

## Officers and Delegates in Attendance

Chair:	Robert P.	X	Secretary:	Barbara S.	X
Vice Chair:	<i>position vacant</i>		Delegate:	Sunny J.	
Treasurer:	Les P.		Alternate Delegate:	<i>position vacant</i>	

## Subcommittee Chairs in Attendance

Subcommittee	Chair Present		Subcommittee	Chair Present	
Outreach	Mary O.	X	Literature	Ruth K.	X
Technology Services	Larry B.				

## Agenda Summary

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|--|---|
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| 2. Adoption of Minutes of Previous RSC Meeting | 2 |
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# 1. Call to Order, Prayer, Roll Call, Readings

6:00 to 6:05 PM

**A) Meeting via Zoom** (web-based video conferencing tool)

Meeting Link: <https://us02web.zoom.us/j/7459777458>

Dial-in Numbers: (669) 900-6833, (408) 638-0968

Meeting ID: 745 977 7458 #

Passcode: This meeting room has no passcode.

- B) Open the meeting with the Serenity Prayer.
- C) Roll Call / Introductions – RSC officers, delegates, subcommittee chairs, and other attendees.
- D) A quorum shall consist of more than 50% of the voting members. Voting members are the officers (chair, vice chair, secretary, and treasurer), Delegate, Alternate Delegate, ASRs, and subcommittee chairs. **Noted: Les contacted Robert to say he would be absent. Larry contacted Barbara that he could not attend. Sunny contacted Robert to say she has another commitment for the next 8 weeks.**  
4 of 7 voting members are present.
- E) Reading of the *Twelve Traditions* **Read by Ruth**
- F) Reading of the *Twelve Concepts of Nar-Anon Service* **Read by Mary**

## 2. Adoption of Minutes of Previous RSC Meeting

6:05 to 6:10 PM

- A) Approval of the minutes of the previous RSC meeting.
  - i) February 14, 2024 **Approved by consensus**

## 3. Adoption of the Agenda **Approved by consensus**

6:10 to 6:15 PM

- A) Call for new business.
- B) Call for order of business.
- C) Call for consensus on the agenda.

## 4. Old Business

6:15 to 6:25 PM

- A) None

## 5. Reports

6:25 to 6:45 PM

# Minutes

## Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, March 13 from 6:00 PM to 7:00 PM PST  
Web-based video conferencing tool

- A) Chair's Report – Robert P. **Nothing much, small report.**
- B) Treasurer's Report – Les P. **Robert prepared report in the absence of Les. Robert answered Mary's questions about income and expenses.**
- C) Delegate's Report – Sunny J. **The new news is that the invitation for IWSC as an observer has been sent out and that should be updated on Sunny's report.**
- D) Outreach – Mary O. **Planning for Narathon on April 2<sup>nd</sup> for 30 minutes then Outreach for 30 minutes. A request to make some changes to the wording and description for the TBTM. Discussed flyer for Narathon participation. Will be deciding on a date.**
- E) Technology Services – Larry B. **Robert reports that everything seems to be going well.**
- F) Literature – Ruth K. **The First meeting on Skype went well. Happy to be using the RSC Zoom account. Some discussion about having a Newcomers Welcome page on the CCR Website. Some collaboration with the Outreach/Event Subcommittee as well.**

## 6. New Business

6:45 to 6:50 PM

- A) IWSC 2024 **Conference planning is underway. Check the delegate report for updates.**

## 7. Administration

6:50 to 6:57 PM

- A) Summary of **Take Back to Meeting** items.
  - i) **Current Regional Service Committee Vacancies**
    - a) Vice Chair
    - b) Alternate Delegate
  - ii) **CCR Outreach/Events Subcommittee**

*The Outreach/Events subcommittee needs more people of service to carry Nar-Anon's message of hope. Examples of service include sharing literature and our experience, strength, and hope with service providers, professionals, and at recovery events.*

Next meeting is on Tuesday, April 2 from 7:00 PM to 8:00 PM. The subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/7459777458> or Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #. You may also contact Mary O. with questions at [Outreach@NarAnonCentralCA.org](mailto:Outreach@NarAnonCentralCA.org).
  - iii) **CCR Technology Service Subcommittee**

The next meeting is on Monday, March 18 from 6:00 PM to 7:00 PM. The subcommittee meets via

# Minutes

## Nar-Anon Family Groups CCR Regional Service Committee

Wednesday, March 13 from 6:00 PM to 7:00 PM PST  
Web-based video conferencing tool

Zoom. To participate, open <https://us02web.zoom.us/j/9622810477> or dial (669) 900-9128 and enter Meeting ID: 962 281 0477 #. If you have questions about this, please send an email to Larry B. at [TSS@NarAnonCentralCA.org](mailto:TSS@NarAnonCentralCA.org).

iv) **CCR Literature Subcommittee**

The next meeting is on Sunday, March 24 from 8:30 AM to 9:30 AM. The Subcommittee meets via Zoom. To participate, open <https://us02web.zoom.us/j/7459777458> or Dial-in Numbers: (669) 900-6833, (408) 638-0968 Meeting ID: 745 977 7458 #. If you have questions about this, please send an email to Ruth K. at [ccrlitcom@gmail.com](mailto:ccrlitcom@gmail.com).

v) **Event Flyers To be submitted by Mary**

- B) Next RSC Meeting – **\*Robert (and possibly Sunny) will not be available on April 3 or 10 because of pre-conference sessions. Can we move the RSC to Wednesday, April 17, 2024, from 6:00 PM to 7:00 PM? Yes, approved by RSC.**

## 8. Adjournment

*Adjournment at 6:57 to 7:00 PM*

- A) Close the meeting with the Serenity Prayer. **Meeting closed at 6:40 PM**