contact Mary O. or Kim K. at [Outreach@NarAnonCentralCA.org](mailto:Outreach@NarAnonCentralCA.org).*
  - iii) **CCR Technology Service Subcommittee**

The next meeting is on Monday, June 19 from 6:00 PM to 7:00 PM. The subcommittee meets

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via Zoom. To participate, open <https://us02web.zoom.us/j/9622810477> or dial +1 (669) 900-9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Larry B. at [TSS@NarAnonCentralCA.org](mailto:TSS@NarAnonCentralCA.org).

iv) **CCR Narateen Subcommittee**

*All Nar-Anon members are welcome to join us as we work to establish Narateen in our region.* The next meeting is on Monday, June 26 from 4:30 PM to 5:30 PM. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/7459777458> Dial-in Numbers: +1 (669) 900-6833, +1 (408) 638-0968 Meeting ID: 745 977 7458 #. If you have questions about Narateen, please send an email to Alijah at [Narateen@NarAnonCentralCA.org](mailto:Narateen@NarAnonCentralCA.org).

v) **Event Flyers**

B) Next RSC Meeting – Wednesday, July 12, 2023, from 6:00 PM to 7:00 PM.

C) Next CCR Regional Assembly – Saturday, July 22, 2023, from 11:00 AM to 3:00 PM.

Add event flyer for Narathon. JT will have updated flyer for Alternate Delegate. Sunny will have a flyer for facilitators for Narateen.

## 8. Adjournment

*Adjournment from 6:55 to 7:00 PM*

A) Close the meeting with the Serenity Prayer. Robert closed at 7:12