


Why me?

"If I don't get into a service commitment, I may quit and I might die."



"Being a GSR gave me a safe place to practice a new way of life with friends. I've learned to trust again."


"Service grounds me and deepens my recovery."



"In service I apply the Traditions and Concepts as I work the Steps, practicing changing my behavior"

"My recovery has grown because of my service commitments. I'm part of a meaningful higher purpose."

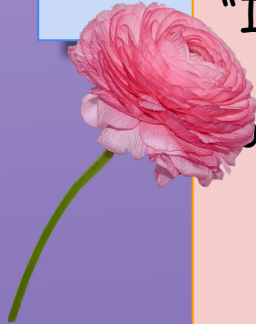
"When my life becomes unmanageable, and I feel useless; doing service gives me good orderly direction."



"I would not be where I am today without those who served before me."

"By giving, I am receiving."

"Service is living life, with a safety net of friends holding out their hands in support."



"In service, I've learned what group consciousness is, and also that I do not need to take on all the responsibility."

"No Service = No Group,
No Group = No Recovery,
So today I choose to serve."



Do you have a quote about service you want to share? If so, send an email to chair@naranoncentralca.org along with a note giving us permission to use your quote in Nar-Anon literature.

