

Minutes

Nar-Anon Family Groups Central California Region Assembly

Saturday, July 22, 2023, from 11:00 AM to 3:00 PM PDT
Web-based video conferencing tool

RSC Officers and Delegates in Attendance

One X is for morning attendance Second X is for afternoon attendance

Chair:	Robert P.	XX	Secretary:	Barbara S.	XX
Vice Chair:	<i>position vacant</i>		Delegate:	J.T.W.	XX
Treasurer:	Les P.	X	Alternate Delegate:	Sunny J.	XX

Groups Represented

Location	Day	Group Name	Time	Group ID	Representative
Gilroy	Wednesday	<i>Guide to Serenity</i>	7:30 PM	131-009	Helen – Sub XX
Los Gatos	Thursday	<i>Vision of Hope</i>	7:30 PM	131-010	
Los Gatos	Sunday	<i>Peace & Serenity on Sunday</i>	7:00 PM	131-011	
Santa Cruz	Sunday	<i>Saving OurSelves (SOS)</i>	6:30 PM	131-024	Sue R XX
Scotts Valley	Friday	<i>Sharing Experience, Strength & Hope</i>	6:30 PM	131-025	
Monterey	Tuesday	<i>In the Solution</i>	6:30 PM	131-028	
Monterey	Saturday	<i>Circle of Hope</i>	9:00 AM	131-029	Laura T XX
Salinas	Thursday	<i>Sweet Serenity</i>	6:30 PM	131-030	Kim K XX
Seaside	Monday	<i>Monday Nite Miracles</i>	6:30 PM	131-031	
Atascadero	Tuesday	<i>Candlelight</i>	6:00 PM	131-033	Larry B XX
Atascadero	Wednesday	<i>Candlelight II</i>	5:30 PM	131-160	Larry B XX – 2 Groups
Atascadero	Friday	<i>Bridge to Serenity</i>	12:00 PM	131-034	
Virtual	Sunday	<i>NFG Step Study</i>	12:00 PM	131-035	Carla B XX
Virtual	Friday	<i>*I Can Be Free</i>	6:00 PM	131-066	Scott C XX
Simi Valley	Saturday	<i>Simi Valley Serenity</i>	7:30 PM	131-068	Luz XX
Carmel	Wednesday	<i>Serenity-by-the-Sea</i>	12:00 PM	131-075	MaryLynnXX /Marla XX
Virtual	Sunday	<i>*NFG Step Study</i>	1:00 PM	131-117	Anne XX
Virtual	Thursday	<i>*Winds of Change</i>	7:00 PM	131-138	JT XX

Ruth attended as an observer. *Groups re-register each calendar year and may register at any time with the CCR Secretary (Secretary@NarAnonCentralCA.org). Please use the online [GSR and Alternate GSR Registration Form](#) to register for the Assembly.

All Members in attendance, please use the [Member Sign-in Form](#). Use this form on the day of the meeting to affirm your attendance at Regional Assemblies and Area Service Committee meetings.

Subcommittee Chairs in Attendance

Subcommittee	Chair Present	Subcommittee	Chair Present
Outreach	Mary O. XX	Outreach	Kim K. XX
Literature	<i>position vacant</i>	Technology Services	Larry B. XX
Narateen	Alijah M. X	NTPP	Stephanie K. XX

Quorum Summary

Total Groups	Registered Groups	Current Quorum
18	12	92%

Agenda Summary

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1. Call to Order, Prayer, Roll Call, and Readings

11:00 AM to 11:10 AM

- A) **Meeting via Zoom** (web-based video conferencing tool)
Meeting Link: <https://us02web.zoom.us/j/7459777458>
Dial-in Numbers: (669) 900-6833, (408) 638-0968
Meeting ID: 745 977 7458 #
Passcode: This meeting room has no passcode.
- B) Open the meeting with the Serenity Prayer.
- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, GSRs, and other attendees.
- D) Announce number of voting members – Chair or Secretary.
- i) 8 groups present out of 12 registered groups.
- ii) Quorum (51%) = 7 of 12 registered groups.
- E) Reading of the *Twelve Traditions*.
- F) Reading of the *Twelve Concepts of Nar-Anon Service*.
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2. Adoption of Minutes of Previous Assembly

11:20 AM to 11:25 AM

- a. A motion is requested to approve minutes for the Assembly of January 28, 2023. *Scott C made a motion Anne L seconded (9 in favor, two abstentions)*

See the Draft Assembly Minutes.

3. Adoption of the Agenda

11:25 AM to 11:30 AM

- a. Call for new business.
- b. Call for order of business.
- c. Call for consensus on the agenda.

