

# Minutes

## Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, August 9 from 6:00 PM to 7:00 PM PST

Web-based video conferencing tool

### Officers and Delegates in Attendance

Chair:	Robert P.	X	Secretary:	Barbara S.	X
Vice Chair:	<i>Position Vacant</i>		Delegate:	Sunny J.	X
Treasurer:	Les P.	X	Alternate Delegate:	<i>Position Vacant</i>	

### Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Mary O.	X	Outreach	Kim K.	
Literature	<i>Position Vacant</i>		Technology Services	Larry B.	
Narateen	Alijah M.	X	NTPP	Stephanie K.	X

### Agenda Summary

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## 1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

### A) Meeting via Zoom (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>

Dial-in Number: (669) 900-6833

Meeting ID: 745 977 7458 #

Password: This meeting room has no password.

# Minutes

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- B) Open the meeting with the Serenity Prayer
- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees  
[Guests: Anne L. \(GSR\)](#)
- D) A quorum shall consist of 51% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs.  
7 of **9** voting members are present. [78%](#)
- E) Reading of the Twelve Traditions [Sunny read Tradition 8](#)
- F) Reading of the Twelve Concepts of Nar-Anon Service [Mary read Concept 8](#)

## 2. Adoption of Minutes of Previous RSC Meeting

*6:05 to 6:10 PM*

- A) Approval of the minutes of the previous RSC meeting.
  - i) July 12, 2023, [Approved by consensus with one change to the continuation minutes.](#)

## 3. Adoption of the Agenda

*6:10 to 6:15 PM*

- A) Call for new business
- B) Call for order of business
- C) Call for consensus on the agenda

## 4. Old Business

- A) Assembly [Robert thinks everything was done that needed to be done.](#) Robert indicated that the RSC really needs an Alternate Delegate. Barbara asked about posting the flyer on the website. Sunny will begin announcing when she visits the meetings. Sunny wants to explain that it was a good experience and she learned a lot. Sunny will make a flyer for the website. Robert asked if the format of the Assembly seems to work. Barbara explained that the format worked well, and Sunny and Mary agreed. We'll use the same format for the next Assembly.

B) Amendments to the CCR Narateen Guidelines Robert said there are two topics: the under 12s, and changing the guidelines. Then 12-year-olds that were in 8<sup>th</sup> grade, the RSC was split on if they should be allowed to attend meetings. Stephanie said that there was not a Narateen Subcommittee meeting last month to have any discussion. Alijah has problems with getting to meetings right now. Stephanie attended the WS for Narateen. Stephanie said there is one Narateen group in Pennsylvania that does 11-19-year-olds, and it has been helpful to them. Robert asked Alijah what she thinks. Alijah only has phone access and is traveling. The next meeting is scheduled for the regular time. Mary asked if 11-year-olds are in 5<sup>th</sup> or 6<sup>th</sup> grade. Stephanie said 6<sup>th</sup> grade. Robert doesn't know if it's legal to have 11-year-olds in these types of meetings. Pennsylvania started face-to-face long before Covid and that is why they already have guidelines in place. Stephanie said she understands that California has different laws. Sunny said California laws do protect minors. Everyone understands that the guidelines need to follow the laws of our state. Sunny said that the RMR guidelines for Narateen weren't meant for sharing. Alijah said RMR shares all their information and RMR is open for all other regions. Robert said we are off-topic and we need to only concentrate on California guidelines and laws. Les asked if it is necessary to have Narateen in California. Stephanie talked about having in-person meetings available for Narateen.

## 5. Reports

### A) Chair's Report – Robert P.

*6:15 to 6:20 PM* Interim WS Conference, scheduled, need to send Assembly minutes and Les can pay the \$28 directly off of the flyer that was sent out. Robert will make sure Les has access to make the payment. Mary asked about observers, and Robert said that he hopes to see something like that. Things are not decided yet. Robert talked about being behind in contributions at the Regional level. Any questions? Alijah said that Treasurers in other meetings have a small dialog about what the donation is for. Alijah notices that when the 7<sup>th</sup> tradition is talked about, saying what the need is and how it helps Naranon then more contributions are collected. Robert talked about announcing the financial need for the Region at the Narathon. Mary agreed about too.

### B) Technology Services – Larry B.

*6:20 to 6:25 PM* Not present. Robert said everything is going well.

C) Treasurer's Report – Les

6:25 to 6:30 PM Went over the financials he submitted as his report. Mary asked for some clarifications and Les clarified the lower contributions.

D) Delegates' Report – Sunny J.

6:30 to 6:35 PM Sunny said the information is in the report that was submitted in her Delegate report, and explained a brief summary.

E) Outreach – Mary O. and Kim K.

6:35 to 6:40 PM Mary explained that there will be a meeting at the end of the month. Things are in place for the Narathon. Mary talked about the Pig Roast and that people have signed up to work at the table the Subcommittee will have set up. The committee is still trying to reach recovery platforms. The Narathon will be held in Robert's Zoom room.

F) Narateen – Alijah M. and Stephanie K.

6:40 to 6:45 PM Robert asked about anything else, Stephanie said she doesn't have anything.

G) Literature – Vacant

H) Conventions / Events – Vacant Robert asked Mary if it would be helpful to have the additional committee still.

## 6. New Business

A) IWSC 2024 – Invitation Robert asked for confirmation that it was sent to RSC, Barbara confirmed it was sent out.

6:45 to 6:55

## 7. Administration

6:55 to 7:00 PM

A) Summary of **Take Back to Meeting** items.

i) **Current Regional Service Committee Vacancies**

- a) Alternate Delegate
- b) Vice Chair
- c) Literature Subcommittee Chair
- d) Conventions / Events Subcommittee Chair

ii) **CCR Technology Service Subcommittee**

Next meeting is on Monday, August 21 from 6:00 PM to 7:00 PM. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/9622810477> or dial (669) 900-9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Larry B. at [TSS@NarAnonCentralCA.org](mailto:TSS@NarAnonCentralCA.org).

iii) **CCR Narateen Subcommittee**

All Nar-Anon members are welcome to join us as we work to establish Narateen in our region. The next meeting is on Monday, August 28 from 4:30 PM to 5:30 PM. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/7459777458> Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #. If you have questions about this, please send an email to Alijah M. at [Narateen@NarAnonCentralCA.org](mailto:Narateen@NarAnonCentralCA.org).

iv) **CCR Outreach Subcommittee**

*The Outreach subcommittee needs more people of service to carry Nar-Anon's message of hope. Examples of service include sharing literature and our experience, strength, and hope with service providers, professionals, and at recovery events.*

The next meeting is on Tuesday, August 29 from 7:00 PM to 8:00 PM. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/7459777458> Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #. If you have questions about this, please send an email to [Outreach@NarAnonCentralCA.org](mailto:Outreach@NarAnonCentralCA.org).

v) **Event Flyers** Robert talked about gifting eBooks.

B) Next RSC Meeting – Wednesday, September 13 from 6:00 PM to 7:00 PM.

## 8. Adjournment

*Adjourn at 7:00 PM* Robert asked for consensus to close the meeting. It was agreed.

A) Close the meeting with the Serenity Prayer Meeting ended at 5:50.