

Officers and Delegates in Attendance

Chair:	Robert P.	X	Secretary:	Barbara S.	X
Vice Chair:	<i>position vacant</i>		Delegate:	J.T. W.	X
Treasurer:	Les P.	X	Alternate Delegate:	Sunny J.	X

Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Mary O.	X	Technology Services	Larry B.	X
Outreach	Kim K.		Literature	<i>position vacant</i>	
Narateen	Alijah M.	X	Conventions / Events	<i>position vacant</i>	

Agenda Summary

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1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

A) **Meeting via Zoom** (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>

Dial-in Numbers: (669) 900-6833, (408) 638-0968

Meeting ID: 745 977 7458 #

Passcode: This meeting room has no passcode.

Minutes

Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, July 12 from 6:00 PM to 7:00 PM PST
Web-based video conferencing tool

- B) Open the meeting with the Serenity Prayer.
- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees.
- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs. [Guest: Thelma \(left at 7:02\), Stephanie K.](#)
 8 of **9** voting members are present.
- E) Reading of the *Twelve Traditions* [Larry](#)
- F) Reading of the *Twelve Concepts of Nar-Anon Service* [Sunny](#)

2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM

- A) Approval of the minutes of the previous RSC meeting.
 - i) June 14, 2023 [Consensus to adopt.](#)

B) Adoption of the Agenda

6:10 to 6:15 PM

- A) Call for new business.
- B) Call for order of business.
- C) Call for consensus on the agenda. [Consensus to Adopt.](#)

4. Old Business

- A) None.

5. New Business

6:15 to 6:45 PM

- A) Draft Assembly Agenda for Saturday, July 22 – Robert P. [Changes:](#)
[Consensus on the proposed agenda with these corrections and additions:](#)
 - i) [Budget: revision to the budget of 2023 \(Narateen from \\$300 to \\$500\)](#)
 - ii) [2024 Budget](#)
 - iii) [Proposed amendments](#)
 - iv) [Narateen Facilitator Training](#)
 - v) [Elections: Alternate Delegate, Vice Chair, Literature Subcommittee Chair & NTPP Narateen Process Person](#)

B) Proposed 2024 CCR Budget the following represents the discussion and changes that the Motion below refers to in bringing the 2024 Budget to the Assembly for the GSRs' approval:

Assembly: 0

Outreach: 200

MailChimp: 125 now 156

WRF -125.00

Narateen - Alijah discussed Zoom, Robert reminded everyone that Zoom licensing falls under the TSS responsibilities, Sunny talked about reimbursement of fingerprinting for members that need fingerprinting to become NTPPs. \$500 was requested for the 2024 year and an increase of \$200 for the 2023 Budget.

Zoho – Larry said that \$150 will cover the expense.

Region Website expenses Squarespace – is okay at \$300.

Alijah brought up Zoom again: Robert reiterated there is 1 license: Narateen wants their own room so a child cannot be seen – the room needs to be confidential. Only for facilitators, parents, and children. Larry said, yes he can set up a separate Zoom room. Alijah wants to be sure two meetings can be going at the same time. Robert suggests 1 Zoom account and Larry can make a separate private meeting room.

Alijah said she had a lot of contacts to do Outreach for Narateen. Mary requested that Alijah should work with the Outreach Committee within the RSC for any Outreach regarding Narateen.

Delegate expense: BOT is pushing back on their budget for WSC. \$56 was recommended as the amount for the 2024 IWSC. Robert said it could be \$500 again so that amount should be left in the budget. April 2024 Money will be due by December 31 for the 2024 IWSC. The budget has \$1000, but the email went out as \$56. BOT wants to renegotiate.

Traveling keep at \$0

Conventions: \$500 – Mary, not using for NA in Monterey 2024. 2025 would be \$2000 per Mary's estimate. The current amount should stay as is because if there will be participation by Nar-Anon in 2025 the money will need to be spent towards the end of 2024.

Events \$0.00

New Meeting start-up: \$300. \$50.00 for each start-up. - Larry has a new in-person

meeting..... looks to be very promising. Larry will request reimbursement for newcomer packets when he is ready to order.

Donation to WSO - \$1200 (suggestion for 2024 budget \$1000) Mary said WSO needs money. GSRs should make the decision.

Robert talked about the last Conference and the money reported and discrepancies of about \$8000. There has been an inquiry into the discrepancy.

Contingency Fund - \$300

Reserve – Les to recalculate \$515 per month. 3 months of the total expenses. Should be increased. Prudent Reserve should be about \$1316.25 or so to be adjusted when GSRs Adopt a 2024 Budget.

Robert wants a motion to send this proposed budget to the GSRs: JT 1st the motion and Larry 2nd the motion. Motion passed for the budget changes and new budget.