4. Chair's Report

11:30 AM to 11:35 AM

5. Old Business

11:35 AM to 11:35 AM

None

6. New Business

11:35 AM to 12:30 PM

- a. Elections of Officers and Subcommittee Chairs – JT is changing service position for today's Assembly, she can be a substitute GSR as she is stepping down from Delegate. It's been an amazing service opportunity. Robert congratulated and thanked her for her service. Robert said we need to turn to replacing the Delegate: Sunny has volunteered, is there anyone else interested? Robert asked her to qualify herself: Sunny said JT was a good example to follow. She loves being part of CCR. She has been serving in Narateen and enjoyed it. Enjoyed being an Alternate Delegate and got to go to the WS Conference. Sunny said she has been serving on some WS committees. She will do her best and would like to attend other Regional Groups. She has been in Nar-Anon for 3 years. She has been in another fellowship for 40 years. Robert asked if there are any questions for Sunny. Sue thanked Sunny for stepping up. Sunny is moved to the waiting room for voting purposes. *Nomination: Laura T. made a motion to elect Sunny as Delegate. Scott C. seconded the motion. In favor 11 - unanimous.* Sunny comes back into the Assembly and is informed that she was voted in as Delegate. Sunny then talked about her service as NTPP, explaining that it's a vital position. Can't have a Narateen meeting without an NTPP. Sunny said that the Region has to make sure that facilitators have background checks and that they work as a watchdog in Narateen meetings to keep the meetings safe. She stepped down

from being the NTPP for CCR Narateen. She explained that there must also be training put in place. Stephanie has been recommended to take a position as the new NTPP. Robert explains that the RSC has accepted Stephanie as a recommendation to the GSRs. Robert asked if there is someone else interested in being the NTPP. Stephanie tells about herself: lives in the Central Valley, in Lodi. Had been in 12-step fellowships 25 years ago. 18 months in Nar-Anon, has a sponsor and is working the steps. She has kept documents secure and confidential and worked with teenagers. Stephanie believes she would do a good job. She has been dropping into a few meetings in CCR. She asked if anyone had questions for her, and there were none. Robert then moved Stephanie to the waiting room: Robert asked if there was a nomination, **Sue R. made a motion to nominate Stephanie to be the new NTPP and the motion was seconded by Anne L.** Robert asked if there is any discussion around this. Scott C. said he is appalled by the obstacles for Narateen. Governmental rules are carefully constructed. Appreciates that we look into having Narateen meetings. The Chair is not filling her position in the WS level. Scott C. went on to say "Thank you to those who serve." Sue appreciates what Scott has done in helping to get the EIN for Narateen. Sue is on the Board of Girl Scouts and understands the needs and that WS should take the lead when it comes to Narateen. Sue suggested that Narateen needs guidance, maybe another committee Robert asked if there is any further questions and then asked for a vote by the GSRs. **In voting Stephanie into being the new NTPP there is a unanimous vote of 10 GSRs and no objections.** Laura has left the meeting. **Stephanie is voted into the NTPP position.** Robert said there are other open positions. The Alternate Delegate is available, Robert asked if anyone is interested. Laura came back into the meeting. Robert said there is also a Literature position available, is anyone interested? We currently don't have anyone serving in Conventions/Events and that currently Outreach is filling this need. Anyone is welcome to serve. Vice-Chair: is another position, is anyone interested? Robert will be stepping down at some point and there should be someone to step into his current role as Chair to enhance the program. The discussion then expanded to other topics, and Robert said that the group is off-topic with this discussion.

- b. 2023 Proposed Budget Revisions – Les P. Increase Narateen Budget from \$300 to \$500. Talking about these changes. Robert then screen shares the information and the changes to the budget. Les said there is only one change for Narateen. Robert explains how this affects the budget. Income is down in 7th Tradition donations. It was asked of Alijah or Stephanie to explain the request for an increase. Stephanie said the money is for background checks. Robert asked if there is a Motion to make the change for this addition to the Narateen budget: **Scott C. made a motion and Mary Lynn seconded the motion for the change to the Narateen budget.** No further discussion about the change in the budget. Robert asks for the raising of hands for those in favor of the budget change – **11 raised their hands. No one is opposed. It was a unanimous vote in favor of the budget change.**
- c. 2024 Budget Discussion and Adoption – Les P
See the Treasurer's Report section of this packet.
 - i. Regional Treasurer's Report followed by a request for a motion to approve the 2024 Budget. Robert screen shares the new budget. Les asked about the 7th tradition or contributions in regard to the upcoming Narathon. Les mentioned that donations are way down in the projected income of \$3000 for this year. As of today, there is no income received for the Narathon. About \$300 behind for this point in time for the projected income. Les talked about the changes for 2024. The

changes are to decrease the budget, by \$565. He talked about the Prudent Reserve and why it has been changed, it is being increased to fall in line with the requirements that had been set up at the beginning of the Region. Robert said the Narateen budget will remain as was just approved for 2023. Scott C. asked if the donation for WS has been made quarterly. Les said it is quarterly. Laura asked what is Zoho, and Robert said it is our email account, she thanked him for the information. No group has requested to have their own email account under the CCR email option. Les asked if there are any more questions. There were none. Robert asked if someone wanted to make a motion: **A motion was proposed by Mary Lynn P. to approve the new budget for 2024, and Kim K. seconded the motion.** Robert asked if there is any discussion regarding the budget and then called for a vote by the GSRs. The vote was tallied: the question asked was “is anyone opposed to this budget?” No one was opposed. **The vote is unanimous and the budget is approved.**

