

# Nar-Anon Family Groups

"The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope."



Central California: [naranoncentralca.org](http://naranoncentralca.org)  
[naranoncentralca.org/inperson-meetings](http://naranoncentralca.org/inperson-meetings)  
World Service: [nar-anon.org](http://nar-anon.org)  
Literature: [nar-anon.org-webstore.myshopify.com](http://nar-anon.org-webstore.myshopify.com)

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