C) Narateen Amendments

Discussed at length the process to make changes to the Narateen Guide for CCR Narateen Safety Guidelines. Robert referred to the suggestions for the Amendments to Narateen included in the RSC Agenda Packet. Alijah wants an opportunity to submit changes based on her research. There is a request by Alijah for a special continuation of the RSC to another day before the upcoming Assembly as there wasn't time to discuss this further. Sunny went on to explain the facilitator or NTPP's role in Narateen.

D) Minutes from the previous assembly: GSRs will receive, RSC had no changes to January 28, 2023 minutes.

6. Reports

6:45 to 6:50 PM

- A) Chair's Report – Robert P. Narateen: Sunny explained the Ontario problem, see the report in the Agenda. Alijah had comments about the ages of Narateen members. She says there are a lot of changes to be made and that the Narateen committee isn't being utilized properly. Robert said that the RSC needs to approve what goes to the July Assembly. It needs to wait until January 2024 for any Narateen changes. He doesn't want the exposure of the preteens as stated in the CCR Guidelines when WS Narateen doesn't want them either. Alijah will send an email with the changes for us to review for recommended changes to bring to the Assembly for the GSRs to discuss and vote on. (See the *Chair's Report* section in this agenda packet.)
- B) Treasurer's Report – Les P. Les gave a report of what was submitted. (See the *Regional Treasurer's Report* section in this agenda packet.)
- C) Delegate's Report – J.T. W. No time to report. (See the *Delegate's Report* section in this agenda packet.)
- D) Alternate Delegate's Report – Sunny J. Sunny spoke about Narateen as part of the Chair's report.
- E) Outreach – Mary O. and Kim K. No time to report. (See the *Outreach Subcommittee Report* section in this agenda packet.)
- F) Technology Services – Larry B. No time to report. (See the *Technology Services Subcommittee Website Report* section in this agenda packet.)
- G) Narateen – Alijah M. Discussion about changes to Narateen, request for another meeting for the RSC to come to a consensus before the Assembly, these items had been discussed by Alijah during the *New Business* portion of this meeting. (See the *Narateen Subcommittee* section in this agenda packet.)
- H) Conventions / Events – *Vacant*
- I) Literature – *Vacant*

7. Administration

6:50 to 6:57 PM

- A) Summary of **Take Back to Meeting** items. No time to review.

i) **Current Regional Service Committee Vacancies**

- a) Alternate Delegate
- b) Vice Chair
- c) Literature Subcommittee Chair
- d) Conventions / Events Subcommittee Chair

ii) **CCR Outreach Subcommittee**

The Outreach subcommittee needs more people of service to carry Nar-Anon's message of hope. Examples of service include sharing literature and our experience, strength and hope with service providers, professionals and at recovery events.

Next meeting on Tuesday, **July 25 from 7:00 PM to 8:00 PM**. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/7459777458> or Dial-in Numbers:(669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #. You may also contact Mary O. or Kim K. with questions at Outreach@NarAnonCentralCA.org.

iii) **CCR Technology Service Subcommittee**

Next meeting is on Monday, July 17 from 6:00 PM to 7:00 PM. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/9622810477> or dial (669) 900-9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Larry B. at TSS@NarAnonCentralCA.org.

iv) **CCR Narateen Subcommittee**

All Nar-Anon members are welcome to join us as we work to establish Narateen in our region. Next meeting is on **Monday, July 24 from 4:30 PM to 5:30 PM**. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/7459777458> or Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #. Please contact Alijah M. at Narateen@NarAnonCentralCA.org with any questions.

v) **Event Flyers**

B) Next RSC Meeting – Wednesday, August 9, 2023, from 6:00 PM to 7:00 PM.

8. Adjournment

Adjournment at 6:57 to 7:00 PM

Adjourned at 7:30 pm with unfinished business.

Minutes

Nar-Anon Family Groups CCR Regional Service Committee

Sunday, July 16 from 8:00 AM to 9:00 AM PST

Web-based video conferencing tool

Meeting Link: <https://us02web.zoom.us/j/7459777458>

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Continuation of the previous RSC meeting of Wednesday, July 12, 2023

Call to Order, Prayer, Roll Call, Readings:

Robert, Barbara, Sunny, Kim, JT, Larry, Alijah, Mary (A quorum is met)

Visitors: Stephanie K., Noodles the Keeper (Megan).

Robert explained this is a continued meeting, not a new meeting.

1) Are Narateen Guidelines ready for the Assembly? See the proposed amendments on page 2.