- ii. Request for a motion to roll over surplus 2023 funds into the 2024 Budget. Robert said that we need a motion to carry over the funds from December 31, 2023 to January 1, 2024. **Scott C. made a motion to carry over the cash on hand of \$8026.62 to January 1, 2024 and JT seconded the motion of the amended amount which increased the change to the prudent reserve.** Robert asked if there is any discussion regarding the budget. Scott C. talked about the Legal Acts that require this type of motion. Otherwise, the money would go back to the members. It's called the David Sterling Act. Doing this ensures that the money now carries over immediately on January 1st and we don't have to wait until the January Assembly. Robert asked if there is any discussion. Sue asked if the Act applies to local groups. Robert said he thinks WS may want to get the money if it isn't rolled over, therefore it should apply to groups as well. Scott believes that 8-10 years ago there was a thought it may go to WS. Robert asked for a vote by the GSRs. **There were 11 in favor, so it was unanimous to carry over the funds.**

- d. Next Assembly - Robert said, “We need to set a date for the next Assembly.” Robert suggested January 20, 2024. Kim K. said, “January 20, 2024 sounds good.” **JT made a motion for that date, and Kim K seconded the motion.** Robert asked if there is any discussion on the date. JT asked what time the Assembly will start and end. Robert asked if 11:00 am works for everyone. Robert asked for a vote on the date and time of the next Assembly. **All in favor – 11 unanimous in favor of the date of the next Assembly.**
- e. Robert asked, “Do you want to start reports or go to lunch early?” Robert explained why he was not doing a chair report. “The afternoon is for the groups. Morning is for business.” Scott wants to talk about Robert's report, in the 4th paragraph down. Scott and Robert are both involved in finance committees. Scotts wants to add his 2 cents, he talked about how 8 months ago things were bad and that now things are better for WS. But still spending more than taking in. Making a lot on paper books. People are mad because things are going digital and they still want paper

books. Scott is on an ad hoc committee and said WS is moving locations to cut costs down to half the amount on rent. Scott asked for Robert's thoughts. Robert said there have been 4 committees formed. Robert explained that all the literature Amazon gives Nar-Anon 35%, but if Amazon was exclusive it would be 70%. Robert is also chair of finance for the Conference Committee. Robert explained that it appeared that the funds were clearly accounted for when they were received and allocated for the WSC. Where did the money go? They did find money in another account that actually belonged in the WSC funds. Nar-Anon is a small little company. Things went along fine. Now people are asking questions. Maybe accounting could be better. There are things to look at. Carla said she bought her books on Amazon. The US wants paper copies. Other countries have to pay % to WS when they print themselves. It would cost \$100 for a ream of paper in some countries. In the US it's \$20. Other countries it's not reasonable. New Zealand said \$100 to get a printed copy of the SESH. Canada said the book is \$15 and then \$25 for shipping. They now have a contract with Staples and they print for \$16. Many alternatives are available. Nar-Anon participated in the Covid payroll tax credit, Scott C. projects up to 3 years to reorient our thinking. Electronic profits need to increase said Scott. Thinks BOT is possibly making changes.

- f. Robert asked Stephanie or Alijah what the next steps are for Narateen. Stephanie asked Alijah if she wanted to speak and she did not answer. Stephanie talked about slides being aligned with WS, and asking for facilitators. She needs to get her fingerprinting done. Mainly working on slides for training. Robert said RSC has suggested some changes. Need to come back for a review of the slides. Then they can be accepted. If Narateen is reworking the slides then RSC needs to approve them. A new PowerPoint would need to be approved. In the past GSRs don't have enough time to review agenda items. In December it may be good to be sending the slides to GSRs so that in January they can be voted on. Otherwise, if presented in January they would need to be reviewed and could be delayed until July of 2024. Scott said we could do email voting, we should be supportive, and do an email vote because that would be time-sensitive. We all need to get on board with Narateen. Robert asked Stephanie to work with Alijah and the committee to get the material together. Helen's question is, "Does Narateen have requirements for the moderator?" Stephanie said yes and explained about the 2 adult facilitators needed for a meeting. Sunny gave the GSRs information: WS Narateen is where the slides come from. The WS handbook and training is approved by the WS committee. The RSC Narateen Subcommittee utilized the WS information but then you add in regional guidelines. Trainees already have the guidelines. So the slides are just for training. Sue asked if this is set up for Zoom and in person. Robert said it does not make a difference. Robert asked if there could be a motion that we close the business meeting and take a break for the unofficial business meeting afterward. **Laura made a motion to close the business meeting, JT seconded the motion. All in favor – majority, any one opposed- none. Unanimous consent.**

7. Lunch Recess

12:30 PM to 1:00 PM - (30 minutes)

8. Reconvene for Optional Discussion

1:00 PM to 1:15 PM

A) Roll Call

9. Group and Sub-Committee Reports

1:15 PM to 2:45 PM

- a. Group Reports – GSRs
See the Group Reports section of this packet.
- b. Topic or topics to be determined by the assembly for further discussions.

10. Administration

2:45 PM to 3:00 PM

- a. Take Back to Meeting Information and Announcements.

11. Adjournment

Adjourn at 3:00 PM

- a. Close the assembly with the Serenity Prayer.