Stephanie is speaking for Alijah: The committee suggests that nothing be done at this time. There needs to be a review of the guidelines by the Narateen committee for approval: then send the package to WSO. Stephanie has said to pull everything Narateen related from the upcoming Assembly Agenda. Robert stated that the proposed changes or amendments and Sunny's report will be removed from the Assembly Agenda. No training or slides to be on the agenda nor will they be discussed. Stephanie is confirming with the committee chair, Alijah, that the strikeouts on the amendments will be removed for this assembly. Alijah has said yes, they should be removed. Megan raised her hand to speak but the answer to her question was already addressed. Larry said that he is not in favor of allowing 12-year-olds in Narateen meetings. Robert wants this resolved now, and he has asked if we have a general consensus on the age range. Stephanie is asking about the age of 12. Robert asked if we should remove the preteens. Is the question okay? JT said she didn't think preteens should be included. Stephanie said that preteens should be allowed and that the strikethrough on the amendments should remain. Are eighth-grade 12-year-olds okay at the meetings with a group conscience, since they are among their peers? Because of age requirements in the education platform, they are mixed in with teenagers. Robert said he thought it is okay. Larry said that he disagreed with that, just because they are in eighth grade doesn't make them ready for these meetings. Stephanie gave her experience saying eighth grade and others should give the 12-year-olds a chance. Barbara disagreed based on her own experience as a young eighth grader living in a household with active addiction and alcoholism. She felt she wasn't mature enough for any type of meeting like Narateen. JT said her experience was the same as Barbara's and that a group conscience of preteens shouldn't be considered a group conscience when it comes to the health of a Narateen group. Mary has joined the meeting late. Sunny said that at WS one of the things brought up there was that a group conscience was allowed but when a 12-year-old was disruptive the group could decide to remove the 12-year-old. Sunny is in favor of allowing 12-year-olds. Even after hearing the legal and insurance liability. The exposure to the topics may not be good for younger children. She

does think letting 12-year-olds attend meetings should be allowed. Megan wanted to speak as a guest, Robert explained that this is a RSC meeting and she could speak when she is recognized by the chair and if time permits. Megan then decided not to speak. Robert asked for a vote regarding allowing 12-year-olds to attend meetings if the group conscience allows it: In favor of allowing 12-year-olds to be admitted with group conscience- 4 not in favor of allowing – 4. The RSC is split regarding this for CCR so Narateen needs to do more research on this topic.

2) Is the Narateen training material ready for the Assembly? See the proposed amendments on page 2.

Robert stated we aren't talking about training materials today.

3) Does the RSC nominate Stephanie to be the NTPP? Interview, discussion, and vote.

Robert asks Stephanie about being NTPP, and if she is interested. Stephanie said she is interested. Robert asked her to tell us a little bit about herself. Stephanie said she lives in Lodi. Has lived in the East Bay. She talked about serving on a Board of a School District. She had to resign because of her health. She came to Nar-Anon in February of 2022, her Nar-Anon qualifier is a boyfriend, who no longer is in the house. She has gone to some in-person meetings and prefers Zoom meetings. She goes to the Rocky Mountain group and has considered them to be her home group although she has started dropping in on meetings in the CCR. She's serving on the committee of an upcoming Open House Event with Rocky Mountain. She said she has been on various committees and events with the Rocky Mountain Region. She wants to serve in CCR, and has been to a couple of Sunday Step Study meetings. She knows California children need the help that would be available to teens through the Narateen meetings. She was born into alcoholism. She did everything wrong in that environment and she knows the right way now in how to work with the problems associated with addiction. She started steps in Nar-Anon and has a sponsor. Larry said he was in favor of voting Stephanie in as a NTPP. JT had a question about Stephanie having a home group that isn't part of the CCR. Stephanie said she is looking for a California home group. JT said that the NTPP doesn't have a requirement that they live in the Region they serve in. JT said that it would seem okay to have Stephanie as an NTPP. Stephanie knows about the two-year commitment. She said her commitments to Rocky Mountain are up this year. She said that she thinks you can have more than one home group. Barbara said her experience with having commitments in two different groups can be challenging and that she hadn't heard of anyone doing that at the Regional level. Robert said he has experience with two home groups as a GSR and felt it is something that can be done. Sunny said she has had more than one commitment at the group level and only accepts regional positions in one group. Sunny thinks there can be many disadvantages to too much service. Robert asked if there were any other questions for Stephanie. Stephanie then said she is retired and can serve on a lot of things. That is her reason for why she is serving. Mary invited her to come to her group on Saturday mornings. Stephanie thanked her for the invitation. Robert said that we are ready to vote now. Stephanie was then put into the Zoom waiting room while the RSC voted. Robert asked: all in favor of Stephanie as a new NTPP – 7, all those not in favor - 1. It was voted that Stephanie will be a temporary member of the RSC as a NTPP until the Assembly vote. Robert brought Stephanie back into the RSC meeting and told Stephanie she is being approved. He let her know she will need to come to the Assembly to be voted in by the GSRs. Robert asked her to focus on her Nar-Anon experience when talking to the GSRs for voting purposes. He let her know she is a temporary member of the RSC. Robert asked Barbara if this would be an Addendum to the Minutes of Wednesday, July 12, 2023. Barbara said yes. Robert asked if we need to discuss anything else, if not then let's close with the we version of the Serenity Prayer. The meeting ended at 8:41 AM.